**CATHEDRAL NEWS**

**About Worship Posture and Gestures**

Worshiping God with our bodies as well as our minds and emotions, the congregation changes posture according to the content of the worship. “Kneel for prayer, stand for praise, sit for instruction” is one Anglican adage, but there is considerable variation

across the Diocese of Barbados and among worshipers at St. Michael’s. Consideration is, however, given to the condition of the worshippers and one should adopt a posture for which one is able to comfortably assume.

Many people use personal gestures of devotion, such as bowing, genuflecting, and making the sign of the cross. Some notes on these gestures follow, but remember that you are welcome to use those gestures that aid your worship, and free to omit those that do not.

***Bowing*** may be a low reverence from the waist to recognise God’s presence when passing an altar or at the mention of the Incarnation in the Nicene Creed. Bowing may at other times be a simple inclination of one’s head, as is customarily done when the Cross passes by one during a procession, when the Holy Trinity is praised at the end of a psalm or hymn, when the Gospel is announced and concluded, at the opening words of the Sanctus, and in general whenever the holy Name of Jesus is said or heard.

The ***Sign of the Cross***is made with the right hand (for right-handers), from forehead to chest, then from left shoulder to right. This sign symbolizes God’s blessings on us through Christ’s self-giving on the cross, and it expresses our trust in God and the hope that we receive from our baptism, wherein we were born again in Christ and made one with him in his resurrection. The sign of the cross is both a reminder and renewal of our baptism. It is often made at the Opening Acclamation, at the mention of baptism in the Creed, at the Absolution, at the time of receiving Communion, and at the Blessing.

***Genuflection***is kneeling briefly on the right knee and returning upright. It is appropriate to genuflect in respect and honour of our Lord when approaching or passing an altar where the Blessed Sacrament is reserved, the Sacrament Altar at St. Michael’s. People often genuflect as they leave their pew to go to communion and as they return.

Again, remember that these gestures are entirely optional. All are welcome to use whatever gestures aid their worship and free to omit any that do not.

1. **Registration:** The Cathedral is currently seeking to update its membership record. Consequently, members are asked to complete the registration forms which are available and return them to the office as soon as possible.
2. 5K Charity Walk & Run has been postponed until next year a date to be finalised. (All proceeds will go towards The St. Michael Centre for Faith and Action and The Barbados Vagrants and Homeless Society).
3. Congratulation to all those persons celebrating birthdays and anniversaries this week and may God continue to strengthened and bless you.



**2** Congratulations to all celebrating birthdays and anniversaries this week:

May God bless and strengthen you.

**3.** The next **Food Stall & Flea Market** will be held on Saturday, January 27th 2018

**4.** **Volunteers:** The office of the Administration is seeking your assistance in a cleanup venture for our church yard in time for the Christmas Holidays. Please bring your rakes, weed whackers, lawn mowers, trimmers, gloves and goggles. Garbage Bags will be provided. **Saturday, December 16th 2017 starting at 5:30 A.M**. Food and Drinks will be on hand. Let’s be proud of our church and its surroundings.

**DIOCESAN NEWS**

**1. Ordination:** Ms. Audrey Griffith will be ordained to the order of Deacon on Wednesday, December 13th, 2017 at 7:30 P.M. in the Church of the Holy Trinity, St. Philip.

**2. Institution:** Please note that The Rev’d Jilian Crawford will be instituted as Rector of St. Mary on Saturday, December 16th at 4:00 p.m.

**3.** **Advent Retreats:** Quiet Days will be held for Laity and Clergy on Saturday, December 9th, and Thursday, December 14th, at Codrington College, St. John and the Church of St. Clement respectively. Each session will commence at 9:30 A.M. Persons attending the Codrington session are asked to bring their own lunch.

**HYMN OF FELLOWSHIP**

Let there be love shared among us,

let there be love in our eyes;

may now your love sweep this nation,

cause us, O Lord to arise:

give us a fresh understanding

of neighbourly love that is real;

let there be love shared among us,

let there be love

**THEME FOR THE WEEK**

***“The Advent of our lives are always times of comfort and healing”***

***.”***

**SECOND SUNDAY OF ADVENT**

**First Reading: Isaiah 40:1-11**

**Comment: “God’s coming to the exiles”**

The first reading is **a message of comfort and new hope to God’s people.** The time of exile in Babylon is coming to an end. A new way is made through the desert, and the mighty Lord comes, bringing peace and pardon to Jerusalem. Though all human power fail, the Lord’s word will stand. Like a shepherd, God will care for the people.

**Psalm 85:1-2, 8-13**

The psalm both celebrates and prays for the Lord’s gracious favour, for God’s forgiveness, deliverance, and justice.

**Second Lesson: (The Epistle**) 2 Peter 3:8 – 15A

**Comment: “Waiting for the day of God”**

This lesson is a reminder that **the divine** **perspective on time can be very different from that of human beings**. Many wonder why the Lord seems so slow to fulfil the promises of salvation and judgment. God, however, is patient and has divine purposes. Still, the day of the Lord will come suddenly, bringing a new heaven and earth. Christians must live both in patience and with a zeal for righteousness and peace in readiness for that judgement.

***The Holy Gospel:***  Mark 1:1-8

**Comment: “John appears from the wilderness”**

The Gospel of **Mark begins with the ministry of John the Baptist.** He is the messenger spoken of in the scriptures, the voice that cries aloud in the wilderness. He is sent to prepare the way of the Lord through his call for repentance and baptism in water for the forgiveness of sins. The people flock to him, but he tells of a mightier one still to come who will baptize with the Holy Spirit.

**The Sermon:**

7:15 A.M. **The Rev’d Dr. Marcus Lashley**

9:00 A.M. **The Rev’d Canon George Knight**

The Nicene Creed Page 104

Intercession “C” Page 108

**Intercessors:**

7:15 A.M. **Ms. Joy-Ann Blackman-Jarvis**

9:00 A.M. Representative of the Mothers’ Union

The Act of Penitence  Page 123

The Greeting of Peace **“C”** Page 125

**Hymn of Fellowship:**

**“Let there be love shared among us”**

***(see printed version)***

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***Welcome, Remarks, Birthdays***

***and Anniversaries***

***At 9:00 A.M Commissioning of Mothers’ Union Leader***

**THE EUCHARIST**

**The Offertory Hymn: 42**

**“On Jordan’s bank the Baptist’s cry”**

The Offertory Prayer Page 126

The Eucharistic Prayer Page 126

The Proper Preface “Advent” Page 127

The Great Thanksgiving:

7:15 A.M. **“C”** Page 137

9:00 A.M. **“C”**  Page 137

The Lord’s Prayer Page 144

The Breaking of The Bread **“C”** Page 145

The Invitation to Communion **“C”** Page 146

The Agnus Dei Page 147

The Administration of Communion

**Hymns: 611“O Food that weary pilgrims love”**

**593 “I am not worthy, Holy Lord”**

**Hymn for the blessing of the Children: 644**

**“Come, sing with holy gladness”**

The Post-Communion Prayer **“C”** Page 147

The Blessing: **“*Advent”***  Page 149

**The Recessional Hymn: 53**

**“Thy Kingdom come, O God,”**

The Dismissal

**Organ Postlude:**

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***WELCOME AND MAY GOD BLESS US ALL!***

***~~~***

**DONATIONS**

The Flower Guild is asking for your assistance in the provision of flowers at Christmas. These flowers may be donated in memory of departed loved ones, in celebration of birthdays, anniversaries and or any special occasion**.**

**CATHEDRAL MINISTRIES**

**Today, Second Sunday of Advent**

**7:15 A.M.** Holy Eucharist

Preacher: The Rev’d Dr. Marcus Lashley

**9:00 A.M.** Sung Eucharist

Preacher: The Rev’d Canon George Knight

**11:00 A.M** Anniversary Service of the Girl Guides Association of Barbados

Preacher: The Rev’d Suzanne Ellis

6:00 P.M. Evensong

Preacher: The Very Rev’d Dr. Jeffrey D. Gibson

**Tuesday, December 12th 12:15 P.M**. Holy Eucharist

**4:30 P.M.** Mothers’ Union Gift

Service

**6:00 P.M.** Choir Rehearsal

**Wednesday, December 13th**

**10:00 A.M**. Holy Eucharist

Preacher: The Rev’d Richard Kellman

**Thursday, December 14th**

**12:15 P.M.** Holy Eucharist

**6:00 P.M.** choir Rehearsal

**Sunday, December 17th**

**THIRD SUNDAY OF ADVENT**

**7:15 A.M**. Holy Eucharist

**9:00 A.M.** Sung Eucharist

**5:00 P.M**. **A Blue Christmas**

**Service**



**Looking Ahead! Advent 2017**

December 21st, 8:00 P.M A Festival of Nine Lessons and Carols (Tickets are available at $30.00 each)



**OFFICERS OF THE CHURCH COUNCIL**

**Church Wardens:**

Mr. Arlington Watson Mr. Darnley King

**Secretary:** Ms. Donnah Russell

**Treasurer:** Mr. Ian Weekes

**Synod Representatives**

Mr. Trevor King;

Mr. Samuel Maxwell;

Dr. Wendy Sealy

**Alternative Synod Representative**

Ms. Donna Inniss



**LEADERS OF ORGANISATIONS**

**AND MINISTRIES**

**Men’s Fellowship:** Mr. John Moore

**Mothers’ Union:** Vacant

**Church Army:** Captain Evelyn Jackman

**Woman’s Auxiliary:** Ms. Shirley Clarke

**Ushers Guild:** Mrs. Juno Burrows

**Outreach Committee:** Mrs. Delores Hinds

**Guild of Servers:** Major Charleston Maxwell

and Mr. Jerry Alleyne

**Health Ministry:** Dr. Wendy Sealy

**Sunday School:** Mrs. Harriett Blackman

**Flower Guild:** Mrs. Anita Yarde

**Guild of St. Raphael**: Mr. Darwin Clarke

**The Cathedral Church of**

**Saint Michael and All Angels**

***The Diocese of Barbados***

***Diocesan Bishop***

**The Most Rev’d & Dr. The Hon.**

**John W.D. Holder, CBE, LLD**

***Dean***

**The Very Rev’d Dr. Jeffrey D. Gibson**

***Assistant Priests***

**The Rev’d Canon George Knight, B.Min.**

**The Rev’d Dr. Marcus Lashley**

***Assistant Curate***

**The Rev’d Richard Kellman, LTh.**

***Organist/Choir Master:***

**Mr. John Bryan, BSc. BMus.**

***Administrative Assistant:***

**Ms. Armel Marshall,**

**B.Sc.; Cert SM; Cert HRM**

***Verger***

**Mrs. Chloe Grant**

***Assistant Verger***

**Ms. Harriet Lowe.**

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**YEAR B**

**December 10th, 2017**

***Services***

**7:15 A.M. and 9:00 A.M.**

**December 10th, 2017**

**SECOND SUNDAY OF ADVENT**

**YEAR B**

**7:15 A.M. HOLY EUCHARIST**

**President: The Very Rev’d Dr. Jeffrey D. Gibson**

**9:00 A.M. SUNG EUCHARIST**

**President: The Rev’d Canon George Knight**

**ORDER OF WORSHIP**

**THE PREPARATION**

Organ Prelude:

**Introit/Opening Hymn: 45**

**“Ye servants of the Lord,”**

The Lighting of the Advent Wreath (See leaflet)

The Collect for Purity Page 101

The Kyrie Page 102

The Collect: **Advent 2**  Page 157

**THE MINISTRY OF THE WORD**

First Lesson: Isaiah 40:1-11

Lectors: 7:15 A.M. Mrs. Zida Hunte

9:00 A.M. Ms. Donna Inniss

**Psalm 85:1-2, 8-13** Page 579

**“You have been gracious to your land, O Lord,”**

Second Lesson: 2 Peter 3:8-15a

Lectors: 7:15 A.M. Ms. Alicia White

9.00 A.M. Mrs. Marlene Russell

**The Gradual Hymn: 40**

**“Hark the glad sound! The Saviour comes,”**

The Holy Gospel: Mark 1:1-8

Gospeller: **The Rev’d Richard Kellman, LTh**.

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