

Filled with the Holy Spirit,  
Jesus returned from the Jordan  
and was led by the Spirit  
into the desert ...

LUKE 4:1

FIRST SUNDAY OF

LENT

**The Cathedral Church of Saint Michael and  
All Angels**

*The Diocese of Barbados*

*Diocesan Bishop*

**The Right Reverend Michael B. St. J. Maxwell, M.A.**

*Dean*

**The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight**

*Assistant Priests*

**The Rev'd Dr. Marcus Lashley**

*Assistant Curate*

**The Rev'd Richard Kellman, L.Th.**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., B.Mus.**

*Organist*

**Mr. Eric Cobham, B.Sc., B. Mus**

*Administrative Assistant*

**Ms. Armel Marshall, B.Sc., Cert SM: Cert HRM**

*Vergers*

**Mrs. Chloe Grant**

*Assistant Vergers*

**Ms. Harriet Lowe**

**The First Sunday in Lent**

**March 1<sup>st</sup>, 2020**

**Services**

**7:00 A.M. and 9:00 A.M.**



## *From the Dean's Pen*

*My Dear Brothers and Sisters in Christ!*

The encounter between the Prodigal son and the Loving Father (Luke 15:11-32), to some extent summarises the appeal of Lent. In this penitential season, the Church recognises that in spite of humanity's best effort and also on account of that basic instinct to do one's own thing, several fractures develop among human beings; between humans and the rest of the creation; and most of all, between humans and God. As a result, there is a lack of "**wholeness**", meaning, 'a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity'.

Like the second son in the parable, who left the security of his home to start a life independently, people sometimes find themselves away from home. In the midst of circumstances such as loneliness, hunger, homelessness, and fear, there is a cry to be made whole. The mere thought that things could be better, needs to be matched by the courage to do something about the situation. Lent provides that opportunity to do so.

The acknowledgement of wrongdoing is the first step towards wholeness. The young man did that. He had made an error of judgement and he was willing to take responsibility for it. He reckoned that, at least his father would welcome him back home as one of the hired hands. He would be certain of decent shelter, and a regular meal – he would again be able to work for his own living.

However, his father surprised him with a gracious welcome and he discovered that he had been forgiven; he was made whole. As we engage in the discipline of Lenten: prayer, fasting and almsgiving, let us also seek wholeness for individuals, the church, the society and nation.

Yours sincerely,  
Dean Jeffrey

# **The First Sunday in Lent Year A**

**7:00 A.M. Holy Eucharist**

**President: The Very Rev'd Dr. Jeffrey D. Gibson**

**9:00 A.M. Sung Eucharist**

**President: The Rev'd Richard Kellman**

## **ORDER OF WORSHIP**

### **THE PREPARATION**

Organ Prelude

**Opening Hymn** ~ 117 *"Lo! Now is our accepted day,"*

The Opening Sentence "Lent"

Page 98

The Invocation

Page 101

The Collect for Purity

Page 101

The Kyrie

Page 102

The Collect *"First Sunday in Lent"*

Page 163

Almighty God, whose blessed Son was led by the Spirit into the wilderness and was tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### **THE MINISTRY OF THE WORD**

**First Lesson:** Genesis 2:15-17; 3:1-7

**Lectors:** 7:00 A.M. Mrs. Patricia Collins

9:00 A.M. Mrs. Valdine Browne (L.E.M.)

**Psalm 32**

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*"Happy are they whose transgressions are forgiven, and whose sin is put away!"*

**Second Lesson:** Romans 5:12-19

**Lectors:** 7:00 A.M. Ms. Wendy Springer, (St. Gabriel's)

9:00 A.M. Mr. John Moore (M.F.)

**The Gradual Hymn ~ 424** *“Lead us, heavenly Father, lead us”*

**The Holy Gospel:** Matthew 4:1-11

**Gospellers:** 7:00 A.M. The Rev'd Richard Kellman

9:00 A.M. The Rev'd Canon George Knight

**The Sermon: 7:00 & 9:00 A.M.**

The Very Rev'd Dr. Jeffrey D. Gibson

The Nicene Creed

Page 104

**Hymn ~ 399 “Renew thy church, her ministries restore:”**

**(During the singing of this hymn a collection for the St. Michael's Cathedral Restoration Fund is taken)**

**Intercession Form “B”**

Page 107

**Intercessors:** 7:00 A.M. Prof. Anne St. John, GCM

9:00 A.M. Mr. Victor Sylvester (M.F.)

The Act of Penitence **“B”**

Page 124

The Greeting of Peace **“B”**

Page 125

### **HYMN OF FELLOWSHIP**

Let There Be Peace on Earth

And let it begin with me

Let there be peace on earth

The peace that was meant to be

With God our Creator

Children all are we

Let us walk with each other

In perfect harmony.

Let peace begin with me

Let this be the moment now

With every step I take

Let this be my solemn vow

To take each moment, and live

Each moment in peace eternally

Let there be peace on earth

And let it begin with me.

# ***Welcome and Greetings***

## **THE EUCHARIST**

**The Offertory Hymn ~ 457** *“O love, how deep! How broad!  
How high!”*

The Offertory Prayer	Page 126
The Eucharistic Prayer	Page 126
The Proper Preface <b>“Lent”</b>	Page 128
The Great Thanksgiving <b>“B”</b>	Page 135
The Lord’s Prayer	Page 144
The Breaking of The Bread <b>“C”</b>	Page 145
The Invitation to Communion <b>“C”</b>	Page 146
The Agnus Dei	Page 147

## **The Administration of Communion**

**Hymns:** 491 ~ *“What a friend we have in Jesus,”*  
495 ~ *“Amazing grace – how sweet the sound”*

**Anthem** ~ *“Call to Remembrance O Lord” (Farrant)*

**The Hymn for the blessing of the Children ~ 851**  
*“Seek ye first the kingdom of God,”*

The Post Communion Prayer <b>“A”</b>	Page 147
The Blessing <b>“Lent”</b>	Page 150
The Recessional <b>Hymn ~ 114</b> <i>“Forty days and forty nights”</i>	

The Dismissal  
Organ Postlude

**AS WORSHIP ENDS, OUR SERVICE IN THE SOCIETY BEGINS  
WELCOME AND MAY THE LORD BLESS US ALL**



## The First Sunday in Lent

**First Reading: Genesis 2:15-17; 3:1-7**

**Comment:** *“Eating of the tree of knowledge”*

From the Hebrew Bible we hear **the story of the creation of the first man and woman in the Garden of Eden and their disobedience and consequent loss of innocence.** Tempted by the serpent, first the woman and then the man eat from the forbidden tree of the knowledge of good and evil. The story expresses the understanding that human beings are the crown of God’s creation, and yet there is something tragically wrong with them. From later Christians perspective, however, this transgression is seen as part of God’s greater plan for the maturity and salvation of humanity. The free choice of disobedience and the learning of good and evil will, through redemption, make possible a more profound relationship with God.

**Psalm 32**

A psalm of thanksgiving for the forgiveness of sin.

**Second Lesson: (The Epistle) Romans 5:12-19**

**Comment:** *“Death came, life comes”*

In this lesson **Paul tells how the history of human sinfulness and death has been transformed by the free gift of Jesus Christ.** The act of disobedience of the one person, Adam, began the reign of sin and death. This was later compounded by the role of law which, by instructing people not to sin, caused trespassing to abound. But now the righteousness and obedience of the one-man Jesus Christ means acquittal and new life for all.

**The Holy Gospel: Matthew 4:1-11**

**Comment:** *“The Temptation of Jesus”*

Our Gospel is **the story of the temptations of Jesus by the devil.** After his baptism Jesus is led into the wilderness and confronted with the temptations which are inescapable in his ministry. He might seek to show that he is the Son of God by satisfying material

needs or wielding miraculous power. Or he could seek to control allegiance through the pomp and might of a worldly kingship. But Jesus' obedience is God's way for him.

## CATHEDRAL NEWS

**Confirmation Classes:** Please note that registration for Confirmation Classes has started. It is anticipated that Confirmation will be celebrated in November, as part of the Diocese's "Mission 2020: God's Gathering" initiative. Interested persons can collect forms from the table at the west door of the Cathedral. Completed forms should be returned to the Office as soon as possible.

**Tickets:** Members are asked to note that tickets for **A Solemn Musick for Good Friday, to be held on Friday, April 10<sup>th</sup>, 2019 at 8:00 P.M. will soon be available at \$30.00 each** and can be purchased from the Administrative Office during office hours.

**Lenten Evensong:** The Dean will present a series of sermons entitled, "**Preaching on Some 20:20 Texts**", at Evensong during the season of Lent. All are encouraged to come and share as we gather as God's people, during this year of "We Gatherin".

**Guild of St. Gabriel:** All Lectors and Intercessors are invited to attend a meeting to further consolidate this ministry on Tuesday, March 24, 2020 at 5:30 P.M., in the Cathedral.

## **Diocesan News**

1. **Anglican Lenten Devotion:** This annual series will continue daily on CBC 100.7 Q FM at 7:25 A.M. Mrs. Harriett Blackman presented on behalf of the Cathedral on Thursday, February 27, 2020. Please join in.
2. **Lenten Course 2020 – "Eeeeeezing Towards Easter".** The following will be the themes for the Sunday morning services:



- i. Enriching our Worship
- ii. Expounding God's Word
- iii. Empowering our Youth
- iv. Exercising Greater Morals
- v. Endeavouring Peace
- vi. Embracing All Persons

## Looking Ahead!

**A Solemn Musick for Good Friday, to be held on Friday,  
April 10<sup>th</sup>, 2019  
at 8:00 P.M.  
Admission \$30.00**



## CATHEDRAL MINISTRIES

### THE FIRST SUNDAY IN LENT

**March 1<sup>st</sup>, 2020**

**7:00 A.M.** ~ Holy Eucharist with the organisation of  
Past Scholars and Friends of St. Gabriel in attendance.

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

**9:00 A.M.** ~ Sung Eucharist

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

**6:00 P.M.** ~ Evensong

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

**Tuesday, March 3<sup>rd</sup>, 2020**

**12:15 P.M.** ~ Holy Eucharist

**Wednesday, March 4<sup>th</sup>, 2019**

**10:00 A.M.** ~ A Public Service of Healing

**Thursday, March 5<sup>th</sup>, 2019**  
**12:15 P.M. ~ Holy Eucharist**

**Friday 6<sup>th</sup>, 2019**  
**5:00 P.M. ~ The way of the Cross**

**March 8<sup>th</sup>, 2020**  
**The Second Sunday in Lent**  
**7:00 A.M. ~ Holy Eucharist**  
**9:00 A.M. ~ Sung Eucharist**  
**11:00 A.M. ~ Choral Matins**  
**5:30 P.M. ~ Pre-Evensong Recital by Dequan Rowe**  
**6:00 P.M. ~ Evensong**



Congratulations to all celebrating birthdays and anniversaries in  
the month March 2020

*Ms. Ingrid Griffith ~ 1<sup>st</sup>*  
*Mr. David DaC. Murray ~ 1<sup>st</sup>*  
*Mr. Ian C. Weekes ~ 2<sup>nd</sup>*  
*Mrs. Fay Cooke-Nurse ~ 3<sup>rd</sup>*  
*Ms. Audrey G. Miller ~ 4<sup>th</sup>*  
*Mr. Rashawn Blackman ~ 5<sup>th</sup>*  
*Mrs. Mildred Cox-Inniss ~ 7<sup>th</sup> (Shut-In)*  
*Ms. Gerline E. Parris ~ 7<sup>th</sup>*  
*Ms. Khylaina Reid ~ 7<sup>th</sup>*  
*Mrs. Omeitha I. Haynes ~ 8<sup>th</sup>*  
*Ms. Beverley L. Moore ~ 8<sup>th</sup>*  
*Mr. Michael DeC. Hinds ~ 9<sup>th</sup>*  
*Mrs. Heather Coward Downes ~ 11<sup>th</sup>*  
*Ms. Corliss A. Hinds ~ 12<sup>th</sup>*  
*Ms. Zanieva Greaves ~ 13<sup>th</sup>*

Mr. Winfield L. Downes ~ 14<sup>th</sup>  
Mr. Nicholas J. N. Small ~ 14<sup>th</sup>  
Ms. Gloria Regis ~ 15<sup>th</sup>  
Mrs. Zida Hunte ~ 20<sup>th</sup>  
Mr. Winston A. Holder ~ 21<sup>st</sup>  
Mrs. Harriett V. W. Blackman ~ 22<sup>nd</sup>  
Ms. Disraeli D. Rayside ~ 25<sup>th</sup>  
Mrs. Audrey D. Cox ~ 26<sup>th</sup>  
Ms. Monica Henry ~ 27<sup>th</sup>  
Ms. Christine Howell ~ 27<sup>th</sup>  
Ms. Janice A. Edwards ~ 29<sup>th</sup>



***May God bless and strengthen you.***

**THEME FOR THE WEEK**

***“As Lent begins, it is well for us to study the mechanics  
of sin.”***



## OFFICERS OF THE CHURCH COUNCIL

### Church Warden Emeritus

Mr. Arlington Watson, BSM. J.P.

### Church Wardens:

Mr. Samuel Maxwell    Mr. Victor Sylvester

**Secretary:** Ms. Donnah Russell

**Assistant Secretary:** Mrs. Juno Burrows

**Treasurer:** Mr. David Murray

**Assistant Treasurer:** Ms. Harriet Clarke

### Synod Representatives:

Mr. Trevor King

Mr. Samuel Maxwell

Dr. Wendy Sealy

### Alternative Synod Representative:

Ms. Donna Inniss



## LEADERS OF ORGANISATIONS AND MINISTRIES

<b>Men's Fellowship:</b>	Mr. John Moore
<b>Mothers' Union:</b>	Mrs. Colleen Byer
<b>Church Army:</b>	Captain Donnah Russell
<b>Woman's Auxiliary:</b>	(Vacant)
<b>Ushers' Guild:</b>	Mrs. Juno Burrows
<b>Outreach Committee:</b>	Mrs. Delores Hinds
<b>Guild of Servers:</b>	Major. Charleston Maxwell and Mr. Jerry Alleyne
<b>Health Ministry:</b>	Dr. Wendy Sealy
<b>Sunday School:</b>	Mrs. Harriett Blackman
<b>Flower Guild:</b>	(Vacant)
<b>Guild of St. Raphael:</b>	Mr. Darwin Clarke

# *SERMON NOTES*

Sermon Text: .....

.....

Topic: .....

.....

Preacher: .....

Points to Ponder: .....

.....

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.....

.....

What was God saying specifically to me during the Sermon?

.....

.....

.....

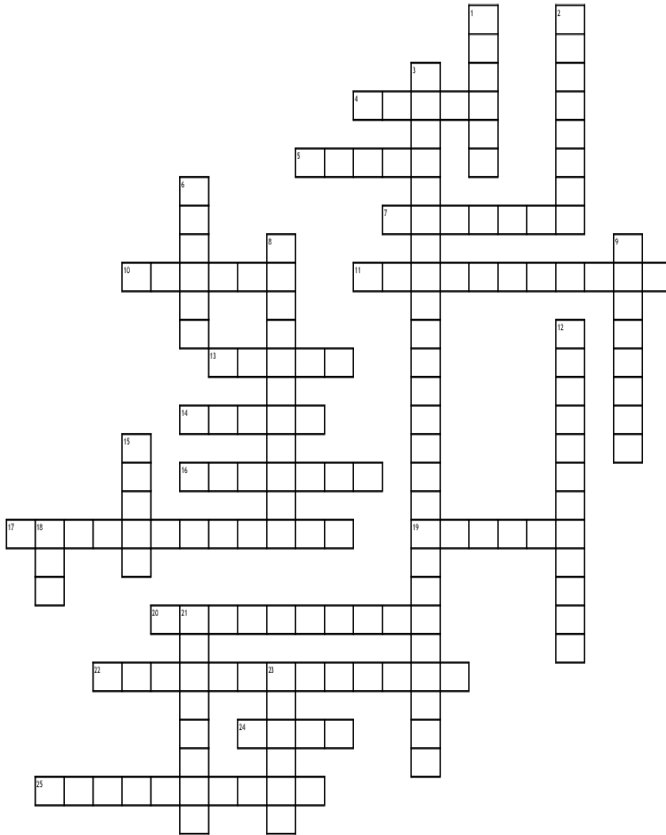
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March 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <a href="#">First Sunday in Lent</a> 7:00 A.M. Holy Eucharist (Past Scholars and Friends of St. Gabriel's School) 9:00 A.M. Sung Eucharist 6:00 P.M. Evensong	<b>2</b> <a href="#">Monday in the First Week of Lent</a> 6:00 P.M. Meeting of the Board of Trustees of The SMCFA	<b>3</b> <a href="#">Tuesday in the First Week of Lent</a>	<b>4</b> <a href="#">Wednesday in the First Week of Lent</a> 12:15 P.M. A Public Service Healing	<b>5</b> <a href="#">Thursday in the First Week of Lent</a> 12:15 P.M. Holy Eucharist/Lenten Devotions	<b>6</b> <a href="#">Friday in the First Week of Lent</a> 5:00 P.M. Station of the Cross	<b>7</b> <a href="#">Saturday in the First Week of Lent</a> World Day of Prayer 4:00 P.M. Meeting of Men's Fellowship
<b>8</b> <a href="#">Second Sunday in Lent</a> 7:00 A.M. Holy Eucharist 9:00 A.M. Sung Eucharist 11:00 Choral Matins 5:30 Pre-Evening Recital 6:00 P.M. Evensong	<b>9</b> <a href="#">Monday in the Second Week of Lent</a> Commonwealth Day	<b>10</b> <a href="#">Tuesday in the Second Week of Lent</a> 12:15 P.M. Holy Eucharist 4:30 P.M. Mothers' Union	<b>11</b> <a href="#">Wednesday in the Second Week of Lent</a> 10:00 A.M. Holy Eucharist 11:30 A.M. Meeting of St. Raphael	<b>12</b> <a href="#">Thursday in the Second Week of Lent</a> 12:15 P.M. Holy Eucharist/Lenten Devotions	<b>13</b> <a href="#">Friday in the Second Week of Lent</a> 5:00 P.M. Station of the Cross	<b>14</b> <a href="#">Saturday in the Second Week of Lent</a>
<b>15</b> <a href="#">Third Sunday in Lent</a> 7:00 A.M. Holy Eucharist 9:00 A.M. Sung Eucharist 6:00 P.M. Evensong led by All Saints & St. Philip-the-Less	<b>16</b> <a href="#">Monday in the Third Week of Lent</a> 5:00 P.M. Meeting of the Church Army	<b>17</b> <a href="#">Tuesday in the Third Week of Lent</a> 12:15 P.M. Holy Eucharist	<b>18</b> <a href="#">Wednesday in the Third Week of Lent</a> 10:00 A.M. Holy Eucharist 5:30 P.M. Meeting of the Guild of Ushers'	<b>19</b> <a href="#">St. Joseph</a> 12:15 P.M. Holy Eucharist/Lenten Devotions	<b>20</b> <a href="#">Friday in the Third Week of Lent</a> 5:00 P.M. Station of the Cross	<b>21</b> <a href="#">Saturday in the Third Week of Lent</a>
<b>22</b> <a href="#">Fourth Sunday in Lent</a> World Water Day 7:00 A.M. Holy Eucharist 9:00 A.M. Sung Eucharist 11:00 A.M. Choral Matins 6:00 P.M. Evensong	<b>23</b> <a href="#">Monday in the Fourth Week of Lent</a>	<b>24</b> <a href="#">Tuesday in the Fourth Week of Lent</a> 12:15 P.M. Holy Eucharist	<b>25</b> <a href="#">The Annunciation</a> 10:00 A.M. Holy Eucharist	<b>26</b> <a href="#">Thursday in the Fourth Week of Lent</a> 12:15 P.M. Holy Eucharist/Lenten Devotions	<b>27</b> <a href="#">Friday in the Fourth Week of Lent</a> 5:00 P.M. Station of the Cross	<b>28</b> <a href="#">Saturday in the Fourth Week of Lent</a>
<b>29</b> <a href="#">Fifth Sunday in Lent</a> 7:00 A.M. Holy Eucharist 9:00 A.M. Sung Eucharist 11:00 A.M. Service to mark the anniversary of the Barbados Castle Corp. (pending) 6:00 P.M. Evensong	<b>30</b> <a href="#">Monday in the Fifth Week of Lent</a>	<b>31</b> <a href="#">Tuesday in the Fifth Week of Lent</a> 12:15 P.M. Holy Eucharist				

# Lent



**Across**

4. Jesus said man cannot live off of \_\_\_\_ alone
5. How many times was Jesus tempted by the Devil?
7. The traditional thing to do during easter is.....
10. What are the colors of Lent?
11. Jesus said "do not put the \_\_\_\_\_ to the test."
13. How many days did Jesus spend in the desert?
14. It is Lenten tradition to visit \_\_\_\_\_ religious sites during Lent
16. God told us not to show others we're \_\_\_\_\_
17. When does Lent start?
19. What Liturgical event happens after Lent?
20. What are the ashes on ash wednesday made of?
22. What is Jesus' last meal called
24. When Jesus was Crucified they put a purple \_\_\_\_\_ around him.
25. When we don't eat meat we are....

**Down**

1. Jesus was crucified on a....
2. How many stations are in the Stations of the Cross?
3. What do we do on Ash Wednesday
6. We also don't say \_\_\_\_\_ during Lent
8. Jesus \_\_\_\_\_ three days after his death
9. How many days are in Lent?
12. When does Lent end?
15. What do we put on our forehead at the start of Lent
18. How many Sundays are in Lent?
21. We don't say \_\_\_\_\_ during Lent
23. What was the crown made of they put on Jesus?



### **CONTACT US**

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