



I WILL POUR OUT

MY
Spirit
ON ALL
PEOPLE

ACTS 2:17

**The Cathedral Church of
Saint Michael and
All Angels
*The Diocese of Barbados***

Diocesan Bishop

The Right Reverend Michael Bruce St. John Maxwell, MA

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Dr. Marcus Lashley

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Mr. John F. Bryan, B.Sc., BMus.

Organist

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Verger

Mrs. Chloe Grant

Assistant Verger

Ms. Harriet Lowe

**The Third Sunday After Pentecost
June 21st, 2020**

Services: 7:00 A.M. & 9:00 A.M.

The Third Sunday After Pentecost

Proper 7

YEAR A

7:00 A.M. ~ HOLY EUCHARIST

President: The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ SUNG EUCHARIST

President: The Rev'd Canon George Knight

ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Announcement of Safety Protocols – The Dean

Introit Hymn 424 ~ *“Lead us, heavenly Father, lead us,”*

Opening Sentence “Pentecost”	Page 99
The Invocation	Page 101
The Collect for Purity	Page 101
The Kyrie	Page 102
The Gloria in Excelsis	Page 102
The Collect:	Page 174

“Third Sunday after Pentecost: Proper 7”

O God our defender, storms rage about us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us all from unbelief; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and ever. **Amen.**

THE MINISTRY OF THE WORD

First Lesson: Jeremiah 20:7-13

“Jeremiah Denounces His Persecutors”

Lectors: **7:00 A.M.** ~ Mr. Victor Gittens

9:00 A.M.~ Dr. Sherlock Bradshaw (LEM)

⁷ O LORD, you have enticed me,
and I was enticed;
you have overpowered me,
and you have prevailed.

I have become a laughing-stock all day long;
everyone mocks me.

⁸ For whenever I speak, I must cry out,
I must shout, ‘Violence and destruction!’
For the word of the LORD has become for me
a reproach and derision all day long.

⁹ If I say, ‘I will not mention him,
or speak any more in his name’,
then within me there is something like a burning fire
shut up in my bones;
I am weary with holding it in,
and I cannot.

¹⁰ For I hear many whispering:
‘Terror is all around!
Denounce him! Let us denounce him!’
All my close friends
are watching for me to stumble.

‘Perhaps he can be enticed,
and we can prevail against him,
and take our revenge on him.’

¹¹ But the LORD is with me like a dread warrior;
therefore my persecutors will stumble,
and they will not prevail.
They will be greatly shamed,
for they will not succeed.

Their eternal dishonour
will never be forgotten.

¹² O LORD of hosts, you test the righteous,
you see the heart and the mind;
let me see your retribution upon them,
for to you I have committed my cause.

¹³ Sing to the LORD;
praise the LORD!

For he has delivered the life of the needy
from the hands of evildoers.

The Word of the Lord

Psalm 69:7-10 (11-15) 16-18 *Salvum me fac*

7 Let not those who hope in you be put to shame
through me, Lord god of hosts; let not those
who seek you be disgraced because of me,
O God of Israel.

8 Surely, for your sake have I suffered reproach,
and shame has covered my face.

9 I have become a stranger to my own kindred,
an alien to my mother's children.

10 Zeal for your house has eaten me up;
the scorn of those who scorn you has fallen upon
me.

11 I humbled myself with fasting,
but that was turned to my reproach.

12 I put on sack-cloth also,
and became a byword among them.

13 Those who sit at the gate murmur against me,
and the drunkards make songs about me.

14 But as for me, this is my prayer to you,
at the time you have set, O LORD:

- 15 "In your great mercy, O God,
answer me with your unfailing help.
- 16 Save me from the mire; do not let me sink;
let me be rescued from those who hate me
and out of the deep waters.
- 17 Let not the torrent of waters wash over me,
neither let the deep swallow me up;
do not let the Pit shut its mouth upon me.]
- 18 Answer me, O LORD, for your love is kind;
in your great compassion, turn to me.'

Glory to the Father, and to the Son and to the Holy Spirit; as it was in the beginning, is now, and shall be for ever. Amen

Second Lesson: Romans 6:1b-11 "*Dying and Rising with Christ*"

Lectors: **7:00 A.M.** ~ Mr. Junior Warner

9:00 A.M. ~ Mr. Victor Sylvester, Men's Fellowship

⁶What then are we to say? Should we continue in sin in order that grace may abound? ²By no means! How can we who died to sin go on living in it? ³Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? ⁴Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. ⁵ For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. ⁶We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. ⁷For whoever has died is freed from sin. ⁸But if we have died with Christ, we believe that we will also live with him. ⁹We know that Christ, being

raised from the dead, will never die again; death no longer has dominion over him. ¹⁰The death he died, he died to sin, once for all; but the life he lives, he lives to God. ¹¹So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

The Word of the Lord

The Gradual Hymn ~ 412 “Faith of our fathers! Living still”

The Holy Gospel: Matthew 10:24-39 “Whom to Fear”

24 ‘A disciple is not above the teacher, nor a slave above the master; ²⁵it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household! 26 ‘So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. ²⁷What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. ²⁸Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. ²⁹Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. ³⁰And even the hairs of your head are all counted. ³¹So do not be afraid; you are of more value than many sparrows. 32 ‘Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; ³³but whoever denies me before others, I also will deny before my Father in heaven.

“Not Peace, but a Sword”

34 ‘Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.
³⁵ For I have come to set a man against his father,

and a daughter against her mother,
and a daughter-in-law against her mother-in-law;
³⁶ and one's foes will be members of one's own household.
³⁷Whoever loves father or mother more than me is not
worthy of me; and whoever loves son or daughter more than
me is not worthy of me; ³⁸and whoever does not take up the
cross and follow me is not worthy of me. ³⁹Those who find
their life will lose it, and those who lose their life for my sake
will find it.

The Word of the Lord

The Nicene Creed

Page 104

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us men and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.

With the Father and the Son He is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. **Amen.**

The Intercession Form “**B**”

Page 107

Intercessors: **7:00 A.M.** ~ Prof. Anne St. John, GCM

9:00 A.M. ~ Mr. Victor Small, Men’s Fellowship

The Act of Penitence “**B**”

Page 124

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.

We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of thy Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Greeting of Peace “**A**”

Page 124

*Welcome, Remarks, Birthdays
and Anniversaries*

THE EUCHARIST

The Offertory Hymn ~ 344

“Spread, O spread, thou mighty word,”

The Presentation of Offerings	Page 126
The Offertory Prayer	Page 126
The Eucharistic Prayer	Page 126
The Proper Preface “Pentecost”	Page 128
The Great Thanksgiving	
7:00 A.M. “B”	Page 135
9:00 A.M. “A”	Page 131
The Lord’s Prayer	Page 144

Our Father, in heaven,
 hallowed be your Name,
 your kingdom come,
 your will be done,
 on earth as in heaven.

Give us today our daily bread.

Forgive us our sins,
 as we forgive those who sin against us.

Save us from the time of trial
 and deliver us from evil.

For the kingdom, the power, and the glory are yours
 now and forever. **Amen.**

The Breaking of The Bread “A”	Page 145
The Invitation to Communion “A”	Page 145
The Agnus Dei	Page 147

The Administration of Communion



Hymn ~ 616 *“O thou, who at thy eucharist didst pray”*

Hymn for the Blessing of the Children:

“”

The Post Communion Prayer “**A**” Page 147

The Blessing Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the blessing of God the Father be upon you this day and forever more. **Amen.**

The Recessional Hymn ~ 413 *“Guide me, O thou great Redeemer,”*

The Dismissal

Organ Postlude

WELCOME AND MAY THE LORD BLESS US ALL

The Third Sunday after Pentecost

Proper 7

Year A

First Reading: Jeremiah 20:7-13

Comment: *“The prophet must speak”*

In our Hebrew scripture lesson, **Jeremiah complains to the Lord. He is torn between wanting to give up his mission**

and his need to speak in God's name and put his trust in God. Jeremiah has been given a most difficult ministry. In the period shortly before the final defeat of Judah and its time of exile, all he can do is prophesy violence and destruction as God's judgement on the people. Even his so-called friends persecute him. Yet the Lord is on his side.

Psalm 69: 7-10 (11-15), 16-18

A psalm of praise to the mighty God who has brought the people out of Egypt and saved Israel from her enemies. God reigns on high.

Second Lesson: (The Epistle) Romans 6:1B-11

Comment: *"Buried and raised with Christ in baptism"*

In this reading, we learn that **as Christian disciples have been joined with Christ in his death through baptism, so they are to know a resurrection like his.** In union with Christ we have died to our sinful selves and have begun to experience a new way of life. In one sense, Paul recognizes that our freedom from death still awaits us in the future. Yet, in another sense, we already know what it means to be alive to God in Jesus Christ and to realise the true meaning of life.

The Holy Gospel: Matthew 10:24-39

Comment: *"The cost of discipleship"*

In our Gospel, **Jesus warns his disciples of troubles to come, but offers them the assurance of the Father's care and his own readiness to support them before God when they speak up for him.** Because they are Jesus' disciples, people will do to them what they did to him. There will be persecution and divided families, but disciples are not

to be afraid. They are to love Jesus more than father and mother, son or daughter, and to be willing to lose their own lives for Christ's sake. Those who live in this way will actually find their true lives, and God will hold them fast.

CATHEDRAL NEWS

- 1. Confirmation Classes:** Please note that registration for Confirmation Classes has started. It is anticipated that Confirmation will be celebrated in November, as part of the Diocese's "Mission 2020: God's Gathering" initiative. **Electronic sessions will begin very soon.**
- 2. Household Worship:** Members are encouraged to pray the office of Morning Prayer on a daily basis. The Daily Office can also serve as a personal or family discipline. The Daily Lectionary for the week of Pentecost begins on page 761, in the Book of Common Prayer. Note further that this year is Year 2, and the readings for Monday, Proper 7, June 22nd, 2020 are Numbers 16:1-19; Psalm 89:1-18, and Matthew 19:13-22.
- 3. Stewardship of Treasure:** During the period of lockdown, members were unable to make their regular financial contributions to church in the usual manner. However, several persons made use of the options which were provided and we are grateful for their contributions. For the convenience of all, online payments may be made to the St. Michael's Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 27193-02; Transit # 09606.



DIOCESAN NEWS

Church Services: Public worship resumes today across the Diocese in most parishes. Upon arrival, all persons entering the worship must have their temperatures taken – no-one will be allowed to enter with a temperature above 37.5°C; be registered - with Name, Address, Telephone Number and National Registration Number; congregants are required to observe the following: sanitize their hands upon entering the building and before receiving Holy Communion; wear masks; sit in the designated seat; bring their own Book of Common Prayer and Hymnal, as neither of these will be distributed; and there must be no social gathering of persons before or after worship. **These protocols are in accordance with the Emergency Management (COVID-19) Churches (No. 2) Directive, 2020**

CATHEDRAL MINISTRIES

June 21st, 2020

The Third Sunday after Pentecost ~ Father's Day

7:00 A.M. ~ Holy Eucharist

9:00 A.M. ~ Sung Eucharist

Wednesday, June 24th, 2020

The Nativity of St. John the Baptist

10:00 A.M. ~ Holy Eucharist

June 28th, 2020
The Fourth Sunday after Pentecost
7:00 A.M.~ Holy Eucharist
9:00 A.M.~ Sung Eucharist



***Congratulations to all those person celebrating
birthdays this week June 21 ~ June 27, 2020***

Mrs. Paul Agbowu ~ 23rd
The Rev'd Canon Lionel Burke ~ 23rd
Mr. Darnley DaC. King ~ 23rd
Mr. Trevor L. King ~ 23rd
Ms. June I. M. Stuart ~ 23rd
Ms. Ardith T. Young ~ 24th
Ms. Esme Knights ~ 25th
Mrs. Kimberley C. M. Austin ~ 26th
Mrs. Edlyn P. Harewood ~ 26th
Ms. Jennifer E. Ifill ~ 26th



May God bless and strengthen you.



Theme for the Week

*“No matter how mysterious are God’s ways with us,
Jesus Christ has acquitted us all, driving out our fears
by faith.”*



Happy

Father's Day



OFFICERS OF THE CHURCH COUNCIL

Church Warden Emeritus

Mr. Arlington DaC. Watson, BSM. J.P.

Church Wardens:

Mr. Samuel Maxwell Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Treasurer: Ms. Harriet Clarke

Synod Representatives

Mr. Trevor King;

Mr. Samuel Maxwell;

Dr. Wendy Sealy

Alternative Synod Representative

Ms. Donna Inniss



LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	(Vacant)
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Major Charleston Maxwell and Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	(Vacant)
Guild of St. Raphael:	Mr. Darwin Clarke

NOTES:



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