



Epiphany



**The Cathedral Church of
Saint Michael and
All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Dr. Marcus Lashley

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham

Administrative Assistant

Ms. Armel Marshall, B.Sc., Cert SM: Cert HRM

Vergger

Mrs. Chloe Grant

Assistant Vergger

Ms. Harriet Lowe

**The Fifth Sunday after the Epiphany
February 7th, 2021**

Service 9:00 A.M.



My Dear Brothers and Sisters in Christ!

Since the call by the Prime Minister, the Hon. Mia Amor Mottley, Q.C, M.P. for a National Pause, the view has been expressed that the period should be marked by earnest prayer. While policy-makers and health-practitioners work to bring medical relief, the faith communities would be at prayer, seeking Divine intervention, guidance and healing.

Towards that latter end, the rhythm of prayer, observed by the Christian Church through the years, could come into greater focus. Members would be familiar with Morning Prayer (Matins) and Evening Prayer (Evensong). However, since the early twentieth century, revised editions of the Book of Common Prayer in some jurisdictions, have made provision for other forms of worship (offices) – a Devotion at midday and Compline, the night office.

The CPWI Prayer Book however, not only contains Morning and Evening Prayer; but also contains a selection of prayers and litanies for use on various occasions (see page 75 to 92). These prayers can be used, alone or together within the family setting, as we isolate ourselves from the spread of the Coronavirus. In addition, to the enhancement of one's personal devotion and piety, praying the Daily Offices and other services can be done with the specific intention of the well-being of others. In that regard, I invite parishioners to adopt the following Weekly Cycle of Prayer:

Sunday – The Church and its Ministry (local, regional and universal);

Monday – Agriculture, Industry and Commerce;

Tuesday – The Ministry of Health and Wellness, Medical Services and all who have been affected by COVID-19;

Wednesday – The Ministry of People Empowerment and Elder Affairs, and the Security and Emergency Services;

Thursday – The Children, Youth and Students;

Friday – The Governor General, the Prime Minister, the Chief Justice, members of Cabinet, and all members of Parliament;

Saturday – Our homes, families, friends and all whom we love.

“About noon the next day, as they were on their journey and approaching the city, Peter went up on the roof to pray.” (Acts 10:9)

As we pray in our various settings, we remain unity through the One in whom our prayers are made, Jesus Christ our Lord.

Yours sincerely

Dean Jeffrey

The Fifth Sunday after the Epiphany

YEAR B

9:00 A.M SUNG EUCHARIST

President: The Rev'd Dr. Marcus Lashley

ANNOUNCEMENT

Emergency Management (COVID-19) Churches (No. 3) Directive, 2021

The following protocols will be enforced: No more than ten (10) persons, including the officiant shall be present for the streaming of religious services; Temperature Checks upon arrival; Wearing of Masks, Designated Seating; the Use of an Offering Box; Physical Distancing - Six (6) feet apart; No physical exchange of the Greeting of Peace; Sanitization of Hands before entering the Cathedral and before Communion.

RESTRICTIONS AT WORSHIP

PLEASE NOTE THAT THE 9:00 A.M. SERVICE WILL BE ATTENDED BY CHORISTERS ONLY AND WILL BE STREAMED LIVE ON OUR FACEBOOK PAGE AND ON YOUTUBE.

ORDER OF WORSHIP

THE PREPARATION

Organ Prelude:

Opening Hymn ~ 400 *"We have a gospel to proclaim"*

Opening Sentence **"Epiphany"** Page 98

The Invocation Page 101

The Collect for Purity Page 101

The Kyrie Page 102

The Gloria in Excelsis Page 102

The Collect: “*Fifth Sunday after the Epiphany*”

Page 161

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Saviour Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

THE MINISTRY OF THE WORD

First Lesson: Isaiah 40:21-31

Lector: ~ **Mr. Gregory Nicholls**

Psalm 147:1-12, 21c

Page 662

“Hallelujah! How good it is to sing praises to our God! how pleasant it is to honour him with praise!”

Second Lesson: 1 Corinthians 9:16-23

Lector: ~ **Mr. Calderon Walrond**

The Gradual Hymn ~ 533 *“O for a closer walk with God,”*

The Holy Gospel: Mark 1:29-39

Gospeller: ~ **The Rev’d Dr. Marcus Lashley**

The Sermon: The Rev’d Dr. Marcus Lashley

The Nicene Creed

Page 104

Intercession “**C**”

Page 108

Intercessor: ~ Ms. Esme Knights

The Act of Penitence “**A**”

Page 123

The Greeting of **Peace** “**A**”

Page 124

THE MINISTRY OF THE SACRAMENT

| | |
|--|--|
| The Offertory Hymn ~528 | <i>“Lord, speak to me, that I may speak”</i> |
| The Offertory Prayer | Page 126 |
| The Eucharistic Prayer | Page 126 |
| The Proper Preface “Epiphany” | Page 127 |
| The Great Thanksgiving “A” | Page 131 |
| The Lord’s Prayer | Page 144 |
| The Breaking of The Bread “A” | Page 145 |
| The Invitation to Communion “A” | Page 145 |
| The Agnus Dei | Page 147 |

The Administration of Communion

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|--------------------------------------|---|
| The Post Communion Prayer “B” | Page 148 |
| The Blessing “Epiphany” | Page 150 |
| The Recessional Hymn ~ 104 | <i>“Songs of thankfulness and praise”</i> |
| The Dismissal | |
| Organ Postlude: | |

WELCOME AND MAY THE LORD BLESS US ALL



First Reading: Isaiah 40:21-31

Comment: *“The creator of all cares for the powerless”*

In our Hebrew Bible lesson, **the prophet Isaiah summons the people to renew their trust and confidence in God.** God alone is sovereign, the Lord of all that exists, the creator of the earth and its creatures and the fount of understanding. Those who turn to the Lord will find their strength replenished; they will not be disappointed.

Psalm 147:1-12, 20c

A hymn of praise to the Lord, who rules over nature in wisdom and has shown faithfulness to Israel.

Second Lesson: (The Epistle) 1 Corinthians 9:16-23

Comment: *“A servant for the sake of the gospel”*

In this reading, we learn how **Paul seeks to become all things to all people in order that he may freely and without hindrance share the gospel with them.** He takes no special pride in his preaching of the gospel, because that is his commission from the Lord. In order not to create unnecessary difficulties, he is willing to live under the law among Jews and outside the law among Gentiles. Some may misunderstand and think him unprincipled, but Paul’s only concern is with the essentials of the gospel.

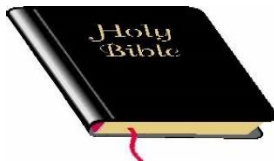
The Holy Gospel: Mark 1:29-39

Comment: *“The healing of Peter’s mother-in-law”*

Our gospel tells of **healing events which took place toward the beginning of Jesus’ ministry.** Peter’s mother-in-law is cured of fever. Many flock to Jesus. He heals them and casts out the demons who recognise him for who he is. A brief retreat ends because of the pressing need to continue his mission. The power of the kingdom of God is made manifest through his words and deeds.

CATHEDRAL NEWS

STEWARDSHIP: The 2021 Stewardship Envelopes can now be collected from the Administrative office during office hours, Monday to Friday 9:00 A.M. – 4:00 P.M.



Household Worship: The Cathedral is closed to public worship, except under the provision of the EMP (COVID-19) (No. 3) Directive 2021. However, members are encouraged to pray the office of Morning Prayer at the regular Sunday service times, 7:00 A.M. and 9:00 A.M.,

or at a time convenient to the family. The Daily Office can also serve as a personal or family discipline. The Daily Lectionary for Epiphany, the Fifth Week after the Epiphany, begins on page 754, in the Book of Common Prayer. Note further that this year is Year 1, and the readings for Monday, February 8th, 2021 are Isaiah 58:1-12, Psalm 80, and Galatians 6: 11-18.

Stewardship of Treasure: During the period of lockdown, members were unable to make their regular financial contributions to the church in the usual manner. However, several persons made use of the options which were provided, and we are grateful for their contributions. For the convenience of all, online payments may be made to the St. Michael’s Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 27193-02; Transit # 09606.

THEME FOR THE WEEK

“Hospitality is the one virtue in which we are most certain to meet the Lord.”



DIOCESAN NEWS

Diocesan Calendars: The 2021 Diocesan Calendars are available through the office of the Administrative Assistant, at the price of \$6.00 each.



Congratulations to all celebrating birthdays and anniversaries in the month of February 2021

- Ms. Sandra I. Daniel ~ 1st***
- Mrs. Mary E. Weekes ~ 1st***
- Ms. Elain N. Frank ~ 2nd***

Mrs. Hyacinth Wood ~ 2nd
Mr. Kye W. Alleyne ~ 3rd
Mr. Richard A. Rollock ~ 4th
Mrs. Phyllis Clarke-Hunte ~ 8th
Ms. Harriet M. Godding ~ 8th
Ms. Sandy J. Rowe ~ 8th
Ms. Eugene Daniel ~ 9th
Ms. Winifred C. Trotman ~ 10th
Mr. Keith B. Worrell ~ 12th
Ms. Ernie Young ~ 12th
Ms. Gillian N. Walker ~ 13th
Ms. Roslyn F. Gittens ~ 15th
Mr. Henderson Griffith ~ 15th
Mrs. Marva Bourne ~ 16th
Ms. Shirley J. Reece ~ 16th
Ms. Margaret R. Aimey ~ 17th
Ms. Rojana Marshall ~ 18th
Ms. Muriel Hutson ~ 19th (Shut In)
Ms. Sheila M. E. Griffith ~ 20th
Ms. Sandra A. Lewis ~ 21st
Mr. Tendai H. K. Sivers ~ 21st
Ms. Coreen E. Lashley ~ 22nd
Mr. Darwin E. Clarke ~ 24th
Ms. Pauline O. Bynoe ~ 25th
Ms. Mary A. Haynes ~ 25th
Mrs. Beverley Marshall ~ 25th
Mrs. Charmaine R. Forde ~ 27th
Ms. Ayodele Yarde ~ 27th
Mr. David Scott ~ 29th
Ms. Iris Whitehead ~ 29th



May God bless and strengthen you.





Please remember the sick or injured of our Parish and wider community, especially Mrs. Colleen Byer, Ms. Eudora Cooper, Ms. Alice P. Hall, Mr. Frank Harris, Mr. Jonathan Holder, (N.Y), Ms. Selina Jones, Mrs. Vida King, Mr. Blair Murray, Mr. Adrian Price, Ms. Phyllis Springer, and Ms. Winifred Trotman.

I pray to the Almighty
to bring you healing
and a speedy
recovery...

**Get Well
Soon...**



Bereavement: We extend sincere condolences to the family on the passing Mrs. Dawn Holder-Maxwell, wife of Diocesan Bishop Michael Maxwell. We thank God for her life, work, and witness among us.

May you know the blessedness of those who mourn.



CATHEDRAL MINISTRIES

The Fifth Sunday after the Epiphany

February 7th, 2021

9:00 A.M. ~ Sung Eucharist

Please note that this service will be attended by Choristers only and will be streamed live on our Facebook page and on YouTube.

<http://www.facebook.com/saintmichaelscathedral>

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

Next Sunday, February 14th, 2021

The Transfiguration of Our Lord ~

The Last Sunday after the Epiphany

9:00 A.M. ~ Sung Eucharist

Please note that this service will be attended by Choristers only and will be streamed live on our Facebook page and on YouTube.

<http://www.facebook.com/saintmichaelscathedral>

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

OFFICERS OF THE CHURCH COUNCIL

Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Secretary: Ms. Harriett Clarke

Synod Representatives

Mr. Trevor King;

Mr. Samuel Maxwell, J. P.

Dr. Wendy Sealy

Alternative Synod Representative

Ms. Donna Inniss



LEADERS OF ORGANISATIONS AND MINISTRIES

| | |
|-----------------------------|------------------------|
| Men's Fellowship: | Mr. John Moore |
| Mothers' Union: | Mrs. Colleen Byer |
| Church Army: | Captain Donnah Russell |
| Woman's Auxiliary: | Vacant |
| Ushers Guild: | Mrs. Juno Burrows |
| Outreach Committee: | Mrs. Delores Hinds |
| Guild of Servers: | Mr. Jerry Alleyne |
| Health Ministry: | Dr. Wendy Sealy |
| Sunday School: | Mrs. Harriett Blackman |
| Flower Guild: | Vacant |
| Guild of St. Raphael | Mr. Darwin Clarke |

SERMON NOTES

Sermon Text:

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Topic:

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Preacher:

Points to Ponder:

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What was God saying specifically to me during the Sermon?

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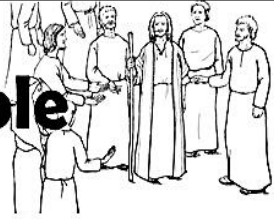
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Name: _____

Books of the Bible Word Search



GENESIS

JOSHUA

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EXODUS

JUDGES

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OBADIAH

ECCLESIASTES

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SAMUEL

JEREMIAH

DEUTERONOMY

ISAIAH

LAMENTATIONS

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[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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Mon – Friday: 9:00 A.M. to 5:00 P.M.

437-4265 (Dean's Residence)