

Happy

Mothering  
Sunday



**The Cathedral Church of  
Saint Michael and  
All Angels  
The Diocese of Barbados**

*Diocesan Bishop*

**The Rt. Rev'd Michael B. St. John. Maxwell, M. A.**

*Dean*

**The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight, B.Min.**

*Assistant Priest*

**The Rev'd Dr. Marcus Lashley**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., BMus.**

*Organist*

**Mr. Eric Cobham**

*Administrative Assistant*

**Ms. Armel Marshall, B.Sc., Cert SM: Cert HRM**

*Vergers*

**Mrs. Chloe Grant**

*Assistant Vergers*

**Ms. Harriet Lowe**



**March 14<sup>th</sup>, 2021  
Service 9:00 A.M.**

**The Fourth Sunday in Lent~ Mothering  
Sunday  
YEAR B**

**9:00 A.M ~ SUNG EUCHARIST**

**President: The Very Rev'd Dr. Jeffrey D. Gibson**

**Preacher: The Rev'd Canon George Knight**

**ANNOUNCEMENT**

**Emergency Management (COVID-19) Churches (No. 5)  
Directive, 2021**

The following protocols will be enforced: No more than ten (10) persons shall be present for the conduct or streaming of religious services; Temperature Checks upon arrival; Wearing of Masks, Designated Seating; the Use of an Offering Box; Physical Distancing - Six (6) feet apart; No physical exchange of the Greeting of Peace; Sanitization of Hands before entering the Cathedral and before Communion.

**RESTRICTIONS AT WORSHIP**

PLEASE NOTE THAT THE 9:00 A.M. SERVICE WILL BE ATTENDED BY CHORISTERS ONLY AND WILL BE STREAMED LIVE ON OUR FACEBOOK PAGE AND ON YOUTUBE.

<http://www.facebook.com/saintmichaelscathedral>

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

## **BOOKS ON THE PANDEMIC**

**Virus as a Summons to Faith; Biblical Reflections in a Time of Loss, Grief, and Uncertainty**, Brueggemann, Walter (Paternoster: Thinking Faith, 2020)

**We shall be changed. Questions for the Post-Pandemic Church**, Edited by Mark D. W. Edington (Church Publishing Incorporated 2020)

**God and The Pandemic: A Christian Reflection on the Coronavirus and Its Aftermath**, N.T. Wright (Zondervan Reflective 2020)

**The Distanced Church: Reflections on Doing Church Online**, Heidi A. Campbell, Editor (e-book). College Station, Tx: Digital Religion Publications, 2020.



# ORDER OF WORSHIP

## THE PREPARATION

Organ Prelude:

### Opening Hymn ~ 413

Guide me, O thou great Redeemer,  
pilgrim through this barren land;  
I am weak, but thou art mighty,  
hold me with thy powerful hand:  
bread of heaven,  
feed me now and evermore.

Open now the crystal fountain  
whence the healing stream doth flow;  
let the fiery cloudy pillar  
lead me all my journey through:  
strong deliverer,  
be thou still my strength and shield.

When I tread the verge of Jordan,  
bid my anxious fears subside;  
death of death, and hell's destruction,  
land me safe on Canaan's side:  
songs and praises  
I will ever give to thee.

*Words: William Williams (1717-1791), from Arglwydd arwain trwy'r anialwch, Welsh, alt.; translation: William Williams (1717-1791), and Peter Williams (1722-1796)*

Opening Sentence "**Lent**"

Page 98

The Invocation	Page 101
The Collect for Purity	Page 101
The Kyrie	Page 102
The Collect: “ <i>Fourth Sunday in Lent</i> ”	Page 164

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that He may live in us, and we in Him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

## THE MINISTRY OF THE WORD

First Lesson: Numbers 21:4-9

Lector: **Mr. Alfred Taylor**

A reading from the Word of God written in the Book of Numbers, chapter 21, verses 4 to 9.

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, “Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.” Then the LORD sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, “We have sinned by speaking against the LORD and against you; pray to the LORD to take away the serpents from us.” So Moses prayed for the people. And

the LORD said to Moses, “Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.” So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

LECTOR: The Word of the Lord.

**ALL: Thanks be to God.**

Psalm 107:1-3, 17-22 *Confitemini Domino* Page 612

1 Give thanks to the LORD, for he is good, and his mercy endures for ever.

2 Let all those whom the LORD has redeemed proclaim that he redeemed them from the hand of the foe.

3 He gathered them out of the lands; from the east and from the west, from the north and from the south.

17 Some were fools and took to rebellious ways; they were afflicted because of their sins.

18 They abhorred all manner of food and drew near to death's door.

19 Then they cried to the LORD in their trouble, and he delivered them from their distress.

20 He sent forth his word and healed them and saved them from the grave.

21 Let them give thanks to the LORD for his mercy and the wonders he does for his children.

22 Let them offer a sacrifice of thanksgiving and tell of his acts with shouts of joy.

Glory to the Father, and to the Son and to the Holy Spirit;

As it was in the beginning, is now, and shall be forever. Amen.

Second Lesson: Ephesians 2:1-10

Lector: **Mr. Alfred Taylor**

A reading from the Word of God written in the Letter to the Ephesians, chapter 2, verses 1 to 10.

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.



LECTOR: The Word of the Lord.

ALL:       **Thanks be to God.**

**The Gradual Hymn ~ 134 vs. 1-4 & 6**

***Refrain:***

*Lift high the cross,  
the love of Christ proclaim  
till all the world adores  
his sacred Name!*

Come, Christians, follow where the Captain trod,  
the King victorious, Christ, the Son of God.

***Refrain***

Each newborn soldier of the crucified  
bears on his brow the seal of him who died.

***Refrain***

This is the sign that Satan's armies fear  
and angels veil their faces to revere.

***Refrain***

Saved by the cross on which their Lord was slain,  
see Adam's children their lost home regain.

***Refrain***

Let every race and every language tell  
of him who saves our souls from death and hell!

## *Refrain*

*Words: George William Kitchin (1827-1912), revised,  
1916 by Michael Robert Newbolt (1874-1956),  
altered by Jubilate Hymns. Alterations © 1974 Hope Publishing Co*

The Holy Gospel: John 3:14-21

Gospeller: **The Rev'd Dr. Marcus Lashley**

A Reading from the Holy Gospel according to John,  
chapter 3, verses 14 to 21.

Jesus said, “Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.”

**LECTOR:** The Gospel of Christ

**ALL: Praise to Christ our Lord.**

**The Sermon: The Rev'd Canon George Knight**

The Nicene Creed

Page 104

Intercession "F"

Page 115

Intercessor: **Mr. Alfred Taylor**

*After the Priest's invitation to prayer, he shall say:*

Let us pray for the Church and for all people according to their needs.

Lord in your love,

**ALL: Hear our prayer.**

**LEADER:**

In our Anglican Cycle of prayer, we pray for the Anglican Church of Chile. Bless and inspire all members of the clergy, especially Howard, our Archbishop; Michael, our Bishop; Wilfred retired Bishop of Croydon, England; Rufus retired Diocesan Bishop and John retired Diocesan Bishop and retired Archbishop of the Church in the Province of the West Indies; and Jeffrey our Dean, George, and Marcus, our Assistant Priests.

**ALL:**

**That their lives may be examples of their teaching, and that they may rightly and faithfully administer your holy Sacraments.**

LEADER:

Guide and protect all Heads of State and all who bear rule, especially those in this land: Sandra our Governor General, Mia the Prime Minister, all members of Parliament, and all persons serving in Government.

**ALL:**

**That our people may be godly and peacefully governed.**

LEADER:

Direct those who administer justice; and strengthen those who guard and protect the land.

**ALL:**

**That our people may dwell in peace.**

LEADER:

Reveal the common good to those in positions of public trust and to decision-makers in industry and commerce.

**ALL:**

**That freedom and dignity may prevail among us.**

LEADER:

Enlighten with your Spirit all places of education and learning.

**ALL:**

**That the whole world may be filled with the knowledge of your truth.**

**LEADER:**

Comfort and help all persons who are in any trouble, sorrow, need, sickness, or any other adversity, especially those infected with and affected by the coronavirus disease COVID-19.

**ALL:**

**Help us to help them, O Lord.**

**LEADER:**

Remember our brothers and sisters, especially Mrs. Iris Heallis and all others who have died in your faith and fear.

**ALL:**

**Grant them peace and eternal life.**

**LEADER:**

We thank you heavenly Father, for the witness of the Blessed Virgin Mary, Mother of Jesus, our Lord and Saviour; for the holy Patriarchs, Prophets, Apostles and Martyrs; and St. Patrick and St. Joseph and for all the Saints who have been good examples in their generations.

**PRESIDENT:**

And finally let us pray for our own needs and those of others.

*A period of silence may be kept.*

**ALL:**

**Accept our prayers and intercessions, Father, according to your wisdom, for the sake of your Son, Jesus Christ.  
Amen.**

## THE MINISTRY OF THE SACRAMENT

### The Offertory Hymn ~ 690

Jerusalem the golden,  
with milk and honey blest,  
beneath thy contemplation  
sink heart and voice opprest.  
I know not, O, I know not  
what joys await us there,  
what radiancy of glory,  
what bliss beyond compare.

They stand, those halls of Sion,  
all jubilant with song,  
and bright with many an angel,  
and all the martyr throng;  
the Prince is ever with them,  
the daylight is serene,  
the pastures of the blessed  
are decked in glorious sheen.

There is the throne of David;  
and there, from care released,  
the shout of them that triumph,  
the song of them that feast;  
and they, who with their Leader  
have conquered in the fight,  
for ever and for ever  
are clad in robes of white.

O sweet and blessed country,  
the home of God's elect!  
O sweet and blessed country  
that eager hearts expect!  
Jesu, in mercy bring us  
to that dear land of rest;  
who art, with God the Father  
and Spirit, ever blest.

*Words: Bernard of Cluny (fl c1200), from Urbs Syon aurea, Latin;  
Translation: John Mason Neale (1818-1866), and Editors of Hymns Ancient and  
Modern.*

*Translation © Hymns Ancient and Modern (admin. Hope Publishing Co.)*

The Offertory Prayer	Page 126
The Eucharistic Prayer	Page 126
The Proper Preface “ <i>Lent</i> ”	Page 128
The Great Thanksgiving “ <b>B</b> ”	Page 135
The Lord’s Prayer	Page 144
The Breaking of The Bread “ <b>C</b> ”	Page 145
The Invitation to Communion “ <b>C</b> ”	Page 146
The Agnus Dei	Page 147

## **The Administration of Communion/Spiritual Communion**

The Post Communion Prayer “ <b>B</b> ”	Page 148
The Blessing “ <i>Lent</i> ”	Page 150

### *Greetings and Thanks*

The Dismissal

## The Recessional Hymn ~ 455

My faith looks up to thee,  
thou Lamb of Calvary,  
Saviour divine:  
now hear me while I pray;  
take all my guilt away;  
O let me from this day  
be wholly thine.

May thy rich grace impart  
strength to my fainting heart,  
my zeal inspire.  
As thou hast died for me,  
O may my love to thee  
pure, warm, and changeless be,  
a living fire.

While life's dark maze I tread,  
and griefs around me spread,  
be thou my guide;  
bid darkness turn to day,  
wipe sorrow's tears away,  
nor let me ever stray  
from thee aside.

When ends life's transient dream,  
when death's cold sullen stream  
shall o'er me roll,  
blest Saviour, then in love,  
fear and distrust remove;  
O bear me safe above,  
a ransomed soul.



Organ Postlude:

**WELCOME AND MAY THE LORD BLESS US ALL**



**The Fourth Sunday in Lent  
Year B**

First Reading: Numbers 21:4-9

**Comment:** *“The lifting up of the serpent”*

In our Hebrew Bible lesson, **the impatient Israelites set out from Mount Hor, where Aaron was buried, to detour around the hostile country of Edom.** The people complain against God and Moses about challenging conditions, as they have so often since their departure from Egypt. God sends poisonous serpents among the people, and the people respond by repenting of their disobedience. The Lord instructs Moses to make a bronze serpent and set it on a pole so that any who are bitten may look upon this sign of God’s faithfulness and live.

Psalm 107:1-3, 17-22

Thanksgiving is offered to the Lord, who saves from storms and other dangers those who will call upon God’s name.

Second Reading (**The Epistle**): Ephesians 2:1-10

**Comment:** *“Saved by grace through faith for good works”*

This New Testament passage emphasises the manner in which **Christians have been saved by God’s free gift.** When we were dead in our sins, God raised us up with Christ that we might know the immeasurable riches of God’s graciousness. Although we are saved by faith and not by our good deeds, we are now able to do the good works for which God has made us capable.

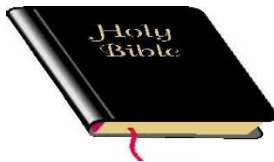
The Holy Gospel: John 3:14-21

**Comment:** “*The lifting up of the Son of Man*”

In our gospel, the image of **Moses lifting up the bronze serpent in the wilderness is metaphorically related to Jesus’ lifting up on the cross.** Just as the repentant Israelites could look upon Moses’ raised standard and be saved from the poisonous bite of a serpent, so all who look upon the crucified Christ in faith will be saved from their sins. Jesus did not come to condemn, but to be the saving light who draws many to himself.

## CATHEDRAL NEWS

**STEWARDSHIP:** The 2021 Stewardship Envelopes can now be collected from the Administrative office during office hours, Monday to Friday 9:00 A.M. – 4:00 P.M.



**Household Worship:** The Cathedral is closed to public worship, except under the provision of the EMP (COVID-

19) (No. 5) Directive 2021. However, members are encouraged to pray the office of Morning Prayer at the regular Sunday service times, 7:00 A.M. and 9:00 A.M., or at a time convenient to the family. The Daily Office can also serve as a personal or family discipline. The Daily Lectionary for Lent, the Fourth Sunday in Lent, begins on page 744, in the Book of Common Prayer. Note further that this year is Year B, and the readings for Monday, March 15<sup>th</sup>, 2021 are Jeremiah 16:10-21, Psalm 89:1-18, and Romans 7:1-12.

**Stewardship of Treasure:** During the period of lockdown, members were unable to make their regular financial contributions to the church in the usual manner. However, several persons made use of the options which were provided, and we are grateful for their contributions. For the convenience of all, online payments may be made to St. Michael's Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606.

***THEME FOR THE WEEK***

*“Whoever his agent might be, there is no end to God’s merciful love for us.”*



**DIOCESAN NEWS**

**Diocesan Calendars:** The 2021 Diocesan Calendars are available through the office of the Administrative Assistant, at the price of \$6.00 each.

**Annual Parish Meeting:** The Synod Council at its February meeting passed a resolution which authorised the postponement of the Annual Parish meetings across the Diocese, until they can be lawfully convened and as the Bishop shall direct. This decision was made in view of the current restrictions, which limit the number of people who can assemble in public gatherings. Consequently, the term of the Parochial Church members, including the Lay Synod Representatives, has been extended until such time as the meeting is held. In the meantime, any vacancies which might occur before that time, will be filled in accordance with Regulation D4: 17 of the Constitution, Canons and Regulations of the Diocese.

**Online Lenten Study:** The Diocese is hosting a Lenten Study entitled, "**Baptism: A Journey from Creation to Commitment**". The facilitator is The Most Rev'd Dr John Holder, Retired Bishop of Barbados, and Retired Archbishop of the West Indies. The study commenced on February 18<sup>th</sup>, 2021 and will continue every Thursday at 6:00 p.m. It will be hosted on Zoom Communication with simultaneous streaming on the Diocesan Facebook and YouTube pages. Attached are the Poster, Study Guide and Week Four Reading Material, along with the link to Zoom Meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/81801816250?pwd=K2VCN3ViQm9zWE9zSFUyajBlcGpvUT09>

Meeting ID: 818 0181 6250

Passcode: 691874



Congratulations to all celebrating birthdays this week 14<sup>th</sup>  
to 20<sup>th</sup> March 2021.

*Mr. Winfield L. Downes ~ 14<sup>th</sup>*  
*Mr. Nicholas-Julius N. Small ~ 14<sup>th</sup>*  
*Ms. Gloria Regis ~ 15<sup>th</sup>*  
*Mrs. Zida S. Hunte ~ 20<sup>th</sup>*



*May God bless and strengthen you.*



*Please remember the sick and injured of our Parish and wider community, especially Mrs. Colleen Byer, Ms. Eudora Cooper, Ms. Alice P. Hall, Mr. Jonathan Holder, (N.Y), Ms. Selina Jones, Mrs. Vida King, Mr. Blair Murray, Mr. Adrian Price, Ms. Phyllis Springer, and Ms. Winifred Trotman.*

**I pray to the Almighty  
to bring you healing  
and a speedy  
recovery...**

**Get Well  
Soon...**





**Bereavement:** We extend sincere condolences to the families of the late Mrs. Wilhemena Small-Roach, member of The St. Michael's Cathedral Ushers' Guild and Mrs. Iris Heallis. We thank God for the lives of Mrs. Small-Roach and Mrs. Heallis and for their work, and witness among us.  
*May you know the blessedness of those who mourn.*

## CATHEDRAL MINISTRIES

**The Fourth Sunday in Lent ~ Mothering Sunday**  
**March 14<sup>th</sup>, 2021**  
**9:00 A.M. ~ Sung Eucharist**

Please note that this service will be attended by Choristers only and will be streamed live on our Facebook page.

<http://www.facebook.com/saintmichaelscathedral>

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>



**Next Sunday, March 21<sup>st</sup>, 2021**  
**The Fifth Sunday in Lent**  
**7:00 A.M. ~ Holy Eucharist**  
**9:00 A.M. ~ Sung Eucharist**

Kindly note that Wednesday Services will resume during Holy Week, which starts from Sunday, March 28<sup>th</sup>, 2021.

## OFFICERS OF THE CHURCH COUNCIL

### Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

### Church Wardens:

Mr. Samuel Maxwell Mr. Victor Sylvester

**Secretary:** Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

**Treasurer:** Mr. David Murray

Assistant Secretary: Ms. Harriett Clarke

### Synod Representatives

Mr. Trevor King;

Mr. Samuel Maxwell, J. P.

Dr. Wendy Sealy

### Alternative Synod Representative

Ms. Donna Inniss



## LEADERS OF ORGANISATIONS AND MINISTRIES

<b>Men's Fellowship:</b>	Mr. John Moore
<b>Mothers' Union:</b>	Mrs. Colleen Byer
<b>Church Army:</b>	Captain Donnah Russell
<b>Woman's Auxiliary:</b>	<b>Vacant</b>
<b>Ushers Guild:</b>	Mrs. Juno Burrows
<b>Outreach Committee:</b>	Mrs. Delores Hinds
<b>Guild of Servers:</b>	Mr. Jerry Alleyne
<b>Health Ministry:</b>	Dr. Wendy Sealy
<b>Sunday School:</b>	Mrs. Harriett Blackman
<b>Flower Guild:</b>	<b>Vacant</b>
<b>Guild of St. Raphael</b>	Mr. Darwin Clarke



### **CONTACT US**

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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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Mon – Friday: 9:00 A.M. to 5:00 P.M.

437-4265 (Dean's Residence)