



TRINITY SUNDAY

**The Cathedral Church of
Saint Michael and
All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Dr. Marcus Lashley

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant

Ms. Armel Marshall, B.Sc., Cert SM: Cert HRM

Vergers

Mrs. Chloe Grant

Assistant Vergers

Ms. Harriet Lowe

**The First Sunday after Pentecost: Trinity Sunday
Sunday, May 30th, 2021**

Services 7:00 A.M. & 9:00 A.M.

**The First Sunday after Pentecost:
Trinity Sunday
YEAR B**

7:00 A.M. ~ Holy Eucharist

President: The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ Sung Eucharist

President: The Rev'd Canon George Knight

ANNOUNCEMENT

Emergency Management (COVID-19) Churches (No. 10) Directive, 2021

The following protocols will be enforced: Attendance is limited to the number of persons that the building can accommodate, three feet apart in all directions; Temperature checks upon arrival; Wearing of Masks, Designated Seating; the Use of an Offering Box; Physical Distancing - Three (3) feet apart; No physical exchange of the Greeting of Peace; Sanitization of Hands before entering the Cathedral and before Communion.

ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Opening Hymn ~ 371

Let all the world in every corner sing,
my God and King!

The heavens are not too high,
his praise may thither fly;
the earth is not too low,
his praises there may grow.
Let all the world in every corner sing,
my God and King!

Let all the world in every corner sing,
my God and King!
The church with psalms must shout,
no door can keep them out;
but above all the heart
must bear the longest part.
Let all the world in every corner sing,
my God and King!

Words: George Herbert (1593-1633)

Opening Sentence **“Trinity Sunday”** Page 99

O the depth of riches and wisdom and knowledge of God!
For from Him and through Him and to Him are all things. To
Him be glory forever. **Amen.** *Romans 11:33, 36*

THE INVOCATION Page 101

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

Alleluia! Alleluia!

ALL:

And blessed be His Kingdom, now and forever. Amen.

Alleluia! Alleluia!

ALL:

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

THE KYRIES

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Glory to God in the highest,
and peace to His people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

The Collect:

Page 172

“The First Sunday after Pentecost: Trinity Sunday ”

Let us pray

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the

Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*

First Lesson: Isaiah 6:1-8

Lectors: 7:00 A.M. ~ Ms. Deidre Cox

9:00 A.M. ~ Mr. Shaquan Pompey

A reading from the Word of God written in the Book of Isaiah, chapter 6, verses 1 to 8.

A Vision of God in the Temple

¹In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. ²Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. ³And one called to another and said: ‘Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory.’ ⁴The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. ⁵And I said: ‘Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!’

⁶ Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. ⁷The seraph touched my mouth with it and said: ‘Now that this has touched your lips, your guilt has departed and your sin is blotted out.’ ⁸Then I heard the voice of the Lord saying, ‘Whom shall I send, and who will go for us?’ And I said, ‘Here am I; send me!’ ⁹And he said, ‘Go and say to this people:

“Keep listening, but do not comprehend; keep looking, but do not understand.”

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 29 *Afferte Domino*

Page 502

- 1 **A**scribe to the LORD, you gods,
ascribe to the LORD glory and strength.
- 2 Ascribe to the LORD the glory due his Name;
worship the LORD in the beauty of holiness.
- 3 The voice of the LORD is upon the waters;
the God of glory thunders;
the LORD is upon the mighty waters.
- 4 The voice of the LORD is a powerful voice;
the voice of the LORD is a voice of splendour.
- 5 The voice of the LORD breaks the cedar trees;
the LORD breaks the cedars of Lebanon;
- 6 He makes Lebanon skip like a calf,
and Mount Hermon like a young wild ox.
- 7 The voice of the LORD splits the flames of fire;
the voice of the LORD shakes the wilderness;
the LORD shakes the wilderness of Kadesh.
- 8 The voice of the LORD makes the oak trees writhe
and strips the forests bare.
- 9 And in the temple of the LORD
all are crying, "Glory!"
- 10 The LORD sits enthroned above the flood;
the LORD sits enthroned as King for evermore.

11 The LORD shall give strength to his people;
the LORD shall give his people the blessing of
peace.

Glory to the Father, and to the Son and to the Holy
Spirit;

As it was in the beginning, is now, and shall be
forever. Amen.

Second Lesson: Romans 8:12-17

Lectors: 7:00 A.M. ~ Ms. Deidre Cox

9:00 A.M. ~ Mr. Shaquan Pompey

A reading from the Word of God written in the Letter of
Paul to the Romans, chapter 8, verses 12 to 17.

12 So then, brothers and sisters, we are debtors, not to the
flesh, to live according to the flesh—¹³for if you live
according to the flesh, you will die; but if by the Spirit you
put to death the deeds of the body, you will live. ¹⁴For all
who are led by the Spirit of God are children of God. ¹⁵For
you did not receive a spirit of slavery to fall back into fear,
but you have received a spirit of adoption. When we cry,
'Abba! Father!' ¹⁶it is that very Spirit bearing witness with
our spirit that we are children of God, ¹⁷and if children, then
heirs, heirs of God and joint heirs with Christ—if, in fact, we
suffer with him so that we may also be glorified with him.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

The Gradual Hymn ~ 211

Holy, holy, holy! Lord God Almighty!
Early in the morning our song shall rise to thee:
holy, holy, holy! Merciful and mighty!
God in three persons, Blessed Trinity!

Holy, holy, holy! All the saints adore thee,
casting down their golden crowns around the glassy sea:
cherubim and seraphim falling down before thee,
which wert, and art, and evermore shalt be.

Holy, holy, holy! Though the darkness hide thee,
though the eye of sinful man thy glory may not see,
only thou art holy, there is none beside thee
perfect in power, in love, and purity.

Holy, holy, holy! Lord God Almighty!
All thy works shall praise thy name, in earth, and sky, and
sea:
holy, holy, holy! Merciful and mighty!
God in three persons, Blessèd Trinity!

Words: Reginald Heber (1783-1826), 1826

The Holy Gospel: John 3:1-17

Gospellers:

7:00 A.M. ~ The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ The Rev'd Dr. Marcus Lashley

GOSPELLER: The Lord be with you.

ALL: **And also with you**

A Reading from the Holy Gospel according to John, chapter 3, verses 1 to 17.

ALL: Glory to Christ Our Saviour

Nicodemus Visits Jesus

1Now there was a Pharisee named Nicodemus, a leader of the Jews. ²He came to Jesus by night and said to him, ‘Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.’ ³Jesus answered him, ‘Very truly, I tell you, no one can see the kingdom of God without being born from above.’ ⁴Nicodemus said to him, ‘How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?’ ⁵Jesus answered, ‘Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. ⁶What is born of the flesh is flesh, and what is born of the Spirit is spirit. ⁷Do not be astonished that I said to you, “You must be born from above.” ⁸The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.’ ⁹Nicodemus said to him, ‘How can these things be?’ ¹⁰Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things?

¹¹‘Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. ¹²If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? ¹³No one has ascended into heaven except the one who descended from heaven, the Son of Man. ¹⁴And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵that whoever believes in him may have eternal life.

¹⁶ ‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

¹⁷ ‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon:

7:00 A.M. ~ The Very Rev’d Dr. Jeffrey D. Gibson

9:00 A.M. ~ The Rev’d Dr. Marcus Lashley

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven:

by the power of the Holy Spirit

He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;

He suffered, died and was buried.

On the third day He rose again
in fulfilment of the Scriptures;

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the
dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.

With the Father and the Son He is worshiped and
glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. **Amen.**

INTERCESSION FORM “H”

Page 120

Intercessors: 7:00 A.M. ~ Ms. Deidre Cox

9:00 A.M. ~ Mr. Shaquan Pompey

Let us pray for the Church and the world.

In our Anglican Cycle of Prayer, pray for the Anglican
Church of Mexico.

Grant Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

LEADER: Lord, in your mercy.

ALL: Hear our prayer.

Guide the people of this land, and all the nations, in the ways of justice and peace: that we may honour one another and serve the common good. We pray for a just and peaceful resolution to the Israeli-Palestinian crisis.

Silence

LEADER: Lord, in your mercy.

ALL: Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

Silence

LEADER: Lord, in your mercy.

ALL: Hear our prayer.

LEADER:

Bless those whose lives are closely linked with ours, especially persons who will celebrate a birthday during this week, namely Liam, Julissa, Evelyn, Etheline and any others not known by name.

Grant that we may serve Christ in them, and love one another as He loves us.

Silence

LEADER: Lord, in your mercy.

ALL: Hear our prayer.

LEADER:

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

LEADER: Lord, in your mercy.

ALL: Hear our prayer.

LEADER:

We commend to your mercy all who have died, ... that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

LEADER: Lord, in your mercy.

ALL: Hear our prayer.

The President adds the following concluding Collect.

Almighty and eternal God, ruler of all things in heaven and earth: mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord.

ALL: Amen.

ACT OF PENITENCE

Page 123

PRESIDENT:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT:

Let us therefore confess our sins.

ALL:

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

THE ABSOLUTION

Page 124

PRESIDENT:

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

ALL: Amen.

PRESIDENT:

We are the Body of Christ. By the one Spirit we were all baptised into one Body and have all been made to drink of the one Spirit.

ALL:

Let us then pursue the things that make for peace and build up the common life.

PRESIDENT:

The peace of the Lord be always with you.

ALL: And also with you.

THE MINISTRY OF THE SACRAMENT

The Offertory Hymn ~ 237 vs 1, 4, 5 & 7

The God of Abraham praise
who reigns enthroned above,
ancient of everlasting days,
and God of love:
Jehovah, great I AM,
by earth and heaven confest;
we bow and bless the sacred name
for ever blest.

The goodly land we see,
with peace and plenty blest:
a land of sacred liberty
and endless rest;
there milk and honey flow,

and oil and wine abound,
and trees of life forever grow,
with mercy crowned.

There dwells the Lord our King,
the Lord our Righteousness,
triumphant o'er the world of sin,
the Prince of Peace:
on Sion's sacred height
his kingdom he maintains,
and glorious with his saints in light
for ever reigns.

The God who reigns on high
the great archangels sing,
and `Holy, holy, holy,' cry,
'Almighty King!
who was, and is the same,
and evermore shall be;
Jehovah, Father, great I AM,
we worship thee.'

Words: Thomas Olivers (1725-1799)

THE OFFERTORY PRAYER "B"

Page 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of

Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

PROPER PREFACE ~ “Trinity Sunday” Page 129

For in the mystery of Your Godhead, Father, Son and Holy Spirit, You have revealed Your glory; three Persons equal in majesty, undivided in splendour, yet on Lord, God, ever to be worshipped and glorified.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

THE GREAT THANKSGIVING “A”

Page 131

PRESIDENT:

All Holy and glorious Father,
Our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.

Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things
and make them holy.

Through your Son, Jesus Christ
Who took our human nature upon Him
you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

And after supper
He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,

which is shed for you and for many
for the forgiveness of sins.

Whenever you drink it,
do this for the remembrance of me.”

PRESIDENT:

Let us proclaim the mystery of our faith.

ALL:

Christ has died.

Christ is risen.

Christ will come again.

PRESIDENT:

And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and Blood
of your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.

Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God, living and departed,
whom you have made for yourself.

Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,
when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

ALL:
Blessing and honour and glory and power
Be yours for ever and ever. Amen.

THE LORD'S PRAYER

Page 144

PRESIDENT:
As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come;
your will be done
on earth as in heaven.**

**Give us today our daily bread,
Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours now and forever. Amen.**

THE BREAKING OF THE BREAD “A” Page 145

PRESIDENT:

We break this bread to share in the body of Christ.

ALL:

**Though we are many, we are one body, because we all
share in one bread.**

THE COMMUNION

The Invitation “B” Page 146

PRESIDENT:

The Gifts of God for the People of God.

ALL:

**Our souls will feast and be satisfied, and we will sing
glad songs of praise to Him.**

THE AGNUS DEI Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



The Administration of Communion/Spiritual Communion

The Communion Hymn ~ 416

I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin
my hand will save.
I, who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

Refrain

*Here I am, Lord. Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.*

I, the Lord of snow and rain,
I have borne my people's pain.
I have wept for love of them,
they turn away.
I will break their hearts of stone,
give them hearts for love alone,
I will speak my word to them.
Whom shall I send?

Refrain

I, the Lord of wind and flame,
I will tend the poor and lame,
I will set a feast for them,
my hand will save.
Finest bread I will provide
till their hearts be satisfied,
I will give my life to them.
Whom shall I send?

Refrain

*Words: Daniel Schutte (1947-).
Words © 1981 OCP Publications
All rights reserved. Used by permission.*

THE POST COMMUNION "A"

Page 147

ALL:

**Almighty Father, we thank you for feeding us with the
Body and Blood of your Son Jesus Christ. May we who**

share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

THE BLESSING “*Trinity Sunday*”

Page 151

God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you this day and forever more.

ALL: Amen.

Welcome and Announcements

THE DISMISSAL

The Recessional Hymn ~ 228

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessèd, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.

To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish; but naught changeth thee.

Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

Words: Walter Chalmers Smith (1824-1908), after 1 Timothy 1:17

Organ Postlude

WELCOME AND MAY THE LORD BLESS US ALL



The First Sunday after Pentecost

First Reading: Isaiah 6:1-8

Comment: *“Isaiah’s vision and call”*

Our first reading is **Isaiah’s vision of the Lord and his prophetic commission.** The earthly temple becomes an icon for the temple in heaven. Isaiah is purged of his guilt and sin and responds to the Lord’s call. The church hears in the thrice-holy song of the seraphim an anticipation of its praise of God as Father, Son, and Holy Spirit.

Psalm 29

The majesty of God is described in the likeness of a mighty thunderstorm.

Second Reading (**The Epistle**): Romans 8:12-17

Comment: *“Living by the Spirit”*

In this lesson we hear that **if we follow our lower nature, we are enslaved and destined to death, but when we are moved by God’s Spirit, we become God’s children and heirs with Christ.** The Spirit makes this experience possible by prompting our lips to call upon God as Father with the same Aramaic word (*Abba*) that Jesus used. This new relationship means that we are no longer required to be led by baser instincts. Our heritage is life, while we must also learn to share in Christ’s sufferings.

The Holy Gospel: John 3:1-17

Comment: *“Entering the reign of God through water and the Spirit”*

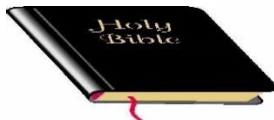
In our gospel story, **Nicodemus one of the Pharisees, comes during the night to talk with Jesus.** Nicodemus is a figure used by the evangelist to represent a type of person who wants to believe but has difficulty understanding spiritual realities. Jesus tells him that no one can enter the kingdom of God unless he is born anew through water and the Spirit. The inner meaning of the passage partly turns on the fact that “born anew” can also be understood as “born from on high,” and that the same Greek word means both wind and spirit. Jesus then tells Nicodemus of the Son of Man come down from heaven who will be lifted up, both on the cross to die for the world and to return to heaven in glory.

CATHEDRAL NEWS

St. Vincent Appeal: Today, Sunday, May 30, 2021, at each service, members are asked to make a donation for the relief of the people of St. Vincent in light of the recent eruption of La Soufriere volcano. Contributions should be placed in a marked envelope and placed in the box provided. This is in support of a request from the Diocese of Barbados.

Financial Stewardship: The ministry of the Cathedral is supported primarily by its members' contributions weekly and monthly. However, if you would like to support the stewardship of this sacred place, please donate to St. Michael's Cathedral, Bridgetown, St. Michael.

Friends and well-wishers may write to stmichaelcathedral@caribsurf.com or call 1 246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael's Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606. Special projects at this time are: Audio Equipment (\$20,000.00) and Ashfall Clean-up (\$15,000.00). and Online Ministry. Donations may also be made in marked envelopes and placed in the Offering Box or brought to the Administrative Office. All donations are appreciated.



THE DAILY OFFICES: The recitation of Morning and Evening Prayer forms part of the discipline of clergy and laity. The Daily Office can also serve as a personal or family discipline. The Daily Lectionary for Proper 4, begins on

page 759, in the Book of Common Prayer. Note further that this year is Year 1, and the readings for Sunday are Psalms 63:1-8(9-11) and 98; Deuteronomy 11:1-12; Revelation. 10:1-11; Monday, May 31st, 2021 are Deuteronomy 11:13-19, Psalms 41 & 52, and 2 Corinthians 5:11-6:2; and the rest of the week as follows on page 760.

THEME FOR THE WEEK

“God speaks in the depths of the human heart when he reveals himself to us.”



DIOCESAN NEWS

Diocesan Calendars: The 2021 Diocesan Calendars are available through the office of the Administrative Assistant, at the price of \$6.00 each.



Congratulations to all those persons celebrating birthdays this week 30th May to 5th June, 2021

Mr. Liam N. Francis-Thornhill ~ 1st

Ms. Julissa Bourne ~ 2nd

Ms. Evelyn Jackman ~ 3rd

Ms. Etheline C. E. Smith ~ 5th



May God bless and strengthen you.



Please remember the sick or injured of our Parish and wider community, especially Mrs. Colleen Byer, Ms. Eudora Cooper, Mr. Allison Daniel, Ms. Alice P. Hall, Mr. Jonathan Holder, (N.Y), Mrs. Olga Holder, Ms. Selina Jones, Mrs. Vida King, Mr. Blair Murray, Ms. Phyllis Springer, Ms. Winifred Trotman, and Mr. Albert Walcott.



CATHEDRAL MINISTRIES

Today, Sunday, May 30th, 2021

The First Sunday after Pentecost: Trinity Sunday

7:00 A.M. ~ Holy Eucharist

9:00 A.M. ~ Sung Eucharist



Monday, May 31st, 2021

7:30 P.M. ~ The

**Ordination of Deacon, the Rev'd Suzette W. Archer to the
Priesthood**



OFFICERS OF THE CHURCH COUNCIL

Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Secretary: Ms. Harriett Clarke

Synod Representatives

Mr. Trevor King;

Mr. Samuel Maxwell, J.P.

Dr. Wendy Sealy

Alternative Synod Representative

Ms. Donna Inniss



LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael:	Mr. Darwin Clarke

NOTES:



CONTACT US

<http://www.saintmichaelscathedral.bb>

stmichaelcathedral@caribsurf.com

[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

Address:

St. Michael's Row, Bridgetown

Office Hours:

Mon – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246) 427-0790 (Office)

Telephone 1 (246) 437-4265 (Dean's Residence)