



**Saint Mary the Virgin**

**The Cathedral Church of  
Saint Michael and  
All Angels  
The Diocese of Barbados**

*Diocesan Bishop*

**The Rt. Rev'd Michael B. St. John. Maxwell, M. A.**

*Dean*

**The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight, B.Min.**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., BMus.**

*Organist*

**Mr. Eric Cobham, B.Sc., BMus**

*Administrative Assistant*

**Ms. Armel Marshall, B.Sc., Cert SM: Cert HRM**

*Vergers*

**Mrs. Chloe Grant**

*Assistant Vergers*

**Ms. Harriet Lowe**

**The Twelfth Sunday after Pentecost:  
“Saint Mary the Virgin”**

**Sunday, August 15<sup>th</sup>, 2021**

**Services 7:00 A.M. & 9:00 A.M.**

**The Twelfth Sunday after Pentecost:  
“Saint Mary the Virgin”**

**7:00 A.M. ~ Holy Eucharist**

**President: The Rev'd Dr. Marcus Lashley**

**9:00 A.M. ~ Sung Eucharist**

**President: The Rev'd Canon George Knight  
Lay Eucharistic Minister: Mrs. Judy King**

**ANNOUNCEMENT**

**Emergency Management (COVID-19) Churches (No. 14) Directive, 2021**

The following protocols will be enforced: Attendance is limited to one hundred persons maximum, three feet apart in all directions; Temperature checks upon arrival and signing of the Register; Wearing of Masks, Designated Seating; the Use of an Offering Box; Physical Distancing - Three (3) feet apart; No physical exchange of the Greeting of Peace; Sanitization of Hands before entering the Cathedral and before Communion.

**The cooperation of everyone is required**

**ORDER OF WORSHIP**

**THE PREPARATION**

Organ Prelude

The Opening **Hymn ~ 313**

God of grace and God of glory,  
on thy people pour thy power;

now fulfil thy church's story;  
bring her bud to glorious flower.

Grant us wisdom,  
grant us courage,  
for the facing of this hour,  
for the facing of this hour.

Lo, the hosts of evil round us  
scorn thy Christ, assail his ways;  
from the fears that long have bound us  
free our hearts to faith and praise.

Grant us wisdom,  
grant us courage,  
for the living of these days,  
for the living of these days.

Cure thy children's warring madness,  
bend our pride to thy control;  
shame our wanton selfish gladness,  
rich in goods and poor in soul.

Grant us wisdom,  
grant us courage,  
lest we miss thy kingdom's goal,  
lest we miss thy kingdom's goal.

Set our feet on lofty places,  
gird our lives that they may be  
armoured with all Christlike graces  
in the fight to set men free.

Grant us wisdom,  
grant us courage,

that we fail not man nor thee,  
that we fail not man nor thee.

*Words: Harry Emerson Fosdick (1878-1969), alt.*

Opening Sentence **“The Blessed Virgin Mary”** Page 100

Here I am, the servant of the Lord; let it be to me according to your word. *Luke 1:38*

**THE INVOCATION** Page 101

**PRESIDENT:**

Blessed be God: Father, Son and Holy Spirit.

Alleluia! Alleluia!

**ALL:**

**And blessed be His Kingdom, now and forever. Amen.**

**Alleluia! Alleluia!**

**ALL:**

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

**COLLECT FOR PURITY** Page 101

**ALL:**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.**

**THE KYRIES**

Page 102

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

**GLORIA IN EXCELSIS**

Page 102

Glory to God in the highest,  
and peace to His people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One;

you alone are the Lord:

you alone are the Most High,

Jesus Christ, with the Holy Spirit,

in the glory of God the Father. Amen.

The Collect: “*Saint Mary the Virgin*”

Page 187

Let us pray.

O God, you have taken to yourself the blessed Virgin Mary, mother of your incarnate Son: Grant that we, who have been redeemed by His blood, may share with her the glory of your eternal kingdom; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

## THE MINISTRY OF THE WORD

First Lesson: Isaiah 61:7-11

**Lectors: 7:00 A.M. ~ Mrs. Zida Hunte**

**9:00 A.M. ~ Mr. Victor Small**

A reading from the Word of God written in the Book of Isaiah, chapter 61, verses 7-11.

<sup>7</sup> Because their shame was double,  
and dishonour was proclaimed as their lot,  
therefore they shall possess a double portion;  
everlasting joy shall be theirs.

<sup>8</sup> For I the LORD love justice,  
I hate robbery and wrongdoing;

I will faithfully give them their recompense,  
and I will make an everlasting covenant with them.

<sup>9</sup> Their descendants shall be known among the nations,  
and their offspring among the peoples;

all who see them shall acknowledge  
that they are a people whom the LORD has blessed.

<sup>10</sup> I will greatly rejoice in the LORD,  
my whole being shall exult in my God;  
for he has clothed me with the garments of salvation,  
he has covered me with the robe of righteousness,  
as a bridegroom decks himself with a garland,  
and as a bride adorns herself with her jewels.

<sup>11</sup> For as the earth brings forth its shoots,  
and as a garden causes what is sown in it to spring up,  
so the Lord GOD will cause righteousness and praise  
to spring up before all the nations.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

**Psalm 34:1-9** *Benedicam Dominum*

Page 509

**(TO BE READ)**

1 I will bless the LORD at all times;  
his praise shall ever be in my mouth.

2 I will glory in the LORD;  
let the humble hear and rejoice.

3 Proclaim with me the greatness of the LORD;  
let us exalt his Name together.

4 I sought the LORD, and he answered me  
and delivered me out of all my terror.



5 Look upon him and be radiant,  
and let not your faces be ashamed.

6 I called in my affliction and the LORD heard me  
and saved me from all my troubles.

7 The angel of the LORD encompasses those who  
fear him,  
and he will deliver them.

8 Taste and see that the LORD is good;  
happy are they who trust in him!

9 Fear the LORD, you that are his saints,  
for those who fear him lack nothing.

Glory to the Father, and to the Son and to the Holy  
Spirit;

As it was in the beginning, is now, and shall be  
forever. Amen.

Second Lesson: Galatians 4:4-7

**Lectors: 7:00 A.M. ~ Ms. Deidre Cox**  
**9:00 A.M. ~ Mr. Shaquan Pompey**

A reading from the Word of God written in the Letter of  
Paul to the Galatians, chapter 4, verses 4-7.

<sup>4</sup> When the fullness of time had come, God sent his Son, born  
of a woman, born under the law, <sup>5</sup>in order to redeem those  
who were under the law, so that we might receive adoption  
as children. <sup>6</sup>And because you are children, God has sent the  
Spirit of his Son into our hearts, crying, ‘Abba! Father!’ <sup>7</sup>So  
you are no longer a slave but a child, and if a child then also  
an heir, through God.

LECTOR: The Word of the Lord.



A Reading from the Holy Gospel according to Luke, chapter 1, verses 46 to 55.

**ALL: Glory to Christ Our Saviour**

**Mary's Song of Praise**

<sup>46</sup> And Mary said,

‘My soul magnifies the Lord,

<sup>47</sup> and my spirit rejoices in God my Saviour,

<sup>48</sup> for he has looked with favour on the lowliness of his servant.

Surely, from now on all generations will call me blessed;

<sup>49</sup> for the Mighty One has done great things for me,  
and holy is his name.

<sup>50</sup> His mercy is for those who fear him  
from generation to generation.

<sup>51</sup> He has shown strength with his arm;  
he has scattered the proud in the thoughts of their hearts.

<sup>52</sup> He has brought down the powerful from their thrones,  
and lifted up the lowly;

<sup>53</sup> he has filled the hungry with good things,  
and sent the rich away empty.

<sup>54</sup> He has helped his servant Israel,  
in remembrance of his mercy,

<sup>55</sup> according to the promise he made to our ancestors,  
to Abraham and to his descendants for ever.’

**GOSPELLER:** The Gospel of Christ.

**ALL:** **Praise to Christ our Lord.**

**The Sermon:** The Rev'd Dr. Marcus Lashley

## The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in Being with the Father.  
Through Him all things were made.  
For us and for our salvation  
He came down from heaven:

by the power of the Holy Spirit  
He was born of the Virgin Mary,  
and became man.

For our sake He was crucified under Pontius Pilate;  
He suffered, died and was buried.  
On the third day He rose again  
in fulfilment of the Scriptures;  
He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the  
dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.

With the Father and the Son He is worshipped and

glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. **Amen.**

INTERCESSION FORM “C” with amendments Page 108

**Intercessors:**

**7:00 A. M. ~ Mrs. Shernelle Nelson**

**9:00 A. M. ~ Mrs. Valdine Browne (L.E.M.)**

LEADER:

With all our heart and with all our mind let us pray to the Lord. Saying, "Lord, have mercy."

LEADER:

For the peace from above, for the loving kindness of God, and for the salvation of our souls:

Let us pray to the Lord.

***ALL: Lord, have mercy.***

LEADER:

For the peace and welfare of the world, for the witness and work of the Church, especially the Anglican Church in this Diocese, for an increase in Clergy and for the unity of all peoples:

Let us pray to the Lord.

***ALL: Lord, have mercy.***

LEADER:

For our Bishops and all ministers of God's Word and Sacraments, that they may be filled with truth and love and be found without fault at the Lord's coming:

Let us pray to the Lord.

***ALL: Lord, have mercy.***

LEADER:

For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples:

Let us pray to the Lord.

***ALL: Lord, have mercy.***

LEADER:

For victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfillment:

Let us pray to the Lord.

***ALL: Lord, have mercy.***

LEADER:

For the sick: especially Aldon, Margaret, Colleen, Eudora, Alice, Jonathan, Olga, Selina, Vida, Blair, Phyllis, Winifred, Marcia, Edwin and Ronald; the suffering, the sorrowful, and the dying and for all who remember and care for them: especially we pray for mercy upon our world challenged by a global pandemic; we pray for healing where infections are resurgent, for equality of access to vaccinations in all countries:

Let us pray to the Lord.

***ALL: Lord, have mercy.***

LEADER:

For deliverance from the ravages of hurricane, earthquake, drought, flood or volcanic eruption, and for a just and proper use of God's creation: We especially remember the people of St. Vincent and the Grenadines, recovering from the eruption of La Soufriere volcano and the people of Afghanistan in their uncertain political future:

Let us pray to the Lord.

***ALL: Lord, have mercy.***

LEADER:

For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvelous light: especially those celebrating birthdays this week, Ian Broome, Joan, Elmondessa, Deborah, Judy, Ian Lashley, Nellie, Ismay, Muriel and Nathan, and any other person not mentioned by name:

Let us pray to the Lord.

***ALL: Lord, have mercy.***

*Silence may be kept.*

***ALL:***

**O Lord our God, accept the fervent prayers of your people in the multitude of your mercies. Look with compassion on us and all who turn to you for help: for you are gracious O Lord of love, and to you we give glory, Father, Son and Holy Spirit, now and forever. Amen.**

**ACT OF PENITENCE**

Page 123

PRESIDENT:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

*A period of silence shall be kept.*

**PRESIDENT:**

Let us therefore confess our sins.

**ALL:**

**Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.**

**THE ABSOLUTION**

Page 124

**PRESIDENT:**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

**ALL: Amen.**

**THE GREETING OF THE PEACE “A”**

Page 124

**PRESIDENT:**



We are the Body of Christ. By the one Spirit we were all baptised into one Body and have all been made to drink of the one Spirit.

**ALL:**

**Let us then pursue the things that make for peace and build up the common life.**

**PRESIDENT:**

The peace of the Lord be always with you.

**ALL: And also with you.**

## **THE MINISTRY OF THE SACRAMENT**

The Offertory **Hymn ~ 539**

Take my life, and let it be  
consecrated, Lord, to thee;  
take my moments and my days,  
let them flow in ceaseless praise.

Take my hands, and let them move  
at the impulse of thy love.  
Take my feet and let them be  
swift and beautiful for thee.

Take my voice, and let me sing  
always, only, for my King;  
take my lips and let them be  
filled with messages from thee.

Take my silver and my gold;  
not a mite would I withhold.  
Take my intellect, and use

every power as thou shalt choose.

Take my will, and make it thine:  
it shall be no longer mine.  
Take my heart: it is thine own;  
it shall be thy royal throne.

Take my love; my Lord, I pour  
at thy feet its treasure-store.  
Take myself, and I will be  
ever, only, all for thee.

*Words: Frances Ridley Havergal (1836-1879)*

## **THE OFFERTORY PRAYER “B”**

Page 126

**PRESIDENT AND PEOPLE:**

**Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.**

## **THE EUCHARISTIC PRAYER**

Page 126

**PRESIDENT:** The Lord be with you.

**ALL:** **And also with you.**

**PRESIDENT:** Lift up your hearts.

**ALL:** **We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

**ALL: It is right to give God thanks and praise.**

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

**PROPER PREFACE ~ “Our Lady”** Page 129

For in your matchless wisdom you chose the Blessed Virgin Mary to be the mother of our Saviour Jesus Christ, your only begotten Son, who shares your eternal splendour; and in her, you have given your Church an example of selfless devotion to you in generous love.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**ALL:**

**Holy, holy, holy Lord,  
God of power and might;  
heaven and earth are full of your glory,  
Hosanna in the highest.  
Blessed is He who comes  
in the name of the Lord.  
Hosanna in the highest.**

**THE GREAT THANKSGIVING “A”**

Page 131

PRESIDENT:

All Holy and glorious Father,  
Our Creator God,  
we give you thanks  
because in your loving wisdom  
you brought all things into being,  
and are truly worthy of praise  
from every creature you have made.  
Again and again  
we have turned away from you;  
yet in every age your steadfast love  
has called us to return,  
to live in union with you:  
for it is your eternal purpose  
to put new life into all things  
and make them holy.

Through your Son, Jesus Christ  
Who took our human nature upon Him  
you have redeemed the world  
from the bondage of sin:  
and by the power of your Holy Spirit  
you have gathered a people to yourself,  
to make known in every place  
His perfect offering which He made  
to the glory of your Name.

Hear us, therefore, Father,  
through your Son, Jesus Christ our Lord;

And grant that these gifts of bread and wine  
may be unto us His Body and Blood.

For, on the night He was betrayed  
He took bread,  
and when He had given thanks to you,  
He broke it and gave it to His disciples  
and said: "Take this, and eat it:  
This is my Body which is given for you.  
Do this for the remembrance of me."  
And after supper  
He took the cup of wine:  
and when He had given thanks,  
He gave it to them and said:  
"Drink this, all of you:  
This is my Blood of the New Covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."

PRESIDENT:

Let us proclaim the mystery of our faith.

**ALL:**

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

PRESIDENT:

And so, Heavenly Father,

rejoicing in His Holy Incarnation;  
His Blessed Passion and His Perfect Sacrifice  
made once for all upon the Cross;  
His Mighty Resurrection from the dead;  
His Glorious Ascension into heaven;  
and looking for His Coming in glory;  
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of  
praise and thanksgiving;  
and grant that all who eat and drink of the Body and Blood  
of your Son, our great High Priest,  
may be renewed by your Holy Spirit,  
and be one Body, one Spirit, in Him.  
Let faith and love increase in us.  
Unite us with all Bishops,  
all other ministers of your Word and Sacraments,  
and with the whole people of God, living and departed,  
whom you have made for yourself.  
Confirm us in holiness,  
that we may be found ready to join the company  
of the Blessed Virgin Mary, the Holy Apostles,  
and all your saints,  
when our Lord Jesus Christ comes again:  
Forever giving you thanks and praise  
through Him from whom all good things do come.

With Him and in Him and through Him,  
by the power of the Holy Spirit,

we worship you, Father Almighty,  
with all who stand before you in earth and heaven,  
in songs of everlasting praise:

**ALL:**

**Blessing and honour and glory and power  
Be yours for ever and ever. Amen.**

## **THE LORD'S PRAYER**

Page 144

**PRESIDENT:**

As our Saviour has taught us, so we pray:

**ALL:**

**Our Father in heaven,**

**hallowed be your Name;**

**your kingdom come;**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread,**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours now and forever. Amen.**

## **THE BREAKING OF THE BREAD "A"**

Page 145

**PRESIDENT:**

We break this bread to share in the body of Christ.

**ALL:**

**Though we are many, we are one body, because we all share in one bread.**

**THE COMMUNION**

**The Invitation “B”**

Page 146

**PRESIDENT:**

**The Gifts of God for the People of God.**

**ALL:**

**Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.**

**THE AGNUS DEI**

Page 147

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
grant us peace.**



**The Administration of Communion/Spiritual  
Communion**

**The Communion Hymn ~ 747**

Shall we not love thee, mother dear,  
whom Jesus loves so well?  
And to his glory, year by year,  
thy joy and honour tell?



Bound with the curse of sin and shame  
we helpless sinners lay,  
until in tender love he came  
to bear the curse away.

And thee he chose from whom to take  
true flesh his flesh to be;  
in it to suffer for our sake,  
by it to make us free.

Thy Babe he lay upon thy breast,  
to thee he cried for food;  
thy gentle nursing soothed to rest  
the Incarnate Son of God.

O wondrous depth of grace divine  
that he should bend so low!  
And, Mary, oh what joy 'twas thine  
in his dear love to know;

Joy to be mother of the Lord,  
and thine the truer bliss,  
in every thought, and deed, and word  
to be for ever his.

And as he loves thee, mother dear,  
we too will love thee well;  
and, to his glory, year by year,  
thy joy and honour tell.

Jesu, the Virgin's Holy Son,  
we praise thee and adore,

who art with God the Father One  
and Spirit evermore.

*Words: Henry Williams Baker (1821-1877)*

**THE POST COMMUNION “A”**

Page 147

**ALL:**

**Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.**

**THE BLESSING “*Saint Mary the Virgin*”**

Almighty God, you gave a humble virgin the privilege of being the mother of your Son, and crowned her with the glory of heaven. May the prayers of the Virgin Mary bring us to the salvation of Christ and raise us up to eternal life; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you this day and forever more.

**ALL: Amen.**

***Welcome and Announcements***

**THE DISMISSAL**

The Recessional **Hymn ~ 449**

Lord of all hopefulness, Lord of all joy,  
whose trust, ever childlike, no cares could destroy,  
be there at our waking, and give us, we pray,  
your bliss in our hearts, Lord, at the break of the day.

Lord of all eagerness, Lord of all faith,  
whose strong hands were skilled at the plane and the lathe,  
be there at our labours, and give us, we pray,  
your strength in our hearts, Lord, at the noon of the day.

Lord of all kindliness, Lord of all grace,  
your hands swift to welcome, your arms to embrace,  
be there at our homing, and give us, we pray,  
your love in our hearts, Lord, at the eve of the day.

Lord of all gentleness, Lord of all calm,  
whose voice is contentment, whose presence is balm,  
be there at our sleeping, and give us, we pray,  
your peace in our hearts, Lord, at the end of the day.

*Words: Jan Struther (1901-1953), from Enlarged Songs of Praise*

Organ Postlude

***WELCOME AND MAY THE LORD BLESS US ALL***



**The Twelfth Sunday after Pentecost**

First Reading: Isaiah 61:7-11

**Comment:** *“God will cause righteousness and praise to spring up before all nations”*

**The principle of Justice is to guide the nation of Israel, and they are to understand that it is none other than God who is an advocate for the poor, the oppressed, the downtrodden, and the broken-hearted.** Written in the second half of the sixth century before Christ, Second Isaiah (as Isaiah 40-66 is known) envisions God’s formation of a faithful servant of the Lord, sometimes seen as a repentant Israel and sometimes as a great prophet yet to arise, as in today’s lesson. The servant will bring Israel to a fulfilment of her original promise and potential, and to a time of joy and celebration. Christians perceive a foretelling of Christ’s ministry in these passages.

### **Psalm 34:1-9**

A hymn of blessing and praise to the Lord for divine deliverance.

Second Reading (**The Epistle**): Galatians 4:4-7

**Comment:** *“We are no longer slaves, but children”*

**In the fullness of time, God sent God’s own Son, born under the law, to redeem those under the law and to give them a new status as adopted children.** Christians are not to see themselves as God’s slaves, but as children and heirs to whom the Spirit has come, enabling them to speak to God in intimate terms, crying “Abba! Father!”

The Holy Gospel: Luke 1:46-55

**Comment:** *“Mary exults in the Lord”*

The gospel tells of **Mary’s visit to her kinswoman Elizabeth, and this humble woman’s song of thanksgiving to the saviour God who has called her to be the mother of the Lord.** Elizabeth is herself pregnant with a child who will be John the Baptist. Even in her womb this baby is joyful in Mary’s presence. All generations will call Mary blessed by the just and merciful God.

## **CATHEDRAL NEWS**

**Financial Stewardship:** The ministry of the Cathedral is supported primarily by its members’ contributions weekly and monthly. However, if you would like to support the stewardship of this sacred place, please donate to St. Michael’s Cathedral, Bridgetown, St. Michael.

Friends and well-wishers may write to [stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com) or call 1 246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael’s Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606. Special projects at this time are: Audio Equipment (cost: \$20,000.00; donations as at July 31<sup>st</sup>, 2021: **\$17,815.00**); Ashfall Clean-up (cost: \$15,000.00; donations as at July 31<sup>st</sup>, 2021: **\$4,461.00**) and Online Ministry. Donations may also be made in marked envelopes and placed in the Offering Box or brought to the Administrative Office. All donations are appreciated.



**THE DAILY OFFICES:** The recitation of Morning and Evening Prayer forms part of the discipline of clergy and laity. The Daily Office can also serve as a personal or family discipline. The Daily Lectionary for Proper 15, begins on page 767, in the Book of Common Prayer. Note further that this year is Year 1, and the reading for Sunday is Psalm 118; 2 Samuel 17:1-23; Galatians 3:6-14; for Monday, August 16<sup>th</sup>, 2021, are 2 Samuel 17:24—18:8, Psalm 106:1-18, and Acts 22:30—23:11 and for the rest of the week as follows on page 767.

***THEME FOR THE WEEK***

***“As Christians, we believe that living our faith is ‘living in the way of insights’”***



***Congratulations to all those persons celebrating birthdays this week 15<sup>th</sup> to 21<sup>st</sup>, August 2021.***

***Mr. Ian H. Broome ~ 15<sup>th</sup>***

***Mrs. Joan Claudette Bonnett Blenman ~ 16<sup>th</sup>***

***Mrs. Elmondessa Bridgeman ~ 16<sup>th</sup>***

***Ms. Deborah L. Phillips ~ 16<sup>th</sup>***

***Mrs. Judy D. King ~ 18<sup>th</sup>***

***Mr. Ian E. Lashley ~ 18<sup>th</sup>***

***Mrs. Nellie E. Hunte ~ 20<sup>th</sup>***

*Ms. Ismay Cave ~ 21<sup>st</sup>  
Mrs. Muriel Foster ~ 21<sup>st</sup>  
Mr. Nathan Daniel ~ 21<sup>st</sup>*



*May God bless and strengthen you.*



*Love puts a twinkle in your eye  
and a smile in your heart  
**Congratulations!**  
on your married years*



*Mr. Robert Agbowu and Mrs. Paula Agbowu, who are  
celebrating their 10<sup>th</sup> Wedding Anniversary on August  
19<sup>th</sup>, 2021.*





*Please remember the sick or injured of our Parish and wider community, especially Mr. Aldon and Mrs. Margaret Browne, Mrs. Colleen Byer, Ms. Eudora Cooper, Ms. Alice P. Hall, Mr. Jonathan Holder, Mrs. Olga Holder, Ms. Selina Jones, Mrs. Vida King, Mr. Blair Murray, Mr. Edwin Pollard, Ms. Phyllis Springer, Ms. Winifred Trotman, Ms. Marcia Watson, and Mr. Ronald Wilkinson.*

**I pray to the Almighty  
to bring you healing  
and a speedy  
recovery...**

**Get Well  
Soon...**





## CATHEDRAL MINISTRIES

**Today, Sunday, August 15<sup>th</sup>, 2021**  
**The Twelfth Sunday after Pentecost:**

**“Saint Mary the Virgin”**

**7:00 A.M. ~ Holy Eucharist**

**9:00 A.M. ~ Sung Eucharist**



**Wednesday, August 18<sup>th</sup>, 2021**  
**10:00 A.M. ~ Holy Eucharist**



**Sunday, August 22<sup>nd</sup>, 2021**  
**The Thirteenth Sunday after Pentecost**  
**7:00 A.M. ~ Holy Eucharist**  
**9:00 A.M. ~ Sung Eucharist**  
**Service to be broadcast Live on CBC 100.7 FM**  
**at 9:00 A.M.**



## OFFICERS OF THE CHURCH COUNCIL

### Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

### Church Wardens:

Mr. Samuel Maxwell Mr. Victor Sylvester

**Secretary:** Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

**Treasurer:** Mr. David Murray

Assistant Treasurer: Ms. Harriett Clarke

### Synod Representatives

Mr. Darwin Clarke

Mr. Samuel Maxwell, J.P.

Dr. Wendy Sealy

### Alternative Synod Representative

Ms. Donna Inniss



## LEADERS OF ORGANISATIONS AND MINISTRIES

<b>Men's Fellowship:</b>	Mr. John Moore
<b>Mothers' Union:</b>	Mrs. Colleen Byer
<b>Church Army:</b>	Captain Donnah Russell
<b>Woman's Auxiliary:</b>	<b>Vacant</b>
<b>Ushers Guild:</b>	Mrs. Juno Burrows
<b>Outreach Committee:</b>	Mrs. Delores Hinds
<b>Guild of Servers:</b>	Mr. Jerry Alleyne
<b>Health Ministry:</b>	Dr. Wendy Sealy
<b>Sunday School:</b>	Mrs. Harriett Blackman
<b>Flower Guild:</b>	<b>Vacant</b>
<b>Guild of St. Raphael:</b>	Mr. Darwin Clarke

# Mary's Song



And Mary said: "My soul glorifies the Lord and my spirit rejoices in God my Savior." Luke 1:46 (NIV)

Words are taken from Luke 1:46-55 (NIV).

J Q F E A R B W R P H B N O E  
 R Y W W G X O J I R U H E R J  
 Y K C T W L U Y C O S O Z T H  
 I Y G H W B O L H U Y L T M U  
 Y M E S R E U R M D X Y H U N  
 B D E E W O J Z I E D Q R B G  
 L S O R S K Y Q D F V F O E R  
 E S T V C U N F E B I J N S Y  
 S P W A R Y D E E D S E E D K  
 S I F N M I G H T Y T C S E S  
 E R C T H I N G S T I N L R E  
 D I F V Q P E V A O P B E M F  
 Z T H M W G H E J N M L A C Y  
 G O G Y I R R E F U U N H Q S  
 N H C F R G R F H R J M T S C

blessed	great	mercy	rejoices	soul
deeds	holy	mighty	rich	spirit
fear	humble	name	rulers	things
glorifies	hungry	proud	servant	thrones



### **CONTACT US**

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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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