



**The Cathedral Church of
Saint Michael and
All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Visiting Priest

The Rev'd Dr. Marcus Lashley

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant

Ms. Armel Marshall, B.Sc., Cert SM: Cert HRM

Vergers

Mrs. Chloe Grant

Assistant Vergers

Ms. Harriet Lowe

**The Thirteenth Sunday after Pentecost
Sunday, August 22nd, 2021**

Service 7:00 A.M. & 9:00 A.M.

**The Thirteenth Sunday after Pentecost
YEAR B**

7:00 A.M. ~ Holy Eucharist

President: The Rev'd Dr. Marcus Lashley

**9:00 A.M. ~ Sung Eucharist with [Live broadcast on
CBC 100.7 FM](#)**

**President: The Rev'd Canon George Knight
Lay Eucharist Minister: Mrs. Valdine Browne**

ANNOUNCEMENT

Emergency Management (COVID-19) Churches (No. 14) Directive, 2021

The following protocols will be enforced: Attendance is limited to one hundred persons maximum, three feet apart in all directions; Temperature checks upon arrival and signing of the Register; Wearing of Masks, Designated Seating; the Use of an Offering Box; Physical Distancing - Three (3) feet apart; No physical exchange of the Greeting of Peace; Sanitization of Hands before entering the Cathedral and before Communion.

The cooperation of everyone is required

ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

The Opening **Hymn ~ 438**

Soldiers of Christ, arise,

and put your armour on,
strong in the strength which God supplies,
through his eternal Son;

Strong in the Lord of Hosts,
and in his mighty power:
who in the strength of Jesus trusts
is more than conqueror.

Stand then in his great might,
with all his strength endued;
and take, to arm you for the fight,
the panoply of God.

From strength to strength go on,
wrestle and fight and pray;
tread all the powers of darkness down,
and win the well-fought day.

That, having all things done,
and all your conflicts past,
ye may o'ercome, through Christ alone,
and stand entire at last.

Words: Charles Wesley (1707-1788)

Opening Sentence “**General**”

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I was glad when they said to me, Let us go to the house of
the Lord. *Psalm 122:1*

THE INVOCATION

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PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

Alleluia! Alleluia!

ALL:

And blessed be His Kingdom, now and forever. Amen.

Alleluia! Alleluia!

ALL:

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

THE KYRIES

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

Page 102

Glory to God in the highest,
and peace to His people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One;

you alone are the Lord:

you alone are the Most High,

Jesus Christ, with the Holy Spirit,

in the glory of God the Father. Amen.

The Collect: **Proper 16**

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“The Thirteenth Sunday after Pentecost”

Let us pray.

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your

power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE MINISTRY OF THE WORD

First Lesson: Joshua 24:1-2a, 14-18

Lectors: 7:00 A.M. ~ Mr. Victor Sylvester

9:00 A.M. ~ Ms. Donna Russell (C.A.)

A reading from the Word of God written in the Book of Joshua, chapter 24, verses 1-2a, and 14-18.

The Tribes Renew the Covenant

¹Then Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. ²And Joshua said to all the people, ‘Thus says the LORD, the God of Israel:

¹⁴‘Now therefore revere the LORD and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the LORD. ¹⁵Now if you are unwilling to serve the LORD, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the LORD.’

¹⁶ Then the people answered, ‘Far be it from us that we should forsake the LORD to serve other gods; ¹⁷for it is the LORD our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did

those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed;¹⁸and the LORD drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the LORD, for he is our God.’

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 34:15-22 *Benedicam Dominum*

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(TO BE READ)

15 The eyes of the LORD are upon the righteous,
and his ears are open to their cry.

16 The face of the LORD is against those who do
evil,
to root out the remembrance of them from the
earth.

17 The righteous cry, and the LORD hears them
and delivers them from all their troubles.

18 The LORD is near to the broken hearted
and will save those whose spirits are crushed.

19 Many are the troubles of the righteous,
but the LORD will deliver him out of them all.

20 He will keep safe all his bones;
not one of them shall be broken.

21 Evil shall slay the wicked,
and those who hate the righteous will be
punished.

22 The LORD ransoms the life of his servants,
and none will be punished who trust in him.

Glory to the Father, and to the Son and to the Holy Spirit;

As it was in the beginning, is now, and shall be forever. Amen.

Second Lesson: Ephesians 6:10-20

Lectors: 7:00 A.M. ~ Mr. Victor Gittens

9:00 A.M. ~ Mr. Victor Small (C.A.)

A reading from the Word of God written in the Letter of Paul to the Ephesians, chapter 6, verses 10-20.

The Whole Armour of God

¹⁰ Finally, be strong in the Lord and in the strength of his power. ¹¹Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. ¹²For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. ¹³Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. ¹⁴Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. ¹⁵As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. ¹⁶With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. ¹⁷Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

¹⁸ Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in

supplication for all the saints. ¹⁹Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, ²⁰for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

The Gradual **Hymn ~ 435**

Once to every man and nation
comes the moment to decide,
in the strife of truth with falsehood,
for the good or evil side;
some great cause, God's new Messiah,
offering each the bloom or blight -
and the choice goes by for ever
'twixt that darkness and that light.

Then to side with truth is noble,
when we share her wretched crust,
ere her cause bring fame and profit,
and 'tis prosperous to be just;
then it is the brave man chooses,
while the coward stands aside,
till the multitude make virtue
of the faith they had denied.

By the light of burning martyrs,
Christ, thy bleeding feet we track
toiling up new Calvaries ever
with the cross that turns not back.

New occasions teach new duties;
time makes ancient good uncouth;
they must upward still and onward
who would keep abreast of truth.

Though the cause of evil prosper,
yet 'tis truth alone is strong;
though her portion be the scaffold,
and upon the throne be wrong -
yet that scaffold sways the future,
and, behind the dim unknown,
standeth God within the shadow,
keeping watch above his own.

Words: James Russell Lowell (1819-1891)

The Holy Gospel: John 6:56-69

Gospellers:

7:00 A.M. ~ The Rev'd Dr. Marcus Lashley

9:00 A.M. ~ The Rev'd Canon George Knight

GOSPELLER: The Lord be with you.

ALL: **And also with you**

A Reading from the Holy Gospel according to John, chapter 6, verses 56 to 69.

ALL: Glory to Christ Our Saviour

⁵⁶Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. ⁵⁷Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. ⁵⁸This is the bread that came down from

heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”⁵⁹ He said these things while he was teaching in the synagogue at Capernaum.

The Words of Eternal Life

⁶⁰ When many of his disciples heard it, they said, ‘This teaching is difficult; who can accept it?’⁶¹ But Jesus, being aware that his disciples were complaining about it, said to them, ‘Does this offend you?’⁶² Then what if you were to see the Son of Man ascending to where he was before?⁶³ It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life.⁶⁴ But among you there are some who do not believe.’ For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him.⁶⁵ And he said, ‘For this reason I have told you that no one can come to me unless it is granted by the Father.’

⁶⁶ Because of this many of his disciples turned back and no longer went about with him.⁶⁷ So Jesus asked the twelve, ‘Do you also wish to go away?’⁶⁸ Simon Peter answered him, ‘Lord, to whom can we go? You have the words of eternal life.⁶⁹ We have come to believe and know that you are the Holy One of God.’

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: The Rev’d Dr. Marcus Lashley
The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven:

by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.
For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the
dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son He is worshipped and
glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. **Amen.**

INTERCESSION FORM “C” with amendments Page 108

Intercessors: 7:00 A. M. ~ Ms. Mary Haynes, Q. C.

9:00 A. M. ~ Mr. Darwin Clarke

LEADER:

With all our heart and with all our mind let us pray to
the Lord. Saying, "Lord, have mercy."

LEADER:

For the peace from above, for the loving kindness of God,
and for the salvation of our souls:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER:

For the peace and welfare of the world, for the witness and
work of the Church, especially the Anglican Church in this
Diocese, for an increase in Clergy and for the unity of all
peoples:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER:

For our Bishops and all ministers of God's Word and
Sacraments, that they may be filled with truth and love and
be found without fault at the Lord's coming:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER:

For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples, and for the Democratic Labour Party General Conference and the emergence of the right leader to carry the party forward into the future:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER:

For the victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfillment:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER:

For the sick: especially Aldon, Margaret, Colleen, Eudora, Alice, Jonathan, Olga, Selina, Vida, Blair, Phyllis, Winifred, Marcia, Edwin, and Ronald; the suffering, the sorrowful, and the dying and for all who remember and care for them: especially we pray for mercy upon our world challenged by a global pandemic; we pray for healing where infections are resurgent, and for equality of access to vaccinations in all countries:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER:

For deliverance from the ravages of hurricane, earthquake, drought, flood or volcanic eruption, and for a just and proper use of God's creation: We especially remember the people of Haiti as the death toll continues to mount from a massive earthquake and also the effects of tropical storm Grace; countries impacted severely by the effects of global warming, especially China, the USA and Central Europe; and the people of Afghanistan in their uncertain political future after the Taliban's takeover of the capital, Kabul:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER:

For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvelous light: especially those celebrating birthdays this week, Mervyn and any other person not mentioned by name:

Let us pray to the Lord.

ALL: Lord, have mercy.

Silence may be kept.

ALL:

O Lord our God, accept the fervent prayers of your people in the multitude of your mercies. Look with compassion on us and all who turn to you for help: for you are gracious O Lord of love, and to you we give glory, Father, Son and Holy Spirit, now and forever. Amen.

ACT OF PENITENCE

Page 123

PRESIDENT:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT:

Let us therefore confess our sins.

ALL:

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

THE ABSOLUTION

Page 124

PRESIDENT:

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

ALL: Amen.

THE GREETING OF THE PEACE “A”

Page 124

PRESIDENT:

We are the Body of Christ. By the one Spirit we were all baptised into one Body and have all been made to drink of the one Spirit.

ALL:

Let us then pursue the things that make for peace and build up the common life.

PRESIDENT:

The peace of the Lord be always with you.

ALL: And also with you.

THE MINISTRY OF THE SACRAMENT

The Offertory **Hymn ~ 439**

Stand up, stand up for Jesus,
ye soldiers of the cross!
Lift high his royal banner,
it must not suffer loss.
From victory unto victory
his army he shall lead,
till every foe is vanquished,
and Christ is Lord indeed

Stand up, stand up for Jesus!
The solemn watchword hear;
if while ye sleep he suffers,
away with shame and fear.
Where'er ye meet with evil,
within you or without,
charge for the God of battles,
and put the foe to rout.

Stand up, stand up for Jesus!
The trumpet call obey;
forth to the mighty conflict
in this his glorious day.
Ye that are men now serve him
against unnumbered foes;
let courage rise with danger
and strength to strength oppose.

Stand up, stand up for Jesus!
Stand in his strength alone;
the arm of flesh will fail you,
ye dare not trust your own.
Put on the Gospel armour,
each piece put on with prayer;
when duty calls or danger
be never wanting there.

Stand up, stand up for Jesus!
The strife will not be long;
this day the noise of battle,
the next the victor's song.
To him that overcometh
a crown of life shall be;
he with the King of Glory
shall reign eternally.

Words: George Duffield, Jr. (1818-1888)

THE OFFERTORY PRAYER “B”

Page 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: **And also with you.**

PRESIDENT: Lift up your hearts.

ALL: **We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

ALL: **It is right to give God thanks and praise.**

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

PROPER PREFACE ~ “The Lord’s Day” Page 130

Because on this most glorious day, a triple light was given. On the first day of creation you brought light and life into being. On the first day, for our salvation, you raised your Son victorious over death; and on this day you gave your Holy and lifegiving Spirit to your church.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

THE GREAT THANKSGIVING “A”

Page 131

PRESIDENT:

All Holy and glorious Father,
Our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.
Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose

to put new life into all things
and make them holy.

Through your Son, Jesus Christ
Who took our human nature upon Him
you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."
And after supper
He took the cup of wine:
and when He had given thanks,
He gave it to them and said:

“Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

PRESIDENT:

Let us proclaim the mystery of our faith.

ALL:

Christ has died.

Christ is risen.

Christ will come again.

PRESIDENT:

And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and Blood
of your Son, our great High Priest,

may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.
Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God, living and departed,
whom you have made for yourself.
Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,
when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

ALL:

**Blessing and honour and glory and power
Be yours for ever and ever. Amen.**

THE LORD'S PRAYER

Page 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come;
your will be done
on earth as in heaven.**

**Give us today our daily bread,
Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours now and forever. Amen.**

THE BREAKING OF THE BREAD “A” Page 145

PRESIDENT:

We break this bread to share in the body of Christ.

ALL:

**Though we are many, we are one body, because we all
share in one bread.**

THE COMMUNION

The Invitation “B” Page 146

PRESIDENT:

The Gifts of God for the People of God.

ALL:

**Our souls will feast and be satisfied, and we will sing
glad songs of praise to Him.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



**The Administration of Communion/Spiritual
Communion**

The Communion Hymn ~ 569

Alleluia, sing to Jesus!
His the sceptre, his the throne;
alleluia, his the triumph,
his the victory alone:
hark, the songs of peaceful Sion
thunder like a mighty flood;
Jesus out of every nation
hath redeemed us by his blood.

Alleluia, not as orphans
are we left in sorrow now;
alleluia, he is near us,
faith believes, nor questions how:
though the cloud from sight received him,
when the forty days were o'er,
shall our hearts forget his promise,
'I am with you evermore'?

Alleluia, Bread of angels,
thou on earth our food, our stay;
 alleluia, here the sinful
 flee to thee from day to day:
Intercessor, Friend of sinners,
earth's Redeemer, plead for me,
where the songs of all the sinless
 sweep across the crystal sea.

Alleluia, King eternal,
thee the Lord of lords we own;
 alleluia, born of Mary,
earth thy footstool, heaven thy throne:
 thou within the veil hast entered,
robed in flesh, our great High Priest;
thou on earth both Priest and Victim
 in the Eucharistic feast.

Alleluia! Alleluia!
Glory be to God on high;
 alleluia to the Saviour,
who has gained the victory;
 alleluia to the Spirit,
fount of love and sanctity;
 alleluia, alleluia
 to the Triune Majesty.

Words: William Chatterton Dix (1837-1898)

THE POST COMMUNION "A"

Page 147

ALL:

Almighty Father, we thank you for feeding us with the

Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

THE BLESSING “*Pentecost*”

Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you this day and forever more.

ALL: Amen.

Welcome and Announcements

THE DISMISSAL

The Recessional **Hymn ~ 386**

Sing praise to God who reigns above,
the God of all creation,
the God of power, the God of love,
the God of our salvation;
with healing balm my soul he fills,
and every faithless murmur stills:
to God all praise and glory.

The Lord is never far away,
but, through all grief distressing,
an ever-present help and stay,
our peace and joy and blessing;
as with a mother's tender hand,
he leads his own, his chosen band:
to God all praise and glory.

Thus all my gladsome way along
I sing aloud thy praises,
that men may hear the grateful song
my voice unwearied raises;
be joyful in the Lord, my heart;
both soul and body bear your part:
to God all praise and glory.

*Words: Johann Jakob Schütz (1640-1690),
from Sei Lob und Her' dem höchsten Gut, German;
translation: Frances Elizabeth Cox (1812-1897)*

Organ Postlude

WELCOME AND MAY THE LORD BLESS US ALL



The Thirteenth Sunday after Pentecost

First Reading: Joshua 24:1-2a, 14-18

Comment: *“Joshua calls all Israel to serve the Lord”*

In our first lesson, **Joshua calls the people to renew their covenant with the Lord and to realise what it means to promise to worship the Lord as the only God.** This takes place at Shechem after the journey through the wilderness to

the promised land. Joshua's farewell speech is stern, for it is no easy matter to enter into relationship with such a holy Lord, who will not allow followers to reverence any other gods. (Historically it is possible that this ceremony was used to accept into the covenant peoples living in Palestine who were not themselves participants in the exodus.)

Psalm 34:15-22

The Lord is gracious toward all who turn from evil and have reverence for God.

Second Reading (**The Epistle**): Ephesians 6:10-20

Comment: *"Put on the armour of God"*

In this New Testament lesson, **Christians are instructed to put on the whole armour of God in order to defend themselves from the powers of evil, which are beyond any human control.** The passage recognises that it is God who will take the active role against these superhuman forces. In this battle it is the Christian's primary task to stand and resist. The language and imagery may once have been used in an address to newly baptised disciples. Finally, they are urged to be constant in prayer, remembering Paul who is now in prison.

The Holy Gospel: John 6:56-69

Comment: *"The bread of eternal life"*

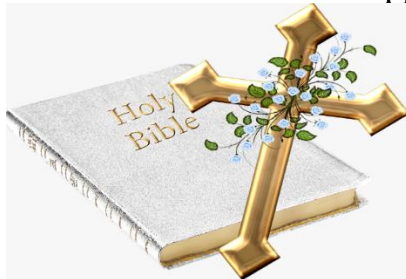
In the gospel we hear of **different responses to Jesus' claim that he is the heavenly bread that gives the life of the eternal age to those who eat it.** His are words of spirit and life, but many can understand them only in a materialistic

sense and are like the Israelites who did not trust God in the wilderness. Yet, if this saying is hard for them to believe, more difficult still will be Jesus' ascent into heaven as the Son of Man. As Jesus knew would happen, many disciples now turn away, but Peter confesses him to be God's holy one who has the words of eternal life.

CATHEDRAL NEWS

Financial Stewardship: The ministry of the Cathedral is supported primarily by its members' contributions weekly and monthly. However, if you would like to support the stewardship of this sacred place, please donate to St. Michael's Cathedral, Bridgetown, St. Michael.

Friends and well-wishers may write to stmichaelcathedral@caribsurf.com or call 1 246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael's Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606. Special projects at this time are: Audio Equipment (cost: \$20,000.00; donations as at July 31st, 2021: **\$17,815.00**); Ashfall Clean-up (cost: \$15,000.00; donations as at July 31st, 2021: **\$4,461.00**) and Online Ministry. Donations may also be made in marked envelopes and placed in the Offering Box or brought to the Administrative Office. All donations are appreciated.



THE DAILY OFFICES: The recitation of Morning and Evening Prayer forms part of the discipline of clergy and laity. The Daily Office can also serve as a personal or family discipline. The Daily Lectionary for Proper 16, begins on page 767, in the Book of Common Prayer. Note further that this year is Year 1, and the readings for Sunday are Psalms 146 and 147; 2 Samuel 24:1-2, 10-25; Galatians 3:23—4:7; for Monday, August 23rd, 2021, are 1 Kings 1:5-31, Psalms 1, 2, and 3, and Acts 26:1-23, and for the rest of the week as follows on page 768.

THEME FOR THE WEEK

“Our fidelity to God’s love is a reflection of his faithfulness to us.”



Congratulations to all those persons celebrating birthdays this week 22nd to 28th, August 2021.

Mr. Mervyn E. Rollins ~ 22nd



May God bless and strengthen you.





Please remember the sick or injured of our Parish and wider community, especially Mr. Aldon and Mrs. Margaret Browne, Mrs. Colleen Byer, Ms. Eudora Cooper, Ms. Alice P. Hall, Mr. Jonathan Holder, Mrs. Olga Holder, Ms. Selina Jones, Mrs. Vida King, Mr. Blair Murray, Mr. Edwin Pollard, Ms. Phyllis Springer, Ms. Winifred Trotman, Ms. Marcia Watson, and Mr. Ronald Wilkinson.

I pray to the Almighty
to bring you healing
and a speedy
recovery...

**Get Well
Soon...**



Flowers: The Cathedral takes this opportunity to thank the family of Major Lubin “Charlie” Maxwell, for the donation of flowers which adorn our church today, in memory of his passing on August 24th, 2020.



CATHEDRAL MINISTRIES

Today, Sunday, August 22nd, 2021

The Thirteenth Sunday after Pentecost

7:00 A.M. ~ Holy Eucharist

**9:00 A.M. ~ Sung Eucharist ~ [Live broadcast service on
CBC 100.7 FM](#)**



Wednesday, August 25th, 2021

10:00 A.M. ~ Holy Eucharist



Sunday, August 29th, 2021

The Fourteenth Sunday after Pentecost

7:00 A.M. ~ Holy Eucharist

9:00 A.M. ~ Sung Eucharist



Welcome
to Our Church

A stylized graphic of green leaves and a vine, positioned around the text 'Welcome to Our Church'.

OFFICERS OF THE CHURCH COUNCIL
Church Warden Emeritus
Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Treasurer: Ms. Harriett Clarke

Synod Representatives

Mr. Darwin Clarke

Mr. Samuel Maxwell, J.P.

Dr. Wendy Sealy

Alternative Synod Representative

Ms. Donna Inniss



**LEADERS OF ORGANISATIONS
AND MINISTRIES**

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael:	Mr. Darwin Clarke



CONTACT US

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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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Mon – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246) 427-0790 (Office)

Telephone 1 (246) 437-4265 (Dean's Residence)