



**The Cathedral Church of
Saint Michael and
All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant

Ms. Armel Marshall, B.Sc., Cert SM: Cert HRM

Verger

Mrs. Chloe Grant

Assistant Verger

Ms. Harriet Lowe

**The Eleventh Sunday after Pentecost
Sunday, August 8th, 2021**

Services 7:00 A.M. & 9:00 A.M.

**The Eleventh Sunday after Pentecost
YEAR B**

7:00 A.M. ~ Holy Eucharist

President: The Rev'd Dr. Marcus Lashley

9:00 A.M. ~ Sung Eucharist

President: The Rev'd Dr. Marcus Lashley

Lay Eucharistic Minister: Dr. Sherlock Bradshaw

ANNOUNCEMENT

Emergency Management (COVID-19) Churches (No. 13) Directive, 2021

The following protocols will be enforced: Attendance is limited to one hundred persons maximum, three feet apart in all directions; Temperature checks upon arrival and signing of the register; Wearing of Masks, Designated Seating; the Use of an Offering Box; Physical Distancing - Three (3) feet apart; No physical exchange of the Greeting of Peace; Sanitization of Hands before entering the Cathedral and before Communion.

The cooperation of everyone is required

ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

The Opening **Hymn ~ 270**

Come down, O Love divine,
seek thou this soul of mine,

and visit it with thine own ardour glowing;
O Comforter, draw near,
within my heart appear,
and kindle it, thy holy flame bestowing.
O let it freely burn,
till earthly passions turn
to dust and ashes in its heat consuming;
and let thy glorious light
shine ever on my sight,
and clothe me round, the while my path illuming.

Let holy charity
mine outward vesture be,
and lowliness become mine inner clothing:
true lowliness of heart,
which takes the humbler part,
and o'er its own shortcomings weeps with loathing.

And so the yearning strong,
with which the soul will long,
shall far outpass the power of human telling;
for none can guess its grace,
till he become the place
wherein the Holy Spirit makes his dwelling.

*Words: Bianco da Siena (13??-1434),
from Discendi, amor santo, Italian;
translation: Richard Frederick Littledale (1833-1890)*

Opening Sentence “**General**”

Page 100

God is spirit, and those who worship Him must worship in spirit and truth. *John 4:24*

THE INVOCATION

Page 101

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

Alleluia! Alleluia!

ALL:

And blessed be His Kingdom, now and forever. Amen.

Alleluia! Alleluia!

ALL:

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

THE KYRIES

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

Page 102

Glory to God in the highest,
and peace to His people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One;

you alone are the Lord:

you alone are the Most High,

Jesus Christ, with the Holy Spirit,

in the glory of God the Father. Amen.

The Collect: **Proper 14**

Page 177

“The Eleventh Sunday after Pentecost”

Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE MINISTRY OF THE WORD

First Lesson: 1 Kings 19:4-8

Lectors: 7:00 A.M. ~ Mrs. Jeanette Rollins

9:00 A.M. ~ Mrs. Judy King (L.E.M.)

A reading from the Word of God written in the First Book of Kings, chapter 19, verses 4-8.

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 34:1-8 **(TO BE READ)**

Page 508

- 1 I will bless the LORD at all times;
his praise shall ever be in my mouth.
 - 2 I will glory in the LORD;
let the humble hear and rejoice.
 - 3 Proclaim with me the greatness of the LORD;
let us exalt his Name together.
 - 4 I sought the LORD, and he answered me
and delivered me out of all my terror.
 - 5 Look upon him and be radiant,
and let not your faces be ashamed.
 - 6 I called in my affliction and the LORD heard me
and saved me from all my troubles.
 - 7 The angel of the LORD encompasses those who
fear him, and he will deliver them.
 - 8 Taste and see that the LORD is good;
happy are they who trust in him!
- Glory to the Father, and to the Son and to the Holy Spirit;
As it was in the beginning, is now, and shall be forever. Amen.

Second Lesson: Ephesians 4:25—5:2

Lectors: 7:00 A.M. ~ Ms. Alicia White

9:00 A.M. ~ Mrs. Margaret Fraser-Morrison

A reading from the Word of God written in the Letter of Paul to the Ephesians, chapter 4, verses 25 to chapter 5 verse 2.

So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

The Gradual **Hymn** ~ 453

Make me a channel of your peace.
Where there is hatred let me bring your love;
where there is injury, your pardon, Lord;
and where there's doubt, true faith in you.

Make me a channel of your peace.
Where there's despair in life let me bring hope;
where there is darkness, only light;
and where there's sadness, ever joy.

Refrain:

*O Master, grant that I may never seek
so much to be consoled as to console;
to be understood as to understand;
to be loved, as to love with all my soul*

Make me a channel of your peace.
It is in pardoning that we are pardoned,
in giving of ourselves that we receive;
and in dying that we're born to eternal life.

*Words: Sebastian Temple (1928-1997)
Words © 1967 OCP Publications.*

The Holy Gospel: John 6:35, 41-51

Gospeller:

7:00 A.M. & 9:00 A.M. ~ The Rev'd Dr. Marcus Lashley

GOSPELLER: The Lord be with you.

ALL: **And also with you**

A Reading from the Holy Gospel according to John, chapter 6, verses 35, and 41 to 51.

ALL: Glory to Christ Our Saviour

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come

down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: The Rev'd Dr. Marcus Lashley

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,

one in Being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven:

by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.
For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the
dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son He is worshipped and
glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. **Amen.**

INTERCESSION FORM “D” with amendments Page 111

Intercessors:

7:00 A. M. ~ Mrs. Joyann Blackman-Jarvis

9:00 A. M. ~ Ms. Sharon Lucas-Blackman

LEADER:

Our Heavenly Father has promised through our Lord Jesus Christ to hear us when we pray in faith. Let us therefore pray for the Church and the World, and let us thank God for His Goodness.

Silence may be kept.

LEADER:

We pray for the Church of God in every place; especially for this Diocese, our Bishop Michael and all the people of God.

ALL:

Strengthen your Church to carry forward the work of Christ; that we and all who confess your Name may unite in truth, live together in your love, and reveal your glory to the world.

LEADER:

We pray for our country and for all the nations of the world, especially for the nations of St. Lucia, Haiti and Cuba in their respective state of affairs; and for all peoples in their various callings.

ALL:

Direct this nation and all nations in the ways of justice and truth. Give wisdom to all in positions of public trust and authority; that they may promote the prosperity, godliness and peace of your people everywhere.

LEADER:

We pray for our own community, for this parish, for our families, friends, and all who live and work with us.

ALL:

Give grace to all our friends and neighbours in Christ, that we may serve Him in one another and grow together in His love.

LEADER:

We pray for the poor, the sick, especially Aldon, Margaret, Colleen, Eudora, Alice, Jonathan, Olga, Selina, Vida, Blair, Phyllis, Winifred, Marcia, and Ronald; the unemployed, the handicapped (physical or mental disabilities); all who have requested our prayers and all who seek the prayers of the Church in their time of trouble.

ALL:

Give healing and strength to all who suffer in body, mind or spirit. Give them courage and hope in their troubles and sustain all those who remember and care for them.

LEADER:

We commemorate the departed.

ALL:

We commend all people to your unfailing love, that in them your will may be fulfilled; and we rejoice at the faithful witness of your saints in every age, praying that we may share with them in your eternal kingdom.

Silence may be kept.

LEADER:

Accept these prayers, O Lord our God, for the sake of your Son, our Saviour Jesus Christ.

ALL: Amen.

ACT OF PENITENCE

Page 123

PRESIDENT:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT:

Let us therefore confess our sins.

ALL:

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

THE ABSOLUTION

Page 124

PRESIDENT:

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

ALL: Amen.

THE GREETING OF THE PEACE “A”

Page 124

PRESIDENT:

We are the Body of Christ. By the one Spirit we were all baptised into one Body and have all been made to drink of the one Spirit.

ALL:

Let us then pursue the things that make for peace and build up the common life.

PRESIDENT:

The peace of the Lord be always with you.

ALL: And also with you.

THE MINISTRY OF THE SACRAMENT

The Offertory **Hymn ~ 471**

Put thou thy trust in God,
in duty's path go on;
walk in His strength with faith and hope,
so shall thy work be done.

Commit thy ways to Him,
thy works into His hands,
and rest on His unchanging word,
who heaven and earth commands.

Though years on years roll on,
His cov'nant shall endure;
though clouds and darkness hide His path,
the promised grace is sure.

Give to the winds thy fears;
hope, and be undismayed;

God hears thy sighs and counts thy tears;
God shall lift up thy head.

Through waves and clouds and storms
His power will clear thy way:
wait thou His time; the darkest night
shall end in brightest day.

Leave to His sovereign sway
to choose and to command;
so shalt thou, wondering, own His way,
how wise, how strong His hand.

*Words: Paul Gerhardt (1607-1676),
from Befiehl du deine Wege, German; translation John Wesley (1703-1791)*

THE OFFERTORY PRAYER “B”

Page 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

PROPER PREFACE ~ “Of God the Father” Page 130

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

Holy, holy, holy Lord,

God of power and might;

heaven and earth are full of your glory,

Hosanna in the highest.

Blessed is He who comes

in the name of the Lord.

Hosanna in the highest.

PRESIDENT:

All Holy and glorious Father,
Our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.
Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things
and make them holy.

Through your Son, Jesus Christ
Who took our human nature upon Him
you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."
And after supper
He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

PRESIDENT:

Let us proclaim the mystery of our faith.

ALL:

Christ has died.

Christ is risen.

Christ will come again.

PRESIDENT:

And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and Blood
of your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.
Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God, living and departed,
whom you have made for yourself.
Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,
when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

ALL:

**Blessing and honour and glory and power
Be yours for ever and ever. Amen.**

THE LORD'S PRAYER

Page 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

Our Father in heaven,

hallowed be your Name;

your kingdom come;

your will be done

on earth as in heaven.

Give us today our daily bread,

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours now and forever. Amen.

THE BREAKING OF THE BREAD "A"

Page 145

PRESIDENT:

We break this bread to share in the body of Christ.

ALL:

Though we are many, we are one body, because we all share in one bread.

THE COMMUNION

The Invitation “B”

Page 146

PRESIDENT:

The Gifts of God for the People of God.

ALL:

Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.

THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



The Administration of Communion/Spiritual Communion

The Communion Hymn ~ 595

I am the bread of life;
they who come to me shall not hunger;
they who believe in me shall not thirst.
No one can come to me unless the Father draw them.

Refrain:

*And I will raise them up,
and I will raise them up,
and I will raise them up on the last day.*

The bread that I will give is my flesh
for the life of the world,
and they who eat of this bread,
they shall live for ever.

Refrain

Unless you eat of the flesh of the Son of Man
and drink of his blood,
you shall not have life within you,
you shall not have life within you.

Refrain

I am the resurrection, I am the life;
they who believe in me,
even if they die,
they shall live for ever.

Refrain

Yes, Lord we believe

that you are the Christ,
the Son of God
who has come into the world.

Refrain

*Words: Suzanne Toolan (1927-),
Adaptation of John 6.*

*Words © 1966, 1970, 1971, 1975 GIA Publications, Inc.
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THE POST COMMUNION “A”

Page 147

ALL:

Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

THE BLESSING “*Pentecost*”

Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you this day and forever more.

ALL: Amen.

Welcome and Announcements

THE DISMISSAL

The Recessional **Hymn** ~ 374

O praise our great and gracious Lord,
and call upon his name;
to strains of joy tune every chord,
his mighty acts proclaim;
tell how he led his chosen race
to Canaan's promised land;
tell how his covenant of grace
unchanged shall ever stand.

He gave the shadowing cloud by day,
the moving fire by night;
to guide his Israel on their way,
he made their darkness light;
and have not we a sure retreat,
a Saviour ever nigh,
the same clear light to guide our feet,
the day-spring from on high?

We, too have manna from above,
the bread that came from heaven;
to us the same kind hand of love
hath living waters given;
a rock we have, from whence the spring
in rich abundance flows;
that rock is Christ, our Priest, our King,
who life and health bestows.

O may we praise this blessed food,
and trust our heavenly Guide;
so shall we find death's fearful flood
serene as Jordan's tide,
and safely reach that happy shore,
the land of peace and rest,
where angels worship and adore
in God's own presence blest.

Words: Harriet Auber (1773-1862), 1829

Organ Postlude

WELCOME AND MAY THE LORD BLESS US ALL



The Eleventh Sunday after Pentecost

First Reading: 1 Kings 19:4-8

Comment: *“Elijah given bread for his journey”*

In our Hebrew scripture reading, **Elijah seeks to escape the wrath of Jezebel after his successful contest with the priests of Baal.** God miraculously intervenes on Elijah's behalf and gave him strength to journey forty days and nights to Mount Horeb, where Moses received the ten commandments. The number forty reminds us of other biblical journeys and experiences, such as the forty years in the wilderness, the forty days of Noah's flood, and later of Jesus' temptation in the wilderness.

Psalm 34:1-8

A hymn of blessing and praise to the Lord for divine deliverance.

Second Reading (**The Epistle**): Ephesians 4:25—5:2

Comment: *“Put away evil, live in love”*

In this lesson, **Christians are urged to conform to a new way of life which is pleasing to the Holy Spirit. They are to have a love like the love of Christ.** All manner of evil is to be shunned. Especially are the new converts to put away spitefulness and other sins which harm the one body and grieve the Spirit with which they have been sealed in baptism. The model is none other than a God who is revealed in the Christ who sacrificed himself for us.

The Holy Gospel: John 6:35, 41-51

Comment: *“Christ, the bread of life”*

In our gospel, **Jesus continues to teach that he is the true bread who will bring all who have faith in him eternal life.** The discussion is meant to recall the story of the Israelites protesting and murmuring against God in the wilderness because they had no bread. But even the manna that God gave them was only a temporary food. While Jesus seems very ordinary to the Jews (who represent a worldly lack of faith), he offers the world both his teaching and himself, a life-giving bread from heaven.

CATHEDRAL NEWS

Financial Stewardship: The ministry of the Cathedral is supported primarily by its members' contributions weekly and monthly. However, if you would like to support the stewardship of this sacred place, please donate to St. Michael's Cathedral, Bridgetown, St. Michael.

Friends and well-wishers may write to stmichaelcathedral@caribsurf.com or call 1 246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael's Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606. Special projects at this time are: Audio Equipment (cost: \$20,000.00; donations as at July 31st, 2021: **\$17,815.00**); Ashfall Clean-up (cost: \$15,000.00; donations as at June 31st, 2021: **\$4,461.00**) and Online Ministry. Donations may also be made in marked envelopes and placed in the Offering Box or brought to the Administrative Office. All donations are appreciated.



THE DAILY OFFICES: The recitation of Morning and Evening Prayer forms part of the discipline of clergy and laity. The Daily Office can also serve as a personal or family discipline. The Daily Lectionary for Proper 14, begins on page 766, in the Book of Common Prayer. Note further that

this year is Year 1, and the readings for Sunday are Psalms 66 and 67; 2 Samuel 13:1-22; Romans 15:1-13 ; for Monday, August 9th, 2021, are 2 Samuel 13:23-39, Psalm 89:1-18, and Acts 20:17-38 and for the rest of the week as follows on pages 766 and 767.

THEME FOR THE WEEK

“The good land” in which we dwell today is bounded by our faith and our fidelity.”



Congratulations to all those persons celebrating birthdays in the month of August 2021.

- Mr. Shaquan Pompey ~ 8th***
- Mrs. Velda Alleyne ~ 9th***
- Mrs. Margaret P. Archer ~ 9th***
- Mr. Jabari Jones ~ 10th***
- Mrs. Elsie C. Burton ~ 14th***
- Ms. Sandra B. A. Fields ~ 14th***
- Ms. Theresa Morris ~ 14th***
- Ms. Claudette M. Sealy ~ 14th***



May God bless and strengthen you.





Please remember the sick or injured of our Parish and wider community, especially Mr. Aldon and Mrs. Margaret Browne, Mrs. Colleen Byer, Ms. Eudora Cooper, Ms. Alice P. Hall, Mr. Jonathan Holder, Mrs. Olga Holder, Ms. Selina Jones, Mrs. Vida King, Mr. Blair Murray, Ms. Phyllis Springer, Ms. Winifred Trotman, Ms. Marcia Watson, and Mr. Ronald Wilkinson.

I pray to the Almighty
to bring you healing
and a speedy
recovery...

**Get Well
Soon...**



Cathedral Church Yard: The National Conservation Commission's national clean-up programme, entitled "**360 Workers**", involves plans that were implemented by the Prime Minister, Mia Amor Mottley and designed to make Barbados the cleanest country within the Caribbean. As a result, the clean-up of the Cathedral Church grounds was started on Wednesday, August 4th, 2021, and will continue every Wednesday thereafter. Our thanks go out to the NCC and the "**360 Workers**" program.



Acting Governor General:

Greetings to All! Governor-General Dame Sandra Mason will be absent from office for the remainder of the month of August. Once again, the Very Reverend Dr. Jeffrey Douglas Gibson will perform the functions of the Office of Governor-General during the period of Her Excellency's absence. Consequently, Dean Jeffrey will be on leave from pastoral duties until August 31st, 2021. Meantime, Archdeacon, the Venerable Eric E. Lynch, Vicar-General has made the following arrangements for the administration and pastoral ministry of the Cathedral: Fr. Joseph King, Rector of St. Cyprian will serve as Priest-in-Charge; the Sunday services will be shared by the Rev'd Canon George Knight and the Rev'd Dr. Marcus Lashley; they will all assist with the Wednesday services.

Your prayers are requested for the Dean as he exercises his National Service.



CATHEDRAL MINISTRIES

Today, Sunday, August 8th, 2021
The Eleventh Sunday after Pentecost

7:00 A.M. ~ Holy Eucharist

9:00 A.M. ~ Sung Eucharist



Wednesday, August 11th, 2021

10:00 A.M. ~ Holy Eucharist



Sunday, August 15th, 2021
The Twelfth Sunday after Pentecost

7:00 A.M. ~ Holy Eucharist

9:00 A.M. ~ Sung Eucharist



OFFICERS OF THE CHURCH COUNCIL
Church Warden Emeritus
Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Treasurer: Ms. Harriett Clarke

Synod Representatives

Mr. Darwin Clarke

Mr. Samuel Maxwell, J.P.

Dr. Wendy Sealy

Alternative Synod Representative

Ms. Donna Inniss



**LEADERS OF ORGANISATIONS
AND MINISTRIES**

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael:	Mr. Darwin Clarke

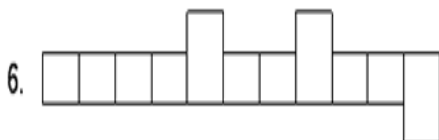
Jesus the Bread of Life



"I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. This bread is my flesh, which I will give for the life of the world."

John 6:51 (NIV)

Enter the correct words in the boxes based on the shape of the letters.



bread

listen

truth

everlasting

heaven

learn

believe

life



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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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