

**The Cathedral Church of  
Saint Michael and All Angels**

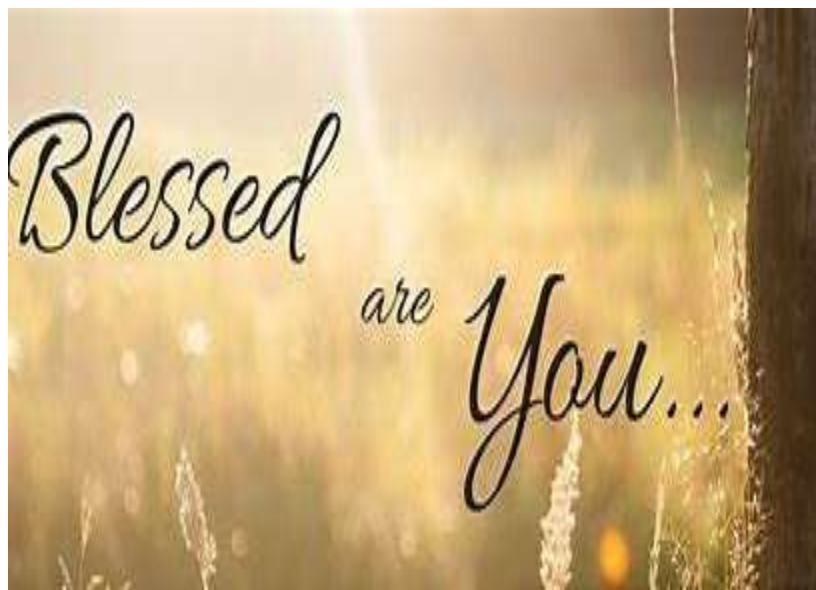
welcomes you to the celebration of

***The Holy Eucharist***

***The Fourth Sunday after the Epiphany***

**January 29, 2023**

**7:00 A.M. and 9:00 A.M.**



**The Cathedral Church of  
Saint Michael and All Angels  
The Diocese of Barbados**

*Diocesan Bishop*

**The Rt. Rev'd Michael B. St. John Maxwell, M. A.**

*Dean*

**The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight, B.Min.**

*Assistant Priest*

**The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., BMus.**

*Organist*

**Mr. Eric Cobham, B.Sc., BMus.**

*Administrative Assistant*

**Ms. Arlene Miller**

*Vergers*

**Mrs. Chloe Grant**

*Assistant Vergers*

**Ms. Harriet Lowe**

# *The Fourth Sunday after the Epiphany*

**7:00 A.M. ~ Holy Eucharist**

**Presider: The Rev'd Stephanie-Ann Wedderburn**

**Preacher: The Very Rev'd Dr. Jeffrey D. Gibson**

**9:00 A.M. ~ Sung Eucharist**

**Presider and Preacher:**

**The Rev'd Canon George Knight**

**Eucharistic Minister: Dr. Sherlock Bradshaw**

## *ORDER OF WORSHIP*

### **THE PREPARATION**

Organ Prelude

**Welcome**

Opening **Hymn ~ 143** "Praise to the Holiest in the height,"

Praise to the Holiest in the height,  
and in the depth be praise;  
in all his words most wonderful,  
most sure in all his ways!

O loving wisdom of our God!  
When all was sin and shame,  
a second Adam to the fight  
and to the rescue came.

O wisest love! That flesh and blood,  
which did in Adam fail,  
should strive afresh against the foe,  
should strive, and should prevail;

And that a higher gift than grace  
should flesh and blood refine,  
God's presence and his very self,  
and essence all-divine.

O generous love! That he, who smote  
in Man for man the foe,  
the double agony in Man  
for man should undergo.

And in the garden secretly,  
and on the cross on high,  
should teach his brethren, and inspire  
to suffer and to die.

Praise to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

*Words: Cardinal John Henry Newman (1801-1890)*

### **Opening Sentence “Epiphany”**

God chose to make known how great among the nations are  
the riches of the glory of this mystery, which is Christ in  
you, the hope of glory. *Colossians 1:27*

## **THE INVOCATION**

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**THE PRESIDENT:** Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

**ALL:** And blessed be His Kingdom, now and forever. Amen. Alleluia! Alleluia!

**ALL:** Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

## **COLLECT FOR PURITY**

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**ALL:** Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name; through Christ our Lord. Amen.

## **THE KYRIES**

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Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.  
**Christ, have mercy.**

Lord, have mercy.  
**Lord, have mercy.**

**GLORIA IN EXCELSIS**

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**Glory to God in the highest,  
and peace to His people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One;  
you alone are the Lord:  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen**

The Collect: *“The Fourth Sunday after the Epiphany”*

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Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through

Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*(Please sit)*

## **THE MINISTRY OF THE WORD**

**First Lesson:** Micah 6:1-8

LECTORS:

**7:00 A.M.: Mr. Victor Small**

**9:00 A.M.: Mrs. Valdine Browne**

A Reading from the Word of God, written in the Book of Micah, the sixth chapter, beginning at the first verse.

Hear what the LORD says:

Rise, plead your case before the mountains,  
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,  
and you enduring foundations of the earth;  
for the LORD has a controversy with his people,  
and he will contend with Israel.

“O my people, what have I done to you?

In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;  
and I sent before you Moses,  
Aaron, and Miriam.

O my people, remember now what King Balak of  
Moab devised,  
what Balaam son of Beor answered him,  
and what happened from Shittim to Gilgal,  
that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,  
and bow myself before God on high?

Shall I come before him with burnt-offerings,  
with calves a year old?

Will the LORD be pleased with thousands of rams,  
with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?”

He has told you, O mortal, what is good;  
and what does the LORD require of you

but to do justice, and to love kindness,  
and to walk humbly with your God?

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

**Psalm 15**

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*Domine, quis habitabit?*

1 LORD, who may dwell in your tabernacle?\*

who may abide upon your holy hill?



- 2 Whoever leads a blameless life and does what is  
right,\*  
who speaks the truth from his heart.
- 3 There is no guile upon his tongue;  
he does no evil to his friend;\*  
he does not heap contempt upon his neighbour.
- 4 In his sight the wicked is rejected,\*  
but he honours those who fear the LORD.
- 5 He has sworn to do no wrong\*  
and does not take back his word.
- 6 He does not give his money in hope of gain,\*  
nor does he take a bribe against the innocent.
- 7 Whoever does these things\*  
shall never be overthrown.

**Glory to the Father, and to the Son and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.**

## **Second Lesson: 1 Corinthians 1:18-31**

LECTORS:

**7:00 A.M.: Mr. Remech Matthias**

**9:00 A.M.: Ms. Danita Layne**

A Reading from the Word of God, written in the First Letter of the Apostle Paul to the Corinthians, the first chapter, beginning at the eighteenth verse.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will  
thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and

righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

LECTOR: The Word of the Lord.

**ALL: Thanks be to God.**

The Gradual **Hymn ~ 511** “Blest are the pure in heart,”

Blest are the pure in heart,  
for they shall see our God;  
the secret of the Lord is theirs,  
their soul is Christ’s abode.

The Lord, who left the heavens  
our life and peace to bring,  
to dwell in lowliness with men,  
their pattern and their King.

Still to the lowly soul  
he doth himself impart,  
and for his dwelling and his throne  
chooseth the pure in heart.

Lord, we thy presence seek;  
may ours this blessing be;  
give us a pure and lowly heart,  
a temple meet for thee.

*Words: John Keble (1792-1866), with others*

## **The Holy Gospel: Matthew 5:1-12**

### **GOSPELLERS:**

**7:00 A.M.: The Very Rev'd Dr. Jeffrey D. Gibson**

**9:00 A.M.: The Rev'd Stephanie-Ann Wedderburn**

GOSPELLER: The Lord be with you.

**ALL: And also with you.**

A Reading from the Holy Gospel according to Matthew, the fifth chapter, beginning at the first verse.

### **ALL: Glory to Christ our Saviour.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you

falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

**THE GOSPELLER:** The Gospel of Christ.

**ALL:** Praise to Christ our Lord.

**The Sermon:**

**7:00 A.M.:** The Very Rev'd Dr. Jeffrey D. Gibson

**9:00 A.M.:** The Rev'd Canon George Knight

*(Please stand, as able)*

**The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in Being with the Father.  
Through Him all things were made.  
For us and for our salvation  
He came down from heaven  
by the power of the Holy Spirit  
He was born of the Virgin Mary,  
and became man.

For our sake He was crucified under Pontius Pilate;  
He suffered, died and was buried.  
On the third day He rose again  
in fulfilment of the Scriptures;  
He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge  
the living and the dead,  
and His kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father.

With the Father and the Son  
He is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic  
and apostolic Church.

We acknowledge one baptism  
for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. **Amen**

## **INTERCESSION FORM “B”**

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### **INTERCESSORS:**

**7:00 A.M.: Ms. Linda Springer**

**9:00 A.M.: Mrs. Juno Burrows**

The Bidding Prayer: Assisting Priest

Lord, we pray for your Church, that refreshed and renewed  
we would serve you in our lives with new life and vigour.

Lord in your love,  
**ALL: Hear our prayer.**

*(Please sit or kneel)*

LEADER: Father, we pray for your holy Catholic Church;  
**ALL: That we all may be one.**

LEADER: Grant that every member of the Church may truly and humbly serve you;  
**ALL: That your Name may be glorified by all people.**

LEADER: We pray for all Bishops, Priests, and Deacons;  
**ALL: That they may be faithful ministers of your Word and Sacraments.**

LEADER: We pray for all who govern and hold authority in the nations of the world;  
**ALL: That there may be justice and peace on the earth.**

LEADER: Give us grace to do your will in all that we undertake;  
**ALL: That our works may find favour in your sight.**

LEADER: Have compassion on those who suffer from any grief or trouble;  
**ALL: That they may be delivered from their distress.**

LEADER: Give to the departed eternal rest.  
**ALL: Let light perpetual shine upon them.**

LEADER: We praise you for your saints who have entered into joy.

**ALL: May we also come to share in your heavenly kingdom.**

LEADER: Let us pray for our needs and those of others.

*(Silence may be kept)*

**ALL: Almighty God, to whom our needs are known before we ask, help us to ask only what accords to your will; and the good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son, Jesus Christ our Lord. Amen.**

## THE ACT OF PENITENCE

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THE PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8, 9*)

*(A period of silence shall be kept)*

THE PRESIDENT: Let us therefore confess our sins.

Form A

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**ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake,**



**forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.**

**THE ABSOLUTION**

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THE PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

*(Please stand as able)*

**THE GREETING OF THE PEACE “A”**

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Form A

THE PRESIDENT: We are the Body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

**ALL: Let us then pursue the things that make for peace and build up the common life.**

THE PRESIDENT: The peace of the Lord be always with you.

**ALL: And also with you.**

**HYMN OF FELLOWSHIP: “Let there be peace on earth”**

Let there be peace on earth  
And let it begin with me  
Let there be peace on earth  
The peace that was meant to be  
With God our Creator

Children all are we  
Let us walk with each other  
In perfect harmony.

Let peace begin with me  
Let this be the moment now  
With every step I take  
Let this be my solemn vow  
To take each moment  
And live each moment  
In peace eternally  
Let there be peace on earth  
And let it begin with me.

## THE MINISTRY OF THE SACRAMENT

Offertory **Hymn ~ 736** “Lord, for the years your love has kept and guided,”

*(During the singing of this hymn, if worshippers have not already done so, they are asked to place their offering in the wooden boxes provided on the tables in the aisle)*

Lord, for the years your love has kept and guided,  
urged and inspired us, cheered us on our way,  
sought us and saved us, pardoned and provided,  
Lord of the years, we bring our thanks today.

Lord, for that word, the word of life which fires us,  
speaks to our hearts and sets our souls ablaze,  
teaches and trains, rebukes us and inspires us,  
Lord of the word, receive your people's praise.

Lord, for our land in this our generation,  
spirits oppressed by pleasure, wealth and care;  
for young and old, for commonwealth and nation,  
Lord of our land, be pleased to hear our prayer.

Lord, for our world; when we disown and doubt him,  
loveless in strength, and comfortless in pain,  
hungry and helpless, lost indeed without him,  
Lord of the world, we pray that Christ may reign.

Lord, for ourselves; in living power remake us,  
self on the cross and Christ upon the throne;  
past put behind us, for the future take us,  
Lord of our lives, to live for Christ alone.

*Words: Timothy Dudley-Smith (1926-)  
Words © 1969 Hope Publishing Co*

## **THE OFFERTORY PRAYER “B”**

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### **THE PRESIDENT AND PEOPLE:**

**Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. *Amen.***

THE PRESIDENT: The Lord be with you.

**ALL: And also with you.**

THE PRESIDENT: Lift up your hearts.

**ALL: We lift them up to the Lord.**

THE PRESIDENT: Let us give thanks to the Lord our God.

**ALL: It is right to give God thanks and praise.**

THE PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: Through Jesus Christ our Lord. Because in coming to dwell among us as man, He revealed the radiance of His glory, and brought us out of darkness into His own marvellous light.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**ALL:**

**Holy, holy, holy Lord,**

**God of power and might;**

**heaven and earth are full of your glory,**

**Hosanna in the highest!**

**Blessed is He who comes**

**in the name of the Lord.**

**Hosanna in the highest!**

*(Please sit or kneel)*

All Holy and glorious Father,  
our Creator God,  
we give you thanks  
because in your loving wisdom  
you brought all things into being,  
and are truly worthy of praise  
from every creature you have made.

Again and again  
we have turned away from you;  
yet in every age your steadfast love  
has called us to return,  
to live in union with you:  
for it is your eternal purpose  
to put new life into all things  
and make them holy.

Through your Son, Jesus Christ  
who took our human nature upon Him  
you have redeemed the world  
from the bondage of sin:  
and by the power of your Holy Spirit  
you have gathered a people to yourself,  
to make known in every place  
His perfect offering which He made  
to the glory of your Name.

Hear us, therefore, Father,  
through your Son, Jesus Christ our Lord;

And grant that these gifts of bread and wine  
may be unto us His Body and Blood.  
For, on the night He was betrayed  
He took bread,  
and when He had given thanks to you,  
He broke it and gave it to His disciples  
and said: "Take this, and eat it:  
This is my Body which is given for you.  
Do this for the remembrance of me."

And after supper  
He took the cup of wine:  
and when He had given thanks,  
He gave it to them and said:  
"Drink this, all of you:  
This is my Blood of the New Covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."

THE PRESIDENT: Let us proclaim the mystery of our  
faith.

**ALL:**  
**Christ has died.**  
**Christ is risen.**  
**Christ will come again.**

THE PRESIDENT:

And so, Heavenly Father, rejoicing in His Holy  
Incarnation;

His Blessed Passion and His Perfect Sacrifice  
made once for all upon the Cross;  
His Mighty Resurrection from the dead;  
His Glorious Ascension into heaven;  
and looking for His Coming in glory;  
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of  
praise and thanksgiving;  
and grant that all who eat and drink of the Body and Blood,  
of your Son, our great High Priest,  
may be renewed by your Holy Spirit,  
and be one Body, one Spirit, in Him.

Let faith and love increase in us.  
Unite us with all Bishops,  
all other ministers of your Word and Sacraments,  
and with the whole people of God,  
living and departed,  
whom you have made for yourself.

Confirm us in holiness,  
that we may be found ready to join the company  
of the Blessed Virgin Mary, the Holy Apostles,  
and all your saints,  
when our Lord Jesus Christ comes again:  
Forever giving you thanks and praise  
through Him from whom all good things do come.

With Him and in Him and through Him,  
by the power of the Holy Spirit,  
we worship you, Father Almighty,  
with all who stand before you in earth and heaven,

in songs of everlasting praise:

**ALL: Blessing and honour and glory and power be yours for ever and ever. Amen.**

**THE LORD'S PRAYER**

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THE PRESIDENT: As our Saviour has taught us, so we pray:

**ALL:**

**Our Father in heaven,  
hallowed be your Name;  
your kingdom come; your will be done  
on earth as in heaven.**

**Give us today our daily bread,  
Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours now and forever. Amen.**

**THE BREAKING OF THE BREAD "A"**

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THE PRESIDENT: We break this bread to share in the body of Christ.

**ALL: Though we are many, we are one body, because we all share in one bread.**



## THE COMMUNION

### The Invitation “A”

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**THE PRESIDENT:** My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

**ALL:** Grant gracious Lord, that we so eat the flesh of your dear Son, Jesus Christ, and drink His blood, that we may evermore dwell in Him and He in us. *Amen.*

### THE AGNUS DEI

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**Lamb of God, you take away the sin of the world: have mercy on us.**

**Lamb of God, you take away the sin of the world: have mercy on us.**

**Lamb of God, you take away the sin of the world: grant us peace.**



### The Administration of Communion/Spiritual Communion

Communion **Hymn ~ 453** “Make me a channel of your peace.”

Make me a channel of your peace.  
Where there is hatred let me bring your love;  
where there is injury, your pardon, Lord;  
and where there's doubt, true faith in you.

***Refrain:***

Make me a channel of your peace.  
Where there's despair in life let me bring hope;  
where there is darkness, only light;  
and where there's sadness, ever joy.

***Refrain:***

*O Master, grant that I may never seek  
so much to be consoled as to console;  
to be understood as to understand;  
to be loved, as to love with all my soul.*

Make me a channel of your peace.  
It is in pardoning that we are pardoned,  
in giving of ourselves that we receive;  
and in dying that we're born to eternal life.

*Words: Sebastian temple (1928-1997)  
Words © 1967 OCP Publications.*

**BLESSING OF THE CHILDREN – Hymn - 407 “As the deer  
pants for the water”**

As the deer pants for the water,  
so my soul longs after You.  
You alone are my heart's desire  
and I long to worship you.

***Refrain:***

*You alone are my strength, my shield,  
to you alone may my spirit yield.  
You alone are my heart's desire  
and I long to worship you.*

I want you more than gold or silver,  
only you can satisfy.  
you alone are the real joy-given  
and the apple of my eye.

***Refrain***

You're my friend and you're my brother  
even though you are a king.  
I love you more than any other  
so much more than anything.

***Refrain***

*Author: Martin Nystrom*

**THE POST COMMUNION "A"**

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**ALL:**

**Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.**

## THE BLESSING “*Epiphany*”

Christ the Son of God gladden your hearts with good news of His kingdom; and the Blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

**ALL: Amen.**

## WELCOME AND ANNOUNCEMENTS

Recessional **Hymn ~ 384** “Praise to the Lord, the Almighty, the King of creation;”

Praise to the Lord, the Almighty, the King of creation;  
O my soul, praise him, for he is thy health and salvation:  
all ye who hear,  
now to his temple draw near,  
joining in glad adoration.

Praise to the Lord, who o’er all things so wondrously  
reigneth, shieldeth thee gently from harm, or when fainting  
sustaineth:  
hast thou not seen  
how thy heart’s wishes have been  
granted in what he ordaineth?

Praise to the Lord, who doth prosper thy work and defend  
thee; surely his goodness and mercy shall daily attend thee.  
ponder anew  
what the Almighty can do,  
if to the end he befriend thee.

Praise to the Lord, O let all that is in me adore him!  
All that hath life and breath, come now with praises before  
him!

Let the amen  
sound from his people again:  
gladly for aye we adore him.

*Words: Joachim Neander (1650-1680),  
from Lobe den Herren, den mächtigen König der Ehren, German;  
translation: Catherine Winkworth (1827-1878)*

## **THE DISMISSAL**

**THE PRESIDENT:** The Lord be with you

**ALL: And also with you.**

**THE PRESIDENT:** Go in peace and serve the Lord.

**ALL: In the name of Christ. Amen**

**Organ Postlude** (*Worshippers are invited to sit silently to listen to the voluntary but those who wish to leave at this point may do so quietly.*)

*Thank you most sincerely for worshipping at the Cathedral this morning.*

## **The Fourth Sunday after the Epiphany Year A**

### **THEME FOR THE WEEK**

**“Holiness is totally available to everyone, thanks to the  
mercy of God in Jesus Christ.”**

**First Reading:** Micah 6:1-8

**Comment** “The offering of justice, kindness, humility”

In our lesson from the Bible, **God contends with the people of God, reminding them of the saving acts done for them and instructing them in the good that God expects.** The very mountains and hills are called as witnesses. God led the people out of Egypt and through the wilderness in safety. Yet they sin. It is not animal or human sacrifices the Lord wishes, but that the people act in justice, with loving kindness and humility.

**Psalm 15**

**Comment:** “Lord, who may abide upon your holy hill?”

The psalm describes the virtues of one who is worthy to worship the Lord.

**Second Reading:** 1 Corinthians 1:18-31

**Comment:** "Christ crucified, the wisdom and power"

In this reading, **Paul directs the Corinthians’ attention to God’s way of using what is weak and lowly—even what the world regrets as foolish---to accomplish the divine purposes.** Paul emphasises this understanding because a number of these new Christians had come to think of themselves as especially gifted, powerful, and wise. As the cross has shown, however, God’s ideas about what is wise

and noble are often quite different from ours. Our only boast can be in the Lord.

## **The Holy Gospel: Matthew 5:1-12**

### **Comment: “The teaching of Christ: Beatitudes”**

The gospel lesson is **the opening sayings of the Sermon on the Mount, words of both comfort and challenge.** The values of the kingdom are quite different from worldly standards. Those who are to find blessing will know want and thirst, if not because of their own circumstances, then for the sake of others. Those who hunger for righteousness will find fulfillment, but first they must experience persecution.

## **CATHEDRAL NEWS**

**FINANCIAL STEWARDSHIP:** Friends and well-wishers may write to: [stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com) or call 1-246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael’s Cathedral CIBC First Caribbean International Bank, Bridgetown Branch, Account #2719302, Transit #09606.

**STEWARDSHIP:** The envelopes for 2023 are available for collection. Members are kindly asked to present their Initial Offering today, Sunday, January 29, 2023.



**CONDOLENCES:** The deaths are announced of Ms. Olive Clarke, aunt of Mr. Cameron Clarke; Ms. Maude Coward, mother of Vincent and aunt of Mrs. Heather Coward-Downes; Mr. Maclaren Cragwell, husband of Mrs. Sophia Cragwell and father of Zanthia and Keanna; Mrs. Angela Greene, mother of Sandra, David, Mark and Gail Green; The Rev'd Michael Holder, former Curate of the Cathedral; and Mrs. Hyacinth Wood, grandmother of Daniel Greenidge, server. Sincere condolences to all the families. May they experience the blessedness of those who mourn.

**GIFT APPEAL TO DATE:** Please note that so far the sum of fifteen thousand, three hundred and sixty-seven dollars and thirty-three cents (\$15,367.33) has been received. Members and friends who have not yet made their contribution are asked to do so as soon as possible. The gift box will remain in place. Thanks!



**SICK:** Please remember the sick and injured of our parish and wider community, especially Margaret Browne, Elsie Brunson, Chesterfield A. Benjamin, Colleen Byer, Grace Catlyn, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Ernesta Mayers, Blair Murray, Clyde Outram, Sylvester "Blues" Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, and George Yearwood.



**FLOWERS:** Sincere thanks to Mrs. Margaret Watson for her donation of flowers in celebration of her birthday today. Congratulations and best wishes for an enjoyable celebration!

**CONGRATULATIONS!**

Congratulations to all those celebrating birthdays this week.

**January 29-February 4, 2023**

*Mrs. Judith A. Parris ~ 29*  
*Mrs. Margaret A. Watson ~ 29*  
*Mrs. Juno C. Burrows ~ 31*  
*Ms. Marcelle Y. Rayside ~ 31*

*Mrs. Mary E. Weekes ~ 1<sup>st</sup>*  
*Elain N. Frank ~ 2*  
*Mr. Richard A. Rollock ~ 4*



*The*  **Blessed**  
*Beatitudes*  **are:**

the poor in spirit    the meek    the  
they that mourn    merciful  
*they which do hunger & thirst after righteousness*  
the pure in heart  
they which    the peacemakers  
are persecuted for righteousness' sake

*Rejoice!* & be exceeding **GLAD**,  
for **GREAT** is  
your reward in *Heaven*.

~Matthew 5~

# SERMON NOTES

Text:.....

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Topic:.....

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Preacher:.....

Points to Ponder:

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What was God saying specifically to me during the  
Sermon?

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**Daily Book of Common Prayer Readings  
(January 29 - February 4, 2023)**

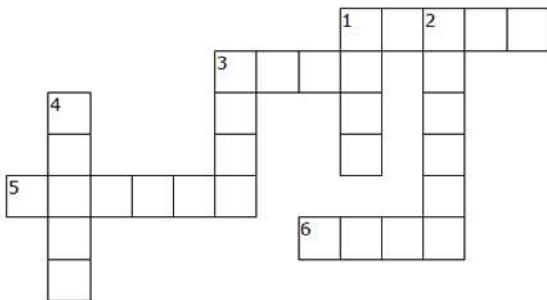
<b>Day</b>	<b>Morning Readings</b>	<b>Evening Readings</b>
The Fourth Sunday after the Epiphany	Psalms 24, 29 Isaiah 51:9-16 Hebrews 11:8-16	Psalms 8, 84 Genesis 18:16-33 John 7:14-31
Monday	Psalms 56, 57, (58) Isaiah 51:17-23 Galatians 4:1-11	Psalms 64, 65 Genesis 19:1-17(18-23)24-29 Mark 7:24-37
Tuesday	Psalms 61, 62 Isaiah 52:1-12 Galatians 4:12-20	Psalm 68:1-20(21-23)24-36 Genesis 21:1-21 Mark 8:1-10
Wednesday	Psalm 72 Isaiah 54:1-10(11-17) Galatians 4:21-31 Mark 8:11-26	<b>Eve of the Presentation</b> Psalms 113, 122 1 Samuel 1:20-28a Romans 8:14-21 Collect for the Presentation
The Presentation of our Lord Thursday	Psalms 42, 43 1 Samuel 2:1-10 John 8:31-36	Psalms 48, 87 Haggai 2:1-9 1 John 3:1-8
Friday	Psalm 69:1-23(24-30)31-38 Isaiah 56:1-8 Galatians 5:16-24	Psalm 73 Genesis 24:1-27 Mark 9:2-13
Saturday	Psalms 75, 76 Isaiah 57:3-13 Galatians 5:25—6:10	Psalms 23, 27 Genesis 24:28-38, 49-51 Mark 9:14-29 Collect for Epiphany

# The Beatitudes

"Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me."

Matthew 5:11 (NIV)

Based on Matthew 5:1-12



## ACROSS

1. To show great kindness toward others
3. To be without any faults; without sin
5. A need for food
6. To feel happiness, joy and pleasure

## DOWN

1. To be humble in spirit or manner
2. A payment received in return for doing good deeds
3. Having little money or few possessions
4. To feel sadness

REWARD	POOR	MOURN	MEEK
HUNGER	PURE	GLAD	MERCY

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## Guide to Proportionate Giving

## **CATHEDRAL MINISTRIES**

**Sunday, January 29, 2023**

**The Fourth Sunday after the Epiphany**

**7:00 A.M. Holy Eucharist**

**President: The Rev'd Stephanie-Ann Wedderburn**

**Preacher: The Very Rev'd Dr. Jeffrey D. Gibson**

**9:00 A.M. Sung Eucharist**

**President and Preacher:**

**The Rev'd Canon George Knight**

**9:00 A.M. Sunday School**



**Wednesday, February 1, 2023**

**10:00 A.M. ~ A Public Service of Healing**

**President and Preacher:**

**The Very Rev'd Dr. Jeffrey D. Gibson**



**Sunday, February 5, 2023**

**The Fifth Sunday after the Epiphany:**

**African Awareness Sunday**

**7:00 A.M. Holy Eucharist**

**9:00 A.M. Sung Eucharist**

**9:00 A.M. Sunday School**

## OFFICERS OF THE CHURCH COUNCIL

### **Church Warden Emeritus:**

Mr. Arlington DaCosta Watson, BSM, J.P.

### **Church Wardens:**

Mr. Samuel Maxwell, J.P., Mr. Victor Sylvester

**Secretary:** Ms. Donnah Russell

**Assistant Secretary:** Mrs. Juno Burrows

**Treasurer:** Mr. David Murray

**Assistant Treasurer:** Ms. Harriet Clarke

### **Synod Representatives:**

Mr. Darwin Clarke

Mr. Samuel Maxwell, J.P.

Dr. Wendy Sealy

### **Alternative Synod Representative:**

Ms. Donna Inniss

## LEADERS OF ORGANISATIONS AND MINISTRIES

<b>Men's Fellowship:</b>	Mr. John Moore
<b>Mothers' Union:</b>	Mrs. Colleen Byer
<b>Church Army:</b>	Captain Donnah Russell
<b>Woman's Auxiliary:</b>	<b>Vacant</b>
<b>Ushers Guild:</b>	Mrs. Juno Burrows
<b>Outreach Committee:</b>	Mrs. Delores Hinds
<b>Guild of Servers:</b>	Mr. Jerry Alleyne
<b>Health Ministry:</b>	Dr. Wendy Sealy
<b>Sunday School:</b>	Mrs. Harriett Blackman
<b>Flower Guild:</b>	<b>Vacant</b>
<b>Guild of St. Raphael:</b>	Mr. Darwin Clarke



CONTACT US

<http://www.saintmichaelscathedral.bb>

[stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com)

[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

Address:

St. Michael's Row, Bridgetown

Telephone: 1 (246) 427-0790 (Office)

Monday – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246)437-4265 (Dean's Residence)