

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

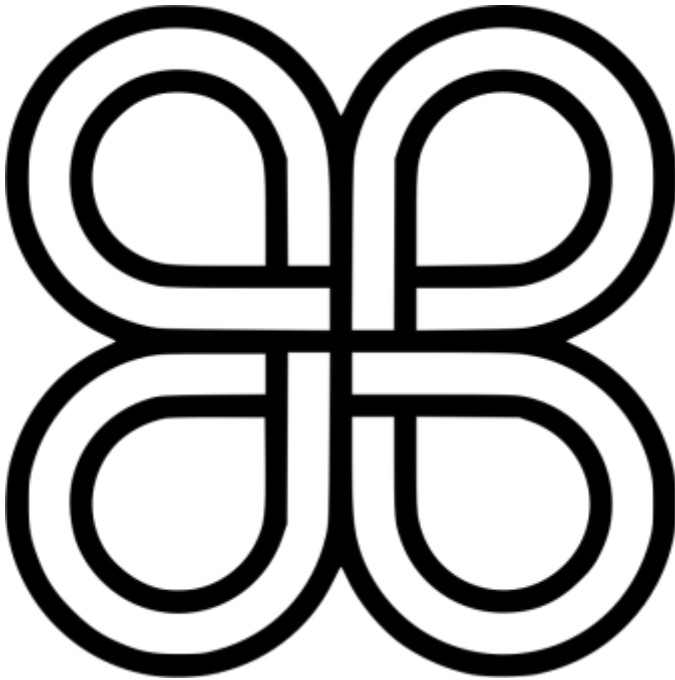
The Holy Eucharist

The Sixth Sunday after the Epiphany

February 12, 2023

7:00 A.M. and 9:00 A.M.

THE AFRICAN SYMBOL FOR FORGIVENESS



**The Cathedral Church of
Saint Michael and All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus.

Administrative Assistant

Ms. Arlene Miller

Vergers

Mrs. Chloe Grant

Assistant Vergers

Ms. Harriet Lowe

The Sixth Sunday after the Epiphany

7:00 A.M. ~ Holy Eucharist

President: The Rev'd Stephanie-Ann Wedderburn

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ Sung Eucharist

President: The Rev'd Canon George Knight

**The Introduction of the Guest Speaker –
Mrs. Harriet Blackman**

**Speaker: Mrs. P. Arit Okey
Topic: Who is an African?**

Eucharistic Minister: Dr. Sherlock Bradshaw

ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Opening **Hymn ~ 303** “Enter into Jerusalem, let us go to God's house.”

Enter into Jerusalem, let us go to God's house.

With the healthy and the sick, with the worker and the weak, let us go to God's house.

Enter into Jerusalem, let us go to God's house.

Come and run with the wind with the God who reigns in peace, let us go to God's house.

Refrain:

We go celebrate, we go celebrate, we go celebrate, O Israel. Praise the name of the Lord on high, praise his name in song.

Praise the Lord with a heavenly song, with a heavenly song, with a heavenly song, praise the Lord.

Enter into Jerusalem, mek wi walk-a-dung dere.

Wid di young and di old and di likkle and di large, mek wi walk-a-dung dere.

Enter into Jerusalem, mek wi walk-a-dung dere.

Swaying to the breeze with the God who reigns in peace, mek wi walk-a-dung dere.

Refrain

Enter into Jerusalem let us go to God's house;

Wid yu Papa and yu Muma, wid yu Uncle and yu Aunt, let us go to God's house.

Enter into Jerusalem, let us go to God's house.

Run and catch the breeze with the God who reigns in peace,

Let us go to God's house.

Refrain

*Words: Richard Ho Lung.
Words © Richard Ho Lung, Missionaries of the Poor.
Published by OCP Publications*

Opening Sentence “African Heritage Month”

“The chrysolite of Ethiopia cannot compare with it, nor can it be valued in pure gold.” (Job 28:19)

THE PRESIDENT: Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever.
Amen. Alleluia! Alleluia!

ALL: Blessed Lord and Father, we have assembled in your Name and in fellowship with one another; and to affirm the African Presence among us. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

The President says,

I remember and acknowledge the energies of this land's original inhabitants the Ciboney, the Kalinagos and the Tainos, all those elevated energies who were born in this place, those who made it across the deep waters, those who may still be found in the waters. We also give thanks for those on the continent who are connected with us. I acknowledge you and all that you come with, and I greet all of you in peace.

ALL: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name; through Christ our Lord. Amen.

THE KYRIES

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Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

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**Glory to God in the highest,
and peace to His people on earth.**

Lord God, heavenly King,

almighty God and Father,

we worship you, we give you thanks,

we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One;

**you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen**

The Collect: *“The Sixth Sunday after the Epiphany”*

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Let us pray.

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: Deuteronomy 30:15-20

LECTORS:

7:00 A.M.: Ms. Alicia White

9:00 A.M.: Mrs. Mary Weekes

A Reading from the Word of God, written in the Book of Deuteronomy, the thirtieth chapter, beginning at the fifteenth verse.

Moses said, “See, I have set before you today life and prosperity, death and adversity. If you obey the

commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.”

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 119:1-8

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Beati immaculati

1 Happy are they whose way is blameless,*
who walk in the law of the LORD!

2 Happy are they who observe his decrees*
and seek him with all their hearts!

- 3 Who never do any wrong,*
but always walk in his ways.
- 4 You laid down your commandments,*
that we should fully keep them.
- 5 Oh, that my ways were made so direct*
that I might keep your statutes!
- 6 Then I should not be put to shame,*
when I regard all your commandments.
- 7 I will thank you with an unfeigned heart *
when I have learned your righteous judgments.
- 8 I will keep your statutes;*
do not utterly forsake me.

Glory to the Father, and to the Son and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Second Lesson: 1 Corinthians 3:1-9

LECTORS:

7:00 A.M.: Mr. Daniel Greenidge

9:00 A.M.: Ms. Donna Inniss

A Reading from the Word of God, written in the First Letter of the Apostle Paul to the Corinthians, the third chapter, beginning at the first verse.

Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, “I belong to Paul,” and another, “I belong to Apollos,” are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God’s servants, working together; you are God’s field, God’s building.

LECTOR: The Word of the Lord.

ALL: Thanks be to God.

The Gradual **Hymn ~ 491** “What a friend we have in Jesus,”

What a friend we have in Jesus,
all our sins and griefs to bear!
What a privilege to carry

everything to God in prayer!
O what peace we often forfeit,
O what needless pain we bear -
all because we do not carry
everything to God in prayer.

Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged:
take it to the Lord in prayer!
Can we find a friend so faithful,
who will all our sorrows share?
Jesus knows our every weakness -
take it to the Lord in prayer.

Are we weak and heavy-laden,
cumbered with a load of care?
Precious Saviour, still our refuge!
Take it to the Lord in prayer!
Do thy friends despise, forsake thee?
Take it to the Lord in prayer!
In his arms he'll take and shield thee,
thou wilt find a solace there.

Words: Joseph Scriven (1820-1886)

The Holy Gospel: Matthew 5:21-37

GOSPELLERS:

7:00 A.M.: The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M.: The Rev'd Stephanie-Ann Wedderburn

GOSPELLER: The Lord be with you.

ALL: **And also with you.**

A Reading from the Holy Gospel according to Matthew, the fifth chapter, beginning at the twenty-first verse.

ALL: Glory to Christ our Saviour.

Jesus said, “You have heard that it was said to those of ancient times, ‘You shall not murder’; and ‘whoever murders shall be liable to judgment.’ But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, ‘You fool,’ you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

“You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and

throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

“Again, you have heard that it was said to those of ancient times, ‘You shall not swear falsely, but carry out the vows you have made to the Lord.’ But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be ‘Yes, Yes’ or ‘No, No’; anything more than this comes from the evil one.”

THE GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon:

7:00 A.M. The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M.

**The Introduction of the Guest Speaker –
Mrs. Harriet Blackman**

The Address: Mrs. P. Arit Okey
“Who is an African?”

(Please stand, as able)

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.

Through Him all things were made.
For us and for our salvation
He came down from heaven
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge

the living and the dead,
and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
 who proceeds from the Father.
 With the Father and the Son
He is worshipped and glorified.
 He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.
 We acknowledge one baptism
for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. **Amen**

INTERCESSION FORM “B”

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INTERCESSORS:

7:00 A.M.: Ms. Harriet Godding

9:00 A.M.: Ms. Sandra Fields

The Bidding Prayer: Assisting Priest

Lord, we pray for your Church, that refreshed and renewed
we would serve you in our lives with new life and vigour.

Lord in your love,
ALL: Hear our prayer.

(Please sit or kneel)

LEADER: Father, we pray for your holy Catholic Church;

ALL: That we all may be one.

LEADER: Grant that every member of the Church may truly and humbly serve you;

ALL: That your Name may be glorified by all people.

LEADER: We pray for all Bishops, Priests, and Deacons;

ALL: That they may be faithful ministers of your Word and Sacraments.

LEADER: We pray for all who govern and hold authority in the nations of the world;

ALL: That there may be justice and peace on the earth.

LEADER: Give us grace to do your will in all that we undertake;

ALL: That our works may find favour in your sight.

LEADER: Have compassion on those who suffer from any grief or trouble;

ALL: That they may be delivered from their distress.

LEADER: Give to the departed eternal rest.

ALL: Let light perpetual shine upon them.

LEADER: We praise you for your saints who have entered into joy.

ALL: May we also come to share in your heavenly kingdom.

LEADER: Let us pray for our needs and those of others.

(Silence may be kept)

AFRICAN HERITAGE MONTH PRAYER:

ALL: Compassionate God, who sent Jesus Christ to deliver us from all manner of injustices and inequalities, create in us new hearts and enlarged visions, to see the image of God in every person irrespective of background, race and ethnicity. May we be generous in our love of others as we work towards ending misunderstanding, racism and injustice; creating communities of human flourishing, through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

ALL: Almighty God, to whom our needs are known before we ask, help us to ask only what accords to your will; and the good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son, Jesus Christ our Lord. Amen.

THE ACT OF PENITENCE

Page 123

THE PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. *(1 John 1:8, 9)*

(A period of silence shall be kept)

THE PRESIDENT: Let us therefore confess our sins.

Form A

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ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

THE ABSOLUTION

Page 124

THE PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

(Please stand as able)

THE GREETING OF THE PEACE “A”

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Form A

THE PRESIDENT: We are the Body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

THE PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP: “Let there be peace on earth”

Let there be peace on earth
And let it begin with me
Let there be peace on earth
The peace that was meant to be
With God our Creator
Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me
Let this be the moment now
With every step I take
Let this be my solemn vow
To take each moment
And live each moment
In peace eternally
Let there be peace on earth
And let it begin with me.

THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, if worshippers have not already done so, they are asked to place their offering in the wooden boxes provided on the tables in the aisle)

Offertory **Hymn ~ 494** “All to Jesus I surrender,”

All to Jesus I surrender,
all to him I freely give;
I will ever love and trust him,

in his presence daily live.

Refrain:

***I surrender all, I surrender all,
all to thee, my blessèd Saviour;
I surrender all.***

All to Jesus I surrender,
humbly at his feet I bow;
worldly pleasures all forsaken,
take me, Jesus, take me now.

Refrain

All to Jesus I surrender,
make me, Saviour, wholly thine;
let me feel the Holy Spirit,
truly know that thou art mine.

Refrain

All to Jesus I surrender,
Lord, I give myself to thee;
fill me with thy love and power,
let thy blessing fall on me.

Refrain

All to Jesus I surrender,
now I feel the sacred flame;
O the joy of full salvation!
Glory, glory to his name!

Refrain

Words: Judson Wheeler Van De Venter (1855-1939)

THE PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. *Amen.*

THE EUCHARISTIC PRAYER

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THE PRESIDENT: The Lord be with you.

ALL: **And also with you.**

THE PRESIDENT: Lift up your hearts.

ALL: **We lift them up to the Lord.**

THE PRESIDENT: Let us give thanks to the Lord our God.

ALL: **It is right to give God thanks and praise.**

THE PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: Through Jesus Christ our Lord. Because in coming to dwell among us as man, He revealed the radiance of His glory, and brought us out of darkness into His own marvellous light.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest!
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest!**

(Please sit or kneel)

THE GREAT THANKSGIVING “A”

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All Holy and glorious Father,
our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.

Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things
and make them holy.

Through your Son, Jesus Christ
who took our human nature upon Him

you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.
For, on the night He was betrayed
He took bread, and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

And after supper
He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

THE PRESIDENT: Let us proclaim the mystery of our
faith.

ALL:

Christ has died.

Christ is risen.

Christ will come again.

THE PRESIDENT:

And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and Blood,
of your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.

Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God,
living and departed,
whom you have made for yourself.

Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,

and all your saints,
when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

**ALL: Blessing and honour and glory and power be
yours for ever and ever. Amen.**

THE LORD'S PRAYER

Page 144

THE PRESIDENT: As our Saviour has taught us, so we
pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come; your will be done
on earth as in heaven.**

**Give us today our daily bread,
Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours now and forever. Amen.**

THE BREAKING OF THE BREAD “A”

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THE PRESIDENT: We break this bread to share in the body of Christ.

ALL: Though we are many, we are one body, because we all share in one bread.

THE COMMUNION

The Invitation “A”

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THE PRESIDENT: My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

ALL: Grant gracious Lord, that we so eat the flesh of your dear Son, Jesus Christ, and drink His blood, that we may evermore dwell in Him and He in us. *Amen.*

THE AGNUS DEI

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Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.



The Administration of Communion/Spiritual Communion

Communion **Hymn ~ 840** “Be still, for the presence of the Lord,”

Be still, for the presence of the Lord,
the Holy One, is here;
come bow before him now
with reverence and fear:
in him no sin is found -
we stand on holy ground.
Be still, for the presence of the Lord,
the Holy One, is here.

Be still, for the glory of the Lord
is shining all around;
he burns with holy fire,
with splendour he is crowned:
how awesome is the sight -
our radiant King of light!
Be still, for the glory of the Lord
is shining all around.

Be still, for the power of the Lord
is moving in this place:
he comes to cleanse and heal,
to minister his grace -
no work too hard for him.

In faith receive from him.
Be still, for the power of the Lord
is moving in this place.

Words: David J. Evans (1957-).

Words © 1986 Thank you Music, administered by worshiptogether.com songs.

**BLESSING OF THE CHILDREN – 668 “Tell me the stories
of Jesus”**

Tell me the stories of Jesus I love to hear;
Things I would ask Him to tell me if He were here;
Scenes by the wayside, tales of the sea,
Stories of Jesus, tell them to me.

First let me hear how the children stood round His knee,
And I shall fancy His blessing resting on me;
Words full of kindness, deeds full of grace,
All in the love light of Jesus’ face.

Tell me, in accents of wonder, how rolled the sea,
Tossing the boat in a tempest on Galilee;
And how the Maker, ready and kind,
Chided the billows, and hushed the wind.

Into the city I’d follow the children’s band,
Waving a branch of the palm tree high in my hand;
One of His heralds, yes, I would sing
Loudest hosannas, “Jesus is King!”

Show me that scene in the garden, of bitter pain;
Show me the cross where my Savior for me was slain;
Sad ones or bright ones, so that they be
Stories of Jesus—tell them to me.

Words William Henry Parker; Music: Frederick Arthur Challinor

ALL:

Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

THE BLESSING “*African Heritage Month*”

“Now there was an Ethiopian eunuch, a court official of The Candace, queen of the Ethiopians, in charge of her entire treasury.” and the Blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

WELCOME AND ANNOUNCEMENTS

Recessional **Hymn ~ 497** “Blessèd assurance, Jesus is mine:”

Blessèd assurance, Jesus is mine:
O what a foretaste of glory divine!
Heir of salvation, purchase of God;
born of his Spirit, washed in his blood.

Refrain:

***This is my story, this is my song,
praising my Saviour all the day long;
this is my story, this is my song,
praising my Saviour all the day long.***

Perfect submission, perfect delight,
visions of rapture burst on my sight;
angels descending, bring from above
echoes of mercy, whispers of love.

Refrain

Perfect submission, all is at rest,
I in my Saviour am happy and blest;
watching and waiting, looking above,
filled with his goodness, lost in his love.

Refrain

Words: Fanny J Crosby (Frances van Alstyne) (1820-1915)

THE DISMISSAL

THE PRESIDENT: The Lord be with you

ALL: And also with you.

THE PRESIDENT: Go in peace and serve the Lord.

ALL: In the name of Christ. Amen

Organ Postlude (*Worshippers are invited to sit silently to listen to the voluntary but those who wish to leave at this point may do so quietly.*)

***Thank you most sincerely for worshipping at the Cathedral
this morning.***

**The Sixth Sunday after the Epiphany
Year A**

THEME FOR THE WEEK

“The gentleness of God’s leading us lies in his recognition of and respect for our free will.”

First Reading: Deuteronomy 30:15-20

Comment: “Choose life”

In the Hebrew scripture lesson, **Moses presents the people with their choice: love and obey the Lord and find life, or turn away to other gods and know death.** Israel is about to cross over onto the Promised Land, and this is Moses’ final charge to them. In historical terms the speech was probably composed many hundreds of years later, near the time of the exile, after Israel had experienced much backsliding from the Lord. But this is still their choice: blessing or curse—life and good, or death and evil.

Psalm 119:1-8

Comment: “Happy are they who follow the teaching of the Lord.”

The psalmist takes great delight in the Lord’s statutes and seeks to keep all God’s commandments.

Second Reading: 1 Corinthians 3:1-9

Comment: “God gives the growth”

In this lesson, **Paul admonishes the Corinthians for their bickering and division.** Missionaries like Paul and Apollos are not to be regarded as leaders of separate sects. They are co-workers in the Lord's field, while it is God who supplies the growth. To think otherwise is immature and is based on worldly rather than spiritual understanding.

The Holy Gospel: Matthew 5:21-37

Comment: “The teaching of Christ: forgiveness”

In our gospel we hear of **Jesus' concern with the heart of human behaviour.** Discipleship means far more than observance of the outward forms of the law. Genuinely to fulfill the commandments not to kill, not to commit adultery, and not to swear falsely, requires a transformation of one's life. One must be willing to cast away any part of the self which opposes this change of mind and heart.

CATHEDRAL NEWS

FINANCIAL STEWARDSHIP: Friends and well-wishers may write to: stmichaelcathedral@caribsurf.com or call 1-246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael's Cathedral CIBC First Caribbean International Bank, Bridgetown Branch, Account #2719302, Transit #09606.

STEWARDSHIP: The envelopes for 2023 are available for collection. The cost of this year's envelopes is three thousand, six hundred and seventy-eight dollars and forty-four cents (\$3,678.44).



CONDOLENCES: The deaths are announced of Mr. Erwin Brathwaite, retired Principal of the Alexander Secondary School and Music Director of St. Peter's Parish Church, father of Stephen Brathwaite, chorister and Ms. Yolande Bowen; Ms. Wilma Clarke, retired Principal of St. Leonard's Girls' Secondary School, mother of Michelle, Nicole, Camille, Kevin and Cherianne (Trustee of The SMCFA); The Rev'd Michael Holder, former Curate of the Cathedral; and Ms. Marcelle Rayside, mother of Jamal and sister of Yvonne, June, Marva, Sharon and Trevor. Sincere condolences to all the families. May they experience the blessedness of those who mourn.

GIFT APPEAL TO DATE: Please note that so far the sum of fifteen thousand, nine hundred and fifty-seven dollars and thirty-three cents (\$15,957.33) has been received. Thanks!

ANNUAL MEETING: The Annual Meeting of the Cathedral will be held on Sunday, February 26, 2023 at 9:30 A.M. All Communicant members in good standing who have attained the age of eighteen years are entitled to participate in the meeting and to be eligible for nomination to serve on the Parochial Church Council. Meantime, there

will be ONE SERVICE ONLY on that day - a celebration of the Holy Eucharist at 8:00 A.M.



SICK: Please remember the sick and injured of our parish and wider community, especially Margaret Browne, Elsie Brunson, Chesterfield A. Benjamin, Colleen Byer, Grace Catlyn, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Ernesta Mayers, Blair Murray, Clyde Outram, Sylvester “Blues” Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, and George Yearwood.

CONGRATULATIONS!

Congratulations to all those celebrating birthdays this week.

February 12 - 18, 2023

Mr. Keith B. Worrell ~ 12

Ms. Ernie Young ~ 12

Ms. Gillian N. Walker ~ 13

Ms. Roslyn F. Gittens ~ 15

Mr. Henderson Griffith ~ 15

Mrs. Marva Bourne ~ 16

Ms. Shirley J. Reece ~ 16

Ms. Margaret R. Aimey ~ 17

Ms. Edna Jordan ~ 17

Ms. Rojana Marshall ~ 18



INITIAL OFFERING: A hearty thank you is extended to all members who have made Initial Offering. So far the total amount is \$2,657.00. We encourage persons who have not made their contribution as yet, to do so as soon as possible.

SERMON NOTES

Text:.....
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Topic:.....

Preacher:.....

Points to Ponder:
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What was God saying specifically to me during the Sermon?
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Forgiveness

P	A	P	O	L	O	G	I	S	E	E	E	P	G
K	A	F	S	S	O	U	E	P	S	R	E	E	N
F	F	R	E	G	O	T	R	U	H	R	R	A	D
R	O	I	D	L	G	A	R	E	V	E	N	G	E
E	M	E	S	O	D	Y	E	R	V	T	K	S	L
G	N	N	H	P	N	R	R	N	F	F	E	E	E
N	E	D	P	P	D	G	S	R	A	A	K	Y	S
A	P	S	F	S	E	E	F	R	O	A	F	S	D
Y	E	H	N	O	D	R	E	E	T	S	E	U	I
A	E	I	E	S	R	G	N	S	E	N	O	I	S
R	U	P	L	E	D	G	I	I	D	L	U	O	R
D	E	V	F	U	U	M	I	A	P	G	I	S	R
O	E	P	R	V	L	D	S	V	R	F	R	N	Y
G	N	G	O	I	G	I	D	R	E	E	L	D	G

APOLOGISE
 FORGIVE
 MISTAKE
 FRIENDSHIP
 HURT
 FEELING
 ANGER
 GRUDGE
 SORRY
 REVENGE
 SADNESS
 PARDON

Play this puzzle online at : <https://thewordsearch.com/puzzle/1161648/>

**Daily Book of Common Prayer Readings
(February 12 - 18, 2023)**

Day	Morning Readings	Evening Readings
The Sixth Sunday after the Epiphany	Psalms 66, 67 Isaiah 62:6-12 1 John 2:3-11	Psalms 19, 46 Genesis 29:20-35 John 8:12-19
Monday	Psalms 89:1-18 Isaiah 63:1-6 1 Timothy 1:1-17	Psalms 89:19-52 Genesis 30:1-24 Mark 11:1-11
Tuesday	Psalms 97, 99. (100) Isaiah 63:7-14 1 Timothy 1:18—2:8	Psalms 94, (95) Genesis 31:1-24 Mark 11:12-26
Wednesday	Psalms 101, 109:1-4(5-19)20-30 Isaiah 63:15—64:9 1 Timothy 3:1-16	Psalms 119:121-144 Genesis 31:25-50 Mark 11:27—12:12
Thursday	Psalms 105:1-22 Isaiah 65:1-12 1 Timothy 4:1-6	Psalms 105:23-45 Genesis 32:3-21 Mark 12:13-27
Friday Special Devotion	Psalms 102 Isaiah 65:17-25 1 Timothy 5:17-22(23-25)	Psalms 107:1-32 Genesis 32:22—33:17 Mark 12:28-34
Saturday	Psalms 107:33-43, 108:1-6(7-13) Isaiah 66:1-6 1 Timothy 6:6-21	Psalms 33 Genesis 35:1-20 Mark 12:35-44 Collect for Last Epiphany

CATHEDRAL MINISTRIES

Sunday, February 12, 2023

The Sixth Sunday after the Epiphany:

African Heritage Month

7:00 A.M. Holy Eucharist

President: The Rev'd Stephanie-Ann Wedderburn

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. Sung Eucharist

President: The Rev'd Canon George Knight

Guest Speaker: Mrs. P. Arit Okey

Topic: Who is an African?

9:00 A.M. Sunday School



Wednesday, February 15, 2023

10:00 A.M. ~ Holy Eucharist

The Very Rev'd Dr. Jeffrey D. Gibson



Sunday, February 19, 2023

The Seventh Sunday after the Epiphany:

7:00 A.M. Holy Eucharist

9:00 A.M. Sung Eucharist

9:00 A.M. Sunday School

OFFICERS OF THE CHURCH COUNCIL

Church Warden Emeritus:

Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell, J.P., Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Treasurer: Ms. Harriet Clarke

Synod Representatives:

Mr. Darwin Clarke

Mr. Samuel Maxwell, J.P.

Dr. Wendy Sealy

Alternative Synod Representative:

Ms. Donna Inniss

LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael:	Mr. Darwin Clarke



CONTACT US

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[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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Telephone: 1 (246) 427-0790 (Office)

Monday – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246)437-4265 (Dean's Residence)