

**The Cathedral Church of  
Saint Michael and All Angels**

welcomes you to the celebration of

*The Holy Eucharist*

February 26, 2023

At 8:00 A.M.

  
First Sunday  
in  
**Lent**

**The Cathedral Church of  
Saint Michael and  
All Angels  
The Diocese of Barbados**

*Diocesan Bishop*

**The Rt. Rev'd Michael B. St. John. Maxwell, M.A.**

*Dean*

**The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight, B.Min.**

*Assistant Priest*

**The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., BMus.**

*Organist*

**Mr. Eric Cobham, B.Sc., BMus.**

*Administrative Assistant*

**Ms. Arlene Miller**

*Verger*

**Mrs. Chloe Grant**

*Assistant Verger*

**Ms. Harriet Lowe**

## ***The First Sunday in Lent: YEAR A***

**8:00 A.M. ~ Holy Eucharist**

**President: The Rev'd Canon George Knight**

**Homilist: The Very Rev'd Dr. Jeffrey D. Gibson**

**Lay Eucharistic Minister: Dr. Sherlock Bradshaw**

### **. ORDER OF WORSHIP**

#### **THE PREPARATION**

Organ Prelude

#### **Welcome**

**Opening Hymn ~ 406** “Be thou my guardian and my guide,”

Be thou my guardian and my guide,  
and hear me when I call;  
let not my slippery footsteps slide,  
and hold me lest I fall.

The world, the flesh, and Satan dwell  
around the path I tread;  
O save me from the snares of hell,  
thou quickener of the dead.

And if I tempted am to sin,  
and outward things are strong,  
do thou, O Lord, keep watch within,  
and save my soul from wrong.

Still let me ever watch and pray,  
and feel that I am frail;  
that if the tempter cross my way,  
yet he may not prevail.

*Words: **Author:** Isaac Williams*

Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God. (Ephesians 5:1-2)

**COLLECT FOR PURITY**

**ALL:**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.**

**THE KYRIES**

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

The Collect: **“The First Sunday in Lent”**

Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

(Please sit)

## THE MINISTRY OF THE WORD

First Lesson: Genesis 2:15-17; 3:1-7

Lector: Mrs. Jeanette Rollock

A Reading from the Word of God, written in the Book of Genesis the second chapter, beginning at the fifteenth verse.

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

LECTOR: The Word of the Lord.

**ALL: Thanks be to God.**

**Beati quorum**

- 1 Happy are they whose transgressions are forgiven,\*  
and whose sin is put away!
- 2 Happy are they to whom the LORD imputes no guilt,\*  
and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away,\*  
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night;\*  
my moisture was dried up as in the heat of  
summer.
- 5 Then I acknowledged my sin to you,\*  
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to  
the LORD."\* Then you forgave me the guilt of my  
sin.
- 7 Therefore all the faithful will make their prayers to  
you in time of trouble;\* when the great waters  
overflow, they shall not reach them.
- 8 You are my hiding-place; you preserve me from  
trouble;\* you surround me with shouts of  
deliverance.
- 9 "I will instruct you and teach you in the way that you  
should go;\* I will guide you with my eye.
- 10 Do not be like horse or mule, which have no  
understanding;\* who must be fitted with bit and  
bridle, or else they will not stay near you."
- 11 Great are the tribulations of the wicked;\*  
but mercy embraces those who trust in the LORD.
- 12 Be glad, you righteous, and rejoice in the LORD;\*  
shout for joy, all who are true of heart.

**Glory to the Father, and to the Son: and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.**

**Second Lesson: Romans 5:12-19**

Lector: Ms. Donnah Russell

A Reading from the Word of God, written in the Letter of Paul to the Romans, the fifth chapter, beginning at the twelfth verse.

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

LECTOR: The Word of the Lord.

**ALL: Thanks be to God.**

**The Gradual Hymn ~ 424** “Lead us, heavenly Father, lead us”

Lead us, heavenly Father, lead us  
o’er the world’s tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.

Saviour, breathe forgiveness o’er us:  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel its keenest woe;  
lone and dreary, faint and weary,  
through the desert thou didst go.

Spirit of our God, descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.

*Words: James Weldon Edmeston (1791-1867)*

The Holy Gospel: Matthew 4:1-11

**GOSPELLER:** The Rev’d Stephanie-Ann Wedderburn

The Gospeller: The Lord be with you.

**ALL: And also with you.**



A Reading from the Holy Gospel according to Matthew, the fourth chapter, beginning at the first verse.

**ALL: Glory to Christ our Saviour.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

‘One does not live by bread alone,  
but by every word that comes from the  
mouth of God.’”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

‘He will command his angels concerning you,’  
and ‘On their hands they will bear you up,  
so that you will not dash your foot against a  
stone.’”

Jesus said to him, "Again it is written, ‘Do not put the Lord your God to the test.’”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

‘Worship the Lord your God,  
and serve only him.’”

Then the devil left him, and suddenly angels came and waited on him.

The Gospeller: The Gospel of Christ.

**ALL: Praise to Christ our Lord.**

**The Homily: The Very Rev'd Dr. Jeffrey D. Gibson**

*(Please stand as able)*

### **The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in Being with the Father.

Through Him all things were made.

For us and for our salvation

He came down from heaven:

by the power of the Holy Spirit

He was born of the Virgin Mary,  
and became man.

For our sake He was crucified under Pontius Pilate;

He suffered, died and was buried.

On the third day He rose again  
in fulfilment of the Scriptures;

He ascended into heaven  
and is seated at the right  
hand of the Father

He will come again in glory to judge

the living and the dead,

and His kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
    who proceeds from the Father.  
    With the Father and the Son  
He is worshipped and glorified.  
    He has spoken through the Prophets.

We believe in one holy catholic  
and apostolic Church.

We acknowledge one baptism  
for the forgiveness of sins.

We look for the resurrection of the dead,  
    and the life of the world to come. **Amen**

## **INTERCESSION FORM “B”**

Page 107

Intercessor: Mrs. Joyanne Blackman-Jarvis

*(Please sit or stand)*

LEADER: Father, we pray for your holy Catholic Church;

**ALL: That we all may be one.**

LEADER: Grant that every member of the Church may truly  
and humbly serve you.

**ALL: That your Name may be glorified by all people.**

LEADER: We pray for all Bishops, Priests, and Deacons;

**ALL: That they may be faithful ministers of your Word  
and Sacraments.**

LEADER: We pray for all who govern and hold authority in  
the nations of the world;

**ALL: That there may be justice and peace on the earth.**

LEADER Give us grace to do your will in all that we  
undertake;

**ALL: That our works may find favour in your sight.**

LEADER Have compassion on those who suffer from any grief or trouble;

**ALL: That they may be delivered from their distress.**

LEADER Give to the departed eternal rest;

**ALL: Let light perpetual shine upon them.**

LEADER We praise you for your saints who have entered into joy;

**ALL: May we also come to share in your heavenly kingdom.**

LEADER Let us pray for our needs and those of others

**ALL Almighty God, to whom our needs are known before we ask, help us to ask only what accords to your will; and the good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son, Jesus Christ our Lord. Amen..**

*(Silence is kept).*

LEADER:

Accept these prayers, O Lord our God, for the sake of your Son, our Saviour Jesus Christ.

**ALL: Amen.**

## **ACT OF PENITENCE**

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

*(A period of silence shall be kept).*

PRESIDENT:

Let us therefore confess our sins.

**FORM B**

Page 124

**ALL**

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy upon us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

**THE ABSOLUTION**

Page 124

PRESIDENT:

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

**ALL: Amen.**

*(Please stand as able)*

**THE GREETING OF THE PEACE FORM “B”** Page 125

PRESIDENT:

If you are offering your gift at the altar, and there remember that your brother or sister has something against you.

**ALL: Leave your gift there before the altar, and go; first be reconciled to your brother or sister, and then come and offer your gift.**

**PRESIDENT: The Peace of the Lord be always with you.**

**ALL: And also with you.**

## **THE MINISTRY OF THE SACRAMENT**

*(During the singing of this hymn, if worshippers have not already done so, they are asked to place their offering in the wooden boxes provided on the tables in the aisle)*

**The Offertory Hymn ~ 115 “Good it is to keep the fast,”**

Good it is to keep the fast,  
shadowed forth in ages past,  
which our own Almighty Lord  
hallowed by his deed and word.

Moses, while he fasted, saw  
God who gave by him the law;  
to Elijah angels came,  
steeds of fire and car of flame.

So was Daniel meet to gaze  
on the sight of latter days  
and the Baptist to proclaim  
blessings through the Bridegroom’s name.

Grant us, Lord, like them to be  
oft in prayer and fast with thee;  
fill us with thy heavenly might,  
be our joy and true delight.

Father, hear us through thy Son,  
and the Spirit, with thee One,  
whom our thankful hearts adore,  
ever and for evermore.

*Words: Gregory 1 (540-604), from Clarum decus jejunii, Latin;  
translation: Henry Williams Baker (1821-1877)*

## THE OFFERTORY PRAYER “B”

Page 126

PRESIDENT AND PEOPLE:

**Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.**

## THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

**ALL: And also with you.**

PRESIDENT: Lift up your hearts.

**ALL: We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

**ALL: It is right to give God thanks and praise.**

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer

and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**ALL:**

**Holy, holy, holy Lord,  
God of power and might;  
heaven and earth are full of your glory,  
Hosanna in the highest!  
Blessed is He who comes  
in the name of the Lord.  
Hosanna in the highest!**

*(Please sit or kneel)*

**The Great Thanksgiving “B”**

Page 135

**PRESIDENT:**

Holy and gracious Father,  
all creation rightly gives you praise.  
All life, all holiness, comes from you  
through your Son, Jesus Christ our Lord,  
whom you sent to share our human nature,  
to live and die as one of us, to reconcile us to you,  
the God and Father of all.

We therefore bring you these gifts,  
and we ask you to make them holy by the power of your  
Spirit, that they may become the Body and Blood of your  
Son, our Saviour Jesus Christ,



who offered Himself in obedience to your will,  
the Perfect Sacrifice for all mankind.

On the night He was betrayed,  
He took bread,  
and when He had given thanks to you,  
He broke it and gave it to His disciples and said:  
"Take this and eat it:  
This is my Body which is given for you.  
Do this for the remembrance of me."

After supper He took the cup of wine:  
and when He had given thanks, He gave it to them and said:  
"Drink this, all of you:  
This is my Blood of the New Covenant,  
Which is shed for you and for many for the forgiveness of  
sins. Do this, whenever you drink it,  
For the remembrance of me."

**PRESIDENT:**

Let us proclaim the mystery of our faith.

**ALL:**

**When we eat this Bread and drink this Cup, we proclaim  
the death of Christ until He comes again.**

**PRESIDENT:**

Father, calling to mind the death your Son  
endured for our salvation;  
His glorious Resurrection and Ascension;  
His continual intercession for us in heaven;  
and looking for His coming again in glory,  
we offer you, in thanksgiving,  
this holy and life-giving sacrifice.

Look with favour on your Church's offering,  
and grant that we who eat and drink these holy gifts  
may be filled with your Holy Spirit  
and become one body in Christ,  
and serve you in unity, constancy and peace.

May He make us a perpetual offering to you and enable us,  
in communion with blessed Mary  
and the whole company of heaven,  
to share in the inheritance of your Saints.

With Him, and in Him, and through Him,  
by the power of the Holy Spirit,  
we worship you, Father Almighty,  
with all who stand before you in earth and heaven  
in songs of everlasting praise:

**ALL:**

**Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

## **THE LORD'S PRAYER**

Page 144

**PRESIDENT:**

As our Saviour has taught us, so we pray:

**ALL:**

**Our Father in heaven,  
hallowed be your Name;  
your kingdom come; your will be done  
on earth as in heaven.  
Give us today our daily bread,  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,**

**and the glory are yours now and forever. Amen.**

**The Breaking of The Bread “C”**

Page 145

**PRESIDENT:**

This is the true bread which comes from heaven.

**ALL:**

**Whoever eats this bread will live forever.**

**THE COMMUNION**

**The Invitation “B’**

Page 146

**PRESIDENT:**

The Gifts of God for the People of God.

**ALL:**

**Our souls will feast and be satisfied, and we will sing  
glad songs of praise to Him. Amen.**

**THE AGNUS DEI**

Page 147

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
grant us peace.**



## The Administration of Communion/Spiritual Communion

### The Communion Hymn 567 ~ “Yield not to Temptation”

Yield not to temptation,  
For yielding is sin;  
Each vict'ry will help you,  
Some other to win;  
Fight manfully onward,  
dark passions subdue;  
Look ever to Jesus,  
He will carry you through.

***Refrain***  
***Ask the Saviour to help you,***  
***Comfort, strengthen and keep you;***  
***He is willing to aid you,***  
***He will carry you through.***

Shun evil companions,  
Bad language disdain;  
God's name hold in rev'rence,  
Nor take it in vain;  
Be thoughtful and earnest,  
Kindhearted and true;  
Look ever to Jesus,  
He will carry you through.  
(*Refrain*)

To him that o'er cometh,  
God giveth a crown;  
Through faith we will conquer,  
Though often cast down;  
He who is our Saviour,  
Our strength will renew;  
Look ever to Jesus,  
He will carry you through.  
(Refrain)

*Author: Horatio Richmond Palmer*

**BLESSING OF THE CHILDREN – 851** “Seek ye first the kingdom of God,” (*each verse is repeated*).

Seek ye first the kingdom of God,  
and his righteousness,  
and all these things shall be added unto you.  
Allelu, alleluia.

Man shall not live by bread alone,  
but by every word  
that proceeds from the mouth of God.  
Allelu, alleluia.

Ask and it shall be given unto you,  
seek and ye shall find;  
knock and the door shall be opened up to you.  
Allelu, alleluia.

*Words:; Karen Lafferty (1948-).*

*Words © 1972 CCCM Music and Maranatha Music (admin. Music Services).  
ASCAP. All Rights Reserved. Used by permission.*

**THE POST COMMUNION PRAYER “B”**

Page 148

**ALL:**

**Eternal God and Heavenly Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. Send us now into the world in peace, and grant us strength and courage to love and serve you, and all**

**person in you, with gladness and singleness of heart,  
through your son Jesus Christ our Lord. Amen**

The Blessing ***“Lent”***

Page 150

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the Blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. ***Amen.***

***Welcome and Announcements***

The Recessional **Hymn ~ 114** *“Forty days and forty nights”*

Forty days and forty nights  
thou wast fasting in the wild;  
forty days and forty nights  
tempted, and yet undefiled.

Sunbeams scorching all the day;  
chilly dew-drops nightly shed;  
prowling beasts about thy way;  
stones thy pillow; earth thy bed.

Shall not we thy sorrow share  
and from earthly joys abstain,  
fasting with unceasing prayer,  
glad with thee to suffer pain?

And if Satan, vexing sore,  
flesh or spirit should assail,  
thou, his Vanquisher before,  
grant we may not faint nor fail.

So shall we have peace divine:  
holier gladness ours shall be;  
round us too shall angels shine,  
such as ministered to thee.

Keep, O keep us, Saviour dear,  
ever constant by thy side;  
that with thee we may appear  
at th' eternal Eastertide.

*Words: Francis Pott (1832-1909),  
and George Hunt Smytton (1822-1870)*

## **THE DISMISSAL**

**PRESIDENT:** The Lord be with you

**ALL: And also with you.**

**PRESIDENT:** Go in peace and serve the Lord.

**ALL: In the name of Christ. Amen**

**Organ Postlude** (*Worshippers are invited to sit silently to listen to the voluntary but those who wish to leave at this point may do so quietly.*)

*Thank you most sincerely for worshipping at the Cathedral this morning.*

## THE FIRST SUNDAY IN LENT ~ YEAR A

### THEME FOR THE WEEK

**Our life is a showcase for our values. Lent is the time to take stock of them.**

**First Reading: Genesis 2:15-17; 3:1-7**

**Comment: “Eating of the tree of the knowledge of good and evil.”**

From the Hebrew Bible we hear **the story of the creation of the first man and woman in the Garden of Eden and their disobedience and consequent loss of innocence.** Tempted by the serpent, first the woman and then the man eat from the forbidden tree of the knowledge of good and evil. The story expresses the understanding that human beings are the crown of God’s creation, and yet there is something tragically wrong with them. From later Christian perspective, however, this transgression is seen as part of God’s greater plan for the maturity and salvation of humanity. The free choice of disobedience and the learning of good and evil will, through redemption, make possible a more profound relationship with God.

**Psalm 32**

**Comment: “Mercy embraces those who trust in the Lord.”**

A psalm of thanksgiving for the forgiveness of sin.



## **Second Reading: Romans 5:12-19**

**Comment:** “Death came through one; life comes through one.”

In this lesson, **Paul tells how the history of human sinfulness and death has been transformed by the free gift of Jesus Christ.** The act of disobedience of the one person, Adam, began the reign of sin and death. This was later compounded by the role of law which, by instructing people not to sin, actually caused trespassing to abound. But now the righteousness and obedience of the one man Jesus Christ means acquittal and new life for all.

## **The Holy Gospel: Matthew 4:1-11**

**Comment:** “The temptation of Jesus in the wilderness for forty days.”

Our gospel is **the story of the temptations of Jesus by the devil.** After his baptism Jesus is led into the wilderness and confronted with temptations which are inescapable in his ministry. He might seek to show that he is the Son of God by satisfying material needs or wielding miraculous power. Or he could seek to control allegiance through the pomp and might of a worldly kingship. But Jesus’ obedience is God’s way for him.

## **CATHEDRAL NEWS**

**FINANCIAL STEWARDSHIP:** Friends and well-wishers may write to: [stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com) or call: 1-246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael’s Cathedral

CIBC First Caribbean International Bank, Bridgetown Branch, Account #2719302, Transit #09606.

**INITIAL OFFERING:** The cost of this year's Stewardship envelopes is (\$3,678.88). A hearty thank you is extended to all members who have made Initial Offering. So far the total amount collected is \$2,837.00. We encourage persons who have not made their contribution as yet, to do so as soon as possible.

**WEEKLY BULLETIN ELECTRONICALLY:**

At a recently held meeting of the Parochial Church Council, the decision was made to produce the weekly bulletin electronically from March 5, 2023. Members are encouraged to use the digital format or the CPWI Book of Common Prayer and Hymnal. To facilitate the smooth transition of this process members are asked to update their records - both email addresses and WhatsApp numbers - with the Administrative Assistant at The Cathedral Office. Thank you for your kind consideration and cooperation.



**SICK:** Please remember the sick and injured of our parish and wider community, especially Margaret Browne, Elsie Brunson, Chesterfield A. Benjamin, Colleen Byer, Grace Catlyn, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Blair Murray, Clyde Outram, Sylvester "Blues" Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, and George Yearwood.



**Bereavement:** We extend sincere condolences to the family of the late Ms. Ernesta Mayers of the Pine, St. Michael. She was the mother of Mrs. Sandra Forte and sister of Ms. Isalene Coward. We thank God for her life, work, and witness among us. "Blessed are those who mourn, for they will be comforted." (Matthew 5:4)

## CONGRATULATIONS!

Congratulations to all those celebrating birthdays this week.

**February 26 – March 4, 2023**

***Mrs. Charmaine R. Forde ~ 27***

***Ms. Ayodele Yarde ~ 27***

***Mr. David Scott ~ 29***

***Ms. Ingrid Griffith ~ 1***

***Mr. David DaC. Murray ~ 1***

***Mr. Ian C. Weekes ~ 2***

***Mrs. Faye Cooke-Nurse ~ 3***

***Ms. Audrey G. Miller ~ 4***

***Mr. Richard A. Rollock ~ 4***



# SERMON NOTES

Text:.....  
.....  
.....

Topic:.....  
.....  
.....

Preacher:.....

Points to Ponder:  
.....  
.....  
.....  
.....  
.....

What was God saying specifically to me during the Sermon?  
.....  
.....  
.....  
.....  
.....

**Daily Book of Common Prayer Readings  
(February 26 – March 4, 2023)**

<b>Day</b>	<b>Morning Readings</b>	<b>Evening Readings</b>
The First Sunday in Lent	Psalms 63:1-8(9-11), 98 Deuteronomy 8:1-10 1 Corinthians 1:17-31	Psalm 103 Daniel 9:3-10 Mark 2:18-22
Monday	Psalms 41, 52 Deuteronomy 8:11-20 Hebrews 2:11-18	Psalm 44 Genesis 37:1-11 John 2:1-12
Tuesday	Psalm 45 Deuteronomy 9:4-12 Hebrews 3:1-11	Psalms 47, 48 Genesis 37:12-24 John 2:13-22
Wednesday	Psalm 119:49-72 Deuteronomy 9:13-21 Hebrews 3:12-19	Psalms 49, (53) Genesis 37:25-36 John 2:23—3:15
Thursday	Psalm 50 Deuteronomy 9:23—10:5 Hebrews 4:1-10	Psalms (59, 60) or 19, 46 Genesis 39:1-23 John 3:16-21
Friday Special Devotion	Psalms 95 (Invitatory) & 40, 54 Deuteronomy 10:12-22 Hebrews 4:11-16	Psalm 51 Genesis 40:1-23 John 3:22-36
Saturday	Psalm 55 Deuteronomy 11:18-28 Hebrews 5:1-10	Psalms 138, 139:1-17 (18-23) Genesis 41:1-13 John 4:1-26 Collect for 2 Lent

# The Temptation of Jesus

Then Jesus was led by the Spirit into the desert to be tempted by the devil. Matthew 4:1 (NIV)

The puzzle is based on Matthew 4:1-11 (NLT).



R P J L D S T E M P T E D B K  
 P Q G R H P W E G H J S V W J  
 V Y O N N H V X W D E A W F E  
 M L Y R N R F E E N S T S D W  
 V O A G E X B O W X U A D B O  
 S B U S K S B O E D S N Y T R  
 O P D N I I B I U E O C M A S  
 F I L S T S N C W V V L O Z H  
 I A M E L A Z G K I D B M L I  
 B Q S E N A I D D L I W U R P  
 L R G T D D R N E O L P W F N  
 H N E L I O O E S N M E D S X  
 A C R A W N B R E V G S L F C  
 J O F U D Y G E R T E M P L E  
 W H H U N G R Y T S T O N E S

WORD	WORSHIP	LORD	MOUNTAIN	BOW
TEMPTED	ANGELS	HUNGRY	STONES	SERVE
WORLD	KINGDOMS	BREAD	DESERT	SPLENDOR
DEVIL	FASTING	SATAN	TEMPLE	JESUS

## **CATHEDRAL MINISTRIES**

**Sunday, February 26, 2023**

**The First Sunday in Lent**

**8:00 A.M. Holy Eucharist**

**9:30 A.M. The Annual Parish Meeting**



**Wednesday March 1, 2023**

**Wednesday in the First Week of Lent**

**10:00 A.M. A Public Service of Healing**



**Sunday, March 5, 2023**

**The Second Sunday in Lent**

**7:00 A.M. ~ Holy Eucharist**

**9:00 A.M. ~ Sung Eucharist**

**(The Modern Old Scholars Association in attendance)**

**9:30 A.M. ~ Sunday School**



## **OFFICERS OF THE CHURCH COUNCIL**

**Church Warden Emeritus:**

Mr. Arlington DaCosta Watson, BSM, J.P.

**Church Wardens:**

Mr. Samuel Maxwell, J.P., Mr. Victor Sylvester

**Secretary:** Ms. Donnah Russell

**Assistant Secretary:** Mrs. Juno Burrows

**Treasurer:** Mr. David Murray

**Assistant Treasurer:** Ms. Harriet Clarke

**Synod Representatives:**

Mr. Darwin Clarke

Mr. Samuel Maxwell, J.P.

Dr. Wendy Sealy

## Alternative Synod Representative:

Ms. Donna Inniss

## LEADERS OF ORGANISATIONS AND MINISTRIES

<b>Men's Fellowship:</b>	Mr. John Moore
<b>Mothers' Union:</b>	Mrs. Colleen Byer
<b>Church Army:</b>	Captain Donnah Russell
<b>Woman's Auxiliary:</b>	<b>Vacant</b>
<b>Ushers Guild:</b>	Mrs. Juno Burrows
<b>Outreach Committee:</b>	Mrs. Delores Hinds
<b>Guild of Servers:</b>	Mr. Jerry Alleyne
<b>Health Ministry:</b>	Dr. Wendy Sealy
<b>Sunday School:</b>	Mrs. Harriett Blackman
<b>Flower Guild:</b>	<b>Vacant</b>
<b>Guild of St. Raphael:</b>	Mr. Darwin Clarke



### CONTACT US

<http://www.saintmichaelscathedral.bb>

[stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com)

[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

Address:

St. Michael's Row, Bridgetown

Telephone: 1 (246) 427-0790 (Office)

Monday – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246)437-4265 (Dean's Residence)