

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

The Holy Eucharist

March 19, 2023

7:00 A.M. and 9:00 A.M.



**Mothing
Sunday**
4th Sunday in Lent

COOK'S

**The Cathedral Church of
Saint Michael and
All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M.A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus.

Administrative Assistant

Ms. Arlene Miller

Vergers

Mrs. Chloe Grant

Assistant Vergers

Ms. Harriet Lowe

The Fourth Sunday in Lent: YEAR A

7:00 A.M. ~ Holy Eucharist

**President and Preacher:
The Very Rev'd Dr. Jeffrey D. Gibson**

9:00 A.M. ~ Sung Eucharist

**President: The Rev'd Stephanie-Ann Wedderburn
Preacher: The Very Rev'd Dr. Jeffrey D. Gibson**

Eucharistic Minister: Mrs. Judy King

ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Opening Hymn ~ 373 "O for a thousand tongues to sing"

O for a thousand tongues to sing
my dear Redeemer's praise,
the glories of my God and King,
the triumphs of his grace!

Jesus! The name that charms our fears,
that bids our sorrows cease;
'tis music in the sinner's ears,
'tis life and health and peace.

He speaks; and, listening to his voice,
new life the dead receive,
the mournful broken hearts rejoice,
the humble poor believe.

Hear him, ye deaf; his praise, ye dumb,
your loosened tongues employ;
ye blind, behold your Saviour come;
and leap, ye lame, for joy!

My gracious master and my God,
assist me to proclaim
and spread through all the earth abroad
the honours of thy name.

Words: Charles Wesley (1707-1788)

Opening Sentence “Lent”

Page 98

Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God. (Ephesians 5:1-2)

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

The Collect: **“The Fourth Sunday in Lent”** Page 164

Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that He may live in us, and we in Him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen.***

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: 1 Samuel 16:1-13

Lectors:

7:00 A.M.: Mr. Victor Gittens

9:00 A.M.: Mrs. Margaret Fraser-Morrison

A Reading from the Word of God, written in the First Book of Samuel, the sixteenth chapter, beginning at

the first verse.

The LORD said to Samuel, “How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.” Samuel said, “How can I go? If Saul hears of it, he will kill me.” And the LORD said, “Take a heifer with you, and say, ‘I have come to sacrifice to the LORD.’ Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.” Samuel did what the LORD commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, “Do you come peaceably?” He said, “Peaceably; I have come to sacrifice to the LORD; sanctify yourselves and come with me to the sacrifice.” And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, “Surely the Lord’s anointed is now before the LORD.” But the LORD said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him; for the LORD does not see as mortals see; they look on the outward appearance, but the LORD looks on the heart.” Then Jesse called Abinadab, and made him pass before Samuel. He said, “Neither has the LORD chosen this one.” Then Jesse made Shammah pass by. And he said, “Neither has the LORD chosen this one.” Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, “The LORD has not chosen any of

these.” Samuel said to Jesse, “Are all your sons here?” And he said, “There remains yet the youngest, but he is keeping the sheep.” And Samuel said to Jesse, “Send and bring him; for we will not sit down until he comes here.” He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The LORD said, “Rise and anoint him; for this is the one.” Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the LORD came mightily upon David from that day forward. Samuel then set out and went to Ramah.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 23 (Crimond)

Page 495

Dominus regit me

- 1 The LORD is my shepherd;*
I shall not be in want.
- 2 He makes me lie down in green pastures*
and leads me beside still waters.
- 3 He revives my soul*
and guides me along right pathways for his
Name's sake.
- 4 Though I walk through the valley of the
shadow of death,
I shall fear no evil;*
for you are with me;
your rod and your staff, they comfort me.

5 You spread a table before me in the presence
of those who trouble me;*
you have anointed my head with oil,
and my cup is running over.

6 Surely your goodness and mercy shall follow
me all the days of my life,*
and I will dwell in the house of the LORD for
ever.

**Glory to the Father, and to the Son: and to
the Holy Spirit; as it was in the
beginning, is now, and shall be forever.
Amen.**

Second Lesson: Ephesians 5:8-14

Lectors:

7:00 A.M.: Mrs. Helena Lyte

9:00 A.M.: Dr. Sherlock Bradshaw

A Reading from the Word of God, written in the Letter
to the Ephesians, the fifth chapter, beginning at the
eighth verse.

Once you were darkness, but now in the Lord you
are light. Live as children of light— for the fruit of the
light is found in all that is good and right and true.
Try to find out what is pleasing to the Lord. Take no
part in the unfruitful works of darkness, but instead
expose them. For it is shameful even to mention
what such people do secretly; but everything

exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says,

“Sleeper, awake!
Rise from the dead,
and Christ will shine on you.”

LECTOR: The Word of the Lord.

ALL: Thanks be to God.

The Gradual Hymn ~ 504 “Just as I am, without one plea” (MAUNDER)

Just as I am, without one plea
but that thy blood was shed for me,
and that thou bidst me come to thee,
O Lamb of God, I come.

Just as I am, though tossed about
with many a conflict, many a doubt,
fightings and fears, within, without,
O Lamb of God, I come.

Just as I am, poor, wretched, blind;
sight, riches, healing of the mind,
yea, all I need, in thee to find,
O Lamb of God, I come.

Just as I am, thou wilt receive,
wilt welcome, pardon, cleanse, relieve:
because thy promise I believe,
O Lamb of God, I come.

Just as I am (thy love unknown
has broken every barrier down),
now to be thine, yea, Thine alone,
O Lamb of God, I come.

Just as I am, of that free love
the breadth, length, depth, and height to prove,
here for a season, then above,
O Lamb of God, I come.

Words: Charlotte Elliot (1789-1871)

The Holy Gospel: John 9:1-41

GOSPELLER: (To be narrated)

The Gospeller: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to John,
the ninth chapter, beginning at the first verse.

ALL: Glory to Christ our Saviour.

Narrator: As Jesus walked along, he saw a man blind
from birth. His disciples asked him,

Disciples: “Rabbi, who sinned, this man or his
parents, that he was born blind?”

Narrator: Jesus answered,

Jesus: “Neither this man nor his parents sinned; he
was born blind so that God’s works might be
revealed in him. We must work the works of him who

sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.”

Narrator: When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, saying to him,

Jesus: “Go, wash in the pool of Siloam”

Narrator: (which means Sent). Then he went and washed and came back able to see. The neighbours and those who had seen him before as a beggar began to ask,

Neighbours: “Is this not the man who used to sit and beg?”

Narrator: Some were saying,

Neighbours: “It is he.”

Narrator: Others were saying,

Neighbours: “No, but it is someone like him.”

Narrator: He kept saying,

Man Born Blind: “I am the man.”

Narrator: But they kept asking him,

Neighbours: “Then how were your eyes opened?”

Narrator: He answered,

Man Born Blind: “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.”

Narrator: They said to him,

Neighbours: “Where is he?”

Narrator: He said,

Man Born Blind: “I do not know.”

Narrator: They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them,

Man Born Blind: “He put mud on my eyes. Then I washed, and now I see.”

Narrator: Some of the Pharisees said,

Pharisees: “This man is not from God, for he does not observe the sabbath.”

Narrator: But others said,

Pharisees: “How can a man who is a sinner perform such signs?”

Narrator: And they were divided. So they said again to the blind man,

Pharisees: “What do you say about him? It was your eyes he opened.”

Narrator: He said,

Man Born Blind: “He is a prophet.”

Narrator: The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them,

Jews: “Is this your son, who you say was born blind? How then does he now see?”

Narrator: His parents answered,

Parents: “We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.”

Narrator: His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said,

Parents: “He is of age; ask him.”

Narrator: So for the second time they called the man who had been blind, and they said to him,

Jews: "Give glory to God! We know that this man is a sinner."

Narrator: He answered,

Man Born Blind: "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see."

Narrator: They said to him,

Jews: "What did he do to you? How did he open your eyes?"

Narrator: He answered them,

Man Born Blind: "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?"

Narrator: Then they reviled him, saying,

Jews: "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from."

Narrator: The man answered,

Man Born Blind: "Here is an astonishing thing! You do not know where he comes from, and yet he opened

my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing.”

Narrator: They answered him,

Jews: “You were born entirely in sins, and are you trying to teach us?”

Narrator: And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said,

Jesus: “Do you believe in the Son of Man?”

Narrator: He answered,

Man Born Blind: “And who is he, sir? Tell me, so that I may believe in him.”

Narrator: Jesus said to him,

Jesus: “You have seen him, and the one speaking with you is he.”

Narrator: He said,

Man Born Blind: “Lord, I believe.”

Narrator: And he worshiped him. Jesus said,

Jesus: “I came into this world for judgment so that those who do not see may see, and those who do see may become blind.”

Narrator: Some of the Pharisees near him heard this and said to him,

Pharisees: “Surely we are not blind, are we?”

Narrator: Jesus said to them,

Jesus: “If you were blind, you would not have sin. But now that you say, ‘We see,’ your sin remains.”

The Gospeller: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon:

The Very Rev’d Dr. Jeffrey D. Gibson

(Please stand as able)

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,

true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.

For us and for our salvation
He came down from heaven:

by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.

On the third day He rose again
in fulfilment of the Scriptures;

He ascended into heaven
and is seated at the right
hand of the Father

He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.

With the Father and the Son
He is worshipped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.

We acknowledge one baptism
for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. **Amen**

Intercessors:

7:00 A.M.: Ms. Shernell O’Neal

9:00 A.M.: Mr. Christopher Burnett

(Please sit or kneel)

LEADER: Father, we pray for your holy Catholic Church;

ALL: That we all may be one.

LEADER: Grant that every member of the Church may truly and humbly serve you.

ALL: That your Name may be glorified by all people.

LEADER: We pray for all Bishops, Priests, and Deacons;

ALL: That they may be faithful ministers of your Word and Sacraments.

LEADER: We pray for all who govern and hold authority in the nations of the world;

ALL: That there may be justice and peace on the earth.

LEADER: Give us grace to do your will in all that we undertake;

ALL: That our works may find favour in your sight.

LEADER: Have compassion on those who suffer from any grief or trouble;

ALL: That they may be delivered from their distress.

LEADER: Give to the departed eternal rest;

ALL: Let light perpetual shine upon them.

LEADER: We praise you for your saints who have entered into joy;

ALL: May we also come to share in your heavenly kingdom.

LEADER: Let us pray for our needs and those of others

(Silence may be kept).

ALL: Almighty God, to whom our needs are known before we ask, help us to ask only what accords to your will; and the good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son, Jesus Christ our Lord. Amen.

ACT OF PENITENCE

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. 1 John 1:8,9)

(A period of silence shall be kept).

PRESIDENT:

Let us therefore confess our sins.

FORM B

Page 124

ALL

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy upon us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

THE ABSOLUTION

Page 124

PRESIDENT:

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

ALL: Amen.

(Please stand as able)

PRESIDENT:

If you are offering your gift at the altar, and there remember that your brother or sister has something against you,

ALL: Leave your gift there before the altar, and go; first be reconciled to your brother or sister, and then come and offer your gift.

PRESIDENT: The Peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP: “Let there be peace on earth”

Let there be peace on earth
And let it begin with me
Let there be peace on earth
The peace that was meant to be
With God our Creator
Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me
Let this be the moment now
With every step I take
Let this be my solemn vow
To take each moment
And live each moment
In peace eternally

Let there be peace on earth
And let it begin with me.

THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, if worshippers have not already done so, they are asked to place their offering in the wooden boxes provided on the tables in the aisle)

The Offertory Hymn ~ 462 “Be not dismayed
whate'er betide,”

Be not dismayed whate'er betide,
God will take care of you;
beneath his wings of love abide,
God will take care of you.

Refrain:

*God will take care of you,
through every day, o'er all the way;
he will take care of you,
God will take care of you.*

Through days of toil when heart doth fail,
God will take care of you;
when dangers fierce your path assail,
God will take care of you.

Refrain

All you may need he will provide,
God will take care of you;
nothing you ask will be denied,
God will take care of you.

Refrain

No matter what may be the test,
God will take care of you;
lean, weary one, upon his breast,
God will take care of you.

Refrain

Words: Civilla Durfee Martin (1869-1948)

THE OFFERTORY PRAYER “B”

Page 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest!
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest!**

(Please sit or kneel)

The Great Thanksgiving “B”

Page 135

PRESIDENT:

Holy and gracious Father,
all creation rightly gives you praise.

All life, all holiness, comes from you
through your Son, Jesus Christ our Lord,
whom you sent to share our human nature,
to live and die as one of us, to reconcile us to you,
the God and Father of all.

We therefore bring you these gifts,
and we ask you to make them holy by the power of
your Spirit, that they may become the Body and Blood
of your Son, our Saviour Jesus Christ,
who offered Himself in obedience to your will,
the Perfect Sacrifice for all mankind.

On the night He was betrayed,
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples and said:
"Take this and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

After supper He took the cup of wine:
and when He had given thanks, He gave it to them
and said: "Drink this, all of you:
This is my Blood of the New Covenant,
Which is shed for you and for many for the
forgiveness of sins. Do this, whenever you drink it,
For the remembrance of me."

PRESIDENT:

Let us proclaim the mystery of our faith.

ALL:

When we eat this Bread and drink this Cup, we

proclaim the death of Christ until He comes again.

PRESIDENT:

Father, calling to mind the death your Son
endured for our salvation;
His glorious Resurrection and Ascension;
His continual intercession for us in heaven;
and looking for His coming again in glory,
we offer you, in thanksgiving,
this holy and life-giving sacrifice.

Look with favour on your Church's offering,
and grant that we who eat and drink these holy gifts
may be filled with your Holy Spirit
and become one body in Christ,
and serve you in unity, constancy and peace.

May He make us a perpetual offering to you and
enable us, in communion with blessed Mary
and the whole company of heaven,
to share in the inheritance of your Saints.

With Him, and in Him, and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven
in songs of everlasting praise:

ALL:

**Blessing and honour and glory and power
be yours for ever and ever. Amen.**

THE LORD'S PRAYER

Page 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come; your will be done
on earth as in heaven.
Give us today our daily bread,
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours now and forever. Amen.**

The Breaking of The Bread "C"

Page 145

PRESIDENT:

This is the true bread which comes from heaven.

ALL:

Whoever eats this bread will live forever.

THE COMMUNION

The Invitation "B'

Page 146

PRESIDENT:

The Gifts of God for the People of God.

ALL:

Our souls will feast and be satisfied, and we will sing glad songs of praise to Him. Amen.

THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



The Administration of Communion/Spiritual Communion

The Communion Hymn ~ 580 “Deck thyself, my soul, with gladness”

PART ONE

Deck thyself, my soul, with gladness,
leave the gloomy haunts of sadness;
come into the daylight's splendour,
there with joy thy praises render
unto him whose grace unbounded
hath this wondrous banquet founded:
high o'er all the heavens he reigneth,
yet to dwell with thee he deigneth.

Now I sink before thee lowly,
filled with joy most deep and holy,
as with trembling awe and wonder
on thy mighty works I ponder:
how, by mystery surrounded,
depth no man has ever sounded,
none may dare to pierce unbidden
secrets that with thee are hidden.

PART TWO

Sun, who all my life dost brighten,
Light, who dost my soul enlighten,
Joy, the sweetest man e'er knoweth,
Fount, whence all my being floweth,
at thy feet I cry, my Maker,
let me be a fit partaker
of this blessèd food from heaven,
for our good, thy glory, given.

Jesus, Bread of Life, I pray thee,
let me gladly here obey thee;
never to my hurt invited,
be thy love with love requited:
from this banquet let me measure,
Lord, how vast and deep its treasure;
through the gifts thou here dost give me,
as thy guest in heaven receive me.

Author: **Johann Franck** (1649)

COMMUNION MOTET

BLESSING OF THE CHILDREN Hymn – 667

“Saviour, like a shepherd lead us,”

Saviour, like a shepherd lead us,
much we need thy tenderest care;
in thy pleasant pastures feed us,
for our use thy folds prepare.

Blessèd Jesus, blessèd Jesus,
thou hast bought us, thine we are;
blessèd Jesus, blessèd Jesus
thou hast bought us, thine we are.

We are thine: do thou befriend us,
be the guardian of our way;
keep thy flock, from sin defend us,
seek us when we go astray.

Blessèd Jesus, blessèd Jesus,
hear, oh hear us when we pray;
blessèd Jesus, blessèd Jesus
hear, oh hear us when we pray.

Thou hast promised to receive us,
poor and sinful though we be;
thou hast mercy to relieve us,
grace to cleanse, and power to free.

Blessèd Jesus, blessèd Jesus
let us early turn to thee.

Blessèd Jesus, blessèd Jesus,
let us early turn to thee.

Early let us seek thy favour,
early let us do thy will;
blessèd Lord and only Saviour,
with thy love our bosoms fill.
Blessèd Jesus, blessèd Jesus,
thou hast loved us, love us still.
Blessèd Jesus, blessèd Jesus,
thou hast loved us, love us still.

*Words: attributed to Dorothy A Thrupp (1779-1847),
From Hymns for the Young, 1836*

THE POST COMMUNION PRAYER “B” Page 148

ALL:

Eternal God and Heavenly Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. Send us now into the world in peace, and grant us strength and courage to love and serve you, and all person in you, with gladness and singleness of heart, through your son Jesus Christ our Lord. Amen

The Blessing **“Lent”**

Page 150

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the Blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.
Amen.

Welcome and Announcements

The Recessional **Hymn** ~ 503 “Jesu, lover of my soul,”

Jesu, lover of my soul,
let me to thy bosom fly,
while the gathering waters roll,
while the tempest still is high:
hide me, O my Saviour, hide,
till the storm of life is past;
safe into the haven guide,
O receive my soul at last.

Other refuge have I none;
hangs my helpless soul on thee;
leave, ah! leave me not alone,
still support and comfort me.
All my trust on thee is stayed,
all my help from thee I bring;
cover my defenceless head
with the shadow of thy wing.

Plenteous grace with thee is found,
grace to cleanse from every sin;
let the healing streams abound;
make and keep me pure within;
thou of life the fountain art;
freely let me take of thee;
spring thou up within my heart,
rise to all eternity.

Words: Charles Wesley (1707-1788), alt

THE DISMISSAL

PRESIDENT: The Lord be with you

ALL: And also with you.

PRESIDENT: Go in peace and serve the Lord.

ALL: In the name of Christ. Amen

Organ Postlude (*Worshippers are invited to sit silently to listen to the voluntary but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.

THE FOURTH SUNDAY IN LENT ~ YEAR A

THEME FOR THE WEEK

“Through our Lenten penances, we move from the darkness of our old ways to the light of Jesus’ way.”

First Reading: 1 Samuel 16:1-13

Comment: “David is chosen and anointed”

In this Hebrew scripture story, **the Lord sends Samuel to anoint David to be the new king over Israel.** God has rejected Saul as king, but he remains in power and Samuel must go secretly on his mission. As so often happens in the Bible, one who seems

least likely in the eyes of others is chosen by God to carry out the divine will.

Psalm 23

Comment: "You anointed my head with oil"

The Lord is shepherd and guide. God is present in the time of danger and is generous and merciful.

Second Reading: Ephesians 5:8-14

Comment: "Awake from sleep, live as children of light."

In this New Testament lesson, **disciples are called to be a people of the light, forsaking all the works of darkness.** Their present life is to be in sharp contrast with their actions before they become Christians. All that is done is to be exposed to the light. The passage closes with what was probably part of an ancient hymn used at baptisms.

The Holy Gospel: John 9:1-41

Comment: "Baptismal image: the man born blind"

Our gospel is **the story of Jesus' healing of a man born blind. Jesus brings light into a dark world.** Many people of the time regarded the man's blindness to be a result of sin, but Jesus helps him to see, at first physically, and then spiritually as well.

The man withstands the criticism of the religious officials and worships Jesus as the Son of Man and his Lord.

CATHEDRAL NEWS

FINANCIAL STEWARDSHIP: Friends and well-wishers may write to: stmichaelcathedral@caribsurf.com or call: 1-246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael's Cathedral via CIBC First Caribbean International Bank, Bridgetown Branch, Account #2719302, Transit #09606.

INITIAL OFFERING: The cost of this year's Stewardship envelopes is (\$3,678.88). A hearty thank you is extended to all members who have made Initial Offering. So far the total amount collected is \$3,319.00. We encourage persons who have not made their contribution as yet, to do so as soon as possible.

WEEKLY BULLETIN ELECTRONICALLY:

At a recently held meeting of the Parochial Church Council, the decision was made to produce the weekly bulletin electronically from March 5, 2023. Members are encouraged to use the digital format or the CPWI Book of Common Prayer and Hymnal. To facilitate the smooth transition of this process, members are asked to update their records - both email addresses and WhatsApp numbers - with the Administrative Assistant at The Cathedral Office. Thank you for your kind consideration and cooperation.



SICK: Please remember the sick and injured of our parish and wider community, especially Margaret Browne, Elsie Brunson, Chesterfield A. Benjamin, Colleen Byer, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Blair Murray, Clyde Outram, Sylvester “Blues” Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, and George Yearwood.



BEREAVEMENT: We extend sincere condolences to the family of the late The Rev'd Canon Lionel Burke, retired Rector of St. George Parish Church. He died on Monday, March 13, 2023. His death brings to an end a life of devotion to God and the Church. His priestly ministry and his musical talents (he was an accomplished organist and organ builder) were shared generously through the years. In addition to his service in the Diocese Barbados, he also served in the Diocese of Antigua as it was known then (now NECA); and after retirement, he ministered in Scotland. We thank God for his life, work and ministry; and especially for his contribution to the Cathedral in his later years. Let us pray for his daughter Jamie, his stepdaughter Carole, his siblings and the entire Burke family. May he rest in peace. “Blessed are those who mourn, for they will be comforted.” (Matthew 5:4)



LOOKING AHEAD!

The Annual Dean's Lecture: The Very Rev'd Dr. Michael Sniffen, Dean of the Cathedral Church of the Incarnation

Garden City, Long Island, New York, will deliver the Annual Dean's Lecture in the Courtney Blackman Grand Salle, The Central Bank of Barbados, Bridgetown, St. Michael on Thursday, March 23, 2023 at 7:00 p.m. His topic will be: "The Spirituality of the City." All are invited to attend.

Visiting Preacher: The Very Rev'd Dr. Michael Sniffen, Dean of the Cathedral Church of the Incarnation, Garden City, Long Island, New York, will be visiting preacher in the Cathedral on Sunday, March 26, 2023 at 9:00 a.m. Sung Eucharist.

Classical Concert: This event which was announced last week has been postponed until further notice.

CONGRATULATIONS!

Congratulations to all those celebrating birthdays this week.

March 19-25, 2023

Mrs. Zida S. Hunte ~ 20

Mr. Winston A. Holder ~ 21

Mrs. Harriett V. W. Blackman ~ 22



Name: _____ Date: _____

JESUS HEALS A BLIND MAN FROM BIRTH

M I U T Q B T H L L T E H L G Z Q O X H M G B G
G A F Y Q S P W C O F L L O R D I B E L I E V E
F J U S C Z P S Y N A G O G U E P Y J F X W T P
B R Z T M O N B B A B M B V N P N J W V A P H E
M B Z D L G O I S I G H T W O R S H I P X Y N S
N P Y W D G W R I W A S B L I N D J P K C G S B
L H C G I V I T U S I N N E R O P P A L Y R U D
M A P Y C A S H Q W L I O H M M Y B J I O J F K
P R G D C B E H A D E G R C L G B B L G A P T C
G I X P E B E K P Q Y X E H D E O J T H Q X R V
A S A B B A T H D A Y Z P R B T G Y D T Y E O Z
J E S M H X O F M Q B L S I A F J Q K O F I X H
L E I Y S T N D Y K D C P S A E T E C F F U R K
Z S L H E T J T C C N T I T P A T Y V T P G U U
L N O Z E O W X P W C T T C A R J E H H L S B W
M F A I T M L T Y R N C T Y R E V S C E M N U U
A C M V H F D B T V C K L E E D J T L W H M H O
X S D Q Q K A W D V L C E L N T U J A O W D A L
B A Z Y J J O I S U I T C F T H X L Y R G K M H
R S S T I R F H E S Y U R Q S E P F A L K I O W
D Y U S O N O F G O D A X K U J C B R D Y H S D
X P T P J K F G K B L I N D O E Y F I T V T E J
K M B E L I E V E W A S H E D W T V D T G J S J
A P O V O L J S L O T E N T X S G I N J Y Y O B

BELIEVE
CHRIST
FEARED THE JEWS
LORD I BELIEVE
PARENTS
SEETH
SINNER
SYNAGOGUE

BIRTH
CLAY
I WAS BLIND
MOSES
PHARISEES
SIGHT
SON OF GOD
WASHED

BLIND
EYES
LIGHT OF THE WORLD
NOW I SEE
SABBATH DAY
SILOAM
SPITTLE
WORSHIP

SERMON NOTES

Text:.....

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Topic:.....

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Preacher:.....

Points to Ponder:

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What was God saying specifically to me during the Sermon?

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**Daily Book of Common Prayer Readings
(March 19 - 25, 2023)**

Day	Morning Readings	Evening Readings
The Fourth Sunday in Lent	Psalms 66, 67 Jeremiah 14:1-9, 17-22 Galatians 4:21—5:1	Psalms 19, 46 Genesis 48:8-22 Mark 8:11-21
Monday	Psalm 132 Isaiah 63:7-16 Matthew 1:18-25	Psalm 34 2 Chronicles 6:12-17 Ephesians 3:14-21
Tuesday	Psalms 97, 99, (100) Jeremiah 17:19-27 Romans 7:13-25	Psalms 94, (95) Genesis 49:29—50:14 John 6:16-27
Wednesday	Psalms 101, 109: 1-4(5-19)20-30 Jeremiah 18:1-11 Romans 8:1-11	Psalm 119:121-144 Genesis 50:15-26 John 6:27-40
Thursday	Psalm 69:1-23(24- 30)31-38 Jeremiah 22:13-23 Romans 8:12-27	Psalm 73 Exodus 1:6-22 John 6:41-51
Friday	Psalms 95 (Invitatory) & 102 Jeremiah 23:1-8 Romans 8:28-39 John 6:52-59	Eve of the Annunciation Psalms 8, 138 Genesis 3:1-15 Romans 5:12-21 or Galatians 4:1-7 Collect of the Annunciation
Saturday	Psalms 85, 87 Isaiah 52:7-12 Hebrews 2:5-10	Psalms 110:1-5(6- 7), 132 Wisdom 9:1-12 John 1:9-14



**Diocesan Lenten Study on the Five Marks of Mission
St. Michael's Deanery**

Sunday, 19th March - Mark 3 - TEND

Venue - All Souls –

Presenter: The Rev'd Suzanne Ellis

Meeting ID: 812 7230 3461

Passcode: Lent2&3

There is a YouTube address as well for Session 3 –

[All Souls Church, Bank Hall - Lenten Study 2023](#)

Sunday, 26th March - Mark 4 - TRANSFORM

Venue - St Stephen –

Presenter: The Rev'd Stephanie-Ann Wedderburn

Tuesday 4th April - Mark 5 - TREASURE

Venue - St Paul –

Presenter: The Rev'd Clive Thomas

All sessions begin at 6:00 p.m. All persons are encouraged to join, either in person or online.

CATHEDRAL MINISTRIES

Sunday, March 19, 2023

The Fourth Sunday in Lent:

Mothering, Refreshment or Rose Sunday

(Members are asked to wear pink)

7:00 A.M. ~ Holy Eucharist

President and Preacher

The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ Sung Eucharist

President: The Rev'd Stephanie-Ann Wedderburn

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

:

9:30 A.M. ~ Sunday School

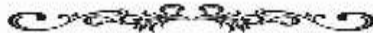
**6:00 P.M Diocesan Lenten Study on the Five Marks of
Mission – Tend**



Wednesday. ~ March 22, 2023

10:00 A.M. ~ Holy Eucharist

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson



Thursday ~ March 23, 2023

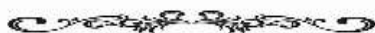
**7:00 P.M. The Annual Dean's Lecture, in the Courtney
Blackman Grande Salle, Bridgetown**

**It will be delivered by The Very Rev'd Dr. Michael
Sniffen, Dean of the Cathedral Church of the
Incarnation, Garden City, Long Island, NY, USA. His
topic will be "The Spirituality of the City".**

All are welcome.

Sunday, March 26, 2023
The Fifth Sunday in Lent
7:00 A.M. ~ Holy Eucharist
9:00 A.M. ~ Sung Eucharist
9:30 A.M. ~ Sunday School

**6:00 P.M Diocesan Lenten Study on the Five Marks of
Mission - TRANSFORM
(At The Church of St Stephen or online)**



OFFICERS OF THE CHURCH OUNCIL

Church Warden Emeritus:

Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell, J.P., Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Treasurer: Ms. Harriet Clarke

Synod Representatives:

Mr. Darwin Clarke

Mr. Samuel Maxwell, J.P.

Dr. Wendy Sealy

Alternative Synod Representative:

Ms. Donna Inniss

LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael:	Mr. Darwin Clarke



CONTACT US

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Monday – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246)437-4265 (Dean's Residence)