

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

The Holy Eucharist

March 5, 2023

7:00 A.M. and 9:00 A.M.

Second



SUNDAY

IN LENT

**The Cathedral Church of
Saint Michael and
All Angels
*The Diocese of Barbados***

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M.A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus.

Administrative Assistant

Ms. Arlene Miller

Vergers

Mrs. Chloe Grant

Assistant Vergers

Ms. Harriet Lowe

The Second Sunday in Lent: YEAR A

7:00 A.M. ~ Holy Eucharist

**President and Preacher:
The Very Rev'd Dr. Jeffrey D. Gibson**

9:00 A.M. ~ Sung Eucharist

**The Cathedral cordially welcomes:
The Modern High School Old Scholars'
Association**

**President: The Rev'd Canon George Knight
Preacher: The Very Rev'd Dr. Jeffrey D. Gibson**

Eucharistic Minister: Mrs. Valdine Browne

. ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Opening Hymn ~ 237 "The God of Abraham praise"

The God of Abraham praise
who reigns enthroned above,
ancient of everlasting days,
and God of love:
Jehovah, great I AM,
by earth and heaven confest;
we bow and bless the sacred name
for ever blest.

The goodly land we see,
with peace and plenty blest:
a land of sacred liberty
and endless rest;
there milk and honey flow,
and oil and wine abound,
and trees of life forever grow,
with mercy crowned.

There dwells the Lord our King,
the Lord our Righteousness,
triumphant o'er the world of sin,
the Prince of Peace:
on Sion's sacred height
his kingdom he maintains,
and glorious with his saints in light
for ever reigns.

He keeps his own secure,
he guards them by his side,
arrays in garment white and pure
his spotless bride:
with streams of sacred bliss,
beneath serener skies,
with all the fruits of paradise,
he still supplies.

The God who reigns on high
the great archangels sing,
and 'Holy, holy, holy,' cry,
'Almighty King!

who was, and is the same,
and evermore shall be;
Jehovah, Father, great I AM,
we worship thee.'

Words: Thomas Olivers

Opening Sentence “Lent”

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Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God. (Ephesians 5:1-2)

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

THE KYRIES

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: Genesis 12:1-4a

Lectors:.

7:00 A.M.: Ms. Mary Haynes, K.C.

9:00 A.M.: Dr. Michael Sabazan

A Reading from the Word of God, written in the Book of Genesis the twelfth chapter, beginning at the first verse.

Now the Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the Lord had told him.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 121

Page 641

Levavi oculos

- 1 I lift up my eyes to the hills;*
from where is my help to come?
- 2 My help comes from the LORD,*
the maker of heaven and earth.
- 3 He will not let your foot be moved*
and he who watches over you will not fall
asleep.
- 4 Behold, he who keeps watch over Israel*
shall neither slumber nor sleep;
- 5 The LORD himself watches over you;*
the LORD is your shade at your right hand,
- 6 So that the sun shall not strike you by day,*
nor the moon by night.
- 7 The LORD shall preserve you from all evil;*
it is he who shall keep you safe.
- 8 The LORD shall watch over your going out and
your coming in,* from this time forth for
evermore.

**Glory to the Father, and to the Son: and to
the Holy Spirit; as it was in the
beginning, is now, and shall be forever.
Amen.**

Second Lesson: Romans 4:1-5, 13-17

Lectors:

7:00 A.M.: Mr. Remech Matthais

**9:00 A.M.: Mr. Lavonne Hinds, Public Relations
Officer, Modern High School Old Scholars'
Association**

A Reading from the Word of God, written in the Letter of Paul to the Romans, the fourth chapter, beginning at the first verse.

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for

he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

LECTOR: The Word of the Lord.

ALL: Thanks be to God.

The Gradual Hymn ~ 455 “My faith looks up to thee”

My faith looks up to thee,
thou Lamb of Calvary,
Saviour divine:
now hear me while I pray;
take all my guilt away;
O let me from this day
be wholly thine.

May thy rich grace impart
strength to my fainting heart,
my zeal inspire.
As thou hast died for me,
O may my love to thee
pure, warm, and changeless be,
a living fire.

While life's dark maze I tread,
and griefs around me spread,
be thou my guide;
bid darkness turn to day,
wipe sorrow's tears away,
nor let me ever stray
from thee aside.

When ends life's transient dream,
when death's cold sullen stream
shall o'er me roll,
blest Saviour, then in love,
fear and distrust remove;
O bear me safe above,
a ransomed soul.

Words: Ray Palmer (1808-1887)

The Holy Gospel: John 3:1-17

GOSPELLERS:

7:00 A.M.: The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M.: The Rev'd Stephanie-Ann Wedderburn

The Gospeller: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to John,
the third chapter, beginning at the first verse.

ALL: Glory to Christ our Saviour.

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the

kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Gospeller: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: The Very Rev'd Dr. Jeffrey D. Gibson

(Please stand as able)

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.

For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right
hand of the Father
He will come again in glory to judge
the living and the dead,

and His kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
 who proceeds from the Father.
 With the Father and the Son
He is worshipped and glorified.
 He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.
 We acknowledge one baptism
for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. **Amen**

INTERCESSION FORM “B”

Page 107

Intercessors:

7:00 A.M.: Prof. Anne St. John, GCM

9:00 A.M.: Mr. John Moore (M.F.)

(Please sit or stand)

LEADER: Father, we pray for your holy Catholic Church;

ALL: That we all may be one.

LEADER: Grant that every member of the Church may truly and humbly serve you.

ALL: That your Name may be glorified by all people.

LEADER: We pray for all Bishops, Priests, and Deacons;

ALL: That they may be faithful ministers of your Word and Sacraments.

LEADER: We pray for all who govern and hold authority in the nations of the world;

ALL: That there may be justice and peace on the earth.

LEADER: Give us grace to do your will in all that we undertake;

ALL: That our works may find favour in your sight.

LEADER: Have compassion on those who suffer from any grief or trouble;

ALL: That they may be delivered from their distress.

LEADER: Give to the departed eternal rest;

ALL: Let light perpetual shine upon them.

LEADER: We praise you for your saints who have entered into joy;

ALL: May we also come to share in your heavenly kingdom.

LEADER: Let us pray for our needs and those of others

(Silence may be kept).

ALL: Almighty God, to whom our needs are known before we ask, help us to ask only what accords to your will; and the good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son, Jesus Christ our Lord. Amen.

ACT OF PENITENCE

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

(A period of silence shall be kept).

PRESIDENT:

Let us therefore confess our sins.

FORM B

Page 124

ALL

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy upon us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

PRESIDENT:

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

ALL: Amen.

(Please stand as able)

THE GREETING OF THE PEACE FORM “B” Page 125

PRESIDENT:

If you are offering your gift at the altar, and there remember that your brother or sister has something against you.

ALL: Leave your gift there before the altar, and go; first be reconciled to your brother or sister, and then come and offer your gift.

PRESIDENT: The Peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP: “Let there be peace on earth”

Let there be peace on earth
And let it begin with me
Let there be peace on earth
The peace that was meant to be
With God our Creator

Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me
Let this be the moment now
With every step I take
Let this be my solemn vow
To take each moment
And live each moment
In peace eternally
Let there be peace on earth
And let it begin with me.

THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, if worshippers have not already done so, they are asked to place their offering in the wooden boxes provided on the tables in the aisle)

The Offertory Hymn ~ 134 “Come, Christians, follow where the Captain trod,”

Refrain:

*Lift high the cross,
the love of Christ proclaim
till all the world adores
his sacred Name!*

Come, Christians, follow where the Captain trod,
the King victorious, Christ, the Son of God.

Refrain

Each newborn soldier of the crucified
bears on the brow the seal of him who died.

Refrain

This is the sign that Satan's armies fear
and angels veil their faces to revere.

Refrain

Saved by the cross on which their Lord was slain,
see Adam's children their lost home regain.

Refrain

*Words: George William Kitchin (1827-1912), revised,
1916 by Michael Robert Newbolt (1874-1956),
altered by Jubilate Hymns. Alterations © 1974 Hope Publishing Co.*

THE OFFERTORY PRAYER "B"

Page 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest!
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest!**

(Please sit or kneel)

PRESIDENT:

Holy and gracious Father,
all creation rightly gives you praise.
All life, all holiness, comes from you
through your Son, Jesus Christ our Lord,
whom you sent to share our human nature,
to live and die as one of us, to reconcile us to you,
the God and Father of all.

We therefore bring you these gifts,
and we ask you to make them holy by the power of
your Spirit, that they may become the Body and Blood
of your Son, our Saviour Jesus Christ,
who offered Himself in obedience to your will,
the Perfect Sacrifice for all mankind.

On the night He was betrayed,
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples and said:
"Take this and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

After supper He took the cup of wine:
and when He had given thanks, He gave it to them
and said: "Drink this, all of you:
This is my Blood of the New Covenant,
Which is shed for you and for many for the
forgiveness of sins. Do this, whenever you drink it,
For the remembrance of me."

PRESIDENT:

Let us proclaim the mystery of our faith.

ALL:

When we eat this Bread and drink this Cup, we proclaim the death of Christ until He comes again.

PRESIDENT:

Father, calling to mind the death your Son endured for our salvation;
His glorious Resurrection and Ascension;
His continual intercession for us in heaven;
and looking for His coming again in glory,
we offer you, in thanksgiving,
this holy and life-giving sacrifice.

Look with favour on your Church's offering,
and grant that we who eat and drink these holy gifts
may be filled with your Holy Spirit
and become one body in Christ,
and serve you in unity, constancy and peace.

May He make us a perpetual offering to you and
enable us, in communion with blessed Mary
and the whole company of heaven,
to share in the inheritance of your Saints.

With Him, and in Him, and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven
in songs of everlasting praise:

ALL:

**Blessing and honour and glory and power
be yours for ever and ever. Amen.**

THE LORD'S PRAYER

Page 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come; your will be done
on earth as in heaven.
Give us today our daily bread,
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours now and forever. Amen.**

The Breaking of The Bread "C"

Page 145

PRESIDENT:

This is the true bread which comes from heaven.

ALL:

Whoever eats this bread will live forever.

THE COMMUNION

The Invitation “B’

Page 146

PRESIDENT:

The Gifts of God for the People of God.

ALL:

Our souls will feast and be satisfied, and we will sing glad songs of praise to Him. Amen.

THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



The Administration of Communion/Spiritual Communion

The Communion Hymn ~ 470 “How firm a foundation, ye saints of the Lord,”

How firm a foundation, ye saints of the Lord,
is laid for your faith in his excellent word;
what more can he say than to you he hath said,
you who unto Jesus for refuge have fled?

Fear not, he is with thee, O be not dismayed;
for he is thy God, and will still give thee aid;
he'll strengthen thee, help thee, and cause thee to
stand, upheld by his righteous, omnipotent hand.

In every condition, in sickness, in health,
in poverty's vale, or abounding in wealth,
at home and abroad, on the land, on the sea,
as thy days may demand shall thy strength ever be.

When through the deep waters he calls thee to go,
the rivers of grief shall not thee overflow;
for he will be with thee, in trouble to bless,
and sanctify to thee thy deepest distress.

When through fiery trials thy pathway shall lie,
his grace, all-sufficient shall be thy supply;
the flame shall not hurt thee, his only design
thy dross to consume and thy gold to refine.

The soul that on Jesus has leaned for repose,
he will not, he will not desert to its foes;
that soul, though all hell should endeavour to shake,
he'll never, no never, no never forsake.

Words: "K" in Rippon's Selection, 1787 alt.

BLESSING OF THE CHILDREN – 658 “Jesus loves
me! This I know,”

Jesus loves me! This I know,
for the bible tells me so;
little ones to him belong;
they are weak but he is strong.

Refrain:

Yes, Jesus loves me!
Yes, Jesus loves me!
Yes, Jesus loves me!
The bible tells me so.

Jesus loves me! He who died,
heaven's gate to open wide;
he will wash away my sin,
let his little child come in.

Refrain

Jesus take this heart of mine,
make it pure and wholly thine;
on the cross you died for me,
I will try to live for thee.

Refrain

Words: Anne Bartlett Warner (1820-1915)

THE POST COMMUNION PRAYER “B” Page 148

ALL:

Eternal God and Heavenly Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. Send us now into the world in peace, and grant us strength and courage to love and serve you, and all person in you, with gladness and singleness of heart, through your son Jesus Christ our Lord. Amen

The Blessing ***“Lent”***

Page 150

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the Blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.
Amen.

***Welcome, Greetings from Immediate Past
President, and Announcements***

The Recessional **Hymn** ~ 374 “O praise our great and gracious Lord,”

O praise our great and gracious Lord,
and call upon his name;
to strains of joy tune every chord,
his mighty acts proclaim;
tell how he led his chosen race
to Canaan’s promised land;
tell how his covenant of grace
unchanged shall ever stand.

He gave the shadowing cloud by day,
the moving fire by night;
to guide his Israel on their way,
he made their darkness light;
and have not we a sure retreat,
a Saviour ever nigh,
the same clear light to guide our feet,
the day-spring from on high?

We, too have manna from above,
the bread that came from heaven;
to us the same kind hand of love
hath living waters given;
a rock we have, from whence the spring
in rich abundance flows;
that rock is Christ, our Priest, our King,
who life and health bestows.

O may we praise this blessed food,
and trust our heavenly Guide;
so shall we find death's fearful flood
serene as Jordan's tide,
and safely reach that happy shore,
the land of peace and rest,
where angels worship and adore
in God's own presence blest.

Words: Harriet Auber (1773-1862), 1829

THE DISMISSAL

PRESIDENT: The Lord be with you

ALL: And also with you.

PRESIDENT: Go in peace and serve the Lord.

ALL: In the name of Christ. Amen

Organ Postlude (*Worshippers are invited to sit silently to listen to the voluntary but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.

THE SECOND SUNDAY IN LENT ~ YEAR A

THEME FOR THE WEEK

"The purpose of our Lenten penances is our conversion of heart by a deepening of our faith."

First Reading: Genesis 12:1-4a

Comment: "The blessing of God upon Abram."

The opening lesson is **the story of God's call of Abraham (who was then known as Abram) to leave his own country and become the father of a great nation.** Trusting in the Lord, Abram and his family forsake all that is familiar to them to set out for an unknown land. This story is a primary illustration of the way God acts in history by calling individuals to venture forth in faith.

Psalm 121

Comment: "I will lift up my eyes to the hills; my help comes from the Lord."

A song of trust in the Lord, the unsleeping guardian of Israel.

Second Reading: Romans 4:1-5, 13-17

Comment: "The promise to those who share Abraham's faith."

In this passage **Paul describes Abraham as an individual who through faith found a right**

relationship with God. He is the father of all who trust in the Lord. Paul uses the example of Abraham as a centerpiece for his argument that righteousness with God comes through faith and not by works of the law. The promise given to Abraham and his descendants was not made because of good works or legal obedience. It rests on grace alone.

The Holy Gospel: John 3:1-17

Comment: "The mission of Christ: to save the world."

In our gospel story, **Nicodemus, one of the Pharisees, comes during the night to talk with Jesus.** Nicodemus is a figure used by the evangelists to represent a type of person who wants to believe but has difficulty understanding spiritual realities. Jesus tells him that individuals cannot enter the kingdom of God unless they are born anew through water and the Spirit. The inner meaning of the passage partly turns on the fact that "born anew" can also be understood as "born from on high" and the same Greek word means both wind and spirit. Jesus then tells Nicodemus of the Son of Man who comes down from heaven and who will be lifted up, both on the cross to die for the world and to return to heaven in glory.

CATHEDRAL NEWS

FINANCIAL STEWARDSHIP: Friends and well-wishers may write to: stmichaelcathedral@caribsurf.com or call: 1-246-427-0790 for more details. Meantime, donations can be

made through online payments to St. Michael's Cathedral CIBC First Caribbean International Bank, Bridgetown Branch, Account #2719302, Transit #09606.

INITIAL OFFERING: The cost of this year's Stewardship envelopes is (\$3,678.88). A hearty thank you is extended to all members who have made Initial Offering. So far the total amount collected is \$3,087.00. We encourage persons who have not made their contribution as yet, to do so as soon as possible.

WEEKLY BULLETIN ELECTRONICALLY:

At a recently held meeting of the Parochial Church Council, the decision was made to produce the weekly bulletin electronically from March 5, 2023. Members are encouraged to use the digital format or the CPWI Book of Common Prayer and Hymnal. To facilitate the smooth transition of this process, members are asked to update their records - both email addresses and WhatsApp numbers - with the Administrative Assistant at The Cathedral Office. Thank you for your kind consideration and cooperation.



SICK: Please remember the sick and injured of our parish and wider community, especially Margaret Browne, Elsie Brunson, Chesterfield A. Benjamin, Colleen Byer, Grace Catlyn, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Blair Murray, Clyde Outram, Sylvester "Blues" Sargeant,

Sheila Sealy, Phyllis Springer, Winifred Trotman, and George Yearwood.



Bereavement: We extend sincere condolences to the family of the late Ms. Ernesta Mayers of the Pine, St. Michael.

She was the mother of Mrs. Sandra Forte and sister of Ms. Isalene Coward. Also, to the family of the late Ms. Veronica Sealy of Bank Hall. We thank God for their lives, work, and witness among us. "Blessed are those who mourn, for they will be comforted." (Matthew 5:4)

CONGRATULATIONS!

Congratulations to all those celebrating birthdays this week.

March 5 - 11, 2023

Mr. Rashawn Blackman ~ 5

Ms. Gerline E. Parris ~ 7

Mrs. Omeitha I. Haynes ~ 8

Ms. Beverley L. Moore ~ 8

Michael DeC. Hinds ~ 9

Ms. Claudine M. Manning ~ 9

Mrs. Heather Coward-Downes ~ 11



SERMON NOTES

Text:.....
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Topic:.....
.....

Preacher:.....

Points to Ponder:

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What was God saying specifically to me during the Sermon?

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**Daily Book of Common Prayer Readings
(March 5 - 11, 2023)**

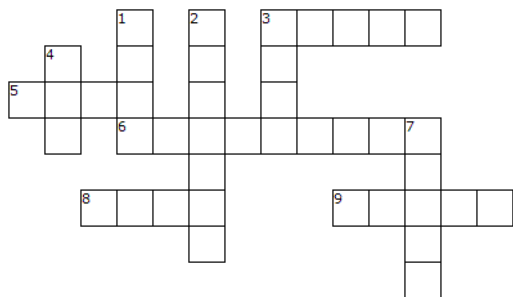
Day	Morning Readings	Evening Readings
The Second Sunday in Lent	Psalms 24, 29 Jeremiah 1:1-10 1 Corinthians 3:11-23	Psalms 8, 84 Genesis 41:14-45 Mark 3:31—4:9
Monday	Psalms 56, 57, (58) Jeremiah 1:11-19 Romans 1:1-15	Psalms 64, 65 Genesis 41:46-57 John 4:27-42
Tuesday	Psalms 61, 62 Jeremiah 2:1-13 Romans 1:16-25	Psalm 68:1-20(21-23)24-36 Genesis 42:1-17 John 4:43-54
Wednesday	Psalm 72 Jeremiah 3:6-18 Romans 1:28—2:11	Psalm 119:73-96 Genesis 42:18-28 John 5:1-18
Thursday	Psalms (70), 71 Jeremiah 4:9-10, 19-28 Romans 2:12-24	Psalm 74 Genesis 42:29-38 John 5:19-29
Friday Special Devotion	Psalms 95 (Invitatory) & 69:1-23(24-30)31-38 Jeremiah 5:1-9 Romans 2:25—3:18	Psalm 73 Genesis 43:1-15 John 5:30-47
Saturday	Psalm 75, 76 Jeremiah 5:20-31 Romans 3:19-31	Psalms 23, 27 Genesis 43:16-34 John 7:1-13 Collect for 3 Lent

Born Again!

In reply Jesus declared, "I tell you the truth, no one can see the kingdom of God unless he is born again." John 3:3 (NIV)

Based on John 3:1-17 (NIV)

*New Life in
Christ*



ACROSS

3. A clear, colorless liquid; H₂O
5. To receive sounds with your ears
6. A Pharisee who went to Jesus at night
8. The period from birth until death
9. The real facts about something; not false

DOWN

1. To be brought into life by birth
2. A person who instructs or trains others
3. The movement of air outside
4. To observe by using your eyes
7. Something that can be heard

HEAR	TRUTH	NICODEMUS	WIND	TEACHER
WATER	SOUND	SEE	LIFE	BORN



**Diocesan Lenten Study on the Five Marks of Mission
St. Michael's Deanery**

Sunday, 5th March - Mark 1 - TELL

Venue - St Leonard –

Presenters: The Rev'd Dr. Monrelle Williams &
The Rev'd Dr. Sonia Hinds (RD)

Meeting ID: 471 608 2507

Passcode: stmdlent

There is a youtube address as well. for Session 1 -
https://youtube.com/live/C6rxx-m_Bn0?feature=share

Sunday, 12th March - Mark 2 - TEACH

Venue - St Mary –

Presenters: The Rev'd Canon Wayne Isaacs/
Mr. Gerald Rose

Sunday, 19th March - Mark 3 - TEND

Venue - All Souls –

Presenter: The Rev'd Suzanne Ellis

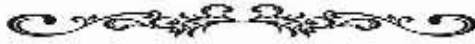
Sunday, 26th March - Mark 4 - TRANSFORM

Venue - St Stephen –

Presenter: The Rev'd Stephanie-Ann Wedderburn

Tuesday 4th April - Mark 5 - TREASURE
Venue - St Paul –
Presenter: The Rev'd Clive Thomas

All sessions begin at 6:00 p.m. All persons are encouraged to join, either in person or online.



CATHEDRAL MINISTRIES

Sunday, March 5, 2023

The Second Sunday in Lent

7:00 A.M. ~ Holy Eucharist

President and Preacher

The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ Sung Eucharist

President: The Rev'd Canon George Knight

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

**(The Modern High School Old Scholars'
Association in attendance)**

9:30 A.M. ~ Sunday School

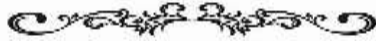
**6:00 P.M Diocesan Lenten Study on the Five Marks of
Mission – Tell**

(at The Church of St. Leonard or online)

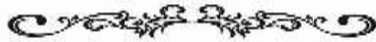
Meeting ID: 471 608 2507

Passcode: stmdlent

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Wednesday. ~ March 8, 2023
10:00 A.M. ~ Holy Eucharist
Preacher: The Very Rev'd Dr. Jeffrey D. Gibson



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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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Telephone: 1 (246)437-4265 (Dean's Residence)