

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

The Holy Eucharist

On

The Seventh Sunday of Easter

May 21, 2023

7:00 A.M. and 9:00 A.M.



**The Cathedral Church of
Saint Michael and
All Angels
*The Diocese of Barbados***

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant

Ms. Arlene Miller

Vergers

Mrs. Chloe Grant

Assistant Vergers

Ms. Harriet Lowe

Sunday, May 21, 2023
The Seventh Sunday of Easter: The Sunday after
Ascension Day - YEAR A

7:00 A.M. ~ Holy Eucharist
President and Preacher:
The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ Sung Eucharist
President: The Rev'd Canon George Knight
Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

Lay Eucharistic Minister: Dr. Sherlock Bradshaw



ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Opening **Hymn** ~ **569** “Alleluia, sing to Jesus!” (vs. 1-4)

Alleluia, sing to Jesus!
His the sceptre, his the throne;
alleluia, his the triumph,
his the victory alone:
hark, the songs of peaceful Sion
thunder like a mighty flood;
Jesus out of every nation
hath redeemed us by his blood.

Alleluia, not as orphans
are we left in sorrow now;
alleluia, he is near us,
faith believes, nor questions how:
though the cloud from sight received him,
when the forty days were o'er,
shall our hearts forget his promise,
'I am with you evermore'?

Alleluia, Bread of angels,
thou on earth our food, our stay;
alleluia, here the sinful
flee to thee from day to day:
Intercessor, Friend of sinners,
earth's Redeemer, plead for me,
where the songs of all the sinless
sweep across the crystal sea.

Alleluia, King eternal,
thee the Lord of lords we own;
alleluia, born of Mary,
earth thy footstool, heaven thy throne:
thou within the veil hast entered,
robed in flesh, our great High Priest;
thou on earth both Priest and Victim
in the Eucharistic feast.

Author: W. Chatterton Dix (1866)

Opening Sentence “*Ascension*”

Page 98

Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our

confession. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. (*Hebrews 4:14, 16*)

THE INVOCATION

Page 101

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever.

Amen. Alleluia! Alleluia!

ALL:

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. *Amen.*

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy

**Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord.
*Amen.***

THE KYRIES

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

Page 102

Glory to God in the highest,
and peace to His people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,
you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One;

you alone are the Lord:

you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. *Amen.*

The Collect: “**Seventh Sunday of *Easter: The Sunday
after Ascension Day***”

Page 171

President:
Let us pray.

The Lord be with you.
ALL: And also with you.

O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Saviour Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. *Amen*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: Acts 1:6-14

Lectors:

7:00 A.M. ~ Ms. Mary Haynes, K.C.

9:00 A.M. ~ Mrs. Margaret Fraser-Morrison

A reading from the Word of God written in the Acts of the Apostles, the first chapter, beginning at the sixth verse.

When the apostles had come together, they asked Jesus, “Lord, is this the time when you will restore the kingdom to Israel?” He replied, “It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.” When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, “Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.”

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day’s journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with

certain women, including Mary the mother of Jesus, as well as his brothers.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 68:1-10, 33-36

Page 551ff

Exsurgat Deus

- 1 Let God arise, and let his enemies be scattered;*
let those who hate him flee before him.
- 2 Let them vanish like smoke when the wind
drives it away;*
as the wax melts at the fire, so let the wicked
perish at the presence of God.
- 3 But let the righteous be glad and rejoice before
God;* let them also be merry and joyful.
- 4 Sing to God, sing praises to his Name;
exalt him who rides upon the heavens;*
YAHWEH is his Name, rejoice before him!
- 5 Father of orphans, defender of widows,*
God in his holy habitation!
- 6 God gives the solitary a home and brings forth
prisoners into freedom;* but the rebels shall
live in dry places.
- 7 O God, when you went forth before your
people,* when you marched through the
wilderness,

- 8 The earth shook, and the skies poured down rain,
at the presence of God, the God of Sinai,*
at the presence of God, the God of Israel.
- 9 You sent a gracious rain, O God, upon your
inheritance;* you refreshed the land when it
was weary.
- 10 Your people found their home in it;*
in your goodness, O God, you have made
provision for the poor.
- 33 Sing to God, O kingdoms of the earth;*
sing praises to the Lord.
- 34 He rides in the heavens, the ancient heavens;*
he sends forth his voice, his mighty voice.
- 35 Ascribe power to God;* his majesty is over
Israel; his strength is in the skies.
- 36 How wonderful is God in his holy places!*
the God of Israel giving strength and power to
his people! Blessed be God!

Glory to the Father, and to the Son: and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. *Amen*

Second Lesson: 1 Peter 4:12-14; 5:6-11

Lectors:

7:00 A.M. ~ Mrs. Joyanne Blackman-Jarvis

9:00 A.M. ~ Mr. Christopher Burnett

A reading from the Word of God written in the First Letter of Peter, the fourth chapter, beginning at the twelfth verse.

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice insofar as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you.

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters in all the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever.

LECTOR: The Word of the Lord.

ALL: Thanks be to God.

The Gradual Hymn ~ 196 “The head that once was crowned with thorns”

The head that once was crowned with thorns
is crowned with glory now:
a royal diadem adorns
the mighty Victor’s brow.

The highest place that heaven affords
is his, is his by right,
the King of kings, and Lord of lords,
and heaven’s eternal Light.

the joy of all who dwell above,
the joy of all below,
to whom he manifests his love,
and grants his name to know.

To them the cross, with all its shame,
with all its grace, is given:
their name an everlasting name,
their joy the joy of heaven.

They suffer with their Lord below,
they reign with him above;
their profit and their joy to know
the mystery of his love.

The cross he bore is life and health,
though shame and death to him;
his people’s hope, his people’s wealth,
their everlasting theme.

Words: Thomas Kelly (1769-1854/5)

The Holy Gospel: John 17:1-11

GOSPELLERS:

7:00 A.M. ~ The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ The Rev'd Stephanie-Ann Wedderburn

GOSPELLER: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to John, the seventeenth chapter, beginning at the first verse.

ALL: Glory to Christ our Saviour.

Jesus looked up to heaven and said, "Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

"I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on

their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.”

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: The Very Rev'd Dr. Jeffrey D. Gibson

(Please stand, as able)

The Nicene Creed

Page 104

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.

For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right
hand of the Father
He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
He is worshipped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. *Amen.*

Intercessors:

7:00 A.M.: Mr. Daniel Greenidge

9:00 A.M.: Mr. Shaquan Pompey

The Bidding Prayer: Assisting Priest

Lord, we pray for your Church. As we celebrate Ascensiontide, we give thanks that, in returning to the glory of heaven, your Son opened for us a way to your presence.

Lord in your love,

ALL: Hear our prayer.

(Please sit or kneel)

LEADER: Father, we pray for your holy Catholic Church;

ALL: That we all may be one.

LEADER: Grant that every member of the Church may truly and humbly serve you;

ALL: That your Name may be glorified by all people.

LEADER: We pray for all Bishops, Priests, and Deacons;

ALL: That they may be faithful ministers of your Word and Sacraments.

LEADER: We pray for all who govern and hold authority in the nations of the world;

ALL: That there may be justice and peace on the earth.

LEADER: Give us grace to do your will in all that we undertake;

ALL: That our works may find favour in your sight.

LEADER: Have compassion on those who suffer from any grief or trouble;

ALL: That they may be delivered from their distress.

LEADER: Give to the departed eternal rest.

ALL: Let light perpetual shine upon them.

LEADER: We praise you for your saints who have entered into joy.

ALL: May we also come to share in your heavenly kingdom.

LEADER: Let us pray for our needs and those of others.

(Silence is kept).

ALL: Almighty God, to whom our needs are known before we ask, help us to ask only what accords to your will; and the good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son, Jesus Christ our Lord. Amen.

ACT OF PENITENCE

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8,9*)

(A period of silence shall be kept).

PRESIDENT:

Let us therefore confess our sins.

FORM B

Page 124

ALL:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy upon us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

THE ABSOLUTION

Page 124

PRESIDENT:

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all

goodness, and keep you in life eternal; through Jesus Christ our Lord.

ALL: *Amen.*

(Please stand as able)

THE GREETING OF THE PEACE

Page 124

FORM A

PRESIDENT:

We are the body of Christ. By the one Spirit we were all baptised into one Body, and have all been made to drink of the one Spirit.

ALL: **Let us then pursue the things that make for peace and build up the common life.**

PRESIDENT: The Peace of the Lord be always with you.

ALL: **And also with you.**

HYMN OF FELLOWSHIP: “Let there be peace on earth”

Let there be peace on earth
And let it begin with me
Let there be peace on earth
The peace that was meant to be
With God our Creator
Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me
Let this be the moment now
With every step I take
Let this be my solemn vow
To take each moment
And live each moment
In peace eternally
Let there be peace on earth
And let it begin with me.

THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, if worshippers have not already done so, they are asked to place their offering in the wooden boxes provided on the tables in the cross aisle)

The Offertory Hymn ~ 190 “Crown him with many crowns,”

Crown him with many crowns,
the Lamb upon his throne,
hark! How the heavenly anthem drowns
all music but its own:
awake, my soul, and sing
of him who died for thee,
and hail him as thy matchless King
through all eternity.

Crown him the Virgin’s Son,
the God incarnate born,
whose arm those crimson trophies won
which now his brow adorn:

fruit of the mystic Rose,
as of that Rose the Stem;
the Root whence mercy ever flows,
the Babe of Bethlehem.

Crown him the Lord of love;
behold his hands and side,
those wounds yet visible above
in beauty glorified:
no angel in the sky
can fully bear that sight,
but downward bends his burning eye
at mysteries so bright.

Crown him the Lord of peace,
whose power a sceptre sways
from pole to pole, that wars may cease,
and all be prayer and praise:
his reign shall know no end,
and round his piercèd feet
fair flowers of paradise extend
their fragrance ever sweet.

Crown him the Lord of years,
the Potentate of time,
Creator of the rolling spheres,
ineffably sublime:
all hail, Redeemer, hail,
for thou hast died for me;
thy praise shall never, never fail
throughout eternity.

Words: Matthew Bridges (1800-1893), alt.

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*go to page 128*)

Through your dearly beloved Son Jesus Christ our Lord. After His glorious resurrection He openly appeared to His disciples, and in their sight ascended into heaven, to

prepare a place for us; that where He is, there we might also be, and reign with Him in glory. (*go to page 131*)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name.

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

(Please sit or kneel)

THE GREAT THANKSGIVING “A”

Page 131

PRESIDENT:

All Holy and glorious Father,
Our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.

Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things
and make them holy.

Through your Son, Jesus Christ
Who took our human nature upon Him
you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples

and said: “Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me.”

And after supper
He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
“Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

PRESIDENT:
Let us proclaim the mystery of our faith.

ALL:
Christ has died.
Christ is risen.
Christ will come again.

PRESIDENT:
And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;

His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and
Blood, of your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.

Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God, living and departed,
whom you have made for yourself.

Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,
when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,

we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

ALL:

**Blessing and honour and glory and power
Be yours for ever and ever. *Amen.***

THE LORD'S PRAYER

Page 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

Our Father in heaven,

hallowed be your Name;

your kingdom come;

your will be done

on earth as in heaven.

Give us today our daily bread,

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours now and forever. *Amen.*

THE BREAKING OF THE BREAD

Page 145

PRESIDENT:

We break this bread to share in the body of Christ.

ALL:

**Though we are many, we are one body,
because we all share in one bread.**

THE COMMUNION

The Invitation “B”

Page 146

PRESIDENT:

The Gifts of God for the People of God.

ALL:

**Our souls will feast and be satisfied, and we will sing
glad songs of praise to Him.**

THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



The Administration of Communion/Spiritual Communion

Communion Hymn ~ 607 “Lord, enthroned in heavenly splendour,”

Lord, enthroned in heavenly splendour,
first-begotten from the dead,
thou alone, our strong defender,
liftest up thy people's head.
Alleluia, alleluia,
Jesu, true and living bread.

Here our humblest homage pay we,
here in loving reverence bow;
here for faith's discernment pray we,
lest we fail to know thee now,
Alleluia, alleluia,
thou art here, we ask not how.

Though the lowliest form doth veil thee
as of old in Bethlehem,
here as there thine angels hail thee,
Branch and Flower of Jesse's Stem.
Alleluia, alleluia,
we in worship join with them.

Paschal Lamb, thine offering, finished
once for all when thou wast slain,
in its fullness undiminished
shall for evermore remain.
Alleluia, alleluia,
cleansing souls from every stain.

Life-imparting heavenly Manna,
stricken Rock with streaming side,
heaven and earth with loud hosanna
worship thee, the Lamb who died.
Alleluia, alleluia,
risen, ascended, glorified.

Words: George Hugh Bourne (1840-1925)

THE POST COMMUNION “A”

Page 147

ALL:

Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirits shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. *Amen.*

Christ our King, make you faithful and strong to do His will, that you may reign with Him in glory; and the Blessing of God the Father be upon you this day and forever more.

ALL: *Amen.*

Welcome and Announcements

The Recessional Hymn ~ 183 “Thine be the glory, risen, conquering Son,”

Thine be the glory, risen, conquering Son,
endless is the victory thou o’er death hast won;
angels in bright raiment rolled the stone away,
kept the folded graveclothes where thy body lay.
Thine be the glory, risen, conquering Son,
endless is the victory thou o’er death hast won.

Lo! Jesus meets us, risen from the tomb;
lovingly he greets us, scatters fear and gloom;
let the church with gladness hymns of triumph sing,
for her Lord now liveth, death hath lost its sting.
Thine be the glory, risen, conquering Son,
endless is the victory thou o’er death hast won.

No more we doubt thee, glorious Prince of life;
life is nought without thee: aid us in our strife;
make us more than conquerors, through thy deathless love:
bring us safe through Jordan to thy home above.

Thine be the glory, risen, conquering Son,
endless is the victory thou o'er death hast won.

*Words: Edmond Louis Budry (1854-1932),
from *À toi la gloire, O Ressuscité*, French;
translation: Richard Birch Hoyle (1875-1939)*

THE DISMISSAL

PRESIDENT: The Lord be with you

ALL: **And also with you.**

PRESIDENT: Go in peace and serve the Lord.

ALL: **In the name of Christ. *Amen.***

Organ Postlude (*Worshippers are invited to sit silently to listen to the voluntary but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.

SEVENTH SUNDAY OF EASTER – YEAR A
THEME FOR THE WEEK

Any departure of Jesus from our lives saddens us.
But he does it to reinforce his presence right here,
within us.



First Reading: Acts 1:6-14

Comment: “Jesus’ companions at prayer after his departure”

In this reading, we hear of Jesus’ promise of empowerment for mission by the Holy Spirit, after which he is envisioned being lifted up into heaven. The author of Acts pictures the missionary work of the church spreading outward from Jerusalem. In obedience to Jesus’ command, the disciples return to the city and, with others of Jesus’ followers and relatives, prayerfully await the coming of the Spirit. Although Jesus will one day appear again, his community now has a ministry to bring the good news to the world.

Psalm 68:1-10, 33-36

Comment: “Sing to God, who rides upon the clouds”

A psalm of praise to the mighty God, who has brought the people out of Egypt and saved Israel from her enemies. God reigns on high.

Second Reading (The Epistle): **1 Peter 4:12-14; 5:6-11**

Comment: “God will sustain those who suffer”

In this lesson, we learn that, **when Christians find it necessary to suffer for their faith, they are to know that they are sharing in Christ’s sufferings.** They can even find cause for rejoicing, recognizing that this may well be a sign that God’s Spirit is with them. The advice was given during an outbreak of persecution of Christians in Asia Minor. The disciples are urged to make sure that they only suffer in a right cause and are then unashamed to confess Christ’s name.

The Holy Gospel: **John 17:1-11**

Comment: “Christ’s prayer for his disciples”

In our gospel, **Jesus asks the Father that his glory may be made fully known in his Son, and he prays for his disciples, through whom this glory now shines.** These words are part of what is called Jesus’ high-priestly prayer offered before his death. God’s glory has been shown forth in Jesus’ ministry and will be radiant in his crucifixion and resurrection. Now and afterwards, Jesus’ followers will realise that all that Jesus has given to them has come from the Father.

CATHEDRAL NEWS

FINANCIAL STEWARDSHIP: Friends and well-wishers may write to: stmichaelcathedral@caribsurf.com or call: 1-246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael's Cathedral via CIBC First Caribbean International Bank, Bridgetown Branch, Account #2719302, Transit #09606.



SICK: Please remember the sick and injured of our parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Helena Lyte, Jeffrey Mascoll, Blair Murray, Marlene Moore, Clyde Outram, Veronica Sandals (USA), Sylvester “Blues” Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.



BEREAVEMENT: We extend sincere condolences to the families of the late Miss. Irene Blenman, mother of Mr. Harold Blenman; the late Mrs. Mercille Codrington, mother of Mrs. Margaret Browne; the late Mr. Carlyle “Mickey” Kellman, brother of Mrs. Margo Crichlow; and the late Miss. Serrial Reece, daughter of Mrs. Coleen Corbin.

May the departed rest in peace. “Blessed are those who mourn, for they will be comforted.” (*Matthew 5:4*)

DEACONS’ CUPBOARD: Members are reminded to support the Deacons’ Cupboard ministry, through which the Cathedral is able to provide relief to persons in need of food. Please remember to bring non-perishable food items for the cupboard. Place all gifts in the basket at the West Door. Please help those in need. Thank you.

FLOWERS: The Day of Pentecost: Whitsunday, May 28, 2023. All those persons interested in donating flowers for birthdays, anniversaries or in memory of loved ones, are welcome to do so.

BIRTHDAYS: Congratulations to all those celebrating birthdays this week:

May 21 – 27, 2023

Mr. Lawrence E. Pollard ~ 21

Ms. Donnah M. Russell ~ 22

Mr. Leslie Layne ~ 23

Mr. Robert Agbowu ~ 24

Ms. Marcia R. Hoyte ~ 26

Mr. Jerry A. Alleyne ~ 27



**Daily Book of Common Prayer Readings
(May 21-27, 2023)**

Day	Morning Readings	Evening Readings
<i>The Seventh Sunday of Easter</i>	<i>Psalms 66, 67 Ezekiel 3:16-27 Ephesians 2:1-10</i>	<i>Psalms 19, 46 Exodus 3:1-12 Matthew 10:24-33, 40-42</i>
<i>Monday</i>	<i>Psalm 89:1-18 Ezekiel 4:1-17 Hebrews 6:1-12</i>	<i>Psalm 89:19-52 Joshua 1:1-9 Luke 9:51-62</i>
<i>Tuesday</i>	<i>Psalms 97, 99, [100] Ezekiel 7:10-15, 23b-27 Hebrews 6:13-20</i>	<i>Psalms 94, [95] 1 Samuel 16:1-13a Luke 10:1-17</i>
<i>Wednesday</i>	<i>Psalms 101, 109:1-4(5-19)20-30 Ezekiel 11:14-25 Hebrews 7:1-17</i>	<i>Psalm 119:121-144 Isaiah 4:2-6 Luke 10:17-24</i>
<i>Thursday</i>	<i>Psalm 105:1-22 Ezekiel 18:1-4, 19-32 Hebrews 7:18-28</i>	<i>Psalm 105:23-45 Zechariah 4:1-14 Luke 10:25-37</i>
<i>Friday</i>	<i>Psalm 102 Ezekiel 34:17-31 Hebrews 8:1-13</i>	<i>Psalm 107:1-32 Jeremiah 31:27-34 Luke 10:38-42</i>
<i>Saturday</i>	<i>Psalms 107:33-43, 108:1-6(7-13) Ezekiel 43:1-12 Hebrews 9:1-14 Luke 11:14-23</i>	<i>Eve of Pentecost Psalm 33 Exodus 19:3-8a, 16-20 1 Peter 2:4-10 Collect for Pentecost (1)</i>

Jesus Prays for His Disciples



I pray for them. I am not praying for the world, but for those you have given me, for they are yours.

John 17:9 (NIV)

The puzzle is based on John 17:6-11 (NIV).

B L X K A Z F F A T H E R X P
 G L S S M Y O U R S E N J R E
 M O K E E C P T N D A B A P R
 I N C T D G W I E G A V E M X
 N G V M P O A Y T G X X W R E
 E E Y J N M E A N V D B V K P
 E R K K E B W I C C H O L Y L
 I C U R O H H O A C L R J X R
 S S E N T T P H R M E D T C W
 G L O R Y O T R Y D P P N O H
 P W A R N C I D O D U R T M L
 W O E A Y Y L Q A T I W A E Z
 V V W O Q R R B E V E B L Y D
 E T F E O S Y W I K I C S W V
 A T T W R J Y R G I X P T I X

POWER	GLORY	ACCEPTED	WORD	YOURS
EVERYTHING	KNOW	PRAY	MINE	GAVE
PROTECT	OBEYED	HOLY	NAME	SENT
LONGER	FATHER	COME	WORLD	REMAIN

SERMON NOTES

Text:.....

.....

Topic:.....

.....

Preacher:.....

Points to Ponder:

.....

.....

.....

.....

.....

What was God saying specifically to me during the Sermon?

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



Images of Easter: Hot Cross Buns

Reflection by The Rev'd Stephanie-Ann Wedderburn

Easter cannot be Easter without the Hot Cross Bun. Primarily eaten on Good Friday, this spicy delicious treat marks the end of Lenten observances and simultaneously the beginning of the Easter season. Each bun is decorated with a cross, a symbol of the cross used in Jesus' crucifixion; and the spices in the bun are said to represent the spices that were used to embalm the body of Jesus Christ after his death. (*John 20:38-40, Luke 23:55-56*) The raisins embedded in the dough are said to represent the body of Christ when he was entombed, and the yeast used in the dough represents Jesus Christ. In what way? you may ask. The dough has to rise before the hot cross bun is baked, thus symbolizing that Jesus has risen.

Interestingly, despite its seemingly religious ties to Christianity, history has revealed that this Easter food appeared in pagan ceremonies. Honouring 1.) the Germanic goddess Eostre/Ostara, the goddess of spring, dawn and light. Pagans baked small cakes with crosses, in her honour. Those crosses however celebrated the shift of the four seasons from winter to spring.

2.) the Roman goddess Diana/Artemis, goddess of fertility, the hunt and the moon. Her cakes were however decorated with the image of the deer or ox horns, dividing the cake into four sections, representing the four phases of the moon.

However, it was Brother Thomas Roccliffe, an Anglican monk from St. Alban Abbey, England, in 1361, who created the Alban bun, the predecessor of the hot cross buns. These buns, free of raisins, featured a cross etched into the top of the buns. They were handed out to the poor on Good Friday, a practice which continues to this day!!

The symbolism continues. It is believed that hot cross buns don't grow mold or decay, just as Jesus' body showed no sign of decay after his resurrection. Hard to believe then that these spicy treats were banned! Yet they were! For some believed that they carried medicinal or magical properties.

(Source - alwaystheholiday.com)

**The Seventh Sunday of Easter: The Sunday after
Ascension Day, May 21, 2023**

7:00 A.M. ~ Holy Eucharist

President and Preacher:

The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ Sung Eucharist

President: The Rev'd Canon George Knight

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

11:00 A.M. ~ Holy Baptism



Wednesday, May 24, 2023

10:00 A.M. ~ Holy Eucharist

The Very Rev'd Dr. Jeffrey D. Gibson



The Day of Pentecost: Whitsunday, May 28, 2023

7:00 A.M. ~ Holy Eucharist

9:00 A.M. ~ Sung Eucharist

**(Diabetes and Hypertension Association of Barbados
in attendance)**

9:30 A.M. – Sunday School

5:00 P.M. Sung Eucharist

(Annual Diocesan Synod)

OFFICERS OF THE CHURCH COUNCIL

Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell, J.P., Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Secretary: Ms. Harriett Clarke

Synod Representatives

Ms. Cyrilene Forde

Mr. Darnley King

Mr. Samuel Maxwell, J.P.

Alternative Synod Representative

Ms. Donna Inniss



LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne

Health Ministry: Dr. Wendy Sealy
Sunday School: Mrs. Harriett Blackman
Flower Guild: **Vacant**
Guild of St. Raphael Mr. Darwin Clarke



CONTACT US

<http://www.saintmichaelscathedral.bb>
stmichaelcathedral@caribsurf.com
[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)
<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

Address:
St. Michael's Row, Bridgetown

Office Hours:
Monday – Friday: 9:00 A.M. to 5:00 P.M.
Telephone: 1 (246) 427-0790 (Office)
Telephone: 1 (246) 437-4265 (Dean's Residence)