

**The Cathedral Church of  
Saint Michael and All Angels**

welcomes you to the celebration of

*The Holy Eucharist*

*On*



**THE FOURTH SUNDAY  
AFTER PENTECOST**

**June 25, 2023  
7:00 A.M. and 9:00 A.M**

**The Cathedral Church of  
Saint Michael and  
All Angels  
The Diocese of Barbados**

*Diocesan Bishop*

**The Rt. Rev'd Michael B. St. John. Maxwell, M. A.**

*Dean*

**The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight, B.Min.**

*Assistant Priest*

**The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., BMus.**

*Organist*

**Mr. Eric Cobham, B.Sc., BMus**

*Administrative Assistant*

**Ms. Arlene Miller**

*Vergers*

**Mrs. Chloe Grant**

*Assistant Vergers*

**Ms. Harriet Lowe**

**Sunday, June 25, 2023**  
**The Fourth Sunday after Pentecost: Proper 7**

**7:00 A.M. ~ Holy Eucharist**  
**President and Preacher:**  
**The Rev'd Stephanie-Ann Wedderburn**

**9:00 A.M. ~ Sung Eucharist**  
**President: The Very Rev'd Dr. Jeffrey D. Gibson**  
**Preacher: The Rev'd Stephanie-Ann Wedderburn**

**Lay Eucharistic Minister: Mrs. Judy King**



**ORDER OF WORSHIP**

**THE PREPARATION**

Organ Prelude

Welcome

Opening **Hymn ~ 312** “GOD made me for himself, to serve him here”

GOD made me for himself, to serve him here  
with love's pure service and in filial fear;  
to show his praise, for him to labour now;  
then see his glory where the angels bow.

All needful grace was mine, through his dear Son,  
whose life and death my full salvation won;  
the grace that would have strengthened me, and taught;  
grace that would crown me when my work was wrought.

And I, poor sinner, cast it all away;  
lived for the toil or pleasure of each day;  
as if no Christ had shed His precious blood,  
as if I owed no homage to my God.

O Holy Spirit, with thy fire divine,  
melt into tears this thankless heart of mine;  
teach me to love what once I seemed to hate,  
and live to God, before it be too late.

*Words: Arthur C. Ainger (1841-1919)*

Opening Sentence **“Pentecost”**

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When the Spirit comes, whom I shall send to you from the Father, even the Spirit of truth, who proceeds from the Father, He will bear witness to Me; and you also are witnesses, because you have been with Me from the beginning. (*John 15: 26, 27*)

**THE INVOCATION**

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**PRESIDENT:** Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

**ALL:** And blessed be His Kingdom, now and forever.  
**Amen. Alleluia! Alleluia!**

**ALL:** Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may

worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. *Amen.*

**COLLECT FOR PURITY**

Page 101

**ALL:** Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. *Amen.*

**THE KYRIES**

Page 102

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

**GLORIA IN EXCELSIS**

Page 102

Glory to God in the highest,  
and peace to His people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
    you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One;  
you alone are the Lord:  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. *Amen.*

The Collect: “**The Fourth Sunday after Pentecost**”

**Proper 7**

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**PRESIDENT:** The Lord be with you.

**ALL:** **And also with you.**

Let us pray.

O God our defender, storms rage about us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us all from unbelief; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*

*(Please sit)*

# THE MINISTRY OF THE WORD

First Lesson: **Jeremiah 20:7-13**

**Lectors: 7:00 A.M. ~ Mr. Victor Small**

**9:00 A.M. ~ Ms. Danielle Lewis**

A reading from the Word of God written in the Book of the prophet Jeremiah, the twentieth chapter, beginning at the seventh verse.

O LORD, you have enticed me, and I was enticed; you  
have overpowered me, and you have prevailed.

I have become a laughingstock all day long; everyone  
mocks me.

For whenever I speak, I must cry out, I must shout,  
"Violence and destruction!"

For the word of the LORD has become for me a  
reproach and derision all day long.

If I say, "I will not mention him, or speak any more in  
his name," then within me there is something like  
a burning fire shut up in my bones;

I am weary with holding it in, and I cannot.

For I hear many whispering: "Terror is all around!

Denounce him! Let us denounce him!" All my close  
friends are watching for me to stumble.

"Perhaps he can be enticed, and we can prevail  
against him, and take our revenge on him."

But the LORD is with me like a dread warrior;  
therefore my persecutors will stumble, and they  
will not prevail.

They will be greatly shamed, for they will not  
succeed. Their eternal dishonor will never be  
forgotten.

O LORD of hosts, you test the righteous, you see the  
heart and the mind; let me see your retribution  
upon them, for to you I have committed my  
cause. Sing to the LORD; praise the LORD!

For he has delivered the life of the needy from the  
hands of evildoers.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalms **69:8-11, 18-20**

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*Salvum me fac*

8 Surely, for your sake have I suffered reproach,\*  
and shame has covered my face.

9 I have become a stranger to my own kindred,\*  
an alien to my mother's children.

10 Zeal for your house has eaten me up;\*  
the scorn of those who scorn you has fallen  
upon me.

11 I humbled myself with fasting,\*  
but that was turned to my reproach.

18 Answer me, O LORD, for your love is kind \*  
in your great compassion, turn to me.'

19 "Hide not your face from your servant;\*  
be swift and answer me, for I am in distress.



20 Draw near to me and redeem me;\*  
because of my enemies deliver me.

**Glory to the Father, and to the Son: and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. *Amen***

Second Lesson: **Romans 6:1b-11**

**Lectors: 7:00 A.M. ~ Mrs. Jeannette Rollock**

**9:00 A.M. ~ Ms. Donnah Russell**

A reading from the Word of God written in the Letter of Paul to the Romans, the sixth chapter, beginning at the first verse.

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has

dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

LECTOR: The Word of the Lord.

**ALL: Thanks be to God.**

The Gradual **Hymn ~ 509** “Take up thy cross, the Saviour said,”

Take up thy cross, the Saviour said,  
if thou wouldst my disciple be;  
deny thyself, the world forsake,  
and humbly follow after me.

Take up thy cross! Let not its weight  
fill thy weak spirit with alarm:  
his strength shall bear thy spirit up,  
and brace thy heart, and nerve thine arm

Take up thy cross, nor heed the shame,  
nor let thy foolish pride rebel:  
thy Lord for thee the cross endured,  
to save thy soul from death and hell.

Take up thy cross then in his strength,  
and calmly every danger brave;  
‘twill guide thee to a better home,  
and lead to victory o'er the grave.

Take up thy cross, and follow Christ,  
nor think till death to lay it down;

for only he who bears the cross  
may hope to wear the glorious crown.

To thee, great Lord, the One in Three,  
all praise for evermore ascend:  
O grant us in our home to see  
the heavenly life that knows no end.

*Words: Charles William Everest (1814-1877), alt.*

The Holy Gospel: **Matthew 10:24-39**

**GOSPELLER: The Rev'd Stephanie-Ann Wedderburn**

GOSPELLER: The Lord be with you.

**ALL: And also with you.**

A Reading from the Holy Gospel according to Matthew,  
the tenth chapter, beginning at the twenty-fourth verse.

**ALL: Glory to Christ our Saviour.**

Jesus said to the twelve disciples, “A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household! “So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a

penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows. “Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

“Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,  
and a daughter against her mother,  
and a daughter-in-law against her mother-in-law;  
and one’s foes will be members of one’s own  
household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”

**GOSPELLER:** The Gospel of Christ.

**ALL:** Praise to Christ our Lord.

**The Sermon:** The Rev’d Stephanie-Ann Wedderburn

*(Please stand, as able)*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in Being with the Father.  
Through Him all things were made.

For us and for our salvation  
He came down from heaven:  
by the power of the Holy Spirit  
He was born of the Virgin Mary,  
and became man.

For our sake He was crucified under Pontius Pilate;  
He suffered, died and was buried.  
On the third day He rose again  
in fulfilment of the Scriptures;  
He ascended into heaven  
and is seated at the right  
hand of the Father  
He will come again in glory to judge  
the living and the dead,  
and His kingdom will have no end.

We believe in the Holy Spirit,

the Lord, the giver of life,  
    who proceeds from the Father.  
    With the Father and the Son  
He is worshipped and glorified.  
    He has spoken through the Prophets.

We believe in one holy catholic  
and apostolic Church.

We acknowledge one baptism  
for the forgiveness of sins.

We look for the resurrection of the dead,  
    and the life of the world to come. *Amen*

## **INTERCESSION FORM “H”**

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**Intercessors: 7:00 A.M.: Mrs. Joyanne Blackman-Jarvis  
                  9:00 A.M.: Mrs. Valdine Browne (L.E.M)**

Bidding Prayer

**Assisting Priest:** Lord, we pray for your Church. As we  
thank you for the gift of Pentecost, we pray that, renewed  
by the Spirit’s life, we would do Christ’s work in our  
world.

We pray for...

**LEADER:** Grant, Almighty God, that all who confess your  
Name may be united in your truth, live together in your  
love, and reveal your glory in the world.

*(Silence)*

**LEADER:** Lord, in your mercy,  
**ALL: Hear our prayer.**

LEADER: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good.

*(Silence)*

LEADER: Lord, in your mercy,

**ALL: Hear our prayer.**

LEADER: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

*(Silence)*

LEADER: Lord, in your mercy,

**ALL: Hear our prayer.**

LEADER: Bless all whose lives are closely linked with ours, especially Esme, Kimberley, Edlyn, Jennifer, Maureen and Anita, as they celebrate their birthday: and grant that we may serve Christ in them, and love one another as He loves us.

*(Silence)*

LEADER: Lord, in your mercy,

**ALL: Hear our prayer.**

LEADER: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*(Silence)*

LEADER: Lord, in your mercy,

**ALL: Hear our prayer.**

LEADER: We commend to your mercy all who have died, and those whose anniversary of death falls at this time. We rejoice that they are now full inheritors of your promises and we pray that we may share with all your saints in your eternal kingdom.

*(Silence)*

LEADER: Lord, in your mercy,

**ALL: Hear our prayer.**

## **THE CONCLUDING COLLECT**

**THE PRESIDENT:** Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever. *Amen.*

## **ACT OF PENITENCE**

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PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8, 9*)

*(A period of silence shall be kept).*



PRESIDENT: Let us therefore confess our sins.

## **FORM A**

**ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.**

## **THE ABSOLUTION**

Page 124

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

*(Please stand as able)*

## **THE GREETING OF THE PEACE**

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## **FORM A**

PRESIDENT: We are the Body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

**ALL: Let us then pursue the things that make for peace and build up the common life.**

PRESIDENT: The Peace of the Lord be always with you.

**ALL: And also with you.**

**HYMN OF FELLOWSHIP ~ 296** "There's a sweet,  
sweet Spirit in this place,"

There's a sweet, sweet Spirit in this place,  
and I know that it's the Spirit of the Lord.  
There are sweet expressions on each face,  
and I know they feel the presence of the Lord.

***Refrain:***

*Sweet Holy Spirit, sweet Heavenly Dove,  
stay right here with us,  
filling us with your love.  
And for these blessings,  
we lift our hearts in praise,  
without a doubt we'll know  
that we have been revived  
when we shall leave this place.*

There are blessings you cannot receive  
till you know him in his fullness, and believe.  
You're the one to profit when you say,  
'I am going to walk with Jesus all the way,'

***Refrain***

*Words: Doris Akers (1923-1995).  
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**THE MINISTRY OF THE SACRAMENT**

*(During the singing of this hymn, an offering will be collected. The Ushers will begin their collection from the west end of the Cathedral and move towards the altar, where the offering will be received by a server. The cooperation of everyone is requested.)*

The Offertory **Hymn ~ 168** “Come, ye faithful, raise the anthem,”

Come, ye faithful, raise the anthem,  
cleave the skies with shouts of praise;  
sing to him who found the ransom,  
ancient of eternal days,  
God of God, the Word Incarnate,  
whom the heaven of heaven obeys.

Ere he raised the lofty mountains,  
formed the seas, or built the sky,  
love eternal, free, and boundless,  
moved the Lord of Life to die,  
fore-ordained the Prince of princes  
for the throne of Calvary.

There, for us and our redemption,  
see him all his life-blood pour!  
There he wins our full salvation,  
dies that we may die no more;  
then, arising, lives for ever,  
reigning where he was before.

High on yon celestial mountains  
stands his gem-built throne, all bright,  
midst unending alleluias  
bursting from the sons of light;  
Sion's people tell his praises,  
victor after hard-won fight.

Bring your harps, and bring your odours,  
sweep the string and pour the lay;

let the earth proclaim his wonders,  
King of that celestial day;  
he the Lamb once slain is worthy,  
who was dead, and lives for aye.

Laud and honour to the Father,  
laud and honour to the Son,  
laud and honour to the Spirit,  
ever Three and ever One,  
consubstantial, co-eternal,  
while unending ages run.

*Words: Job Hupton (1762-1849),  
from The Gospel Magazine, 1805;  
paraphrase: John Mason Neale (1818-1866)*

## **THE OFFERTORY PRAYER “B”**

Page 126

**PRESIDENT AND PEOPLE: Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.**

## **THE EUCHARISTIC PRAYER**

Page 126

**PRESIDENT: The Lord be with you.**

**ALL: And also with you.**

**PRESIDENT: Lift up your hearts.**

**ALL: We lift them up to the Lord.**

**PRESIDENT: Let us give thanks to the Lord our God.**

**ALL: It is right to give God thanks and praise.**

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*go to page 128*)

Through Jesus Christ our Lord. In fulfilment of His true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations. (*go to page 131*)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**ALL:**

**Holy, holy, holy Lord,  
God of power and might;  
heaven and earth are full of your glory,  
Hosanna in the highest!  
Blessed is He who comes  
in the name of the Lord.  
Hosanna in the highest!**

*(Please sit or kneel)*

PRESIDENT:

All Holy and glorious Father,  
Our Creator God,  
we give you thanks  
because in your loving wisdom  
you brought all things into being,  
and are truly worthy of praise  
from every creature you have made.

Again and again  
we have turned away from you;  
yet in every age your steadfast love  
has called us to return,  
to live in union with you:  
for it is your eternal purpose  
to put new life into all things  
and make them holy.

Through your Son, Jesus Christ  
Who took our human nature upon Him  
you have redeemed the world  
from the bondage of sin:  
and by the power of your Holy Spirit  
you have gathered a people to yourself,  
to make known in every place  
His perfect offering which He made  
to the glory of your Name.

Hear us, therefore, Father,  
through your Son, Jesus Christ our Lord;  
And grant that these gifts of bread and wine  
may be unto us His Body and Blood.

For, on the night He was betrayed  
He took bread, and when He had given thanks to you,  
He broke it and gave it to His disciples  
and said: "Take this, and eat it:  
This is my Body which is given for you.  
Do this for the remembrance of me."

And after supper  
He took the cup of wine:  
and when He had given thanks,  
He gave it to them and said:  
"Drink this, all of you:  
This is my Blood of the New Covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."

PRESIDENT: Let us proclaim the mystery of our faith.

**ALL:**

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

PRESIDENT:

And so, Heavenly Father,  
rejoicing in His Holy Incarnation;  
His Blessed Passion and His Perfect Sacrifice  
made once for all upon the Cross;  
His Mighty Resurrection from the dead;  
His Glorious Ascension into heaven;  
and looking for His Coming in glory;  
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of  
praise and thanksgiving;  
and grant that all who eat and drink of the Body and  
Blood, of your Son, our great High Priest,  
may be renewed by your Holy Spirit,  
and be one Body, one Spirit, in Him.

Let faith and love increase in us.

Unite us with all Bishops,  
all other ministers of your Word and Sacraments,  
and with the whole people of God, living and departed,  
whom you have made for yourself.

Confirm us in holiness,  
that we may be found ready to join the company  
of the Blessed Virgin Mary, the Holy Apostles,  
and all your saints,  
when our Lord Jesus Christ comes again:



Forever giving you thanks and praise  
through Him from whom all good things do come.

With Him and in Him and through Him,  
by the power of the Holy Spirit,  
we worship you, Father Almighty,  
with all who stand before you in earth and heaven,  
in songs of everlasting praise:

**ALL: Blessing and honour and glory and power  
Be yours for ever and ever. *Amen.***

## **THE LORD'S PRAYER**

Page 144

PRESIDENT: As our Saviour has taught us, so we pray:

**ALL: Our Father in heaven,  
hallowed be your Name;  
your kingdom come;  
your will be done  
on earth as in heaven.**

**Give us today our daily bread,  
Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours now and forever. *Amen.***

## THE BREAKING OF THE BREAD

Page 145

**PRESIDENT:** We break this bread to share in the body of Christ.

**ALL:** **Though we are many, we are one body, because we all share in one bread.**

## THE COMMUNION

### The Invitation “A”

**PRESIDENT:** My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

**ALL:** **Grant gracious Lord, that we so eat the flesh of Your dear Son, Jesus Christ, and drink His blood, that we may evermore dwell in Him and He in us. Amen**

## THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
grant us peace.**



## The Administration of Communion/Spiritual Communion

Communion **Hymn** ~ 620 “Sweet sacrament divine,”

Sweet sacrament divine,  
hid in thine earthly home;  
lo, round thy lowly shrine,  
with suppliant hearts we come;  
Jesus, to thee our voice we raise  
in songs of love and heartfelt praise:  
sweet sacrament divine,  
sweet sacrament divine.

Sweet sacrament of peace,  
dear home of every heart,  
where restless yearnings cease  
and sorrows all depart;  
there in thine ear all trustfully  
we tell our tale of misery:  
sweet sacrament of peace,  
sweet sacrament of peace.

Sweet sacrament of rest,  
ark from the ocean's roar,  
within thy shelter blest  
soon may we reach the shore;  
save us, for still the tempest raves,  
save, lest we sink beneath the waves:

sweet sacrament of rest,  
sweet sacrament of rest.

Sweet sacrament divine,  
earth's light and jubilee,  
in thy far depths doth shine  
thy Godhead's majesty;  
sweet light, so shine on us, we pray,  
that earthly joys may fade away:  
sweet sacrament divine,  
sweet sacrament divine.

*Words: Francis Stanfield (1835-1914)*

## **THE POST COMMUNION “A”**

Page 147

**ALL: Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.**

## **THE BLESSING “Pentecost”**

Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you. *Amen.*

## *Welcome and Announcements*

The Recessional **Hymn ~ 400** “We have a gospel to proclaim,”

We have a gospel to proclaim,  
good news for men in all the earth;  
the gospel of a saviour’s name;  
we sing his glory, tell his worth.

Tell of his birth at Bethlehem,  
not in a royal house or hall  
but in a stable dark and dim:  
the word made flesh, a light for all.

Tell of his death at Calvary,  
hated by those he came to save;  
in lonely suffering on the cross  
for all he loved, his life he gave.

Tell of that glorious Easter morn:  
empty the tomb, for he was free;  
he broke the power of death and hell  
that we might share his victory.

Tell of his reign at God’s right hand,  
by all creation glorified;  
he sends his Spirit on his church  
to live for him, the Lamb who died.

Now we rejoice to name Him king:  
Jesus is Lord of all the earth;  
this gospel-message we proclaim:  
we sing his glory, tell his worth.\

*Words: Edward Joseph Burns (1938-) Words © Edward Joseph Burns.*

## THE DISMISSAL

**PRESIDENT:** The Lord be with you

**ALL:** And also with you.

**PRESIDENT:** Go in peace and serve the Lord.

**ALL:** In the name of Christ. *Amen.*

**Organ Postlude** (*Worshippers are invited to sit silently to listen to the voluntary but those who wish to leave at this point may do so quietly.*)

*Thank you most sincerely for worshipping at the Cathedral this morning.*

## THE FOURTH SUNDAY AFTER PENTECOST: PROPER 7 YEAR A THEME FOR THE WEEK

No matter how mysterious are God's ways with us, Jesus Christ has acquitted us all, driving out our fears by faith.



First Reading: **Jeremiah 20:7-13**

**Comment:** “The prophet must speak despite opposition”

In our Hebrew scripture lesson, **Jeremiah complains to the Lord. He is torn between wanting to give up his mission and his need to speak in God's name and put his trust in God.** Jeremiah has been given a most difficult

ministry. In the period shortly before the final defeat of Judah and its time of exile, all he can do is prophesy violence and destruction as God's judgement on the people. Even his so-called friends persecute him. Yet the Lord is on his side.

**Psalm 69:8-11, 18-20**

**Comment: "Answer me, O Lord, for your love is kind."**

A psalm of praise to the mighty God, who has brought the people out of Egypt and saved Israel from her enemies. God reigns on high.

Second Reading: **Romans 6:1b-11**

**Comment: "Buried and raised with Christ, by baptism"**

In this reading we learn that, **as Christian disciples have been joined with Christ in his death through baptism, so they are to know a resurrection like his.** In union with Christ we have died to our sinful selves and have begun to experience a new way of life. In one sense, Paul recognises, our freedom from death still awaits us in the future. Yet, in another sense, we already know what it means to be alive to God in Jesus Christ and to realise the true meaning of life.

The Holy Gospel: **Matthew 10:24-39**

**Comment: "The cost of discipleship"**

In our gospel, **Jesus warns his disciples of trouble to come, but offers them the assurance of the Father's care**

**and his own readiness to support them before God when they speak up for him.** Because they are Jesus' disciples, people will do to them what they did to him. There will be persecution and divided families, but disciples are not to be afraid. They are to love Jesus more than father or mother, son or daughter, and to be willing to lose their own lives for Christ's sake. Those who live in this way will actually find their true lives, and God will hold them fast.

### **CATHEDRAL NEWS**

**FINANCIAL STEWARDSHIP:** Friends and well-wishers may write to: [stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com) or call: 1-246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael's Cathedral via CIBC First Caribbean International Bank, Bridgetown Branch, Account #2719302, Transit #09606.



**SICK:** Please remember the sick and injured of our parish and wider community, especially Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Sylvia Crawford, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Helena Lyte, Jeffrey Mascoll, Blair Murray, Marlene Moore, Clyde Outram, Veronica Sandals (USA), Sylvester "Blues" Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.



**DEACONS' CUPBOARD:** Members are reminded to support the Deacons' Cupboard ministry, through which the Cathedral is able to provide relief to persons in need of food. Please remember to bring non-perishable food items for the cupboard. Place all gifts in the basket at the West Door. Please help those in need. Thank you.

**SMCFA:** Please note that due to unforeseen circumstances, The St. Michael Centre for Faith and Action's sixth (6<sup>th</sup>) Anniversary Service has been postponed. **The new date for this observance will be Sunday, July 16, 2023, 6:00 p.m., in the Cathedral.** The details remain the same: Evensong and the preacher will be Senator The Rev'd Canon Dr. John Rogers, Rector of St. George and Rural Dean of St. John. All are welcome.

**LECTIONARY:** Members are asked to note that the Cycle of Readings for Pentecost will continue next Sunday with Proper 8, Year A, page 676, in the Book of Common Prayer. The Liturgical colour is Green.

**MOTHERS' UNION:** The Barbados Mothers' Union will celebrate its 110th Anniversary today Sunday, June 25, 2023 at 4:00 p.m. in the Cathedral. The service will be Evening Prayer, in the presence of Her Excellency The Most Honourable Dame Sandra Mason President of Barbados. The Worldwide President Mrs. Sheran Harper, will be in attendance. There will also be the presentation of awards.

**BIRTHDAYS:** Congratulations to all those celebrating their Birthday this week:

*June 25 – July 1, 2023*

*Ms. Esme Knights ~ 25*

*Mrs. Kimberley C. M. Austin ~ 26*

*Mrs. Edlyn P. Harewood ~ 26*

*Ms. Jennifer E. Ifill ~ 26*

*Mrs. Maureen Gibson-Knight ~ 28*

*Mrs. Anita M. Yarde ~ 29*



**SERMON NOTES**

Text:.....

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Topic:.....

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Preacher:.....

Points to Ponder:

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.....

What was God saying specifically to me during the Sermon?

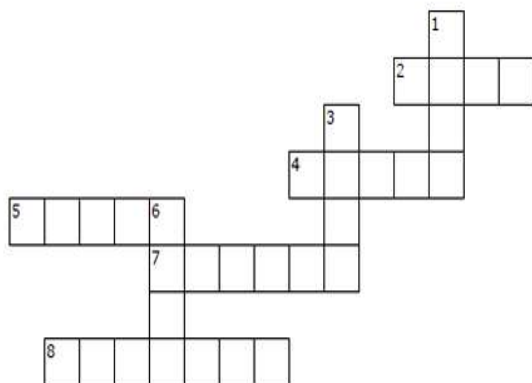
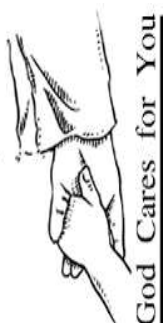
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# You Are Precious in His Sight

So don't be afraid; you are more valuable to God than a whole flock of sparrows. Matthew 10:31 (NIV)

Based on Matthew Matthew 10:24-39 (NIV)



## ACROSS

2. The spiritual part of a person
4. A small copper coin
5. The value of something
7. To be fearful or anxious about something
8. A common, small, gray-brown bird

## DOWN

1. The physical part of a person
3. The part of the body that contains the eyes, nose, mouth, ears, and the brain
6. Threadlike structures growing on the head of a person

WORTH	SOUL	SPARROW	HEAD
HAIR	PENNY	AFRAID	BODY

.....

**Daily Book of Common Prayer Readings**  
**(June 25 – July 1, 2023)**

<i>Day</i>	<i>Morning Readings</i>	<i>Evening Readings</i>
<i>The Fourth Sunday after Pentecost: Proper 7</i>	<i>Psalms 66, 67 1 Samuel 4:12-22 James 1:1-18</i>	<i>Psalms 19, 46 Numbers 14:26-45 Matthew 19:23-30</i>
<i>Monday</i>	<i>Psalms 89:1-18 1 Samuel 5:1-12 Acts 5:12-26</i>	<i>Psalms 89:19-52 Numbers 16:1-19 Luke 21:29-36</i>
<i>Tuesday</i>	<i>Psalms 97, 99, [100] 1 Samuel 6:1-16 Acts 5:27-42</i>	<i>Psalms 94, [95] Numbers 16:20-35 Luke 21:37—22:13</i>
<i>Wednesday</i>	<i>Psalms 101, 109:1-4 (5-19)20-30 1 Samuel 7:2-17 Acts 6:1-15</i>	<i>Psalms 119:121-144 Numbers 16:36-50) Luke 22:14-23</i>
<i>Saint Peter and Saint Paul, Apostles Thursday</i>	<i>Psalms 66 Ezekiel 2:1-7 Acts 11:1-18</i>	<i>Psalms 97, 138 Isaiah 49:1-6 Galatians 2:1-9</i>
<i>Friday</i>	<i>Psalms 102 1 Samuel 9:1-14 Acts 7:17-29</i>	<i>Psalms 107:1-32 Numbers 20:1-13 Luke 22:31-38</i>
<i>Saturday</i>	<i>Psalms 107:33-43, 108:1-6(7-13) Acts 7:30-43</i>	<i>Psalms 33 Numbers 20:14-29 Luke 22:39-51 Collect for Proper 8</i>

**The Fourth Sunday after Pentecost: Proper 7  
June 25, 2023**

**7:00 A.M. ~ Holy Eucharist**

**President and Preacher:**

**The Rev'd Stephanie-Ann Wedderburn**

**9:00 A.M. ~ Sung Eucharist**

**President: The Very Rev'd Dr. Jeffrey D. Gibson**

**Preacher: The Rev'd Stephanie-Ann Wedderburn**

**9:30 A.M. – Sunday School**

**4:00 P.M. ~ Mothers' Union:**

**110<sup>th</sup> Anniversary Service**



**Wednesday, June 28, 2023**

**10:00 A.M. ~ Holy Eucharist**

**The Very Rev'd Dr. Jeffrey D. Gibson**



**The Fifth Sunday after Pentecost: Proper 8  
July 2, 2023**

**7:00 A.M. ~ Holy Eucharist**

**9:00 A.M. ~ Sung Eucharist**

**9:30 A.M. ~ Sunday School**

**6:00 P.M. ~ Boys & Girls Choirs of**

**The Church of Transfiguration – New York City  
in Concert**



**The Boys and Girls Choirs  
of  
The Church of the Transfiguration  
New York City**  
Claudia Dumschat (Director of Music)

## **In Concert**

**Saint Michael's Cathedral  
Sunday, 2<sup>nd</sup> July 2023  
6:00 p.m.**

Ticket ~ \$30



**Proceeds toward  
The Cathedral Restoration Fund**

# OFFICERS OF THE CHURCH COUNCIL

## Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

## Church Wardens:

Mr. Samuel Maxwell, J.P., Mr. Victor Sylvester

**Secretary:** Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

**Treasurer:** Mr. David Murray

Assistant Secretary: Ms. Harriett Clarke

## Synod Representatives

Ms. Cyrilene Forde

Mr. Darnley King

Mr. Samuel Maxwell, J.P.

## Alternative Synod Representative

Ms. Donna Inniss

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## LEADERS OF ORGANISATIONS AND MINISTRIES

<b>Men's Fellowship:</b>	Mr. John Moore
<b>Mothers' Union:</b>	Mrs. Colleen Byer
<b>Church Army:</b>	Captain Donnah Russell
<b>Woman's Auxiliary:</b>	<b>Vacant</b>
<b>Ushers Guild:</b>	Mrs. Juno Burrows
<b>Outreach Committee:</b>	Mrs. Delores Hinds
<b>Guild of Servers:</b>	Mr. Jerry Alleyne
<b>Health Ministry:</b>	Dr. Wendy Sealy
<b>Sunday School:</b>	Mrs. Harriett Blackman
<b>Flower Guild:</b>	<b>Vacant</b>
<b>Guild of St. Raphael</b>	Mr. Darwin Clarke



#### **CONTACT US**

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[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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