

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

The Holy Eucharist
On

**The Eighth
Sunday
After
Pentecost**



**July 23, 2023
7:00 A.M. and 9:00 A.M**

**The Cathedral Church of
Saint Michael and
All Angels
*The Diocese of Barbados***

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant, Ag.

Ms. Armel Marshall

Vergers

Mrs. Chloe Grant

Assistant Vergers

Ms. Harriet Lowe

Sunday, July 23, 2023
The Eighth Sunday after Pentecost: Proper 11

7:00 A.M. ~ Holy Eucharist
President: The Very Rev'd Dr. Jeffrey D. Gibson
Preacher: The Rev'd Stephanie-Ann Wedderburn



9:00 A.M. ~ Sung Eucharist
President: The Rev'd Canon George Knight
Preacher: The Rev'd Stephanie-Ann Wedderburn
St. Stephen's Brownie Unit in attendance



Lay Eucharistic Minister: Dr. Sherlock Bradshaw

ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Opening **Hymn ~ 403 (vs. 4 & 5 omitted)**

Light's abode, celestial Salem,
vision whence true peace doth spring,
brighter than the heart can fancy,
mansion of the highest King;
O how glorious are the praises
which of thee the prophets sing!

There for ever and for ever
alleluia is outpoured;
for unending, for unbroken
is the feast-day of the Lord;
all is pure and all is holy
that within thy walls is stored.

There no cloud or passing vapour
dims the brightness of the air;
endless noon-day, glorious noon-day,
from the Sun of suns is there;
there no night brings rest from labour,
for unknown are toil and care.

Laud and honour to the Father,
laud and honour to the Son,
laud and honour to the Spirit,

ever Three and ever One,
consubstantial, co-eternal,
while unending ages run.

Words: attributed to Thomas à Kempis (c1380-1471):
Translation: John Mason Neale (1818-1866)

Opening Sentence “*General*”

Page 100

Therefore I will offer in His dwelling an oblation with sounds of great gladness; I will sing and make music to the Lord. (*Psalm 27:7*)

THE INVOCATION

Page 101

PRESIDENT: Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever. Amen. Alleluia! Alleluia!

ALL:

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

THE KYRIES

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

Page 102

Glory to God in the highest,
and peace to His people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:

have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. *Amen.*

The Collect: “**The Eighth Sunday after Pentecost**”
Proper 11

Page 176

PRESIDENT: The Lord be with you.

ALL: And also with you.

Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*
(Please sit)

THE MINISTRY OF THE WORD

First Lesson: Isaiah 44:6-8

Lectors: 7:00 A.M. ~ Ms. Shernell O’Neale
9:00 A.M. ~ Mr. Shaquan Pompey

A reading from the Word of God written in the Book of the prophet Isaiah, the forty-fourth chapter, beginning at the sixth verse.

Thus says the LORD, the King of Israel,
and his Redeemer, the LORD of hosts:

I am the first and I am the last;
besides me there is no god.

Who is like me? Let them proclaim it,
let them declare and set it forth before me.

Who has announced from of old the things to come?
Let them tell us what is yet to be.

Do not fear, or be afraid;
have I not told you from of old and declared it?
You are my witnesses!

Is there any god besides me?
There is no other rock; I know not one.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 86:11-17 *Inclina, Domine*

Page 580

11 Teach me your way, O LORD,
and I will walk in your truth; *
knit my heart to you that I may fear your Name.

12 I will thank you, O LORD my God, with all my
heart, *
and glorify your Name for evermore.

13 For great is your love toward me; *
you have delivered me from the nethermost Pit.

- 14 The arrogant rise up against me, O God,
and a band of violent men seeks my life; *
they have not set you before their eyes.
- 15 But you, O LORD, are gracious and full of
compassion, *
slow to anger, and full of kindness and truth.
- 16 Turn to me and have mercy upon me; *
give your strength to your servant;
and save the child of your handmaid.
- 17 Show me a sign of your favour,
so that those who hate me may see it and be
ashamed; *
because you, O LORD, have helped me and
comforted me.

Glory to the Father, and to the Son: and to the Holy Spirit; as it was in the beginning, is now: and shall be forever. *Amen*

Second Lesson: **Romans 8:12-25**

Lectors: 7:00 A.M. ~ Ms. Deidre Cox

**9:00 A.M. ~ Ms. Emili Gaskin, St. Stephen's
Brownie Unit**

A reading from the Word of God written in the Letter of Paul to the Romans, the eighth chapter, beginning at the twelfth verse.

Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a

spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, “Abba! Father!” it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

LECTOR: The Word of the Lord.

ALL: Thanks be to God.

The Gradual **Hymn ~ 228**

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,

most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.

To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish; but naught changeth thee.

Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

Words: Walter Chalmers Smith (1824-1908), after 1 Timothy 1:17

The Holy Gospel: **Matthew 13:24-30, 36-43**

GOSPELLER: The Rev'd Stephanie-Ann Wedderburn

GOSPELLER: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to Matthew,
the thirteenth chapter, beginning at the twenty-fourth verse.

ALL: Glory to Christ our Saviour.

Jesus put before the crowd another parable: "The kingdom
of heaven may be compared to someone who sowed good

seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, 'Master, did you not sow good seed in your field? Where, then, did these weeds come from?' He answered, 'An enemy has done this.' The slaves said to him, 'Then do you want us to go and gather them?' But he replied, 'No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'"

Then he left the crowds and went into the house. And his disciples approached him, saying, "Explain to us the parable of the weeds of the field." He answered, "The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!"

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: The Rev'd Stephanie-Ann Wedderburn

(Please stand, as able)

The Nicene Creed

Page 104

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right

hand of the Father

He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.

With the Father and the Son
He is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.

We acknowledge one baptism
for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. *Amen*

INTERCESSION FORM “H”

Page 120

Intercessors: 7:00 A.M. ~ Mr. Remech Matthais
9:00 A.M. ~ Ms. Margaret Aimey

Bidding Prayer

Assisting Priest: Lord, we pray for your Church, that
together we may grow in faith, hope and love.

We pray for...

LEADER: Lord, in your mercy,

ALL: **Hear our prayer.**

(Please kneel or sit as able)

LEADER: Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Bless all whose lives are closely linked with ours, especially Thorill, Coralie and Monica, as they celebrate their birthdays: and grant that we may serve Christ in them, and love one another as He loves us.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: We commend to your mercy all who have died, especially Mabel Armstrong and Jennifer Weekes and those whose anniversary of death falls at this time. We rejoice that they are now full inheritors of your promises and we pray that we may share with all your saints in your eternal kingdom.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

THE CONCLUDING COLLECT

PRESIDENT: Almighty and eternal God, ruler of all things in heaven and earth: mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. *Amen.*

ACT OF PENITENCE

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8, 9*)

(A period of silence shall be kept).

PRESIDENT: Let us therefore confess our sins.

FORM A

ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

THE ABSOLUTION

Page 124

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

(Please stand as able)

THE GREETING OF THE PEACE

Page 124

FORM A

PRESIDENT:

We are the Body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL:

Let us then pursue the things that make for peace and build up the common life.

PRESIDENT:

The Peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP ~ 296

There's a sweet, sweet Spirit in this place,
and I know that it's the Spirit of the Lord.
There are sweet expressions on each face,
and I know they feel the presence of the Lord.

Refrain:

*Sweet Holy Spirit, sweet Heavenly Dove,
stay right here with us,
filling us with your love.
And for these blessings,
we lift our hearts in praise,
without a doubt we'll know
that we have been revived
when we shall leave this place.*

There are blessings you cannot receive
till you know him in his fullness, and believe.
You're the one to profit when you say,
'I am going to walk with Jesus all the way.'

Refrain

*Words: Doris Akers (1923-1995).
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THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, an offering will be collected. The Ushers will begin their collection from the west end of the Cathedral and move towards the altar, where the offering will be received by a server. The cooperation of everyone is requested.)

The Offertory Hymn ~ 216

Come, thou almighty King,
help us thy name to sing,
help us to praise.
Father whose love unknown
all things created own,
build in our hearts thy throne,
Ancient of Days.

Come, thou incarnate Word,
by heaven and earth adored;
our prayer attend:
come, and thy people bless;
come, give thy word success;
stablish thy righteousness,
Saviour and friend.

Come, holy Comforter,
thy sacred witness bear
in this glad hour:
thou, who almighty art,

now rule in every heart,
and ne'er from us depart,
Spirit of power.

To thee, great One in Three,
the highest praises be,
hence evermore;
thy sovereign majesty
may we in glory see,
and to eternity
love and adore.

Words: anonymous, c1757, alt.

THE OFFERTORY PRAYER “B”

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PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

**ALL: It is right to give God thanks and
praise.**

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*go to page 130*)

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. (*go to page 131*)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest!
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest!**

(Please sit or kneel)

PRESIDENT:

All Holy and glorious Father,
Our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.

Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things
and make them holy.

Through your Son, Jesus Christ
Who took our human nature upon Him
you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread, and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

And after supper
He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

PRESIDENT: Let us proclaim the mystery of our faith.

ALL:

Christ has died.

Christ is risen.

Christ will come again.

PRESIDENT:

And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and
Blood, of your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.

Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God, living and departed,
whom you have made for yourself.

Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,
when our Lord Jesus Christ comes again:

Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

ALL:

**Blessing and honour and glory and power
Be yours for ever and ever. *Amen.***

THE LORD'S PRAYER

Page 144

PRESIDENT: As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come;
your will be done
on earth as in heaven.**

**Give us today our daily bread,
Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours now and forever. *Amen.***

PRESIDENT:

We break this bread to share in the body of Christ.

ALL:

Though we are many, we are one body, because we all share in one bread.

THE COMMUNION

The Invitation “A”

PRESIDENT:

My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

ALL:

Grant gracious Lord, that we may so eat the flesh of Your dear Son, Jesus Christ, and drink His blood, that we may evermore dwell in Him and He in us. *Amen*

THE AGNUS DEI

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



The Administration of Communion/Spiritual Communion

Communion Hymn ~ 397

Lord, thy word abideth,
and our footsteps guideth;
who its truth believeth
light and joy receiveth.

When our foes are near us,
then thy word doth cheer us,
word of consolation,
message of salvation.

When the storms are o'er us,
and dark clouds before us,
then its light directeth,
and our way protecteth.

Who can tell the pleasure,
who recount the treasure
by thy word imparted
to the simple-hearted?

Word of mercy, giving
succour to the living;
word of life, supplying

comfort to the dying!

O that we discerning
its most holy learning,
Lord, may love and fear thee,
evermore be near thee.

Words: Henry Williams Baker (1821-1877)

THE POST COMMUNION “A”

Page 147

ALL:

Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

THE BLESSING “Pentecost”

Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you. *Amen.*

Welcome and Announcements

The Recessional **Hymn** ~ 367

Fill thou my life, O Lord my God,
in every part with praise,
that my whole being may proclaim
thy being and thy ways.

Not for the lip of praise alone,
nor e'en the praising heart,
I ask, but for a life made up
of praise in every part:

Praise in the common things of life,
its goings out and in;
praise in each duty and each deed,
however small and mean.

Fill every part of me with praise:
let all my being speak
of thee and of thy love, O Lord,
poor though I be and weak.

So shalt thou, Lord, receive from me
the praise and glory due;
and so shall I begin on earth
the song for ever new.

So shall each fear, each fret, each care,
be turnèd into song;
and every winding of the way
the echo shall prolong.

So shall no part of day or night

unblest or common be;
but all my life, in every step,
be fellowship with thee.

*Words: Horatius Bonar (1808-1889),
alt. as in Hymns Ancient and Modern, Revised, 1950*

THE DISMISSAL

PRESIDENT: The Lord be with you

ALL: And also with you.

PRESIDENT: Go in peace and serve the Lord.

ALL: In the name of Christ. *Amen.*

Organ Postlude (*Worshippers are invited to sit silently to listen to the voluntary but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.

**THE SEVENTH SUNDAY AFTER PENTECOST:
PROPER 11
YEAR A**

THEME FOR THE WEEK

Our troubles are neither interruptions, delays nor distractions in our lives. They are part of the fabric of life and salvation.



First Reading: Isaiah 44:6-8

Comment: “There is no other God than the Lord”

Writing from the Babylonian captivity, the prophet emphasizes the uniqueness of Yahweh, Israel’s Redeemer and King. There is no other god. The text echoes with remembrance of the promises made to the patriarch in times past, calling the Hebrew people to act as continuing witnesses of God’s faithfulness.

Psalm 86:11-17

A prayer to the gracious loving Lord for mercy and guidance.

Second Reading: Romans 8:12-25

Comment: “The revealing of the children of God”

In this lesson Paul teaches that, if we follow our lower nature, we are enslaved and destined to death, but when

we are moved by God's Spirit, we become God's children and heirs with Christ. The Spirit prompts us to call upon God as Father with the same Aramaic word (*Abba*) that Jesus used. Indeed, as heirs with Christ, the whole of creation is now linked with human destiny. As creation shares in the penalty of slavery to mortality and corruption, it will through our freedom as children of God participate in our full redemption. This is our saving hope, greater than any sufferings of this present age, and though still hidden, we now enjoy the first fruits of the Spirit.

The Holy Gospel: **Matthew 13:24-30, 36-43**

Comment: "The parable of the weeds"

The gospel is **the parable of the wheat and the weeds, for which Jesus then provides an explanation.** The story points to a mystery: why there is both good and evil in life. The parable may at one time have been used to suggest that it is not so easy for humans to know what is good and what is bad from the divine perspective. In a strangely mixed world one must carry on with patience. The allegorical explanation emphasises the judgement which will take place in the end at the hands of the Son of Man.

CATHEDRAL NEWS



The Offering of Money is an opportunity to give generously to the Cathedral in response to God's generosity. There are several ways to give regularly; in particular, in keeping with the invitation of Paul to the Church of God at Corinth (1 Cor. 16:2), members of the Cathedral can give weekly. However, persons can also do so monthly. Envelopes are provided in both cases. Cheques may also be written to St. Michael's Cathedral and mailed to the Cathedral's Office, St. Michael's Row, Bridgetown, St. Michael, Barbados. In addition, persons may make a Direct Debit to St. Michael's Cathedral via CIBC First Caribbean International Bank, Bridgetown Branch, Account #2719302, Transit #09606.

CALLING FOR CARERS: We are looking for members of the Cathedral who are interested in being involved in the Lay Pastoral Care ministry. If you are **not** currently involved in a ministry, this might be a good opportunity to share your skills with the sick, home-bound and the bereaved. Persons should be communicants in good standing and also satisfy the following criteria: accessibility, stability, empathy, and confidentiality. The necessary training will be provided. Please contact **The Dean.**



SICK: Please remember the sick and injured of our parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Sylvia Crawford, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Helena Lyte, Jeffrey Mascoll, Blair Murray, Marlene Moore, Roland McCollin, Clyde Outram, Veronica Sandals (USA), Sylvester “Blues” Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.



BEREAVEMENT: We extend sincere condolences to the families of the late Mabel Armstrong, aunt of Gregory Armstrong; and the late Jennifer Weekes, sister of Ian Weekes and sister-in-law of Mary Weekes. May they rest in peace. “Blessed are those who mourn, for they will be comforted.” (*Matthew 5:4*)

DEACONS’ CUPBOARD: Members are reminded to support the Deacons’ Cupboard ministry, through which the Cathedral is able to provide relief to persons in need of food. Please remember to bring non-perishable food items for the cupboard. Place all gifts in the basket at the West Door. Please help those in need. Thank you.

FLOWERS: Let us thank all those persons who contributed to the floral arrangements today.

BIRTHDAYS: Congratulations to all those celebrating their birthdays this week:

July 23 to 29, 2023

Mr. Thorill O. Martin ~ 25th

Ms. Coralie Sandiford ~ 26th

Ms. Monica Davis ~ 28th



Today, July 23, Dean Jeffrey celebrates his 39th anniversary of ordination to the Priesthood. He was ordained, on the



Feast of St. Mary Magdalene (transferred), in St. George Parish Church, in 1984. A year earlier, on the feast of St. James the Apostle, he was ordained Deacon on July 25, 1983, in St. James' Parish Church. He will therefore celebrate his 40th

anniversary of ordination to the Diaconate on Tuesday. God's blessing for continued fulfilment in ministry.



DIOCESAN NEWS: Please be informed of the ordination to the diaconate of Mr. Levon Alkins (St. Jude), Mrs. Lisa Jessamy-Maynard (St. George Parish Church) and Ms. Michelle Leacock (St. Philip the Less). Their ordination will take place at the St Thomas Parish Church on the Feast of Mary, Martha and Lazarus, on Saturday, July 29, 2023 at 5:00 P.M. Your prayers are requested.

WELCOME: The Dean, P.C.C, staff and congregation are pleased to welcome the St. Stephen's Brownie Unit to worship with us today at the beginning of their camp week which begins on July 23rd, 2023. We trust they will have an enjoyable, interesting and safe week of camp.



The Parable of the Weeds

When the wheat sprouted and formed heads, then the weeds also appeared. Mathew 28:26 (NIV)

The puzzle is based on Matthew 13:24-29



M A V W H F Q B B E W G Q I S
H R M P S Y I U K D Y H O A J
C L G A T U A E F I F H E O B
J F R R E A P S L M N Y O A D
O H O A Q W K R O D M G P T T
T T W B M C S X O E V V D P A
D D E L F G J E N O B U T O D
X A H E V T C E E X T K R J M
B G J A V I U C A D D L N C H
M C W H R M X Z Q V V E M J A
G Q C E R V J M D P V W V B Y
L G A R E L E X P A U P D U Y
S O W J B D T S E A G L Z R K
J W O V U T S H T S X B L N O
O X T V D G V N L L C M T I H

SOW	FIELD	GOOD	UPROOT	HARVEST
WHEAT	ENEMY	PULL	KINGDOM	SEED
PARABLE	HEAVEN	BURN	GROW	WEEDS

SERMON NOTES

Text:.....

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Topic:.....

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Preacher:.....

Points to Ponder:

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What was God saying specifically to me during the
Sermon?

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**Daily Book of Common Prayer Readings
July 23rd to 29th, 2023, Proper 11**

Day	Morning Readings	Evening Readings
The Eighth Sunday after Pentecost:	Psalms 63:1-8(9-11),98 1 Samuel 23:7-18 Romans 11:33-12:2	Psalm 103 Joshua 6:15-27 Matthew 25:14-30
Monday	Psalms 41, 52 1 Samuel 24:1-22 Acts 13:44-52	Psalm 44 Joshua 7:1-13 Mark 4:1-20
Tuesday	Psalm 45 1 Samuel 25:1-22 Acts 14:1-18	Psalms 47,48 Joshua 8:1-22 Mark 4:21-34
Wednesday	Psalm 119:49-72 1 Samuel 25:23-44 Acts 14:19-28	Psalm 49 (53) Joshua 8:30-35 Mark 4:35-41
Thursday	Psalm 50 1 Samuel 28:3-20 Acts 15:1-11	Psalms (59,60) or 66,67 Joshua 9:3-21 Mark 5:1-20
Friday	Psalms 40,54 1 Samuel 31:1-13 Acts 15:12-21	Psalm 51 Joshua 9:22-10:15 Mark 5:21-43
Saturday	Psalm 55 1 Samuel 1:1-16 Acts 15:22-35	Psalms 138,139:1-17(18-23) Joshua 23:1-16 Mark 6:1-13 Collect for Proper 12

Happy Camper Word Search



ADVENTURE
BINOCULARS

CAMPER
CAMPFIRE
COMPASS
FISHING
FLASHLIGHT
HIKING
INSECTS
MAP



Words
to
Find

MARSHMALLOWS

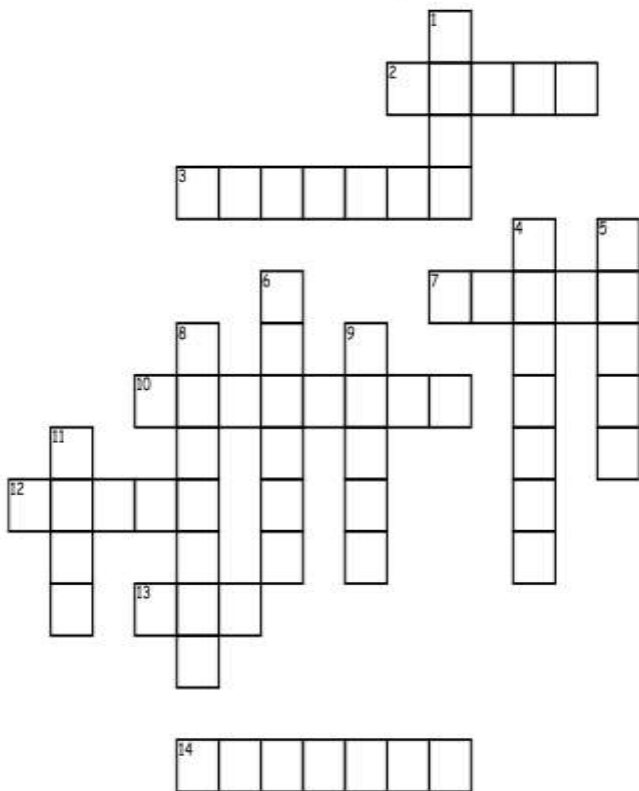
NATURE
SAFETY
STARS
SUMMER
SUNSCREEN
SWIMMING
TENT
TRAILS
WOODS



SCHOLASTIC

Find more printables for children at [scholastic.com/parents/activities-and-printables](https://www.scholastic.com/parents/activities-and-printables)

Brownie Story Puzzle



Across

2. What was the name of the boy in the story?

3. A Brownie is a creature.

7. How many times did the girl have to turn around?

10. What did the children snuggle close to?

12. Where did the children live?

13. Twist me and turn me and show me the

14. She sits in a tree

Down

1. The girl was told to look in this.

4. What were the children looking for?

5. What was the girl's name in the story?

6. Who could barely believe her eyes in the morning?

8. What did the girl see in the pool?

9. The children were in when they reached the tree again.

11. How did the children feel when they went outside into the dark?

**The Eighth Sunday after Pentecost: Proper 11
July 23, 2023**

7:00 A.M. ~ Holy Eucharist
President: The Very Rev'd Dr. Jeffrey D. Gibson
Preacher: The Rev'd Stephanie-Ann Wedderburn



9:00 A.M. ~ Sung Eucharist
The President: The Rev'd Canon George Knight
Preacher: The Rev'd Stephanie-Ann Wedderburn



9:30 A.M. – Sunday School



Wednesday, July 26, 2023
10:00 A.M. ~ Holy Eucharist
The Very Rev'd Dr. Jeffrey D. Gibson



**The Ninth Sunday after Pentecost: Proper 12
July 30, 2023**

7:00 A.M. ~ Holy Eucharist
9:00 A.M. ~ Sung Eucharist
9:30 A.M. ~ Sunday School



OFFICERS OF THE CHURCH COUNCIL

Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell, J.P., Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Treasurer: Ms. Harriett Clarke

Synod Representatives

Ms. Cyrilene Forde

Mr. Darnley King

Mr. Samuel Maxwell, J.P.

Alternative Synod Representative

Ms. Donna Inniss



LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael	Mr. Darwin Clarke



CONTACT US

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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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