

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

The Holy Eucharist
On



The Fifth Sunday
after Pentecost

July 2, 2023
7:00 A.M. and 9:00 A.M

**The Cathedral Church of
Saint Michael and
All Angels
*The Diocese of Barbados***

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant

Ms. Arlene Miller

Verger

Mrs. Chloe Grant

Assistant Verger

Ms. Harriet Lowe

Sunday, July 2, 2023
The Fifth Sunday after Pentecost: Proper 8

7:00 A.M. ~ Holy Eucharist

President:

The Rev'd Stephanie-Ann Wedderburn

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ Sung Eucharist

President: The Rev'd Canon George Knight

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

Family Fest Barbados in attendance

(Registered Charity 1670)

Lay Eucharistic Minister: Dr. Sherlock Bradshaw



ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Opening **Hymn ~ 429** "Who would true valour see,"

Who would true valour see,
let him come hither;
one here will constant be,
come wind, come weather.
There's no discouragement
shall make him once relent

his first avowed intent
to be a pilgrim.

Whoso beset him round
with dismal stories,
do but themselves confound;
his strength the more is.
No lion can him fright,
he'll with a giant fight,
but he will have a right
to be a pilgrim.

Hobgoblin nor foul fiend
can daunt his spirit:
he knows he at the end
shall life inherit.
Then fancies fly away,
he'll fear not what men say,
he'll labour night and day
to be a pilgrim.

Words: John Bunyan (1628-1688)

Opening Sentence ***“General”***

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Therefore I will offer in His dwelling an oblation with
sounds of great gladness; I will sing and make music to the
Lord. (Psalm 27:7)

THE INVOCATION

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PRESIDENT: Blessed be God: Father, Son and Holy
Spirit. Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever.
Amen. Alleluia! Alleluia!

ALL: Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. *Amen.*

COLLECT FOR PURITY

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ALL: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. *Amen.*

THE KYRIES

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Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Glory to God in the highest,
and peace to His people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. *Amen.*

The Collect: **“The Fifth Sunday after Pentecost”**

Proper 8

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PRESIDENT: The Lord be with you.

ALL: And also with you.

Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ Himself being the chief cornerstone: Grant us to be joined together in unity of spirit by their teaching, that we may be

made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: **Jeremiah 28:5-9**

**Lectors: 7:00 A.M. ~ Ms. Mary Haynes, K.C,
9:00 A.M. ~ Mr. Christopher Burnett**

A reading from the Word of God written in the Book of the prophet Jeremiah, the twenty-eighth chapter, beginning at the fifth verse.

The prophet Jeremiah spoke to the prophet Hananiah in the presence of the priests and all the people who were standing in the house of the LORD; and the prophet Jeremiah said, “Amen! May the LORD do so; may the LORD fulfill the words that you have prophesied, and bring back to this place from Babylon the vessels of the house of the LORD, and all the exiles. But listen now to this word that I speak in your hearing and in the hearing of all the people. The prophets who preceded you and me from ancient times prophesied war, famine, and pestilence against many countries and great kingdoms. As for the prophet who prophesies peace, when the word of that prophet comes true, then it will be known that the LORD has truly sent the prophet.”

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 89:1-4. 15-18

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Misericordias Domini

- 1 Your love, O Lord, for ever will I sing;*
from age to age my mouth will proclaim your
faithfulness.
- 2 For I am persuaded that your love is established for
ever;* you have set your faithfulness firmly in
the heavens.
- 3 "I have made a covenant with my chosen one;*
I have sworn an oath to David my servant:
- 4 'I will establish your line for ever,*
and preserve your throne for all generations.'"
- 15 Happy are the people who know the festal
shout!* they walk, O LORD, in the light of your
presence.
- 16 They rejoice daily in your Name;* they are
jubilant in your righteousness.
- 17 For you are the glory of their strength,* and by
your favour our might is exalted.
- 18 Truly, the LORD is our ruler;* the Holy One of
Israel is our King.

Glory to the Father, and to the Son: and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen

Second Lesson: **Romans 6:12-23**

Lectors: 7:00 A.M. ~ Mr. Victor Gittens

**9:00 A.M. ~ Mrs. Bernadette Lloyd,
Family Fest Barbados, Registered Charity 1670**

A reading from the Word of God written in the Letter of Paul to the Romans, the sixth chapter, beginning at the twelfth verse.

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented

your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

LECTOR: The Word of the Lord.

ALL: Thanks be to God.

The Gradual **Hymn** ~ **511** “Blest are the pure in heart,”

Blest are the pure in heart,
for they shall see our God;
the secret of the Lord is theirs,
their soul is Christ’s abode.

The Lord, who left the heavens
our life and peace to bring,
to dwell in lowliness with men,
their pattern and their King.

Still to the lowly soul
he doth himself impart,

and for his dwelling and his throne
chooseth the pure in heart.

Lord, we thy presence seek;
may ours this blessing be;
give us a pure and lowly heart,
a temple meet for thee.

Words: John Keble (1792-1866), with others

The Holy Gospel: **Matthew 10:40-42**

GOSPELLERS:

7:00 A.M. ~ The Very Rev'd Dr. Jeffrey Gibson

9:00 A.M. ~ The Rev'd Stephanie-Ann Wedderburn

GOSPELLER: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to Matthew,
the tenth chapter, beginning at the fortieth verse.

ALL: Glory to Christ our Saviour.

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple-- truly I tell you, none of these will lose their reward."

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: The Very Rev'd Dr. Jeffrey D. Gibson

(Please stand, as able)

The Nicene Creed

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We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.

For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right

hand of the Father

He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.

With the Father and the Son
He is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.

We acknowledge one baptism
for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. *Amen*

INTERCESSION FORM “H”

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Intercessors: 7:00 A.M.: Prof. Anne St. John, GCM
9:00 A.M.: Mr. John Moore (M.F.)

Bidding Prayer

Assisting Priest: Lord, we pray for your Church, that
together we may grow in faith, hope and love.

We pray for...

LEADER: Lord, in your mercy,

ALL: Hear our prayer

(Please kneel or sit as able)

LEADER: Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Bless all whose lives are closely linked with ours, especially Marcia, Shirley, Kurlyne, and Margaret, as they celebrate their birthday: and grant that we may serve Christ in them, and love one another as He loves us.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: We commend to your mercy all who have died, Maureen Ifill and her son Otis; Sir Lloyd Erskine Sandiford, former Prime Minister of Barbados; and those whose anniversary of death falls at this time. We rejoice that they are now full inheritors of your promises and we pray that we may share with all your saints in your eternal kingdom.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

THE CONCLUDING COLLECT

THE PRESIDENT: Almighty and eternal God, ruler of all things in heaven and earth: mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. *Amen.*

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8, 9*)

(A period of silence shall be kept).

PRESIDENT: Let us therefore confess our sins.

FORM A

ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen.*

THE ABSOLUTION

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

(Please stand as able)

FORM A

PRESIDENT: We are the Body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

PRESIDENT: The Peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP ~ 296 "There's a sweet, sweet Spirit in this place,"

There's a sweet, sweet Spirit in this place,
and I know that it's the Spirit of the Lord.
There are sweet expressions on each face,
and I know they feel the presence of the Lord.

Refrain:

*Sweet Holy Spirit, sweet Heavenly Dove,
stay right here with us,
filling us with your love.
And for these blessings,
we lift our hearts in praise,
without a doubt we'll know
that we have been revived
when we shall leave this place.*

There are blessings you cannot receive
till you know him in his fullness, and believe.

You're the one to profit when you say,
'I am going to walk with Jesus all the way,'
Refrain

*Words: Doris Akers (1923-1995).
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THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, an offering will be collected. The Ushers will begin their collection from the west end of the Cathedral and move towards the altar, where the offering will be received by a server. The cooperation of everyone is requested.)

The Offertory **Hymn ~ 672** "O Jesus, I have promised"

O Jesus, I have promised
to serve thee to the end;
be thou for ever near me,
my master and my friend;
I shall not fear the battle
if thou art by my side,
nor wander from the pathway,
if thou wilt be my guide.

O let me feel thee near me:
the world is ever near;
I see the sights that dazzle,
the tempting sounds I hear;
my foes are ever near me,
around me and within;
but, Jesus, draw thou nearer,
and shield my soul from sin.

O let me hear thee speaking
in accents clear and still,
above the storms of passion,
the murmurs of self-will;
O speak to re-assure me,
to hasten or control;
O speak, and make me listen,
thou guardian of my soul.

O Jesus, thou hast promised
to all who follow thee,
that where thou art in glory
there shall thy servant be;
and, Jesus, I have promised
to serve thee to the end;
O give me grace to follow,
my master and my friend.

O let me see thy footmarks,
and in them plant mine own;
my hope to follow duly
is in thy strength alone;
O guide me, call me, draw me,
uphold me to the end;
and then in heaven receive me,
my Saviour and my friend.

Words: John Ernest Bode (1816-1874)

THE OFFERTORY PRAYER “B”

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PRESIDENT AND PEOPLE: Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and

our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. *Amen.*

THE EUCHARISTIC PRAYER

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PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*go to page 130*)

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. (*go to page 131*)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest!
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest!**

(Please sit or kneel)

THE GREAT THANKSGIVING “A”

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PRESIDENT:

All Holy and glorious Father,
Our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.

Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things

and make them holy.

Through your Son, Jesus Christ
Who took our human nature upon Him
you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread, and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

And after supper
He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:

This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.

Whenever you drink it,
do this for the remembrance of me.”

PRESIDENT: Let us proclaim the mystery of our faith.

ALL:

Christ has died.

Christ is risen.

Christ will come again.

PRESIDENT:

And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and
Blood, of your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.

Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God, living and departed,
whom you have made for yourself.

Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,
when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

**ALL: Blessing and honour and glory and power
Be yours for ever and ever. *Amen.***

THE LORD'S PRAYER

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PRESIDENT: As our Saviour has taught us, so we pray:

**ALL: Our Father in heaven,
hallowed be your Name;
your kingdom come;**

**your will be done
on earth as in heaven.
Give us today our daily bread,
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours now and forever. *Amen.***

THE BREAKING OF THE BREAD

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PRESIDENT: We break this bread to share in the body of Christ.

ALL: Though we are many, we are one body, because we all share in one bread.

THE COMMUNION

The Invitation “A”

PRESIDENT: My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

ALL: Grant gracious Lord, that we may so eat the flesh of Your dear Son, Jesus Christ, and drink His blood, that we may evermore dwell in Him and He in us. *Amen*

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



The Administration of Communion/Spiritual Communion

Communion **Hymn ~ 589** “Here, O my Lord, I see thee
face to face;”

Here, O my Lord, I see thee face to face;
here faith would touch and handle things unseen;
here grasp with firmer hand the eternal grace,
and all my weariness upon thee lean.

Here would I feed upon the bread of God;
here drink with thee the royal wine of heaven;
here would I lay aside each earthly load;
here taste afresh the calm of sin forgiven.

I have no help but thine; nor do I need
another arm save thine to lean upon:
it is enough, my Lord, enough indeed;
my strength is in thy might, thy might alone.

written by Horatius Bonar (1808-1889)

ALL: Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. *Amen.*

THE BLESSING “*Pentecost*”

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you. *Amen.*

Welcome and Announcements

The Recessional **Hymn ~ 541** “Who is on the Lord’s side?
Who will serve the King?”

Who is on the Lord’s side? Who will serve the King?
Who will be his helpers other lives to bring?
Who will leave the world’s side? Who will face the foe?
Who is on the Lord’s side? Who for him will go?
By thy call of mercy, by thy grace divine,
we are on the Lord’s side; Saviour, we are thine.

Not for weight of glory, not for crown or palm,

enter we the army, raise the warrior-psalm;
but for love that claimeth lives for whom he died:
he whom Jesus nameth must be on his side.
By thy love constraining, by thy grace divine,
we are on the Lord's side; Saviour, we are thine.

Fierce may be the conflict, strong may be the foe,
but the King's own army none can overthrow.
Round his standard ranging, victory is secure,
for his truth unchanging makes the triumph sure.
Joyfully enlisting, by thy grace divine,
we are on the Lord's side; Saviour, we are thine.

Chosen to be soldiers in an alien land,
chosen, called, and faithful, for our captain's band;
in the service royal let us not grow cold;
let us be right loyal, noble, true and bold.
Master, thou wilt keep us, by thy grace divine,
always on the Lord's side, Saviour, always thine.

Words: Frances ridley Havergal (1836-1879)

THE DISMISSAL

PRESIDENT: The Lord be with you

ALL: And also with you.

PRESIDENT: Go in peace and serve the Lord.

ALL: In the name of Christ. Amen.

Organ Postlude (*Worshippers are invited to sit silently to listen to the voluntary but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.

**THE FIFTH SUNDAY AFTER PENTECOST:
PROPER 8
YEAR A
THEME FOR THE WEEK**

The Lord is intensely jealous of us; no longer slaves to sin, we are to love him only.



First Reading: **Jeremiah 28:5-9**

Comment: “The test of a true prophet”

In this lesson, **the prophet Jeremiah once again speaks tough and unpopular truths**, now in the temple and before the priest and all the people. Zedekiah King of Judah has joined a rebellion against Babylon, and Jeremiah has predicted that Jerusalem will fall to the Babylonians in consequence, with many taken captive. Another prophet, Hananiah the Gibeonite, offers false and conflicting reassurances of peace. Jeremiah perseveres in his difficult message that comes from God.

Psalm 89:1-4, 15-18

Comment: “Your love, O Lord, will I sing”

The Lord is praised for faithful love and mighty justice.

Second Reading: **Romans 6:12-23**

Comment: “No longer under law but under grace”

This lesson teaches that by **the grace of God Christians are no longer slaves to sin, but are obedient to the service of righteousness.** Paul is concluding his long discussion of the way in which disciples have been given a right relationship with God through faith. They are no longer set on a course that leads through immorality to death. To use a very human analogy, they are now slaves of righteousness and are bound to the service of God, which leads to holiness and eternal life.

The Holy Gospel: **Matthew 10:40-42**

Comment: “Welcome Christ in those he sends”

In our gospel lection **Jesus tells of reward for disciples who find themselves welcomed in his name.** Those who receive Jesus’ followers will find they are receiving the Lord himself and God who sent him. Those who do well and help even the least of the disciples will find great reward.

CATHEDRAL NEWS



The Offering of Money is an opportunity to give generously to the Cathedral in response to God's generosity. There are several ways to give regularly; in particular, in keeping with the invitation of Paul to the Church of God at Corinth (1 Cor. 16:2), members of the Cathedral can give weekly. However, persons can also do so monthly. Envelopes are provided in both cases. Cheques may also be written to St. Michael's Cathedral and mailed to the Cathedral's Office, St. Michael's Row, Bridgetown, St. Michael, Barbados. In addition, persons may make a Direct Debit to St. Michael's Cathedral via CIBC First Caribbean International Bank, Bridgetown Branch, Account #2719302, Transit #09606.

CALLING FOR CARERS: We are looking for members of the Cathedral who are interested in being involved in the Lay Pastoral Care ministry. If you are **not** currently involved in a ministry, this might be a good opportunity to share your skills with the sick, home-bound and the bereaved. Persons should be communicants in good standing and also satisfy the following criteria: accessibility, stability, empathetic and confidentiality. The necessary training will be provided.



SICK: Please remember the sick and injured of our parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Sylvia Crawford, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Helena Lyte, Jeffrey Mascoll, Blair Murray, Marlene Moore, Clyde Outram, Veronica Sandals (USA), Sylvester “Blues” Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.



BEREAVEMENT: We extend sincere condolences to the families of the late Sir Lloyd Erskine Sandiford, former Prime Minister of Barbados; the late Ms. Maureen Ifill and her son Otis Ifill, sister and nephew of Mrs. Joyann Blackman-Jarvis. May the departed rest in peace. “Blessed are those who mourn, for they will be comforted.” (*Matthew 5:4*)

CONGRATULATIONS: Heartiest congratulations are extended to Dean Emeritus Harold E. Crichlow on the occasion of the sixty-second (62nd) anniversary of ordination to the priesthood. He was ordained on July 2, 1962 by Bishop Lewis Evans.

DEACONS’ CUPBOARD: Members are reminded to support the Deacons’ Cupboard ministry, through which the Cathedral is able to provide relief to persons in need of food. Please remember to bring non-perishable food items

for the cupboard. Place all gifts in the basket at the West Door. Please help those in need. Thank you.

SMCFA: Please note that due to unforeseen circumstances, The St. Michael Centre for Faith and Action's sixth (6th) Anniversary Service has been postponed. **The new date for this observance will be Sunday, July 16, 2023, 6:00 p.m., in the Cathedral.** The details remain the same: Evensong and the preacher will be Senator The Rev'd Canon Dr. John Rogers, Rector of St. George and Rural Dean of St. John. All are welcome.

WELCOME BACK: The Dean, P.C.C, staff and congregation are pleased to welcome back Canon George Knight to worship today. We hope that he is refreshed after the break away from the altar and pulpit. We look forward to his continued ministry as Precentor.

FLOWERS: Let us thank all those persons who contributed to the floral arrangements today, especially: Ashika Turney, Anita Yarde, Shernelle O'Neale and two other persons who prefer to remain anonymous.

BIRTHDAYS: Congratulations to all those celebrating their Birthday this week:

July 2-8, 2023
Ms. Marcia C. Oxley ~ 3
Ms. Shirley Clarke ~ 4

Ms. Kurlyne Alleyne ~ 6
Ms. Margaret J. King ~ 8



SERMON NOTES

Text:.....
.....

Topic:.....
.....

Preacher:.....

Points to Ponder:
.....
.....

What was God saying specifically to me during the
Sermon?
.....

Daily Book of Common Prayer Readings
(July 2-8, 2023)

Day	Morning Readings	Evening Readings
<i>The Fifth Sunday after Pentecost: Proper 8</i>	<i>Psalm 118, 1 Samuel 10:1-16 Romans 4:13-25</i>	<i>Psalm 145 Numbers 21:4-9, 21-35 Matthew 21:23-32</i>
<i>Monday</i>	<i>Psalm 106:1-18 1 Samuel 10:17-27 Acts 7:44—8:1a</i>	<i>Psalm 106:19-48 Numbers 22:1-21 Luke 22:52-62</i>
<i>Tuesday</i>	<i>Psalm 33 Ecclesiasticus 10:1-8, 12-18 James 5:7-10</i>	<i>Psalm 107:1-32 Micah 4:1-5 Revelation 21:1-7</i>
<i>Wednesday</i>	<i>Psalm 119:145-176 1 Samuel 12:1-6, 16-25 Acts 8:14-25</i>	<i>Psalms 128, 129, 130 Numbers 22:41—23:12 Luke 23:1-12</i>
<i>Thursday</i>	<i>Psalms 131, 132, [133] 1 Samuel 13:5-18 Acts 8:26-40</i>	<i>Psalms 134, 135 Numbers 23:11-26 Luke 23:13-25</i>
<i>Friday</i>	<i>Psalms 140, 142 1 Samuel 13:19—14:15 Acts 9:1-9</i>	<i>Psalms 141, 143:1-11(12) Numbers 24:1-13 Luke 23:26-31</i>
<i>Saturday</i>	<i>Psalm 137:1-6(7-9), 144 1 Samuel 14:16-30 Acts 9:10-19a</i>	<i>Psalm 104 Numbers 24:12-25 Luke 23:32-43 Collect for Proper 9</i>

'Welcome!'

He who receives you receives me, and he who receives me receives the one who sent me." Matthew 10:40 (NIV)

Based on Matthew 10:40-42



R B Q S L O S E K X F S D E O
W A T E R Q N Y Y T S A I V S
D A M K N Q H W B M H Y S H M
L I T T L E P P H F I A C I C
X T R U T H H B S O R V I J L
R T R E W A R D J F I I P V C
R N C G O N E S K X G Q L R W
H G G N Q Z M H Z B H E E E R
Y D I E A G R R R W T T D C X
G I T V U N G U J Z E L J E H
T H B X E T Y F Z H O T U I C
J E W E J S H O P C U I K V U
J P L M Q Q F O N V S L B E P
Q U E L E R R A U E S H Q S T
R V S M O P H J S Q A N I U R

RIGHTEOUS

WATER

RECEIVES

REWARD

LOSE

PROPHET

DISCIPLE

TELL

TRUTH

ONES

COLD

CUP

ANYONE

WHO

GIVES

LITTLE

**The Fifth Sunday after Pentecost: Proper 8
July 2, 2023**

7:00 A.M. ~ Holy Eucharist

President: The Rev'd Stephanie-Ann Wedderburn

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ Sung Eucharist

President: The Rev'd Canon George Knight

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

**Family Fest Barbados in attendance
(Registered Charity 1670)**

9:30 A.M. – Sunday School

6:00 P.M. ~ Boys & Girls Choirs of

**The Church of Transfiguration – New York City
in Concert (Admission, \$30.00)**



Wednesday, July 5, 2023

10:00 A.M. ~ A Public Service of Healing

The Very Rev'd Dr. Jeffrey D. Gibson



**The Sixth Sunday after Pentecost: Proper 9
July 9, 2023**

7:00 A.M. ~ Holy Eucharist

9:00 A.M. ~ Sung Eucharist

9:30 A.M. ~ Sunday School

OFFICERS OF THE CHURCH COUNCIL

Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell, J.P., Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Secretary: Ms. Harriett Clarke

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Ms. Cyrilene Forde

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Mr. Samuel Maxwell, J.P.

Alternative Synod Representative

Ms. Donna Inniss

LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael	Mr. Darwin Clarke



**The Boys and Girls Choirs
of
The Church of the Transfiguration
New York City**
Claudia Dumschat (Director of Music)

In Concert

**Saint Michael's Cathedral
Sunday, 2nd July 2023
6:00 p.m.**

Ticket ~ \$30



**Proceeds toward
The Cathedral Restoration Fund**



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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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