

A wooden cross stands against a sky filled with soft, white and grey clouds. A vibrant purple cloth is draped over the horizontal beam of the cross, with the ends hanging down. The word "Lent" is written in a large, elegant, purple cursive font in the upper right quadrant of the image.

Lent

I set my face
unto the
Lord God.

DANIEL 9:3

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

The Holy Eucharist

on

February 18, 2024

7:00 A.M. and 9:00 A.M.



First
SUNDAY
IN
LENT

**The Cathedral Church of Saint Michael and
All Angels**
The Diocese of Barbados

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B. A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham

Ag. Administrative Assistant

Ms. Armel Marshall, B.Sc., Cert SM: Cert HRM

Vergers

Mrs. Chloe Grant

**The First Sunday in Lent:
YEAR B**

February 18th, 2024

7:00 A.M. ~ Holy Eucharist

President and Preacher:

The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ Sung Eucharist

President:

The Rev'd Canon George Knight

Preacher:

The Very Rev'd Dr. Jeffrey D. Gibson

Eucharistic Minister: Mrs. Valdine Browne

ORDER OF WORSHIP

Organ Prelude

Opening Hymn ~ 424

Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.

Saviour, breathe forgiveness o'er us:
all our weakness thou dost know;

thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.

Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy:
thus provided, pardoned, guided,
nothing can our peace destroy.

Words: James Weldon Edmeston (1791-1867)

The Opening Sentences “*Lent* ”

Page 98

Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God. *Ephesians 5: 1-2*

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name; through Christ our Lord. Amen.

THE KYRIES

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

The Collect

Page 163

“The First Sunday in Lent”

Almighty God, whose blessed Son was led by the Spirit into the wilderness to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: Genesis 9:8-17

Lectors: 7:00 A.M. ~ Mr. Remech Matthias

9:00 A.M. ~ Mrs. Margaret Fraser-Morrison

A Reading from the Word of God, written in the book of Genesis, the ninth chapter, beginning at the eighth verse

God said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your

descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

(Please stand, as able)

Psalm 25:1-9 *Ad te, Domine, levavi*

Page 497

1 **T**o you, O LORD, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.

- 2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their
schemes.
- 3 Show me your ways, O LORD, *
and teach me your paths.
- 4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.
- 5 Remember, O LORD, your compassion and love, *
for they are from everlasting.
- 6 Remember not the sins of my youth and my
transgressions; *
remember me according to your love
and for the sake of your goodness, O LORD.
- 7 Gracious and upright is the LORD; *
therefore he teaches sinners in his way.
- 8 He guides the humble in doing right *
and teaches his way to the lowly.
- 9 All the paths of the Lord are love and faithfulness
to those who keep his covenant and his testimonies.

Glory to the Father, and to the Son and to the Holy Spirit;
As it was in the beginning, is now, and shall be forever.
Amen.

(Please sit)

Second Lesson: 1 Peter 3:18-22

Lectors: 7:00 A.M. ~ Ms. Linda Springer

9:00 A.M. ~ Mr. Stephen White

A Reading from the Word of God, written in the First Letter of Peter, the third chapter, beginning at the eighteenth verse.

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

LECTOR: The Word of the Lord

ALL: Thanks be to God.

(Please stand, as able)

The Gradual Hymn ~ 406

Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,

and hold me lest I fall.

The world, the flesh, and Satan dwell
around the path I tread;
O save me from the snares of hell,
thou quickener of the dead.

And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.
Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.

WORDS: Isaac Williams (1802-1865)

(Please sit)

The Holy Gospel: Mark 1:9-15

GOSPELLERS:

7:00 A.M. ~ The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ The Rev'd Stephanie-Ann Wedderburn

The Gospeller: The Lord be with you

ALL: And also with you.

A Reading from the Holy Gospel according to Mark, the first chapter, beginning at the ninth verse.

ALL: Glory to Christ our Saviour.

In those days Jesus came from Nazareth of Galilee and was

baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, “You are my Son, the Beloved; with you I am well pleased.”

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.”

THE GOSPELLER: The Gospel of Christ

ALL: Praise to Christ our Lord.

(Please sit)

The Sermon: The Very Rev'd Dr. Jeffrey D. Gibson

(Please stand, as able)

The Nicene Creed

Page 104

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,

eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us and for our salvation

He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right
hand of the Father

He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.

With the Father and the Son
He is worshipped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.

We acknowledge one baptism

for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. *Amen*

INTERCESSION FORM “H”

Page 120

INTERCESSORS:

7:00 A.M.: Ms. Shernelle O’Neale

9:00 A.M.: Mr. Darnley King

The Bidding Prayer: The Dean

Lord we pray for your Church, that through this Lent we would be led to deeper truths about you and about ourselves.

We pray for...

LEADER: Lord, in your mercy,

ALL: **Hear our prayer.**

(Please kneel or sit, as able)

LEADER: Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

(Silence)

LEADER: Lord, in your mercy,

ALL: **Hear our prayer.**

LEADER: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Bless all whose lives are closely linked with ours, especially, Rojana, Muriel, Sheila, Sandra, Tendai, Coreen and Darwin as they celebrate their birthday: and grant that we may serve Christ in them, and love one another as He loves us.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: We commend to your mercy all who have died, especially, Keith Ellis and Grantley Watson, and all whose anniversary of death falls at this time. We rejoice that they are now full inheritors of your promises and we pray that we may share with all your saints in your eternal kingdom.
(Silence)

LEADER: Lord, in your mercy,
ALL: Hear our prayer.

THE CONCLUDING COLLECT

PRESIDENT:

Creator of all, you brought this world into being from nothing and sent your Son into it, to redeem it at the cost of his life. May we, who in this holy season commemorate his sufferings for us, be brought to understand something of the depth of your love, from which not one of us can be separated, in Jesus Christ our Lord. **Amen.**

ACT OF PENITENCE “B”

Page 123

PRESIDENT:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. *(1 John 1:8, 9)*

(A period of silence shall be kept).

PRESIDENT:

Let us therefore confess our sins.

FORM B

Page 124

ALL:

Most Merciful God, we confess that we have sinned against you in thought, word, and deed, and by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. *Amen.*

THE ABSOLUTION

Page 124

PRESIDENT:

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

ALL: Amen.

THE GREETING OF PEACE “B”

Page 125

PRESIDENT:

If you are offering your gift at the altar, and there remember that your brother or sister has something against you.

ALL:

Leave your gift there before the altar and go; first reconciled to your brother or sister, and then come and offer your gift.

PRESIDENT:

The peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP: “Let there be peace on earth”

Let there be peace on earth
And let it begin with me
Let there be peace on earth
The peace that was meant to be
With God our Creator
Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me
Let this be the moment now
With every step I take
Let this be my solemn vow
To take each moment
And live each moment
In peace eternally
Let there be peace on earth
And let it begin with me.

Jill Jackson-Miller and Sy Miller in 1955

THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, an offering will be collected. The Ushers will begin their collection from the west end of the Cathedral and move towards the altar, where the offering will be received by a server. The cooperation of everyone is requested.)

The Offertory Hymn ~ 496

And can it be that I should gain
an interest in the Saviour's blood?
Died he for me, who caused his pain?
For me, who him to death pursued?
Amazing love! How can it be
that thou, my God, shouldst die for me!

'Tis mystery all! The Immortal dies:
who can explore his strange design?
In vain the first-born seraph tries
to sound the depths of love divine.
'Tis mercy all! Let earth adore,
let angel minds inquire no more.

He left his Father's throne above -
so free, so infinite his grace -
emptied himself of all but love,
and bled for Adam's helpless race.
'Tis mercy all, immense and free;
for, O my God, it found out me!

Long my imprisoned spirit lay,
fast bound in sin and nature's night;

thine eye diffused a quickening ray -
I woke, the dungeon flamed with light;
my chains fell off, my heart was free.
I rose, went forth, and followed thee.

No condemnation now I dread;
Jesus, and all in him, is mine!
Alive in him, my living Head,
and clothed in righteousness divine.
Bold I approach the eternal throne,

and claim the crown, through Christ my own.

Words: Charles Wesley (1707-1788)

THE OFFERTORY PRAYER “B”

Page 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARIST PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: ***“Go to page 128”***

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. ***“Go to page 131”***

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest!
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest!**

(Please sit or kneel as able)

All Holy and glorious Father,
our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.

Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things
and make them holy.

Through your Son, Jesus Christ
who took our human nature upon Him
you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread,

and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."
And after supper
He took the cup of wine:
and when He had given thanks,

He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.

PRESIDENT: Let us proclaim the mystery of our faith.

ALL:
Christ has died.
Christ is risen.
Christ will come again.

PRESIDENT:
And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;

and grant that all who eat and drink of the Body and Blood,
of your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.

Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God,
living and departed,
whom you have made for yourself.

Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,
when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

ALL:
Blessing and honour and glory and power
be yours for ever and ever. Amen.

THE LORD'S PRAYER

Page 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come; your will be done
on earth as in heaven.**

**Give us today our daily bread,
Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours now and forever. Amen.**

THE BREAKING OF THE BREAD “C”

Page 146

PRESIDENT:

This is the true bread which comes from heaven.

ALL:

Whoever eats this bread will live forever.

THE COMMUNION

The Invitation “Form “C”

Page 146

PRESIDENT:

Draw near and receive the Body and Blood of our Saviour
Jesus Christ with faith and thanksgiving.

ALL:

**We do not presume to come to this your table, most
merciful Father, trusting in our own righteousness, but
only in your boundless mercy. We are not even worthy**

to gather up the crumbs under your table. But you are the Lord ever the same, ever merciful. Grant therefore, Lord of grace and love, that we may so eat the flesh of your dear Son Jesus Christ and drink His blood, that with bodies and souls made clean from every stain of sin we may evermore dwell in Him, and He in us. Amen.

THE AGNUS DEI

Page 147

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.



The Administration of Communion/Spiritual Communion

Communion Hymns ~ 119, 617

Lord Jesus, think on me,
and purge away my sin;
from earthborn passions set me free,
and make me pure within.

Lord Jesus, think on me,
with many a care opprest;

let me thy loving servant be,
and taste thy promised rest.

Lord Jesus, think on me,
nor let me go astray;
through darkness and perplexity
point thou the heavenly way.

Lord Jesus, think on me,
that, when the flood is past,
I may the eternal brightness see,
and share thy joy at last.

*Words: Synesius of Cyrene (c373-c414),
from translation: Allen W. Chatfield (1808-1886)*

Hymn 617

Once, only once, and once for all,
his precious life he gave;
before the cross our spirits fall,
and own it strong to save.

‘One offering, single and complete,’
with lips and heart we say;
but what he never can repeat
he shows forth day by day.
For, as the priest of Aaron’s line
within the holiest stood,
and sprinkled all the mercy-shrine
with sacrificial blood;

So he, who once atonement wrought,
our Priest of endless power,
presents himself for those he bought

in that dark noontide hour.

His manhood pleads where now it lives
on heaven's eternal throne,
and where in mystic rite he gives
its presence to his own.

And so we show thy death, O Lord,
till thou again appear;
and feel, when we approach thy board,
we have an altar here.

*All glory to the Father be,
all glory to the Son,
all glory, Holy Ghost, to thee,
while endless ages run.

Words: William Bright (1824-1901)

THE POST COMMUNION PRAYER "B"

Page 148

Eternal God and Heavenly Father,
we thank you for feeding us,
with the Body and Blood of our Son Jesus Christ.
Send us now into the world in peace,
and grant us strength and courage
and grant us strength and courage
to love and serve you, and all persons in you,
with gladness and singleness of heart,
through your Son Jesus Christ our Lord. Amen

THE BLESSING "Lent"

Page 150

PRESIDENT:

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the

blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **Amen.**

WELCOME AND ANNOUNCEMENTS

The Recessional **Hymn ~ 114**

Forty days and forty nights
thou wast fasting in the wild;
forty days and forty nights
tempted, and yet undefiled.
Sunbeams scorching all the day;
chilly dew-drops nightly shed;
prowling beasts about thy way;
stones thy pillow; earth thy bed.

Shall not we thy sorrow share
and from earthly joys abstain,
fasting with unceasing prayer,
glad with thee to suffer pain?

And if Satan, vexing sore,
flesh or spirit should assail,
thou, his Vanquisher before,
grant we may not faint nor fail.

So shall we have peace divine:
holier gladness ours shall be;
round us too shall angels shine,
such as ministered to thee.

Keep, O keep us, Saviour dear,

ever constant by thy side;
that with thee we may appear
at th'eternal Eastertide.

*Words: Francis Pott (1832-1909),
and George Hunt Smyton (1822-1870)*

THE DISMISSAL

PRESIDENT:
The Lord be with you.

ALL:
And also with you.

PRESIDENT:
Go in peace and serve the Lord.

ALL:
In the name of Christ. Amen

Organ Postlude (*Worshippers are invited to sit silently and listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.



The First Sunday in Lent: YEAR B

THEME FOR THE WEEK

“God’s loving mercy arches over our entire existence like a rainbow.”



First Reading: Genesis 9:8-17

Comment: *“The rainbow, sign of God’s covenant”*

Our Hebrew scripture lesson tells of **God’s promise to Noah and to future generations never again to flood all the earth.** God establishes this covenant with a sign—the rainbow that is seen in the storm clouds. This covenant is made with the whole creation. It signifies God’s purpose to preserve and save the world, not to destroy it.

Psalm 25:1-9

A prayer for forgiveness and guidance and an expression of trust in the Lord.

Second Reading (The Epistle): 1 Peter 3:18-22

Comment: *“Saved through water”*

This reading from the New Testament speaks **of the significance of Christ’s death and resurrection. In the story of Noah’s salvation, a prefigurement of our own salvation through the water of baptism is perceived.** Portions of this letter are thought to have been originally composed for use in a service of baptism and Eucharist on the eve of Easter. Such a purpose would explain the

association of the themes of Christ's death, baptism, and his triumphal resurrection. It is uncertain who is meant by the spirits to whom Christ preached after his death, but this activity may signify God's intention for the salvation of all.

The Holy Gospel: Mark 1:9-15

Comment: *"The temptation of Jesus in the wilderness for forty days"*

The gospel is the story of Jesus' baptism followed by his temptation in the wilderness by Satan and his proclamation of the coming kingdom of God. As Jesus comes up from the water, the Holy Spirit descends like a dove and a voice from heaven tells him that he is the beloved Son. The Spirit then guides him out into the wilderness, where ancient Israel also met its temptation. Here Jesus has his first encounter with Satan, and then goes forth proclaiming the nearing reign of God: "Repent, and believe in the good news."



DIOCESAN NEWS

ORDINATION: Deacons, The Rev'd Levon Alkins, The Rev'd Lisa Jessamy-Maynard and The Rev'd Michelle Leacock will be ordained to the Priesthood on the Feast of St. Matthias, on Saturday, February 24, 2024, at 6:00 P.M. in St. Mary's Church. The preacher will be The Rev'd Canon Trevor O'Neale. The prayers of the faithful are

invited for the candidates and their families as they prepare for the occasion.



CATHEDRAL NEWS

BICENTENNIAL GIFT: As the Anglican Church in Barbados prepares to celebrate its 200th anniversary in 2024, so too will the St. Michael Parish Church celebrate the 200th anniversary of its designation as the Cathedral of the Diocese. Gifts in celebration of this significant milestone would be greatly appreciated. Envelopes are available for everyone’s convenience. Thanks for your generous gift.

Congratulations to all those persons celebrating birthdays this week, February 18th to 24th, 2024

- 18th Ms. Rojana Marshall
- 19th Ms. Muriel Hutson (Shut In)
- 20th Ms. Sheila M. E. Griffith
- 21st Ms. Sandra A. Lewis
Mr. Tendai H. K. Sivers
- 22nd Ms. Coreen E. Lashley
- 24th Mr. Darwin E. Clarke



May God bless and strengthen you.



SICK: Please remember the sick or injured of our Parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Jeffrey Mascoll, Marlene Moore, Blair Murray, Clyde Outram, Veronica Sandals (USA), Sylvester (Blues) Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.



Bereavement: We extend sincere condolences to the families of the late

- Mr. Keith Ellis and
- Mr. Grantley Watson.

We thank God for their lives, work, and witness among us.

May you know the blessedness of those who mourn.

STEWARDSHIP: Sincere thanks to all who have submitted their Initial Offering. To date, we have received \$3,705.00. Please note that this year's envelopes cost \$3,507.04. Persons who have not made their contribution as yet are asked to do so as soon as possible.

SERMON NOTES

Text:.....
.....

Preacher:.....
.....

Points to Ponder:

.....
.....
.....

What was God saying specifically to me during the
Sermon?

.....
.....
.....
.....
.....
.....
.....
.....
.....

**Daily Book of Common Prayer Readings
February 18-24, 2024**

Day	Morning Readings	Evening Readings
The First Sunday in Lent	Psalms 63:1-8(9-11), 98 Daniel 9:3-10 John 12:44-50	Psalm 103 Deuteronomy 8:1-10 Hebrews 2:10-18
Monday	Psalms 41, 52 Genesis 37:1-11 Mark 1:1-13	Psalm 44 Deuteronomy 8:11-20 1 Corinthians 1:1-19
Tuesday	Psalm 45 Genesis 37:12-24 Mark 1:14-28	Psalms 47,48 Deuteronomy 9:4-12 1 Corinthians 1:20-31
Wednesday	Psalm 119:49-72 Genesis 37:25-36 Mark 1:29-45	Psalms 49, (53) Deuteronomy 9:13-21 1 Corinthians 1:1-13
Thursday	Psalm 50 Genesis 39:1-23 Mark 2:1-12	Psalms 59, 60 or 19, 46 Deuteronomy 9:23-10:5 1 Corinthians 2:14-3:15
Friday	Psalms 95(Invitatory) & 40, 54 Genesis 40:1-23 Mark 2:13-22	Psalm 51 Deuteronomy 10:12-22 1 Corinthians 3:16-23
Saturday	Psalm 80 1 Samuel 16:1-13 1 John 2:18-25	Psalm 33 1 Samuel 12:1-5 Acts 20:17-35 Collect for the Second Sunday in Lent

CATHEDRAL MINISTRIES

Today, Sunday, February 18, 2024

The First Sunday in Lent ~ Year B

7:00 A.M. ~ Holy Eucharist

President and Preacher:

The Very Rev'd Dr. Jeffrey D. Gibson

Congregational Meeting



9:00 A.M. ~ Sung Eucharist

President: The Rev'd Canon George Knight

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

Congregational Meeting



Wednesday, February 21, 2024

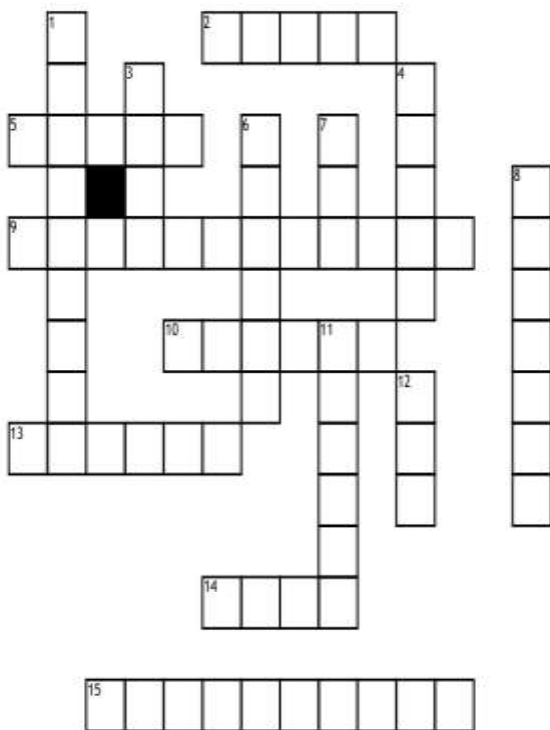
10:00 A.M. ~ Holy Eucharist

President and Preacher

The Very Rev'd Dr. Jeffrey D. Gibson



Lent Crossword



Across

- 2. How many Days are there in Lent
- 5. What was Jesus tempted to turn a stone into?
- 9. On what day do we celebrate that Jesus rose from the dead?
- 10. In which river was Jesus Baptised?
- 13. On what day of the week did Jesus die?

- 14. What actions offend God
- 15. What is the Sunday before Easter called?

Down

- 1. What is the Prayer that Jesus taught us?
- 3. What is the word for giving up something that we like?
- 4. Who tempted Jesus
- 6. Where did Jesus go to pray

- 7. Fill In the blank: Jesus is God the
- 8. As well as giving up something and helping people, what else as we asked to do more of in Lent
- 11. Who looked after Jesus?
- 12. How many Old Testament Figures appeared with Jesus on the top of the mountain at His Transfiguration?

Word Bank

- | | | | | |
|-------------|---------|------------|--------|---------------|
| Forty | Desert | Satan | Angels | Bread |
| Fast | Praying | Our Father | Friday | Easter Sunday |
| Palm Sunday | Two | Sins | Son | Jordan |

OFFICERS OF THE CHURCH COUNCIL

Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell, J.P. Mr. Victor Sylvester

Secretary: Ms. Donnah Russell

Assistant Secretary: Mrs. Juno Burrows

Treasurer: Mr. David Murray

Assistant Secretary: Ms. Harriett Clarke

Synod Representatives

Mr. Darnley King;

Mr. Samuel Maxwell, J. P.

Ms. Cyrilene Forde

Alternative Synod Representative

Ms. Donna Inniss



LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael	Mr. Darwin Clarke

Name: _____

Date: _____



Lent Word Find



K R K Z Y B F M D P O F P A Y A K B
N E P G O P M J L Y R T J E P G L R
D S O U N Y A D R U T A S Y L O H J
F U I N R I S L S B X X Y E U G J L
V R N B C P T Y M A E C A E I J D G
I R T U P U L S A A C I U F R R P B
X E F O R E H E A D Z R T M Z D P J
H C Z P O R X R S F Y Y I S F Z J Y
M T Q O E Z E O H N J T A F O X I K
H I Y M V B L T E J E P R D I D A H
C O B W M G T L S T Y S R O N C Y K
K N L M H Z Q H E A O E I P F U E B
M L J Y D I P P T N E L O R T T S D
Y W U X T A T Q K D F Q Z U R I T G
Q R Z M C I L E G M Q D J E S U S M

Purple

Prayer

Sunday

Forty Days

Resurrection

Lent

Holy

Palm

White

Ashes

Risen

Priest

Jesus

Easter

Fasting

Sacrifice

Forehead

Holy Saturday



CONTACT US

<http://www.saintmichaelscathedral.bb>

stmichaelcathedral@caribsurf.com

[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

Address:

St. Michael's Row, Bridgetown

Telephone: 1 (246) 427-0790 (Office)

Mon – Friday: 9:00 A.M. to 5:00 P.M.

437-4265 (Dean's Residence)