



*The Cathedral Church of
Saint Michael and All Angels*

*welcomes you to a celebration of
The Holy Eucharist
to mark*

*The Launch of the Bicentennial Celebrations-
Cathedral Revitalization 2024 and Beyond*

on

Mothering Sunday

March 10, 2024

at 8:00 A.M.

**The Cathedral Church of
Saint Michael and All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B.Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B. A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham

Administrative Assistant

Ms. Arlene Miller

Vergers

Mrs. Chloe Grant

The Fourth Sunday in Lent - YEAR B

MOTHERING SUNDAY

March 10, 2024

**8:00 A.M. ~ Sung Eucharist: Launch of the
Bicentennial Celebrations – Cathedral Revitalization
2024 and Beyond**

**Presidents: The Very Rev'd Dr. Jeffrey D. Gibson
The Rev'd Canon George Knight
The Rev'd Stephanie-Ann Wedderburn**

Preacher: The Very Rev'd Dr. Shelley-Ann Tenia

Eucharistic Minister: Mrs. Valdine Browne

ORDER OF WORSHIP

A Service for Mothering Sunday

Organ Prelude

Welcome

Opening Hymn ~ 449 **“Lord of all hopefulness, Lord of
all joy,”**

Lord of all hopefulness, Lord of all joy,
whose trust, ever childlike, no cares could destroy,
be there at our waking, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.

Lord of all eagerness, Lord of all faith,
whose strong hands were skilled at the plane and the lathe,
be there at our labours, and give us, we pray,
your strength in our hearts, Lord, at the noon of the day.

Lord of all kindness, Lord of all grace,
your hands swift to welcome, your arms to embrace,
be there at our homing, and give us, we pray,
your love in our hearts, Lord, at the eve of the day.

Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose presence is balm,
be there at our sleeping, and give us, we pray,
your peace in our hearts, Lord, at the end of the day.

Words: Jan Struther (1901-1953), from Enlarged Songs of Praise

Opening Sentence

“But Jerusalem which is above is free; which is the mother
of us all.” *Galatians 4:26*

Preparation

Greeting

Praise God who loves us.

ALL: Praise God who cares.

Praising and thanking God

Candles are lit.

On this Mothering Sunday, in this Cathedral Church of the Diocese of Barbados, we pray for and place before God the life of our world and we light these candles to remind us that the love of God is like a light in our darkness.

ALL: Blessed be God for ever.

We praise you, our God, for all mothers who have loved and laughed and laboured as they cared for their children.

ALL: Blessed be God for ever.

We praise you, our God, for all mothers who have wept in sorrow and joy for their children.

ALL: Blessed be God for ever.

We praise you, our God, for Jesus, born of a woman and nurtured in her love, and for Mary, a reminder of your patient, waiting love.

ALL: Blessed be God for ever.

Confession

Let us call to mind our sin, our failure to value the love of others and our failure to love as Christ has loved us.

Silence for reflection

Your love gives us life from the moment of conception.
We fail to live as your children.

Lord have mercy.

ALL: Lord have mercy.

You call us to do good. We seek our own good.

Christ, have mercy.

ALL: Christ have mercy.

You hear us when we cry for help. We ignore the cries of others.

Lord, have mercy.

ALL: Lord have mercy.

Absolution

May the Father of all mercies
cleanses you from your sins,
and restore you in his image
to the praise and glory of his name,
through Jesus Christ our Lord.

ALL: Amen.

The Collect *“The Fourth Sunday in Lent”* Page 164

PRESIDENT: The Lord be with you

All: And also with you

PRESIDENT: Let us pray

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that He may live in us, and we in Him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: Numbers 21:4-9

Lector: Miss Cerys Francis-Thornhill

A Reading from the Word of God, written in the Book of Numbers, the twenty-first chapter, beginning at the fourth verse.

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, “Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.” Then the LORD sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, “We have sinned by speaking against the LORD and against you; pray to the LORD to take away the serpents from us.” So Moses prayed for the people. And the LORD said to Moses, “Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.” So Moses made a serpent of

bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

- 1 Give thanks to the LORD, for he is good,*
and his mercy endures for ever.
- 2 Let all those whom the LORD has redeemed
proclaim* that he redeemed them from the hand
of the foe.
- 3 He gathered them out of the lands;*
from the east and from the west,
from the north and from the south.
- 17 Some were fools and took to rebellious ways; *
they were afflicted because of their sins.
- 18 They abhorred all manner of food*
and drew near to death's door.
- 19 Then they cried to the LORD in their trouble,*
and he delivered them from their distress.
- 20 He sent forth his word and healed them*
and saved them from the grave.
- 21 Let them give thanks to the LORD for his mercy*
and the wonders he does for his children.
- 22 Let them offer a sacrifice of thanksgiving*
and tell of his acts with shouts of joy.

Glory to the Father, and to the Son and to the Holy Spirit;
As it was in the beginning, is now, and shall be forever.
Amen.

Second Lesson: **Ephesians 2:1-10**

Lector: **Master Jared Nurse**

A Reading from the Word of God, written in the Letter to the Ephesians, the second chapter, beginning at the first verse.

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

LECTOR: The Word of the Lord

ALL: **Thanks be to God.**

(Please stand, as able)

The Gradual Hymn ~ 750 **“Tell out, my soul the greatness of the Lord!”**

Tell out, my soul, the greatness of the Lord!
Unnumbered blessings give my spirit voice;
tender to me the promise of his word;
in God my saviour shall my heart rejoice.

Tell out, my soul, the greatness of his name!
Make known his might, the deeds his arm has done;
his mercy sure, from age to age the same;
his holy name, the Lord, the mighty one.

Tell out, my soul, the greatness of his might!
Powers and dominions lay their glory by.
Proud hearts and stubborn wills are put to flight,
the hungry fed, the humble lifted high.

Tell out, my soul, the glories of his word!
Firm is his promise, and his mercy sure.
Tell out, my soul, the greatness of the Lord
to children's children and for evermore!

*Words: Timothy Dudley-Smith (1926-), based on Luke 1:46-55.
Words © 1962, renewal 1990 Hope Publishing Co*

The Holy Gospel: John 3:14-21

GOSPELLER: The Rev'd Stephanie-Ann Wedderburn

The Gospeller: The Lord be with you

ALL: And also with you.

A Reading from the Holy Gospel according to John, the third chapter, beginning at the fourteenth verse.

ALL: Glory to Christ our Saviour.

Jesus said, “Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. “For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. “Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.”

THE GOSPELLER: The Gospel of Christ

ALL: Praise to Christ our Lord.

The Sermon: The Very Rev'd Dr. Shelley-Ann Tenia

(Please stand, as able)

APOSTLES' CREED

The Creeds remind us of the faith of the Church universal, beyond borders and beyond time. Saying the creed reminds us that even when we are separated and dispersed, we share our faith and our prayers with Christians throughout the world and throughout the centuries. And so, let us say the Apostles' Creed.

Let us declare our faith in God.

ALL: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. *Amen.*

INTERCESSORY PRAYERS

INTERCESSOR: Mrs. Juno Burrows

The Bidding Prayer: The Assistant Priest

Lord, we pray for your Church and for this sacred place, and our mission of bringing people together in the love and peace of Christ.

We pray for ...

Lord, hear us.

ALL: Lord, graciously hear us.

(Please kneel or sit, as able)

LEADER: Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Bless all whose lives are closely linked with ours, especially, Heather, Corliss, Zanieva, Winfield, Nicholas, and Gloria, as they celebrate their birthday; and grant that we may serve Christ in them, and love one another as He loves us.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER: We commend to your mercy all who have died, especially, Mr. Keith Ellis and Mrs. Elmin Branch-Butler, and all whose anniversary of death falls at this time. We rejoice that they are now full inheritors of your promises and we pray that we may share with all your saints in your eternal kingdom.

(Silence)

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

THE CONCLUDING COLLECT

PRESIDENT: Loving God, Father and Mother of all, whose love knows no boundaries and who has called us together in worship this day, grant that this house of prayer may be a true home for all nations, a focus of prayer, learning and hospitality for this diocese and a place of sanctuary and peace for all who need your restoration, for the sake of your Son, Jesus Christ our Lord. **Amen.**

(Please stand)

THE GREETING OF PEACE

PRESIDENT: Through the prophet Isaiah, God says,
'As a mother comforts her child, so I will comfort you.'

The peace of the Lord be always with you

ALL: And also with you.

HYMN OF FELLOWSHIP: "Let there be peace on earth"

(During the singing of this hymn worshippers are encouraged to show any tangible sign of peace, with which they are comfortable)

Let there be peace on earth
And let it begin with me
Let there be peace on earth
The peace that was meant to be
With God our Creator
Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me
Let this be the moment now
With every step I take
Let this be my solemn vow
To take each moment
And live each moment
In peace eternally
Let there be peace on earth
And let it begin with me.

Jill Jackson-Miller and Sy Miller in 1955

(Please sit)

Launch of the Bicentennial Celebrations – Cathedral Revitalization 2024 and Beyond

Remarks by The Dean

Address by Ms. Deidre Cox, Committee Chairperson

Organ Fanfare

A Celebration of Dance: “I need An Angel”, Ruben Studdard, performed by 1Movement

THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, an offering will be collected. The Ushers will begin their collection from the west end of the Cathedral and move towards the altar, where the offering will be received by a server. The cooperation of everyone is requested.)

The Offertory Hymn ~ **“451 Love divine, all loves
excelling,”**

Love divine, all loves excelling,
joy of heaven, to earth come down,
fix in us thy humble dwelling,
all thy faithful mercies crown.
Jesu, thou art all compassion,
pure unbounded love thou art;
visit us with thy salvation,
enter every trembling heart.

Come, almighty to deliver,
let us all thy grace receive;
suddenly return, and never,
never more thy temples leave.
Thee we would be always blessing,
serve thee as thy hosts above;
pray, and praise thee, without ceasing,
glory in thy perfect love.

Finish then thy new creation:
pure and spotless let us be;
let us see thy great salvation,
perfectly restored in thee;
changed from glory into glory,
till in heaven we take our place,
till we cast our crowns before thee,
lost in wonder, love, and praise.

Words: Charles Wesley (1707-1788), alt.

THE OFFERTORY PRAYER “B”

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PRESIDENT AND PEOPLE: Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARIST PRAYER

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PRESIDENT: The Lord be with you.

ALL: **And also with you.**

PRESIDENT: Lift up your hearts

ALL: **We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

ALL: **It is right to give God thanks and praise.**

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*Go to page 128*)

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace

which you have prepared for those who love you. (*Go to page 131*)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest!
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest!**

(Please sit or kneel as able)

The Great Thanksgiving “**B**”

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PRESIDENT:

Holy and gracious Father,
all creation rightly gives you praise.
All life, all holiness, comes from you
through your Son, Jesus Christ our Lord,
whom you sent to share our human nature,
to live and die as one of us, to reconcile us to you,
the God and Father of all.

We therefore bring you these gifts,
and we ask you to make them holy

by the power of your Spirit,
that they may become the Body and Blood of your Son,
our Saviour Jesus Christ,
who offered Himself in obedience to your will,
the Perfect Sacrifice for all mankind.

On the night He was betrayed,
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples and said:
"Take this and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

After supper He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
Which is shed for you and
for many for the forgiveness of sins.
Do this, whenever you drink it,
For the remembrance of me."

ALL

**When we eat this Bread and drink this Cup, we
proclaim the death of Christ until He comes again.**

PRESIDENT:

Father, calling to mind the death your Son
endured for our salvation;
His glorious Resurrection and Ascension;
His continual intercession for us in heaven;
and looking for His coming again in glory,
we offer you, in thanksgiving,
this holy and life-giving sacrifice.

Look with favour on your Church's offering,
and grant that we who eat and drink these holy gifts
may be filled with your Holy Spirit
and become one body in Christ,
and serve you in unity, constancy and peace.

May He make us a perpetual offering to you and enable us,
in communion with blessed Mary
and the whole company of heaven,
to share in the inheritance of your Saints.

With Him, and in Him, and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven
in songs of everlasting praise:

**ALL: Blessing and honour and glory and power be
yours for ever and ever. Amen**

PRESIDENT: As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come; your will be done
on earth as in heaven.
Give us today our daily bread,
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours now and forever. Amen.**

THE BREAKING OF THE BREAD "C"

PRESIDENT: This is the true bread which comes from heaven.

ALL: Whoever eats this bread will live forever.

THE COMMUNION

(All baptized members of the Church, as inspired, may come to the alter and receive Holy Communion)

The Invitation "Form "C"

PRESIDENT: Draw near and receive the Body and Blood of our Saviour Jesus Christ with faith and thanksgiving.

ALL: We do not presume to come to this your table, most merciful Father, trusting in our own righteousness, but only in your boundless mercy. We are not even worthy to gather up the crumbs under your table. But you are the Lord ever the same, ever merciful. Grant therefore, Lord of grace and love, that we may so eat the flesh of your dear Son Jesus Christ and drink His blood, that with bodies and souls made clean from every stain of sin we may evermore dwell in Him, and He in us. *Amen.*

THE AGNUS DEI

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Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.



The Administration of Communion/Spiritual Communion

(Communicants are invited to kneel at the Altar Rail, as able)

Communion Hymn ~ 223 “Great is thy faithfulness”

Great is thy faithfulness, O God my Father,
there is no shadow of turning with thee;
thou changest not, thy compassions they fail not,
as thou hast been thou for ever wilt be.

Refrain

*Great is thy faithfulness! Great is thy faithfulness!
Morning by morning new mercies I see;
all I have needed thy hand hath provided,
great is thy faithfulness, Lord, unto me.*

Summer and winter, and springtime and harvest,
sun, moon and stars in their courses above,
join with all nature in manifold witness
to thy great faithfulness, mercy and love:

Refrain

Pardon for sin and a peace that endureth,
thy own dear presence to cheer and to guide;
strength for today and bright hope for tomorrow,
blessings all mine, with ten thousand beside!

Refrain

Words: Thomas Chisholm (1866-1960)

Hymn ~ 747 “Shall we not love thee, Mother, dear”

Shall we not love thee, mother dear,
whom Jesus loves so well?
And to his glory, year by year,
thy joy and honour tell?

Bound with the curse of sin and shame
we helpless sinners lay,

until in tender love he came
to bear the curse away.

And thee he chose from whom to take
true flesh his flesh to be;
in it to suffer for our sake,
by it to make us free.

Thy Babe he lay upon thy breast,
to thee he cried for food;
thy gentle nursing soothed to rest
the Incarnate Son of God.

O wondrous depth of grace divine
that he should bend so low!
And, Mary, oh what joy 'twas thine
in his dear love to know;

Joy to be mother of the Lord,
and thine the truer bliss,
in every thought, and deed, and word
to be for ever his.

And as he loves thee, mother dear,
we too will love thee well;
and, to his glory, year by year,
thy joy and honour tell.

Jesu, the Virgin's Holy Son,
we praise thee and adore,
who art with God the Father One
and Spirit evermore.

Words: Henry Williams Baker (1821-1877)

Anthem – “Dear Lord and father of mankind”

THE POST COMMUNION PRAYER “B”

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**Eternal God and Heavenly Father,
we thank you for feeding us,
with the Body and Blood of your Son Jesus Christ.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you, and all persons in you,
with gladness and singleness of heart,
through your Son Jesus Christ our Lord. *Amen***

THE BLESSING “*Lent*”

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PRESIDENT:

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the Blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **Amen.**

WELCOME AND ANNOUNCEMENTS

The Recessional Hymn ~ “**Ho, my comrades see the signal**”

Ho, my comrades! see the signal, waving in the sky!
Reinforcements now appearing, victory is nigh.

Refrain

“Hold the fort, **for I am coming,**” Jesus signals still;
Wave the answer back to Heaven, “By Thy grace we will.”

See the mighty host advancing, Satan leading on;
Mighty men around us falling, courage almost gone!

See the glorious banner waving! Hear the trumpet blow!
In our Leader's name we'll triumph over every foe!

Fierce and long the battle rages, but our help is near!
Onward comes our great Commander, Cheer, my
comrades, cheer!

THE DISMISSAL

PRESIDENT: The Lord be with you.

ALL: **And also with you.**

PRESIDENT: Go in peace and serve the Lord.

ALL: **In the name of Christ. Amen**

Organ Postlude (*Worshippers are invited to sit silently and listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.

The Fourth Sunday in Lent: YEAR B

THEME FOR THE WEEK

“Whoever God’s agent might be, there is no end to God’s merciful love for us.”



First Reading: **Numbers 21:4-9**

Comment: “The lifting up of the serpent”

In our Hebrew Bible lesson, **the impatient Israelites set out from Mount Hor, where Aaron was buried, to detour around the hostile country of Edom.** The people complain against God and Moses about challenging conditions, as they have so often since their departure from Egypt. God sends poisonous serpents among the people, and the people respond by repenting of their disobedience. The Lord instructs Moses to make a bronze serpent and set it on a pole so that any who are bitten may look upon this sign of God’s faithfulness and live.

Psalm: **107:1-3, 17-22**

Comment: “You deliver your people from their distress,” (Ps.107:19)

Thanksgiving is offered to the Lord, who saves from storms and other dangers those who will call upon God’s name.

Second Reading: **Ephesians 2:1-10**

Comment: “Saved by grace through faith for good works”

This New Testament passage emphasizes the manner in which **Christians have been saved by God’s free gift.** When we were dead in our sins, God raised us up with Christ that we might know the immeasurable riches of God’s graciousness. Although we are saved by faith and

not by our good deeds, we are now able to do the good works for which God has made us capable.

The Holy Gospel: **John 3:14-21**

Comment: “The lifting up of the Son of Man”

In our gospel, **the image of Moses lifting up the bronze serpent in the wilderness is metaphorically related to Jesus’ lifting up on the cross.** Just as the repentant Israelites could look upon Moses’ raised standard and be saved from the poisonous bite of a serpent, so all who look upon the crucified Christ in faith will be saved from their sins. Jesus did not come to condemn, but to be the saving light who draws many to himself.

CATHEDRAL NEWS

BICENTENNIAL CELEBRATIONS: As the Anglican Church in Barbados celebrates its 200th anniversary as a Diocese on July 25, 2024, so too will the Cathedral celebrate the arrival of the 1st Bishop of Barbados, in the St. Michael Parish Church.

1. Gifts in celebration of this significant milestone would be greatly appreciated. Envelopes are available for everyone’s convenience. Thanks for your generous gift.
2. **Bicentennial Celebrations-Revitalization of the Cathedral 2024 and Beyond.** Today, March 10, 2024, Mothering Sunday, marks the launch of the Cathedral’s campaign of Mission, Ministry, Maintenance and Money.

Everyone is invited to play an active role as the Cathedral revitalizes its heritage; strengthen congregational vitality; and build the Church for tomorrow. All members and the entire Cathedral family are invited to attend. Refreshments will be served.

WELCOME: A most cordial welcome is extended to our guest preacher, The Very Rev'd Dr. Shelley-Ann Tenia, Dean of Holy Trinity Cathedral, Port of Spain, Trinidad and Tobago. We thank you most sincerely.

BIRTHDAYS: Congratulations to all those persons celebrating birthdays this week, March 10-16, 2024

- 11 Mrs. Heather Coward-Downes
- 12 Ms. Corliss A. Hinds
- 13 Ms. Zanieva Greaves
- 14 Mr. Winfield L. Downes
Mr. Nicholas J. N. Small
- 15 Ms. Gloria Regis



May God bless and strengthen you.

ACKNOWLEDGEMENT: Sincere thanks to The Rev'd Winston Crichlow for a donation of US 1,840.00 (BBD \$3,638.50). This includes a gift, in equal portions to the Cathedral Clergy, and the balance for the Cathedral, "to be used in any useful way or ways", as The Dean may determine.



SICK: Please remember the sick or injured of our Parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, John Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Jeffrey Mascoll, Marlene Moore, Blair Murray, Clyde Outram, Veronica Sandals (USA), Sylvester (Blues) Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.



BEREAVEMENT We extend sincere condolences to the families of the late

- Mr. Keith Ellis
- Mrs. Elmin Branch-Butler .

We thank God for their lives, work, and witness among us.

May you know the blessedness of those who mourn.



STEWARDSHIP: Sincere thanks to all who have submitted their Initial Offering. To date, we have received \$4,215.00. Please note that this year's envelopes cost \$3,507.04. Persons who have not made their contribution as yet are asked to do so as soon as possible.

FLOWERS: Easter is fast approaching, and in this regard, we would kindly appreciate any funds towards the floral arrangements for this festive season. Donations may be

made in memory of loved ones or in celebration of birthdays and anniversaries.

We have already received a donation for flowers at the kneave alter and pulpit. We wish to thank our anonymous contributor to this special occasion.

#4: LEARNING FROM THE CATECHISM

In the Book of Common Prayer there is a section entitled A Catechism (Pages 387-414). This comprises a body of teaching organized in a “Question and Answer” format. One such area is Prayer, under the title PRAYER AND WORSHIP: Pages 405-407.


The Lord’s Prayer has been explored in a previous presentation and study/reflection. Now is the turn of the Principal acts of Prayer: Adoration, Praise, Thanksgiving, Penitence, Oblation, Intercession, Petition, Meditation and Contemplation (Catechism #93-101, Pages 406-407).

QUESTIONS FOR DISCUSSION AND REFLECTION

1. (a) Which one(s) do you focused on more?
(b) Which one(s) do you focused on less?
(c) What other forms of prayer would you use?

2. State how your Parish and the Diocese can help to foster a more active and comprehensive life of prayer to:
 - (a) Become a Community of Prayer?


- (b) Assist each person to journey in a more powerful Life of Prayer using the ‘Principal acts’?
3. Design a personal plan which you can use on Wednesday in Holy Week outside of the church gathering.



The St. Michael Centre
for Faith and Action
presents the

Annual Dean's Lecture

**"The Body of Christ:
Spirituality, Health & Wellness"**



by
Dr. Kenneth L. Connell
Deputy Dean of Recruitment & Outreach
Faculty of Medical Sciences
The University of the West Indies
Cave Hill Campus, Barbados

on
Tuesday, March 12th, 2024
at
7:00 p.m.

Courtney Blackman Grande Salle
Central Bank of Barbados
Bridgetown

**Daily Book of Common Prayer Readings
March 10-16, 2024**

Day	Morning Readings	Evening Readings
The Fourth Sunday in Lent	Psalms 66, 67 Genesis 48:8-22 John 6:27-40	Psalms 19, 46 Jeremiah 14:1-9, 17-22 Romans 8:11-25
Monday	Psalm 89:1-18 Genesis 49:1-28 Mark 7:24-37	Psalm 89:19-52 Jeremiah 16:10-21 1 Corinthians 10:14—11:1
Tuesday	Psalms 97, 99, [100] Genesis 49:29—50:14 Mark 8:1-10	Psalms 94, [95] Jeremiah 17:19-27 1 Corinthians 11:17-34
Wednesday	Psalms 101, 109:1-4 (5-19)20-30 Genesis 50:15-26 Mark 8:11-26	Psalm 119:121-144 Jeremiah 18:1-11 1 Corinthians 12:1-11
Thursday	Psalm 69:1-23 (24-30)31-38 Exodus 1:6-22 Mark 8:27—9:1	Psalm 73 Jeremiah 22:13-23 1 Corinthians 12:12-26
Friday	Psalms 95 (Invitatory) & 102 Exodus 2:1-22 Mark 9:2-13	Psalm 107:1-32 Jeremiah 23:1-8 1 Corinthians 12:27—13:3
Saturday	Psalms 107:33-43, 108:1-6(7-13) Exodus 2:23—3:15 Mark 9:14-29	Psalm 33 Jeremiah 23:9-15 1 Corinthians 13:1-13 Collect for the Fifth Sunday in Lent

For God So Loved the World

John 3:16 (NIV)

Name: _____

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. John 3:16 (NIV)



Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
O	W	S	G	D	K	I	Z	T	Q	M	P	J	F	E	R	V	B	X	A	C	U	L	N	H	Y

1. 2-25-1-15-17-15-16 _____
2. 2-1-16-23-5 _____
3. 4-1-5 _____
4. 18-15-23-7-15-17-15-3 _____
5. 4-20-17-15 _____
6. 23-7-14-15 _____
7. 3-1-24 _____
8. 15-9-15-16-24-20-23 _____
9. 23-1-17-15-5 _____
10. 12-15-16-7-3-25 _____
11. 1-24-23-26 _____

CHECK YOUR ANSWERS

God	gave	whoever	eternal
loved	only	believes	life
world	Son	perish	

SERMON NOTES

Text:.....

Topic:.....

Preacher:.....

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Points to Ponder:

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.....

What was God saying specifically to me during the Sermon?

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CATHEDRAL MINISTRIES

March 10, 2024

**8:00 A.M. ~ Sung Eucharist: Launch of the
Bicentennial Celebrations – Cathedral Revitalization
2024 and Beyond**

**Con-Celebrants: The Very Rev'd Dr. Jeffrey D. Gibson
The Rev'd Canon George Knight
The Rev'd Stephanie-Ann Wedderburn
Preacher: The Very Rev'd Dr. Shelley-Ann Tenia**



Wednesday, March 13, 2024

**10:00 A.M. ~ Holy Eucharist
President and Preacher**

The Very Rev'd Dr. Jeffrey D. Gibson



Sunday, March 17, 2024

The Fifth Sunday in Lent ~ Year B

7:00 A.M. ~ Holy Eucharist

9:00 A.M. ~ Sung Eucharist



OFFICERS OF THE CHURCH COUNCIL

Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

Church Wardens:

Mr. Samuel Maxwell, J.P. Mr. Victor Sylvester

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Mr. Darnley King;

Mr. Samuel Maxwell, J. P.

Ms. Cyrilene Forde

Alternative Synod Representative

Ms. Donna Inniss



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Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael	Mr. Darwin Clarke



CONTACT US

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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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Monday – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246)437-4265 (Dean's Residence)