## The Cathedral Church of Saint Michael and All Angels

welcomes you to the celebration of

# The Holy Eucharist On

May 26, 2024 7:00 A.M. and 9:00 A.M.



"To be a guiding light of Christ's grace, justice, freedom and love".

#### The Cathedral Church of

### Saint Michael and All Angels The Diocese of Barbados

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean
The Very Rev'd Dr. Jeffrey D. Gibson,

Precentor
The Rev'd Canon George Knight, B.Min.

Assistant Priest
The Rev'd Stephanie-Ann Wedderburn, B.Sc., B.A.

Organist/Choirmaster
Mr. John F. Bryan, B.Sc., BMus.

Organist
Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant
Ms. Arlene Miller

Verger
Mrs. Chloe Grant

#### **Sunday May 26, 2024**

The First Sunday After Pentecost ~ Trinity Sunday - Year B

7:00 A.M. Holy Eucharist President and Preacher: The Rev'd Stephanie-Ann Wedderburn

9:00 A.M. Sung Eucharist President: The Rev'd Canon George Knight Lay Speaker: Ms. Tiyesha Martin

Lay Eucharistic Minister: Mrs. Valdine Browne



#### THE PREPARATION

Organ Prelude
Welcome
Opening Hymn ~ 371 "LET all the world in every corner sing,"

LET all the world in every corner sing, my God and King!
The heavens are not too high, his praise may thither fly; the earth is not too low, his praises there may grow.
Let all the world in every corner sing, my God and King!

Let all the world in every corner sing, my God and King!

The church with psalms must shout, no door can keep them out; but above all the heart must bear the longest part.
Let all the world in every corner sing, my God and King!

Words: George Herbert (1593-1633)

Opening Sentence "Trinity Sunday"

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O the depth of riches and wisdom and knowledge of God! For from Him and through Him and to Him are all things. To Him be glory forever. *Amen. Romans* 11: 33, 36

#### THE INVOCATION

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PRESIDENT: Blessed be God: Father, Son and Holy

Spirit. Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever.

Amen. Alleluia! Alleluia!

ALL: Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

ALL: Almighty God, to you all hearts are open, all desires know, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

#### THE KYRIES

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Lord, have mercy. Lord, have mercy.

Christ, have mercy. Christ, have mercy.

Lord, have mercy. Lord, have mercy.

#### **GLORIA IN EXCELSIS**

Glory to God in the highest, and peace to His people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. *Amen*.

PRESIDENT: The Lord be with you All: And also with you

Let us pray.

The Collect "The First Sunday After Pentecost: Trinity Sunday Page 172

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen* 

(Please sit)

#### THE MINISTRY OF THE WORD

First Lesson: Isaiah 6:1-8

Lectors: 7:00 A.M. ~ Mrs. Joyanne Blackman-Jarvis

9:00 A.M. ~ Ms. Esme Knights

A Reading from the Word of God, written in the Book of Isaiah, the sixth chapter, beginning at the first verse.

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In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

"Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory."

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!" Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

LECTOR: The Word of the Lord. **ALL:** Thanks be to God.

- 1 Ascribe to the LORD, you gods,\* ascribe to the LORD glory and strength.
- 2 Ascribe to the LORD the glory due his Name;\* worship the LORD in the beauty of holiness.
- 3 The voice of the LORD is upon the waters; the God of glory thunders;\* the LORD is upon the mighty waters.
- 4 The voice of the LORD is a powerful voice;\* the voice of the LORD is a voice of splendour.
- 5 The voice of the LORD breaks the cedar trees;\* the LORD breaks the cedars of Lebanon;
- 6 He makes Lebanon skip like a calf,\* and Mount Hermon like a young wild ox.
- 7 The voice of the LORD splits the flames of fire; the voice of the LORD shakes the wilderness;\* the LORD shakes the wilderness of Kadesh.
- 8 The voice of the LORD makes the oak trees writhe\* and strips the forests bare.
- 9 And in the temple of the LORD\* all are crying, "Glory!"
- 10 The LORD sits enthroned above the flood;\* the LORD sits enthroned as King for evermore.
- 11 The LORD shall give strength to his people;\* the LORD shall give his people the blessing of peace.

Glory to the Father, and to the Son and to the Holy Spirit; As it was in the beginning, is now, and shall be forever. *Amen*.

Second Lesson: Romans 8:12-17

Lectors: 7:00 A.M. ~ Ms. Linda Springer

9:00 A.M. ~ Ms. Cerys Francis-Thornhill

A Reading from the Word of God, written in the Letter of Paul to the Romans, the eighth chapter, beginning at the twelfth verse.

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh—for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

LECTOR: The Word of the Lord.

ALL: Thanks be to God.

(Please stand, as able)

The Gradual **Hymn ~ 210** "FATHER of heaven, whose love profound"

FATHER of heaven, whose love profound a ransom for our souls hath found, before thy throne we sinners bend, to us thy pardoning love extend.

Almighty Son, incarnate Word, our Prophet, Priest, Redeemer, Lord, before thy throne we sinners bend. to us Thy saving grace extend.

Eternal Spirit, by whose breath the soul is raised from sin and death, before thy throne we sinners bend, to us thy quickening power extend.

Thrice Holy! Father, Spirit, Son; mysterious Godhead, Three in One, before thy throne we sinners bend, grace, pardon, life to us extend.

Words: Edward Cooper (1770-1833), 1805

The Holy Gospel: **John 3:1-17** 

Gospeller: The Rev'd Stephanie-Ann Wedderburn

GOSPELLER: The Lord be with you. **ALL:** And also with you.

A Reading from the Holy Gospel according to John, the third chapter, beginning at the first verse.

#### All: Glory to Christ our Saviour

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God;

for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that

everyone who believes in him may not perish but may have eternal life." Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

GOSPELLER: The Gospel of Christ.

**ALL:** Praise to Christ our Lord.

#### The Sermon:

7:00 A.M. The Rev'd Stephanie-Ann Wedderburn 9:00 A.M. The Address: Ms. Tiyesha Martin

(Please stand, as able)

The Nicene Creed

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen or unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through Him all things were made. For us and for our salvation He came down from heaven:

by the power of the Holy Spirit He was born of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate;

He suffered, died and was buried.

On the third day He rose again in fulfilment of the Scriptures;

He ascended into heaven and is seated at the right hand of the Father

He will come again in glory to judge the living and the dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son He is worshipped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. **Amen** 

#### **INTERCESSION FORM "B"**

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**Intercessors:** 

7:00 A.M. ~ Ms. Donnah Russell

9:00 A.M. ~ Mrs. Juno Burrows

#### The Bidding Prayer: The Assistant Priest

Lord, we pray for your Church. As we celebrate Trinity Sunday, we pray for the unity of the Church, that just as the Trinity is one, so we would be one in faith, hope and love.

We pray for...

Spirit of God, breathe into our lives:

ALL: Breathe into your Church, breathe into your World.

(Please kneel or sit, as able)

LEADER: Father, we pray for your holy Catholic Church;

ALL: That we all may be one.

LEADER: Grant that every member of the Church may truly and humbly serve you;

ALL: That your Name may be glorified by all people.

LEADER: We pray for all Bishops, Priests, and Deacons; ALL: That they may be faithful ministers of your Word and Sacraments.

LEADER: We pray for all who govern and hold authority in the nations of the world;

ALL: That there may be justice and peace on the earth.

LEADER: Give us grace to do your will in all that we undertake;

ALL: That our works may find favour in your sight.

LEADER: Have compassion on those who suffer from any grief or trouble;

ALL: That they may be delivered from their distress.

LEADER: Give to the departed eternal rest;

ALL: Let light perpetual shine upon them.

LEADER: We praise you for your saints who have entered into joy;

ALL: May we also come to share in your heavenly kingdom.

LEADER: Let us pray for our needs and those of others.

ALL: Almighty God, to whom our needs are known before we ask, help us to ask only what accords to your will; and the good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son, Jesus Christ our Lord. *Amen*.

#### **ACT OF PENITENCE "A"**

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8, 9*)

(A period of silence shall be kept).

PRESIDENT: Let us therefore confess our sins.

ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word

and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen*.

#### THE ABSOLUTION

Page 124

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen*.

(Please stand as able)

#### THE GREETING OF PEACE "A"

Page 124

PRESIDENT: We are the Body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

#### **HYMN OF FELLOWSHIP**

"Let there be love shared among us"

Let there be love shared among us Let there be love in our eyes May now your love sweep this nation
Cause us O Lord to arise
Give us a fresh understanding
Of neighbourly love that is real
Let there be love shared among us
Let there be love.

Words: Dave Bilbrough, (b 1955)

#### THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, an offering will be collected. The Cathedral needs money to carry out its mission, ministry, and maintenance; and it relies upon the stewardship offerings of its members and the kind generosity of friends and well-wishers. Sincere thanks for your contribution today.)

## The Offertory Hymn ~ 211 "Holy, holy, holy! Lord God Almighty"

Holy, holy! Lord God Almighty! Early in the morning our song shall rise to thee: holy, holy, holy! Merciful and mighty! God in three persons, Blessed Trinity!

Holy, holy! All the saints adore thee, casting down their golden crowns around the glassy sea: cherubim and seraphim falling down before thee, which wert, and art, and evermore shalt be.

Holy, holy! Though the darkness hide thee, though the eye of sinful man thy glory may not see, only thou art holy, there is none beside thee perfect in power, in love, and purity.

Holy, holy! Lord God Almighty! All thy works shall praise thy name, in earth, and sky, and sea: holy, holy! Merciful and mighty! God in three persons, Blessèd Trinity!

Words: Reginald Heber (1783-1826), 1826

#### THE OFFERTORY PRAYER "B"

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PRESIDENT AND PEOPLE: Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. *Amen*.

#### THE EUCHARISTC PRAYER

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

**ALL:** It is right to give God thanks and praise.

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*Go to page 129*)

For in the mystery of Your Godhead, Father, Son and Holy Spirit, You have revealed Your glory, three Persons equal in majesty, undivided in splendour, yet one Lord, one God, ever to be worshipped and glorified. (*Go to page 131*)

Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name.

#### ALL

Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.

(Please sit or kneel, as able)

#### **THE GREAT THANKSGIVING "A"** Page 131

#### PRESIDENT:

All Holy and glorious Father, Our Creator God, we give you thanks because in your loving wisdom you brought all things into being, and are truly worthy of praise from every creature you have made. Again and again we have turned away from you; yet in every age your steadfast love has called us to return, to live in union with you: for it is your eternal purpose to put new life into all things and make them holy.

Through your Son, Jesus Christ Who took our human nature upon Him you have redeemed the world from the bondage of sin: and by the power of your Holy Spirit you have gathered a people to yourself, to make known in every place His perfect offering which He made to the glory of your Name.

Hear us, therefore, Father, through your Son, Jesus Christ our Lord; And grant that these gifts of bread and wine may be unto us His Body and Blood. For, on the night He was betrayed He took bread, and when He had given thanks to you, He broke it and gave it to His disciples and said: "Take this, and eat it: This is my Body which is given for you. Do this for the remembrance of me."

And after supper He took the cup of wine:

and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

PRESIDENT: Let us proclaim the mystery of our faith.

#### **ALL:**

Christ has died. Christ is risen. Christ will come again.

#### PRESIDENT:

And so, Heavenly Father, rejoicing in His Holy Incarnation; His Blessed Passion and His Perfect Sacrifice made once for all upon the Cross; His Mighty Resurrection from the dead; His Glorious Ascension into heaven; and looking for His Coming in glory; we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of praise and thanksgiving; and grant that all who eat and drink of the Body and Blood, of your Son, our great High Priest, may be renewed by your Holy Spirit, and be one Body, one Spirit, in Him.

Let faith and love increase in us. Unite us with all Bishops, all other ministers of your Word and Sacraments, and with the whole people of God, living and departed, whom you have made for yourself.

Confirm us in holiness, that we may be found ready to join the company of the Blessed Virgin Mary, the Holy Apostles, and all your saints, when our Lord Jesus Christ comes again: Forever giving you thanks and praise through Him from whom all good things do come.

With Him and in Him and through Him, by the power of the Holy Spirit, we worship you, Father Almighty, with all who stand before you in earth and heaven, in songs of everlasting praise:

ALL: Blessing and honour and glory and power be yours for ever and ever. Amen.

#### THE LORD'S PRAYER

Page 144

PRESIDENT: As our Saviour has taught us, so we pray:

ALL:

Our Father in heaven, hallowed be your Name; your kingdom come; vour will be done on earth as in heaven. Give us today our daily bread, Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours now and forever. Amen.

#### THE BREAKING OF THE BREAD

Page 145

PRESIDENT: We break this bread to share in the body of Christ.

ALL: Though we are many, we are one body, because we all share in one bread.

#### THE COMMUNION

(All baptized members of the Church, as inspired, may come to the altar and receive Holy Communion)

#### The Invitation "B"

Page 146

PRESIDENT: The Gifts of God for the People of God.

ALL: Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.

#### THE AGNUS DEI

Page 147

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.



#### The Administration of Communion/ Spiritual Communion

(Communicants are invited to kneel at the Altar Rail, as able)

Communion Hymn ~ 416 "I, the Lord of sea and sky,"

I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin
my hand will save.
I, who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

#### Refrain:

Here I am, Lord. Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.

I, the Lord of snow and rain, I have borne my people's pain. I have wept for love of them, they turn away. I will break their hearts of stone, give them hearts for love alone, I will speak my word to them. Whom shall I send? *Refrain* 

I, the Lord of wind and flame, I will tend the poor and lame, I will set a feast for them, my hand will save. Finest bread I will provide till their hearts be satisfied, I will give my life to them. Whom shall I send? *Refrain* 

Words: Daniel Schutte (1947-).
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#### Hymn ~ 602 "Let all mortal flesh keep silence"

Let all mortal flesh keep silence and with fear and trembling stand; ponder nothing earthly-minded, for with blessing in his hand Christ our God to earth descendeth, Our full homage to demand.

King of kings, yet born of Mary, as of old on earth he stood, Lord of lords, in human vesture – in the body and the blood – he will give to all the faithful his own self for heavenly food. Rank on rank the host of heaven spreads its vanguard on the way, as the Light of Light descendeth from the realms of endless day, that the powers of hell may vanish as the darkness clears away.

At his feet the six-winged seraph; cherubim with sleepless eye veil their faces to the Presence, as with ceaseless voice they cry, alleluia, alleluia, alleluia, alleluia,

Words: Liturgy of St James, From, 5<sup>th</sup> century, Greek; The Garard Moultrie (1829-1885)

Translation: Gerard Moultrie (1829-1885)

#### **THE POST COMMUNION PRAYER "A"** Page 147

ALL: Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

THE BLESSING "Trinity Sunday" Page 151

God the Holy Trinity make you strong in faith and love, defend you on every side and guide you in truth and peace and the Blessing of God Almighty, the Father, the Son and the Holy spirit be upon you and remain with you always. *Amen.* 

#### ~~~Notices and Announcements~~~

The Recessional Hymn ~ 208 "Bright the vision that delighted"

Bright the vision that delighted once the sight of Judah's seer; sweet the countless tongues united to entrance the prophet's ear.

Round the Lord in glory seated cherubim and seraphim filled his temple, and repeated each to each the alternate hymn:

'Lord, thy glory fills the heaven; earth is with its fullness stored; unto thee be glory given, holy, holy, holy, Lord.'

Heaven is still with glory ringing, earth takes up the angels' cry, 'holy, holy, holy,' singing, 'Lord of Hosts, the Lord most high.'

With his seraph train before him, with his holy church below, thus unite we to adore him, bid we thus our anthem flow:

Lord, thy glory fills the heaven; earth is with its fullness stored; unto thee be glory given, holy, holy, holy, Lord.

Words: Richard Mant (1764-1848), alt., based on Isaiah 6

#### THE DISMISSAL

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Go in peace and serve the Lord.

ALL: In the name of Christ. Amen

**Organ Postlude** (Worshippers are invited to sit silently and listen to the voluntary, but those who wish to leave at this point may do so quietly.)

Thank you most sincerely for worshipping at the Cathedral this morning.



**Sunday May 26, 2024** 

The First Sunday After Pentecost ~ Trinity Sunday - Year B

God speaks in the depths of human heart when God reveals the divine self to us.



First Reading: **Isaiah 6:1-8** 

Comment: "Isaiah's vision and call"

Our first reading is **Isaiah's vision of the Lord and his prophetic commission.** The earthly temple becomes an icon for the temple in heaven. Isaiah is purged of his guilt and sin and responds to the Lord's call. The church hears in the thrice-holy song of the seraphim an anticipation of its praise of God as Father, Son and Holy Spirit/

Psalm: 29

Comment: "Worship the Lord in the beauty of holiness" (*Ps.29:2*)

The majesty of God is described in the likeness of a mighty thunderstorm.

Second Reading - Romans 8:12-17 Comment: "Living by the Spirit"

In this lesson, we hear that **if we follow our lower nature**, we are enslaved and destined to death, but when we are moved by God's Spirit, we become God's children and heirs with Christ. The Spirit makes this experience possible by prompting our lips to call upon God as Father with the same Aramaic word (Abba) that Jesus used. This new relationship means that we are no longer required to be led by baser instincts. Our heritage is life, while we must also learn to share in Christ's sufferings.

The Holy Gospel: John 3:1-17

Comment: "Entering the reign of God through water and the Spirit"

In our gospel story, **Nicodemus**, **one of the Pharisees**, **comes during the night to talk with Jesus**. Nicodemus is a figure used by the evangelist to represent a type of person who wants to believe but has difficulty understanding spiritual realities. Jesus tells him that no one can enter the kingdom of God unless he is born anew through water and the Spirit. The inner meaning of the passage partly turns on the fact that "born anew "can also be understood as "Born from on high," and that the same Greek word means both wind and spirit. Jesus then tells Nicodemus of the Son of Man come down from heaven, who will be lifted up, both on the cross to die for the world, and to return to heaven in glory.

#### **CATHEDRAL NEWS**

# 1. BICENTENNIAL CELEBRATIONS - CATHEDRAL REVITALIZATION 2024 and BEYOND: Mission – Ministry -Maintenance - Money.

This campaign aims to revitalize the Cathedral's heritage; to strengthen congregational vitality; and to build the Church for tomorrow. All are invited to get involved and to recommend the programme to others, especially persons who were nurtured in this sacred place.

This month: Polo Shirts; T20 Hymns (Registration Sheets are available).

Ongoing: \$200.00 Challenge – Gift to be presented, at the Patronal Festival, September 29, 2024 (Registration Cards are available).

June 2-9 Faith and Action Week

23 – Baptized Children invited to church.

- **2. BIRTHDAYS:** Congratulations to all those persons celebrating birthdays this week, May 26-June 1, 2024
  - 26 Marcia R. Hoyte
  - 27 Mr. Jerry A. Alleyne
     Mrs. Valda O. Layne (95 Years)
  - 29 Ms. Deidre Cox Ms. Kimberley P. Layne Ms. Linda R. Springer
  - 30 Ms. Doris D. Hinds Ms. Kim Springer
  - 31 Ms. Monica Aimey

#### June

• 1 Master Liam N. Francis-Thornhill May God bless and strengthen you.





**3. SICK:** Please remember the sick or injured of our Parish and wider community, especially Ann Barker, Margaret Browne, Elsie Brunson, Colleen Byer, Courtney

Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Jeffrey Mascoll, Marlene Moore, Blair Murray, Clyde Outram, Sylvester (Blues) Sargeant, Sheila Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.



- **4. BEREAVEMENT:** We extend sincere condolences to the families of the late:
  - Mr. George Cox
  - Mr. Akeem Hunte
  - Mr. Ricky Aimey
  - Mr. McDonald Mapp
  - Ms. Muriel Hutson

May you know the blessedness of those who mourn.

#### **SERMON NOTES**

Text:		 	 
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Points to	o Ponder:		
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Daily Book of Common Prayer Readings May 26-June 1, 2024					
Day	Morning Readings	<b>Evening Readings</b>			
The First Sunday After Pentecost: Trinity Sunday	Psalms 146, 147 Job 38:1-11; 42:1-5 John 1:29-34	Psalms 111, 112, 113 Ecclesiasticus 43:1-12 (27-33) Revelation 19:4-16			
Monday (Proper 3)	Psalm 25 Proverbs 10:1-12 Matthew 12:22-32	Psalms 9, 15 Deuteronomy 4:9-14 1 Timothy 1:1-17			
Tuesday	Psalms 26, 28 Proverbs 15:16-33 Matthew 12:33-42	Psalms 36, 39 Deuteronomy 4:15-24 1 Timothy 1:18—2:8			
Wednesday	Psalm 38 Proverbs 17:1-20 Matthew 12-43-50	Psalm 119:25-48 Deuteronomy 4:25-31 1 Timothy 3:1-16			
Thursday	Psalm 37:1-18 Proverbs 21:30—22:6 1 Timothy 4:1-16 Matthew 13:24-30	Eve of Visitation Psalm 132 Isaiah 11:1-10 Hebrews 2:11-18 Collect for Visitation			
The Visitation of The Blessed Virgin Mary Friday	Psalm 72 Samuel 1:1-20 Hebrews 3:1-6	Psalms 146, 147 Zechariah 2:10-13 John 3:25-30			
Saturday	Psalms 30, 32 Proverbs 25:15-28 Matthew 13:36-43	Psalms 42, 43 Deuteronomy 5:22-33 1 Timothy 6:6-21 Collect for Proper 4			

#### Sunday May 26, 2024 The First Sunday After Pentecost: Trinity Sunday

7:00 A.M. Holy Eucharist President and Preacher: The Rev'd Stephanie-Ann Wedderburn

9:00 A.M. Sung Eucharist President: The Rev'd Canon George Knight Lay Speaker: Ms. Tiyesha Martin

11:30 A.M. Holy Baptism



Wednesday May 29, 2024 10:00 A.M. Holy Eucharist The Very Rev'd Dr. Jeffrey D. Gibson



June 2, 2024

The Second Sunday After Pentecost Start of Faith and Action Week, June 2-9

7:00 A.M. Holy Eucharist

9:00 A.M. Sung Eucharist

6:00 P.M. Choral Evensong

(7<sup>th</sup> Anniversary of

The St. Michael Centre for Faith and Action)
Preacher: The Rev'd Canon Beverley Sealy-Knight
Rector of St. James Parish Church
and Rural Dean of St. Peter



#### OFFICERS OF THE CHURCH COUNCIL

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Woman's Auxiliary Vacant

Ushers Guild: Mrs. Juno Burrows
Outreach Committee: Mrs. Delores Hinds

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Guild of Servers: Mr. Jerry Alleyne

Health Ministry: Dr. Wendy Sealy

Sunday School: Mrs. Harriett Blackman

Flower Guild: Vacant

Guild of St. Raphael Mr. Darwin Clarke



#### **CONTACT US**

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