

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

The Holy Eucharist

On

July 14, 2024

7:00 A.M. and 9:00 A.M.

**The Eighth
Sunday
After
Pentecost**



“To be a guiding light of Christ’s grace, justice, freedom and love”.

**The Cathedral Church of
Saint Michael and All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B. Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B. A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant

Ms. Arlene Miller

Vergers

Mrs. Chloe Grant

Sunday July 14, 2024

The Eighth Sunday After Pentecost: Proper 10 ~ Year B

7:00 A.M. Holy Eucharist

President and Preacher:

The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. Sung Eucharist

President: The Rev'd Stephanie-Ann Wedderburn

Preacher: The Very Rev'd Dr. Jeffrey D. Gibson

Lay Eucharistic Minister: Mrs. Judy King



ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Opening Hymn ~ **384 “Praise to the Lord, the Almighty,
the King of creation;”**

Praise to the Lord, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
all ye who hear,
now to his temple draw near,
joining in glad adoration.

Praise to the Lord, who o'er all things so wondrously
reigneth, shieldeth thee gently from harm, or when fainting
sustaineth:

hast thou not seen
how thy heart's wishes have been
granted in what he ordaineth?

Praise to the Lord, who doth prosper thy work and defend
thee; surely his goodness and mercy shall daily attend thee.
ponder anew
what the Almighty can do,
if to the end he befriend thee.

Praise to the Lord, O let all that is in me adore him!
All that hath life and breath, come now with praises before
him! Let the amen
sound from his people again:
gladly for aye we adore him.

*Words: Joachim Neander (1650-1680),
from Lobe den Herren, den mächtigen König der Ehren, German;
translation: Catherine Winkworth (1827-1878)*

Opening Sentence **“General”**

Page 100

Worship the Lord in the beauty of holiness; let the whole
earth stand in awe of Him. *Psalm 96:9.*

THE INVOCATION

Page 101

PRESIDENT: Blessed be God: Father, Son and Holy
Spirit. Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever.
Amen. Alleluia! Alleluia!

ALL: Blessed Lord and Father, we have assembled in
your Name and in fellowship with one another. Enable

us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

COLLECT FOR PURITY

Page 101

ALL: Almighty God, to you all hearts are open, all desires know, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

THE KYRIES

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

Glory to God in the highest,
and peace to His people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,

we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. *Amen.*

PRESIDENT: The Lord be with you.

All: And also with you.

Let us pray.

The Collect: *“Proper 10”*

Page 175

O Lord, mercifully receive the prayers of your people who call upon you; and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever *Amen.*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: **2 Samuel 6:1-5, 12b-19**

Lectors: **7:00 A.M. ~ Ms. Alicia White**

9:00 A.M. ~ Mrs. Margaret King-Austin

A Reading from the Word of God, written in the Second Book of Samuel, the sixth chapter, beginning at the first verse.

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the LORD of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the LORD with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the LORD with shouting, and with the sound of the trumpet.

As the ark of the LORD came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the LORD; and she despised him in her heart.

They brought in the ark of the LORD, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the LORD. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the LORD of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 24 Domini est terra

Page 496

1. The earth is the Lord's and all that is in it,* the world and all who dwell therein.
2. For it is he who founded it upon the seas* and made it firm upon the rivers of the deep.
3. "Who can ascend the hill of the Lord?*" and who can stand in his holy place?"
4. "Those who have clean hands and a pure heart,* who have not pledged themselves to falsehood, nor sworn by what is a fraud. ·
5. They shall receive a blessing from the Lord* and a just reward from the God of their salvation.

6. Such is the generation of those who seek him,* of those who seek your face, O God of Jacob.

7. Lift up your heads, O gates; lift them high, O everlasting doors;* and the King of glory shall come in.

8. "Who is this King of glory?"* "The Lord, strong and mighty, the Lord, mighty in battle."

9. Lift up your heads, O gates; lift them high, O everlasting doors;* and the King of glory shall come in.

10. "Who is he, this King of glory?"* he is the Lord of hosts, he is the king of glory."

Glory to the Father, and to the Son and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Second Lesson: **Ephesians 1:3-14**

Lectors: **7:00 A.M. ~ Mr. Victor Gittens**

9:00 A.M. ~ Ms. Donna Inniss

A reading from the Word of God, written in the Letter to the Ephesians, the first chapter, beginning at the third verse.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us

in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight, he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

(Please stand, as able)

The Gradual **Hymn ~ 511** “**Blest are the pure in heart,**”

Blest are the pure in heart,
for they shall see our God;
the secret of the Lord is theirs,
their soul is Christ’s abode.

The Lord, who left the heavens
our life and peace to bring,
to dwell in lowliness with men,
their pattern and their King.

Still to the lowly soul
he doth himself impart,
and for his dwelling and his throne
chooseth the pure in heart.

Lord, we thy presence seek;
may ours this blessing be;
give us a pure and lowly heart,
a temple meet for thee.

Words: John Keble (1792-1866), with others

The Holy Gospel: **Mark 6:14-29**

Gospellers:

7:00 A.M. ~ The Very Rev'd Dr. Jeffrey D. Gibson

9:00 A.M. ~ The Rev'd Stephanie-Ann Wedderburn

GOSPELLER: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to Mark, the sixth chapter, beginning at the fourteenth verse.

ALL: Glory to Christ our Saviour.

King Herod heard of Jesus and his disciples, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: **The Very Rev'd Dr. Jeffrey D. Gibson**

(Please stand, as able)

The Nicene Creed

Page 104

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.

Through Him all things were made.
For us and for our salvation

He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.

On the third day He rose again
in fulfilment of the Scriptures;

He ascended into heaven
and is seated at the right
hand of the Father

He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
 who proceeds from the Father.
 With the Father and the Son
He is worshipped and glorified.
 He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.
 We acknowledge one baptism
for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. *Amen*

THE PRAYERS

**Intercessors: 7:00 A.M. ~ Ms. Marcia Oxley
 9:00 A.M. ~ Ms. Esme Knights**

The Bidding: **The Very Rev'd Dr. Jeffrey D. Gibson**

Intercession Form "C" Page 108

LEADER: With all our heart and all our mind let us pray to the Lord, saying, "Lord have mercy."

LEADER: For the peace from above, for the loving kindness of God, and for the salvation of our souls: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the peace and welfare of the world, for the witness and work of the Church, and for the unity of all peoples: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For our Bishops and all ministers of God's Word and Sacraments, that they may be filled with truth and love and be found without fault at the Lord's coming: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfilment: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the sick, the suffering, the sorrowful, and the dying; and for all who remember and care for them: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For deliverance from the ravages of hurricane, earthquake, drought or flood, and for a just and proper use of God's creation: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvellous light: Let us pray to the Lord.

ALL: Lord, have mercy.

(Silence may be kept)

ALL: O Lord our God, accept the fervent prayers of your people in the multitude of your mercies. Look with compassion on us and all who turn to you for help; for you are gracious, O Lord of love, and to you we give glory, Father, Son and Holy Spirit, now and for ever. Amen.

ACT OF PENITENCE “A”

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. *(1 John 1:8, 9)*

(A period of silence shall be kept).

PRESIDENT: Let us therefore confess our sins.

ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that

we may serve you in newness of life to the glory of your Name. *Amen.*

THE ABSOLUTION

Page 124

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

(Please stand as able)

THE GREETING OF PEACE “C”

Page 125

PRESIDENT: The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

ALL: They who thus serve Christ are acceptable to God and approved by others.

PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP

Let there be love shared among us
Let there be love in our eyes
May now your love sweep this nation
Cause us O Lord to arise
Give us a fresh understanding
Of neighbourly love that is real
Let there be love shared among us
Let there be love.

Words: Dave Bilbrough, (b 1955)

THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, an offering will be collected. The Cathedral needs money to carry out its mission, ministry, and maintenance; and it relies upon the stewardship offerings of its members and the kind generosity of friends and well-wishers. Sincere thanks for your contribution today.)

The Offertory Hymn ~ 378 “O worship the King all glorious above;” (verses 2 & 3 omitted)

O worship the King all glorious above;
O gratefully sing his power and his love;
our Shield and Defender, the Ancient of Days,
pavilioned in splendour and girded with praise.

O tell of his might, O sing of his grace,
whose robe is the light, whose canopy space;
his chariots of wrath the deep thunder clouds form,
and dark is his path on the wings of the storm.

Frail children of dust and feeble as frail,
in thee do we trust, nor find thee to fail;
thy mercies how tender, how firm to the end!
Our Maker, Defender, Redeemer, and Friend.

O measureless Might, ineffable Love,
while angels delight to hymn thee above,
thy ransomed creation, though feeble their lays,
with true adoration shall sing to thy praise.

Words: Robert Grant (1779-1838), alt., based on W. Kethe (1561)

THE OFFERTORY PRAYER “B”

Page 126

PRESIDENT AND PEOPLE: Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

PRESIDENT: The Lord be with you.

ALL: **And also with you.**

PRESIDENT: Lift up your hearts.

ALL: **We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

ALL: **It is right to give God thanks and praise.**

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*Go to page 130*)

Because on this most glorious day, a triple light was given. On the first day of creation, you brought light and life into being. On the first day, for our salvation, you raised your Son victorious over death and on this day you gave your Holy and lifegiving Spirit to your church. (*Go to page 131*)

Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name.

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

(Please sit or kneel, as able)

THE GREAT THANKSGIVING “A”

Page 131

All Holy and glorious Father,
our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.

Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things
and make them holy.

Through your Son, Jesus Christ
who took our human nature upon Him

you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

And after supper
He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.

PRESIDENT:

Let us proclaim the mystery of our faith.

ALL: Christ has died.

Christ is risen.

Christ will come again.

PRESIDENT:

And so, Heavenly Father,
rejoicing in His Holy Incarnation.
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and Blood,
of your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.

Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God,
living and departed,
whom you have made for yourself.

Confirm us in holiness,

that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,
when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty, with all who stand
before you in earth and heaven,
in songs of everlasting praise:

**ALL: Blessing and honour and glory and power be
yours for ever and ever. Amen.**

THE LORD'S PRAYER

Page 144

PRESIDENT: As our Saviour has taught us, so we pray:

ALL:

Our Father in heaven,

hallowed be your Name;

your kingdom come;

your will be done

on earth as in heaven.

Give us today our daily bread,

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours now and forever. Amen.

THE BREAKING OF THE BREAD

Page 145

PRESIDENT: We break this bread to share in the body of Christ.

ALL: **Though we are many, we are one body, because we all share in one bread.**

THE COMMUNION

(All baptized members of the Church, as inspired, may come to the altar and receive Holy Communion)

The Invitation “B”

Page 146

PRESIDENT: The Gifts of God for the People of God.

ALL: **Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.**

THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



**The Administration of Communion/
Spiritual Communion**

*(Communicants are invited to kneel at the Altar Rail,
as able)*

Communion Hymn ~ **350** “There’s a wideness in God’s mercy”

like the wideness of the sea;
there’s a kindness in his justice,
which is more than liberty.
There is welcome for the sinner,
and more graces for the good;
there is mercy with the Saviour;
there is healing in his blood.

There is no place where earth’s sorrows
are more felt than up in heaven;
there is no place where earth’s failings
have such kindly judgement given.
There is plentiful redemption
in the blood that has been shed;
there is joy for all the members
in the sorrows of the Head.

For the love of God is broader
than the measure of the mind;
and the heart of the Eternal
is most wonderfully kind.
If our love were but more faithful,
we should take him at his word;
and our life would be thanksgiving
for the goodness of the Lord.

Words: Frederick William Faber (1814-1863), alt.

Hymn ~ 616 “O thou, who at thy eucharist didst pray”

O thou, who at thy eucharist didst pray
that all thy church might be for ever one,
grant us at every eucharist to say
with longing heart and soul, “Thy will be done:”
O may we all one bread, one body be,
through this blest sacrament of unity.

For all thy church, O Lord, we intercede;
make thou our sad divisions soon to cease;
draw us the nearer each to each, we plead,
by drawing all to thee, O Prince of peace;
thus may we all one bread, one body be,
through this blest sacrament of unity.

*We pray thee too for wanderers from thy fold;
O bring them back, good Shepherd of the sheep,
back to the faith which saints believed of old,
back to the church which still that faith doth keep;
soon may we all one bread, one body be,
through this blest sacrament of unity.

So, Lord, at length when sacraments shall cease,
may we be one with all thy church above,
one with thy saints in one unbroken peace,
one with thy saints in one unbounded love:
more blessèd still, in peace and love to be
one with the Trinity in Unity.

Words: William Bright (1824-1901)

ALL: Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

THE BLESSING “*Pentecost*” Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the Blessing of God Almighty, the Father, the Son and the Holy spirit be among you and remain with you always. *Amen.*

~~~*Notices and Announcements*~~~

The Recessional **Hymn ~ 387** “To God be the glory! Great things he hath done;”

To God be the glory! Great things he hath done;  
so loved he the world that he gave us his Son;  
who yielded his life an atonement for sin,  
and opened the life Gate that all may go in.

***Refrain:***

*Praise the Lord, praise the Lord!  
Let the earth hear his voice;  
praise the Lord, praise the Lord!*

*Let the people rejoice:  
O come to the Father,  
through Jesus the Son  
and give him the glory;  
great things he hath done!*

O perfect redemption, the purchase of blood!  
To every believer the promise of God;  
the vilest offender who truly believes,  
that moment from Jesus a pardon receives.

***Refrain***

Great things he hath taught us, great things he hath done,  
and great our rejoicing through Jesus the Son;  
but purer and higher, and greater will be  
our wonder, our rapture, when Jesus we see.

***Refrain***

*Words: Fanny J. Crosby (Frances van Alstyne (1820-1915))*

## THE DISMISSAL

**PRESIDENT:** The Lord be with you.

**ALL:** **And also with you.**

**PRESIDENT:** Go in peace and serve the Lord.

**ALL:** **In the name of Christ. Amen**

**Organ Postlude** (*Worshippers are invited to sit silently and listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

***Thank you most sincerely for worshipping at the  
Cathedral this morning.***

**Sunday July 14, 2024**

**The Eighth Sunday After Pentecost: Proper 10 - Year B**

"Christian leaders are called to a prophetic ministry and may be exposed to peril; nevertheless, they are assured of God's grace."



**First Reading: 2 Samuel 6:1-5, 12b-19**

**Comment: "David brings the Ark to Jerusalem"**

In our Hebrew scripture reading, **King David sets out to bring the Ark of the Covenant into the new royal city of Jerusalem.** The ark proceeds unto the city that David has captured with extravagant liturgy and is set in a tent that he has prepared. David leads the procession in exuberant dance. One of his wives, Saul's daughter Michal, perhaps representing the old order which David is replacing, despises him. With the arrival of the ark, Jerusalem becomes both the cultic and religious center of David's kingdom.

**Psalm: 24**

As pilgrims go up to God's holy place for worship, they cleanse themselves and praise the just Lord, who has created all things.

**Second Reading: Ephesians 1:3-14**

**Comment: "Chosen in Christ to live in the praise of God's glory"**

In this reading, **Paul praises God for the glorious inheritance that has been ordained for those who are now**

**the children of God.** Redeemed by the sacrifice of Christ, our freedom from sin is made possible. Now we share in the mystery of God’s plan to form a universal community in association with Christ. In all this we have the Holy Spirit as a kind of pledge or down payment for the fullness of the heritage to come.

The Holy Gospel: **Mark 6:14-29**

**Comment:** *“The death of John the Baptist”*

Our gospel story is of, **the death of John the Baptist by order of King Herod.** John the Baptist’s preaching sharply criticized Herod for his marriage to Herodias, who had been the wife of Herod’s brother Philip. Herod was intrigued and also fearful of John, but at a banquet at which Herodias’s daughter performed, the king rashly promised the girl whatever requests she might make. At her mother’s prompting, the girl asks for the head of John the Baptist. John’s fearlessness, Herodias’s brutality, and Herod’s expediency thus intersect and; lead to John’s martyrdom.

**DIOCESAN NEWS**

**Diocese of Barbados 200<sup>th</sup> Anniversary Celebration**

1. A 200<sup>th</sup> Anniversary Service will be held in the Garfield Sobers Gymnasium on Sunday, July 21, 2024, at 10:00 a. m. The preacher will be The Most Rev’d Drexel Gomez, Retired Archbishop of the Church in the Province of the West Indies. All are invited to attend.

2. Cocktail Reception & Artefacts Exhibition will be held in the Lloyd Erskine Sandiford Centre on Friday, July 26, 2024, at 7:00 p.m. Tickets (5) are available from the office at \$100.00 each. The Exhibition continues July 27-29 from 9:00 a.m. – 7:00 p.m. and the admission on these days will be \$30.00.

## CATHEDRAL NEWS

### **1. BICENTENNIAL CELEBRATIONS - CATHEDRAL REVITALIZATION 2024 and BEYOND: Mission – Ministry -Maintenance - Money.**

This campaign aims to revitalize the Cathedral’s heritage; to strengthen congregational vitality; and to build the Church for tomorrow. All are invited to get involved and to recommend the programme to others, especially persons who were nurtured in this sacred place.

**This month:** Polo Shirts, \$50.00;

T20 Hymns (Registration Sheets are available)

**July/August:** The proposed Vacation Bible School has been cancelled because of the repairs to the northern balcony which will begin very soon.

**Ongoing:** \$200.00 Challenge – Gift to be presented not later than the Patronal Festival, September 29, 2024 (Donation cards are available).

**2. BIRTHDAYS:** Congratulations to all those persons celebrating birthdays this week, **July 14-20, 2024.**

- 17 Ms. Yvonne C. Clarke  
Mr. David R. I. Sealy  
19 Mr. Clifford F. Taylor  
20 Mr. Franklyn S. Archer

*May God bless and strengthen you.*



**3. SICK:** Please remember the sick or injured of our Parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Jeffrey Mascoll, Marlene Moore, Blair Murray, Clyde Outram, Sylvester (Blues) Sargeant, Sheila Sealy, Claudette Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.



**4. BEREAVEMENT:** We extend sincere condolences to the families of the late:

- Mr. Kerwin Benn
- Mr. Samuel Wilkinson
- Mr. Christopher W. Mahon

*May you know the blessedness of those who mourn.*

**5. BALCONY REPAIRS:** The Parochial Church Council, in collaboration with the Barbados Diocesan Trustees, will soon commence work on the northern balcony. All efforts will be made to ensure the safety of worshippers while work



is in progress. Meantime, everyone is asked to respect the signage. Donations would be greatly appreciated.

**6. DEACON’S CUPBOARD:** An appeal is being made for your kind donations of food supplies and toiletries for the cupboard. Whatever supplies can be donated would be greatly appreciated and would go a long way in helping those less fortunate.

**7. PASTORAL LEAVE:** Please be informed that The Rev’d Canon George Knight will be on Pastoral leave, until further notice.

**SERMON NOTES**

Text:.....

Topic:.....

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Preacher:.....

Points to Ponder:

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What was God saying specifically to me during the Sermon?

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**Daily Book of Comm-on Prayer Readings  
July 14-20, 2024**

| <b>Day</b>                                 | <b>Morning Readings</b>                                   | <b>Evening Readings</b>                                                     |
|--------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------------------------|
| The Eighth<br>Sunday<br>After<br>Pentecost | Psalms 148, 149,<br>150<br>Joshua 1:1-18<br>Mark 1:21-27  | Psalms 114, 115<br>1 Samuel 17:50—<br>18:4<br>Acts 21:3-15                  |
| Monday                                     | Psalm 25<br>Joshua 2:1-14<br>Matthew 25:1-13              | Psalms 9, 15<br>1 Samuel 18:5-16,<br>27b-30<br>Romans 11:1-12               |
| Tuesday                                    | Psalms 26, 28<br>Joshua 2:15-24<br>Matthew 25:14-30       | Psalms 36, 39<br>1 Samuel 19:1-18<br>Romans 11:13-24                        |
| Wednesday                                  | Psalm 38<br>Joshua 3:1-13<br>Matthew 25:31-46             | Psalm 119:25-48<br>1 Samuel 20:1-23<br>Romans 11:25-36                      |
| Thursday                                   | Psalm 37:1-18<br>Joshua 3:14—4:7<br>Matthew 26:1-16       | Psalm 37:19-42<br>1 Samuel 20:24-42<br>Romans 12:1-8                        |
| Friday                                     | Psalm 31<br>Joshua 4:19—5:1,<br>10-15<br>Matthew 26:17-25 | Psalm 35<br>1 Samuel 21:1-15<br>Romans 12:9-21                              |
| Saturday                                   | Psalms 30, 32<br>Joshua 6:1-14<br>Matthew 26:26-35        | Psalms 42, 43<br>1 Samuel 22:1-23<br>Romans 13:1-7<br>Collect for Proper 11 |

**Sunday July 14, 2024**  
**The Eighth Sunday after Pentecost: Proper 10**

**7:00 A.M. Holy Eucharist**  
**President and Preacher:**  
**The Very Rev'd Dr. Jeffrey D. Gibson**

**9:00 A.M. Sung Eucharist**  
**President: The Rev'd Stephanie-Ann Wedderburn**  
**Preacher: The Very Rev'd Dr. Jeffrey D. Gibson**



**Wednesday July 17, 2024**  
**10:00 A.M. Holy Eucharist**  
**The Very Rev'd Dr. Jeffrey D. Gibson**



**July 21, 2024**  
**The Ninth Sunday after Pentecost: Proper 11**

**NO SERVICE IN THE CATHEDRAL**

**10:00 A.M. Diocesan 200<sup>th</sup> Anniversary Service**  
**Garfield Sobers Gymnasium**



**OFFICERS OF THE CHURCH COUNCIL**  
**Church Warden Emeritus**  
**Mr. Arlington Watson, BSM. J.P.**

**Church Wardens:**  
**Mr. Samuel Maxwell, J.P. Mr. Victor Sylvester**  
**Secretary: Ms. Donnah Russell**

Assistant Secretary: Mrs. Juno Burrows  
Treasurer: Mr. David Murray  
Assistant Treasurer: Ms. Harriet Clarke  
Synod Representatives  
Mr. Darnley King  
Mr. Samuel Maxwell, J. P.  
Ms. Cyrilene Forde  
Alternative Synod Representative  
Ms. Donna Inniss

### LEADERS OF ORGANISATIONS AND MINISTRIES

|                       |                        |
|-----------------------|------------------------|
| Men's Fellowship:     | Mr. John Moore         |
| Mothers' Union:       | Mrs. Colleen Byer      |
| Church Army:          | Captain Donnah Russell |
| Woman's Auxiliary:    | Vacant                 |
| Ushers Guild:         | Mrs. Juno Burrows      |
| Outreach Committee:   | Mrs. Delores Hinds     |
| Guild of Servers:     | Mr. Jerry Alleyne      |
| Health Ministry:      | Dr. Wendy Sealy        |
| Sunday School:        | Mrs. Harriett Blackman |
| Flower Guild:         | Vacant                 |
| Guild of St. Raphael: | Mr. Darwin Clarke      |



#### CONTACT US

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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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Telephone: 1 (246) 427-0790 (Office)

Monday – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246) 437-4265 (Dean's Residence)