

**The Cathedral Church of  
Saint Michael and All Angels**

welcomes you to the celebration of

*The Holy Eucharist*

*On*

**July 28, 2024**

**7:00 A.M. and 9:00 A.M.**



*“To be a guiding light of Christ’s grace, justice, freedom and love”.*

**The Cathedral Church of  
Saint Michael and All Angels  
The Diocese of Barbados**

*Diocesan Bishop*

**The Rt. Rev'd Michael B. St. John. Maxwell, M. A.**

*Dean*

**The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight, B. Min.**

*Assistant Priest*

**The Rev'd Stephanie-Ann Wedderburn, B.Sc., B. A.**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., BMus.**

*Organist*

**Mr. Eric Cobham, B.Sc., BMus**

*Administrative Assistant*

**Ms. Arlene Miller**

*Vergers*

**Mrs. Chloe Grant**

**Sunday July 28, 2024**

**The Tenth Sunday After Pentecost: Proper 12 ~ Year B**

**7:00 A.M. Holy Eucharist**

**President: The Rev'd Stephanie-Ann Wedderburn**

**Preacher: The Very Rev'd Dr. Jeffrey D. Gibson**

**9:00 A.M. Sung Eucharist**

**President and Preacher:**

**The Very Rev'd Dr. Jeffrey D. Gibson**

**Lay Eucharistic Minister: Dr. Sherlock Bradshaw**



**ORDER OF WORSHIP**

**THE PREPARATION**

Organ Prelude

Welcome

Opening Hymn ~ 424 **“Lead us, heavenly Father, lead us”**

Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.

Saviour, breathe forgiveness o'er us:  
all our weakness thou dost know;

thou didst tread this earth before us,  
thou didst feel its keenest woe;  
lone and dreary, faint and weary,  
through the desert thou didst go.

Spirit of our God, descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.

*Words: James Weldon Edmeston (1791-1867)*

Opening Sentence “**General**”

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Worship the Lord in the beauty of holiness; let the whole earth stand in awe of Him. *Psalms 96:9.*

**THE INVOCATION**

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**PRESIDENT:** Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

**ALL:** And blessed be His Kingdom, now and forever. Amen. Alleluia! Alleluia!

**ALL:** Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and

**drink of your spiritual food in this Holy Sacrament.  
Amen.**

**COLLECT FOR PURITY**

Page 101

**ALL: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord.  
Amen.**

**THE KYRIES**

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Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

**GLORIA IN EXCELSIS**

Glory to God in the highest,  
and peace to His people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;

you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One;  
you alone are the Lord:  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. *Amen.*

PRESIDENT: The Lord be with you.

**All: And also with you.**

Let us pray.

The Collect: ***“Proper 12”***

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O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy, that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*(Please sit)*

## **THE MINISTRY OF THE WORD**

First Lesson: 2 **Samuel 11:1-15**

Lectors: **7:00 A.M. ~ Ms. Deidre Cox**

**9:00 A.M. ~ Mr. Christopher Burnett**

A Reading from the Word of God, written in the Second Book of Samuel, the eleventh chapter, beginning at the first verse.

In the spring of the year, the time when kings go out to battle, David sent Joab with his officers and all Israel with him; they ravaged the Ammonites, and besieged Rabbah. But David remained at Jerusalem.

It happened, late one afternoon, when David rose from his couch and was walking about on the roof of the king's house, that he saw from the roof a woman bathing; the woman was very beautiful. David sent someone to inquire about the woman. It was reported, "This is Bathsheba daughter of Eliam, the wife of Uriah the Hittite." So David sent messengers to get her, and she came to him, and he lay with her. (Now she was purifying herself after her period.) Then she returned to her house. The woman conceived; and she sent and told David, "I am pregnant."

So David sent word to Joab, "Send me Uriah the Hittite." And Joab sent Uriah to David. When Uriah came to him, David asked how Joab and the people fared, and how the war was going. Then David said to Uriah, "Go down to your house, and wash your feet." Uriah went out of the king's house, and there followed him a present from the king. But Uriah slept at the entrance of the king's house with all the servants of his lord, and did not go down to his house. When they told David, "Uriah did not go down to his house," David said to Uriah, "You have just come from a journey. Why did you not go down to your house?" Uriah said to David, "The ark and Israel and Judah remain in booths; and my lord Joab and the servants of my lord are camping in the open field; shall I then go to my house, to eat and to drink, and to lie with my wife? As you live, and as your soul lives, I will not do such a thing." Then David said to Uriah, "Remain here today also, and tomorrow I will send you back." So Uriah

remained in Jerusalem that day. On the next day, David invited him to eat and drink in his presence and made him drunk; and in the evening he went out to lie on his couch with the servants of his lord, but he did not go down to his house.

In the morning David wrote a letter to Joab, and sent it by the hand of Uriah. In the letter he wrote, "Set Uriah in the forefront of the hardest fighting, and then draw back from him, so that he may be struck down and die."

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

**Psalm 14** *Dixit insipiens*

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1 The fool has said in his heart, "There is no God."\*  
All are corrupt and commit abominable acts;  
there is none who does any good.

2 The LORD looks down from heaven upon us all,\*  
to see if there is any who is wise, if there is one  
who seeks after God.

3 Every one has proved faithless;  
all alike have turned bad;\* there is none who  
does good; no, not one.

4 Have they no knowledge, all those evildoers\*  
who eat up my people like bread and do not call  
upon the LORD?

5 See how they tremble with fear,\* because God is  
in the company of the righteous.

6 Their aim is to confound the plans of the  
afflicted,\* but the LORD is their refuge.



7 Oh, that Israel's deliverance would come out of Zion!\* when the LORD restores the fortunes of his people, Jacob will rejoice and Israel be glad.

**Glory to the Father, and to the Son and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. *Amen.***

Second Lesson: **Ephesians 3:14-21**

Lectors: **7:00 A.M. ~ Ms. Merlene Barrow**

**9:00 A.M. ~ Master Liam Francis-Thornhill**

A reading from the Word of God, written in the Letter to the Ephesians, the third chapter, beginning at the fourteenth verse.

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. *Amen*

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

*(Please stand, as able)*

**The Gradual Hymn ~ 499 “Dear Lord and Father of mankind”,**

Dear Lord and Father of mankind,  
forgive our foolish ways!  
Re-clothe us in our rightful mind,  
in purer lives thy service find,  
in deeper reverence, praise.

In simple trust like theirs who heard,  
beside the Syrian sea,  
the gracious calling of the Lord,  
let us, like them, without a word  
rise up and follow thee.

O Sabbath rest by Galilee!  
O calm of hills above,  
where Jesus knelt to share with thee  
the silence of eternity,  
interpreted by love!

Drop thy still dews of quietness,  
till all our strivings cease;  
take from our souls the strain and stress,  
and let our ordered lives confess  
the beauty of thy peace.

Breathe through the heats of our desire  
thy coolness and thy balm;  
let sense be dumb, let flesh retire;

Speak through the earthquake, wind, and fire,  
O still small voice of calm.

*Words: John Greenleaf Whittier (1807-1892)*

The Holy Gospel: **John 6:1-21**

Gospeller: **The Rev'd Stephanie-Ann Wedderburn**

GOSPELLER: The Lord be with you.

**ALL: And also with you.**

A Reading from the Holy Gospel according to John, the sixth chapter, beginning at the first verse.

**ALL: Glory to Christ our Saviour.**

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When

they were satisfied, he told his disciples, “Gather up the fragments left over, so that nothing may be lost.” So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, “This is indeed the prophet who is to come into the world.”

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, “It is I; do not be afraid.” Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

GOSPELLER: The Gospel of Christ.

**ALL: Praise to Christ our Lord.**

The Sermon: **The Very Rev'd Dr. Jeffrey D. Gibson**

*(Please stand, as able)*

The Nicene Creed

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We believe in one God,  
the Father, the Almighty,

maker of heaven and earth,  
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in Being with the Father.

Through Him all things were made.  
For us and for our salvation

He came down from heaven:  
by the power of the Holy Spirit  
He was born of the Virgin Mary,  
and became man.

For our sake He was crucified under Pontius Pilate;  
He suffered, died and was buried.

On the third day He rose again  
in fulfilment of the Scriptures;  
He ascended into heaven  
and is seated at the right  
hand of the Father

He will come again in glory to judge  
the living and the dead,  
and His kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son

He is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic  
and apostolic Church.

We acknowledge one baptism  
for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. *Amen*

## **THE PRAYERS**

**Intercessors: 7:00 A.M. ~ Ms. Donnah Russell**

**9:00 A.M. ~ Mrs. Juno Burrows**

The Bidding: **The Very Rev'd Dr. Jeffrey D. Gibson**

Intercession Form "C"

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LEADER: With all our heart and all our mind let us pray to  
the Lord. saying, "Lord have mercy."

LEADER: For the peace from above, for the loving kindness  
of God, and for the salvation of our souls: Let us pray to the  
Lord.

**ALL: Lord, have mercy.**

LEADER: For the peace and welfare of the world, for the  
witness and work of the Church, and for the unity of all  
peoples: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For our Bishops and all ministers of God's Word and Sacraments, that they may be filled with truth and love and be found without fault at the Lord's coming: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For the victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfilment: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For the sick, the suffering, the sorrowful, and the dying; and for all who remember and care for them: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For deliverance from the ravages of hurricane, earthquake, drought or flood, and for a just and proper use of God's creation: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvellous light: Let us pray to the Lord.

**ALL: Lord, have mercy.**

*(Silence may be kept)*

**ALL: O Lord our God, accept the fervent prayers of your people in the multitude of your mercies. Look with compassion on us and all who turn to you for help; for you are gracious, O Lord of love, and to you we give glory, Father, Son and Holy Spirit, now and for ever. Amen.**

## **ACT OF PENITENCE “A”**

Page 123

**PRESIDENT:** If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. *(1 John 1:8, 9)*

*(A period of silence shall be kept).*

**PRESIDENT:** Let us therefore confess our sins.

**ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.**

## **THE ABSOLUTION**

Page 124

**PRESIDENT:** Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen



you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

*(Please stand as able)*

## **THE GREETING OF PEACE “C”**

Page 125

**PRESIDENT:** The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

**ALL:** **They who thus serve Christ are acceptable to God and approved by others.**

**PRESIDENT:** The peace of the Lord be always with you.

**ALL:** **And also with you.**

### **HYMN OF FELLOWSHIP**

Let there be love shared among us  
Let there be love in our eyes  
May now your love sweep this nation  
Cause us O Lord to arise  
Give us a fresh understanding  
Of neighbourly love that is real  
Let there be love shared among us  
Let there be love.

*Words: Dave Bilbrough, (b 1955)*

## **THE MINISTRY OF THE SACRAMENT**

*(During the singing of this hymn, an offering will be collected. The Cathedral needs money to carry out its mission, ministry, and maintenance; and it relies upon the stewardship offerings of its members and the kind generosity*

*of friends and well-wishers. Sincere thanks for your contribution today.)*

**The Offertory Hymn ~ 504 “Just as I am, without one plea”**

Just as I am, without one plea  
but that thy blood was shed for me,  
and that thou bidst me come to thee,  
O Lamb of God, I come.

Just as I am, though tossed about  
with many a conflict, many a doubt,  
fightings and fears, within, without,  
O Lamb of God, I come.

Just as I am, poor, wretched, blind;  
sight, riches, healing of the mind,  
yea, all I need, in thee to find,  
O Lamb of God, I come.

Just as I am, thou wilt receive,  
wilt welcome, pardon, cleanse, relieve:  
because thy promise I believe,  
O Lamb of God, I come.

Just as I am (thy love unknown  
has broken every barrier down),  
now to be thine, yea, Thine alone,  
O Lamb of God, I come.

Just as I am, of that free love  
the breadth, length, depth, and height to prove,  
here for a season, then above,  
O Lamb of God, I come.

*Words: Charlotte Elliot (1789-1871)*

## **THE OFFERTORY PRAYER “B”**

Page 126

**PRESIDENT AND PEOPLE: Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.**

## **THE EUCHARISTIC PRAYER**

**PRESIDENT:** The Lord be with you.

**ALL:** **And also with you.**

**PRESIDENT:** Lift up your hearts.

**ALL:** **We lift them up to the Lord.**

**PRESIDENT:** Let us give thanks to the Lord our God.

**ALL:** **It is right to give God thanks and praise.**

**PRESIDENT:** It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*Go to page 130*)

Because on this most glorious day, a triple light was given. On the first day of creation, you brought light and life into being. On the first day, for our salvation, you raised your Son victorious over death and on this day you gave your Holy and lifegiving Spirit to your church. (*Go to page 131*)

Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name.

**ALL:**

**Holy, holy, holy Lord,  
God of power and might;  
heaven and earth are full of your glory,  
Hosanna in the highest.  
Blessed is He who comes  
in the name of the Lord.  
Hosanna in the highest.**

*(Please sit or kneel, as able)*

**THE GREAT THANKSGIVING “A”**

Page 131

All Holy and glorious Father,  
our Creator God,  
we give you thanks  
because in your loving wisdom  
you brought all things into being,  
and are truly worthy of praise  
from every creature you have made.

Again and again  
we have turned away from you;  
yet in every age your steadfast love  
has called us to return,  
to live in union with you:  
for it is your eternal purpose  
to put new life into all things  
and make them holy.

Through your Son, Jesus Christ  
who took our human nature upon Him  
you have redeemed the world  
from the bondage of sin:  
and by the power of your Holy Spirit  
you have gathered a people to yourself,  
to make known in every place  
His perfect offering which He made  
to the glory of your Name.

Hear us, therefore, Father,  
through your Son, Jesus Christ our Lord;  
And grant that these gifts of bread and wine  
may be unto us His Body and Blood.

For, on the night He was betrayed  
He took bread,  
and when He had given thanks to you,  
He broke it and gave it to His disciples  
and said: "Take this, and eat it:  
This is my Body which is given for you.  
Do this for the remembrance of me."

And after supper  
He took the cup of wine:  
and when He had given thanks,  
He gave it to them and said:  
"Drink this, all of you:  
This is my Blood of the New Covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me.

**PRESIDENT:**

Let us proclaim the mystery of our faith.

**ALL: Christ has died.**

**Christ is risen.**

**Christ will come again.**

**PRESIDENT:**

And so, Heavenly Father,  
rejoicing in His Holy Incarnation.  
His Blessed Passion and His Perfect Sacrifice  
made once for all upon the Cross;  
His Mighty Resurrection from the dead;  
His Glorious Ascension into heaven;  
and looking for His Coming in glory;  
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of  
praise and thanksgiving;  
and grant that all who eat and drink of the Body and Blood,  
of your Son, our great High Priest,

may be renewed by your Holy Spirit,  
and be one Body, one Spirit, in Him.

Let faith and love increase in us.  
Unite us with all Bishops,  
all other ministers of your Word and Sacraments,  
and with the whole people of God,  
living and departed,  
whom you have made for yourself.

Confirm us in holiness,  
that we may be found ready to join the company  
of the Blessed Virgin Mary, the Holy Apostles,  
and all your saints,  
when our Lord Jesus Christ comes again:  
Forever giving you thanks and praise  
through Him from whom all good things do come.

With Him and in Him and through Him,  
by the power of the Holy Spirit,  
we worship you, Father Almighty,  
with all who stand before you in earth and heaven,  
in songs of everlasting praise:

**ALL: Blessing and honour and glory and power be  
yours for ever and ever. Amen.**

**THE LORD'S PRAYER**

Page 144

PRESIDENT: As our Saviour has taught us, so we pray:

**ALL:**

**Our Father in heaven,**

**hallowed be your Name;  
your kingdom come;  
your will be done  
on earth as in heaven.**

**Give us today our daily bread,  
Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours now and forever. *Amen.***

## **THE BREAKING OF THE BREAD**

Page 145

**PRESIDENT:** We break this bread to share in the body of Christ.

**ALL:** Though we are many, we are one body, because we all share in one bread.

## **THE COMMUNION**

*(All baptized members of the Church, as inspired, may come to the altar and receive Holy Communion)*

### **The Invitation “B”**

Page 146

**PRESIDENT:** The Gifts of God for the People of God.

**ALL:** Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.



**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
grant us peace.**



**The Administration of Communion/  
Spiritual Communion**

*(Communicants are invited to kneel at the Altar Rail,  
as able)*

**Communion Hymn ~ 608 ‘My God, and is thy table  
spread’**

My God, and is thy table spread,  
and doth thy cup with love o’erflow?  
Thither be all thy children led,  
and let them all thy sweetness know.

Hail, sacred feast, which Jesus makes,  
rich banquet of his flesh and blood!  
Thrice happy he who here partakes  
that sacred stream, that heavenly food.

Why are its dainties all in vain  
before unwilling hearts displayed?  
Was not for them the Victim slain?  
Are they forbid the children's Bread?  
O let thy table honoured be,  
and furnished well with joyful guests;  
and may each soul salvation see,  
that here its sacred pledges tastes.

To Father, Son, and Holy Ghost,  
the god whom heaven and earth adore,  
from men and from the angel-host  
be praise and glory evermore.

*Words: Philip Doddridge (1702-1751)*

Hymn ~ 611 **“O Food that weary pilgrims love, “**

O Food that weary pilgrims love,  
O Bread of angel-hosts above,  
O Manna of the saints,  
the hungry soul would feed on thee;  
ne'er may the heart unsolaced be  
which for thy sweetness faints.

O fount of love, O cleansing tide,  
which from the Saviour's pierced side  
and sacred heart dost flow,  
be ours to drink of thy pure rill,  
which only can our spirits fill,  
and all our need bestow.

Lord Jesu, whom, by power divine  
now hidden ‘neath the outward sign,  
we worship and adore,  
grant, when the veil away is rolled,  
with open face we may behold  
thyself for evermore.

*Words: anonymous, from  
O esca viatorum, Gesangbuch, Mainz, 1661, Latin;  
Translation: John Mason Neale (1818-1866),  
And Editors of Hymns Ancient and Modern.  
Translation © Hymns Ancient and Modern (admin. Hope Publishing Co).*

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## THE POST COMMUNION PRAYER “A” Page 147

**ALL: Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.**

## THE BLESSING “*Pentecost*”

*Page 151*

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the Blessing of God Almighty, the Father, the Son and the Holy spirit be among you and remain with you always. *Amen.*

~~~*Notices and Announcements*~~~

The Recessional Hymn ~ 429 “Who would true valour see,”

Who would true valour see,  
let him come hither;  
one here will constant be,  
come wind, come weather.  
There’s no discouragement  
shall make him once relent  
his first avowed intent  
to be a pilgrim.

Whoso beset him round  
with dismal stories,  
do but themselves confound;  
his strength the more is.  
No lion can him fright,  
he’ll with a giant fight,  
but he will have a right  
to be a pilgrim.

Hobgoblin nor foul fiend  
can daunt his spirit:  
he knows he at the end  
shall life inherit.  
Then fancies fly away,  
he’ll fear not what men say,  
he’ll labour night and day  
to be a pilgrim.

*Words: John Bunyan (1628-1688)*

THE DISMISSAL

PRESIDENT: The Lord be with you.

**ALL: And also with you.**

PRESIDENT: Go in peace and serve the Lord.

**ALL: In the name of Christ. Amen**

**Organ Postlude** (*Worshippers are invited to sit silently and listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

*Thank you most sincerely for worshipping at the  
Cathedral this morning.*



**Sunday July 28, 2024**

**The Tenth Sunday After Pentecost: Proper 12 - Year B**

**“Jesus’ reconciliation of our sinfulness with God our  
Father is a source of hope and comfort.”**



**First Reading: 2 Samuel 11:1-15**

**Comment: “David and Bathsheba”**

In the Hebrew scripture reading, **King David, secure in Jerusalem while his troops camp on a battle against the Ammonites, conceives a child with Bathsheba, whose husband he then has killed.** David is concerned to cover up his impropriety and summons Uriah from battle. The king’s first intent is for Uriah to have relations with Bathsheba, but the Hittite will take no comfort for himself while his comrades are militarily engaged. When this plan fails, David sends Uriah back to the fight carrying orders for Joah, the

commander, as to how Uriah's necessary death is to be achieved. David, so favoured by God, transgresses woefully.

## **Psalm: 14**

Those who reject God are foolish and perverse, but God will be vindicated.

Second Reading: **Ephesians 3:14-21**

**Comment: "Prayer for wisdom, strength, and Christ's indwelling."**

In our epistle lesson **the author, in the language of praise, expresses fervent hope that the community of the church might know the rich abundance of God's indwelling Spirit.** There is a power and wisdom which comes only from Christ, surpassing all knowledge. The blessing of knowing Christ exceeds all that can be imagined and will be at work for every generation of those who are, through faith, members of Christ Jesus and his church.

The Holy Gospel: **John 6:1-21**

**Comment: "*Christ feeding the five thousand.*"**

Our gospel is **the story of the feeding of the five thousand people by Jesus.** The narrative recalls the story of the food miraculously provided to the Israelites in the wilderness. So do the people declare Jesus to be the new prophet whom God had promised to raise up in Moses' place. But then they misunderstand Jesus' mission and want to make him a king because he has provided them with food. The story contains a number of other themes. The twelve baskets of fragments

may signify the mission to the Gentile nations. Christians perceive in this meal a foretaste of the messianic banquet in heaven. It also prefigures the Eucharist. Jesus is the bread come down from heaven.

## DIOCESAN NEWS

### **Diocese of Barbados 200<sup>th</sup> Anniversary Celebration**

1. The Artefacts Exhibition will end tomorrow July 29. Time is from 9:00 a.m. – 7:00 p.m. and the admission will be \$30.00.

## CATHEDRAL NEWS

1. **BICENTENNIAL CELEBRATIONS - CATHEDRAL REVITALIZATION 2024 and BEYOND: Mission – Ministry -Maintenance - Money.**

This campaign aims to revitalize the Cathedral’s heritage; to strengthen congregational vitality; and to build the Church for tomorrow. All are invited to get involved and to recommend the programme to others, especially persons who were nurtured in this sacred place.

**This month:** Polo Shirts, \$50.00;

T20 Hymns (Registration Sheets are available)

**July/August:** Please note that due to the imminent repairs to the balcony the proposed Vacation Bible School has been canceled.

**Ongoing:** \$200.00 Challenge – Gift to be presented not later than the Patronal Festival, September 29, 2024 (Donation cards are available).

**2. BIRTHDAYS:** Congratulations to all those persons celebrating birthdays between **July 21 and August 3, 2024.**

20 Mr. Franklyn S. Archer

21 Ms. Amber Proute

25 Mr. Thorill O. Martin

26 Ms. Coralie Sandiford

28 Ms. Monica Davis

29 Mr. Gregory Riley

August

01 Mrs. Eleanor E. Small

Mr. Leighton Waterman

*May God bless and strengthen you.*



**3. SICK:** Please remember the sick or injured of our Parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Jeffrey Mascoll, Marlene Moore, Blair Murray, Clyde Outram, Sylvester (Blues) Sargeant, Sheila Sealy, Claudette Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.





**4. BEREAVEMENT:** We extend sincere condolences to the families of the late:

- Mr. Kerwin Benn
- Sir. Neville Nicholls

*May you know the blessedness of those who mourn.*

**5. BALCONY REPAIRS:** The Parochial Church Council, in collaboration with the Barbados Diocesan Trustees, has commenced work on the northern balcony. All efforts will be made to ensure the safety of worshippers while work is in progress. Meantime, everyone is asked to respect the signage. Donations towards this work would be greatly appreciated.

**6. DEACON'S CUPBOARD:** An appeal is being made for your kind donations of food supplies and toiletries for the cupboard. Whatever supplies can be donated would be greatly appreciated and would go a long way in helping those less fortunate.

**7. PASTORAL LEAVE:** Please be informed that The Rev'd Canon George Knight will be on Pastoral leave, until further notice.

**8. ANNUAL HOLIDAY:** Please be informed that the choir will be on their usual holiday during the month of August 2024. Let us wish them well.

**Daily Book of Common Prayer Readings  
July 28-August 3, 2024**

| <b>Day</b>                                | <b>Morning Readings</b>                                           | <b>Evening Readings</b>                                                          |
|-------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------------------|
| The Tenth<br>Sunday<br>After<br>Pentecost | Psalms 24, 29<br>Joshua 24:1-15<br>Mark 2:23-28                   | Psalms 8, 84<br>2 Samuel 1:17-27<br>Acts 28:23-31                                |
| Monday                                    | Psalms 56, 57,<br>[58]<br>Joshua 24:16-33<br>Matthew 27:24-31     | Psalms 64, 65<br>2 Samuel 2:1-11<br>Romans 16:1-16                               |
| Tuesday                                   | Psalms 61, 62<br>Judges 2:1-5, 11-<br>23<br>Matthew 27:32-44      | Psalm 68:1-20<br>(21-23)24-36<br>2 Samuel 3:6-21<br>Romans 16:17-27              |
| Wednesday                                 | Psalm 72<br>Judges 3:12-30<br>Matthew 27:45-54                    | Psalm 119:73-96<br>2 Samuel 3:22-39<br>Acts 1:1-14                               |
| Thursday                                  | Psalms [70], 71<br>Judges 4:4-23<br>Matthew 27:55-66              | Psalm 74<br>2 Samuel 4:1-12<br>Acts 1:15-26                                      |
| Friday                                    | Psalm 69:1-23<br>(24-30)31-38<br>Judges 5:1-18<br>Matthew 28:1-10 | Psalm 73<br>2 Samuel 5:1-12<br>Acts 2:1-21                                       |
| Saturday                                  | Psalms 75, 76<br>Judges 5:19-31<br>Matthew 28:11-20               | Psalms 23, 27<br>2 Samuel 5:22—<br>6:11<br>Acts 2:22-36<br>Collect for Proper 13 |

**Sunday July 28, 2024**  
**The Tenth Sunday after Pentecost: Proper 12**

**7:00 A.M. Holy Eucharist**  
**President: The Rev'd Stephanie-Ann Wedderburn**  
**Preacher: The Very Rev'd Dr. Jeffrey D. Gibson**

**9:00 A.M. Sung Eucharist**  
**President and Preacher:**  
**The Very Rev'd Dr. Jeffrey D. Gibson**



**Wednesday July 31, 2024**  
**10:00 A.M. Holy Eucharist**  
**The Very Rev'd Dr. Jeffrey D. Gibson**



**Sunday August 4, 2024**  
**7:00 A.M. Holy Eucharist**  
**President and Preacher:**  
**The Very Rev'd Dr. Jeffrey D. Gibson**

**9:00 A.M. Sung Eucharist**  
**President: The Rev'd Stephanie-Ann Wedderburn**  
**Preacher: The Very Rev'd Dr. Jeffrey D. Gibson**



**OFFICERS OF THE CHURCH COUNCIL**  
**Church Warden Emeritus**  
**Mr. Arlington Watson, BSM. J.P.**

**Church Wardens:**  
**Mr. Samuel Maxwell, J.P.    Mr. Victor Sylvester**  
**Secretary: Ms. Donnah Russell**  
**Assistant Secretary: Mrs. Juno Burrows**  
**Treasurer: Mr. David Murray**  
**Assistant Treasurer: Ms. Harriet Clarke**

Synod Representatives  
Mr. Darnley King  
Mr. Samuel Maxwell, J. P.  
Ms. Cyrilene Forde  
Alternative Synod Representative  
Ms. Donna Inniss

## LEADERS OF ORGANISATIONS AND MINISTRIES

|                       |                        |
|-----------------------|------------------------|
| Men's Fellowship:     | Mr. John Moore         |
| Mothers' Union:       | Mrs. Colleen Byer      |
| Church Army:          | Captain Donnah Russell |
| Woman's Auxiliary:    | Vacant                 |
| Ushers Guild:         | Mrs. Juno Burrows      |
| Outreach Committee:   | Mrs. Delores Hinds     |
| Guild of Servers:     | Mr. Jerry Alleyne      |
| Health Ministry:      | Dr. Wendy Sealy        |
| Sunday School:        | Mrs. Harriett Blackman |
| Flower Guild:         | Vacant                 |
| Guild of St. Raphael: | Mr. Darwin Clarke      |



### CONTACT US

<http://www.saintmichaelscathedral.bb>

[stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com)

[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

Address:

St. Michael's Row, Bridgetown

Telephone: 1 (246) 427-0790 (Office)

Monday – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246)437-4265 (Dean's Residence)