

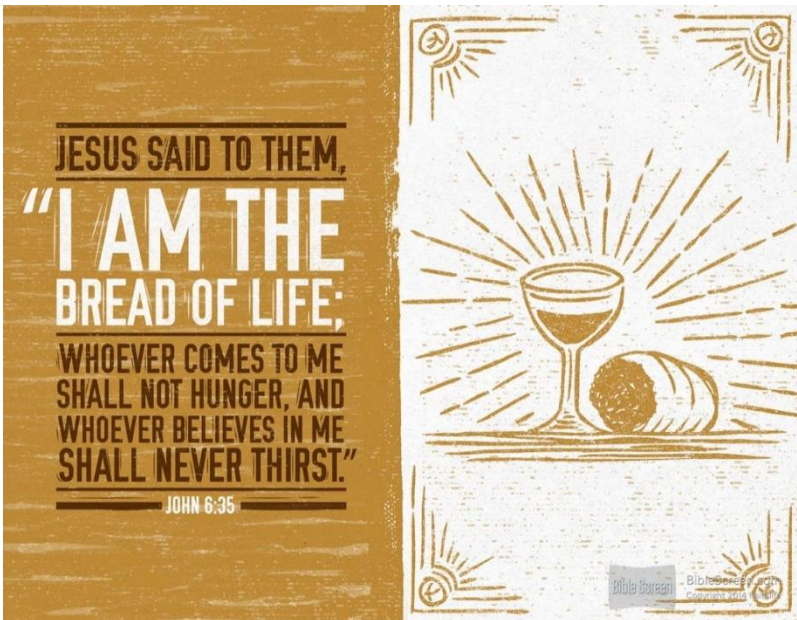
**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

The Holy Eucharist

On

**Sunday August 4, 2024
The Eleventh Sunday after Pentecost
7:00 A.M. and 9:00 A.M.**



“To be a guiding light of Christ’s grace, justice, freedom and love”.

**The Cathedral Church of
Saint Michael and All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Precentor

The Rev'd Canon George Knight, B. Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B. A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant

Ms. Arlene Miller

Vergers

Mrs. Chloe Grant

Sunday August 4, 2024
The Eleventh Sunday After Pentecost:
Proper 13 ~ Year B

Sunday August 4, 2024
7:00 A.M. Holy Eucharist
President and Preacher:
The Rev'd Stephanie-Ann Wedderburn

9:00 A.M. Holy Eucharist
President:
The Very Rev'd Dr. Jeffrey D. Gibson

Visiting Preacher:
The Rev'd Canon Prof. Kortright Davis

Lay Eucharistic Minister: Mrs. Valdine Browne



ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Opening Hymn ~ 413 **“Guide me, O thou great Redeemer,”**

Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty,

hold me with thy powerful hand:
bread of heaven,
feed me now and evermore.

Open now the crystal fountain
whence the healing stream doth flow;
let the fiery cloudy pillar
lead me all my journey through:
strong deliverer,
be thou still my strength and shield.

When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs and praises
I will ever give to thee.

William Williams (1717-1791)

Opening Sentence "***General***"

Page 100

God is Spirit, and those who worship Him must worship in
spirit and truth. *John 4:24*.

THE INVOCATION

Page 101

PRESIDENT: Blessed be God: Father, Son and Holy
Spirit. Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever.
Amen. Alleluia! Alleluia!

ALL: Blessed Lord and Father, we have assembled in
your Name and in fellowship with one another. Enable

us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

COLLECT FOR PURITY

Page 101

ALL: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

THE KYRIES

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Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

Glory to God in the highest,
and peace to His people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,

we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. *Amen.*

PRESIDENT: The Lord be with you.
All: And also with you.

Let us pray.

The Collect: *“Proper 13”*

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Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: 2 Samuel 11:26 to 12:13a

Lectors: 7:00 A.M. ~ Ms. Mary Haynes, S.C.

9:00 A.M. ~ Mr. Victor Small (M.F)

A Reading from the Word of God, written in the Second Book of Samuel, the eleventh chapter, beginning at the twenty-sixth verse.

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son.

But the thing that David had done displeased the LORD, and the LORD sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man.

He said to Nathan, “As the LORD lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity.”

Nathan said to David, “You are the man! Thus says the LORD, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master’s house, and your master’s wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the LORD, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the LORD: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun.” David said to Nathan, “I have sinned against the LORD.”

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

- 1 Have mercy on me, O God, according to your loving-kindness;* in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness* and cleanse me from my sin.
- 3 For I know my transgressions,* and my sin is ever before me.
- 4 Against you only have I sinned* and done what is evil in your sight.
- 5 And so you are justified when you speak* and upright in your judgment.
- 6 Indeed, I have been wicked from my birth,* a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me,* and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure;* wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness,* that the body you have broken may rejoice.
- 10 Hide your face from my sins* and blot out all my iniquities.
- 11 Create in me a clean heart, O God,* and renew a right spirit within me.
- 12 Cast me not away from your presence* and take not your Holy Spirit from me.
- 13 Give me the joy of your saving help again* and sustain me with your bountiful Spirit.

Glory to the Father, and to the Son and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. *Amen.*

Second Lesson: **Ephesians 4:1-16**

Lectors: **7:00 A.M. ~ Mr. Paul Blackman**

9:00 A.M. ~ Mr. John Moore (M.F)

A reading from the Word of God, written in the Letter to the Ephesians, the fourth chapter, beginning at the first verse.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity
itself a captive;
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of

Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love. *Amen*

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

(Please stand, as able)

The Gradual **Hymn ~ 503 “Jesu, lover of my soul,”**

Jesu, lover of my soul,
let me to thy bosom fly,
while the gathering waters roll,
while the tempest still is high:
hide me, O my Saviour, hide,
till the storm of life is past;
safe into the haven guide,
O receive my soul at last.

Other refuge have I none;
hangs my helpless soul on thee;
leave, ah! leave me not alone,
still support and comfort me.

All my trust on thee is stayed,
all my help from thee I bring;
cover my defenceless head
with the shadow of thy wing.

Plenteous grace with thee is found,
grace to cleanse from every sin;
let the healing streams abound;
make and keep me pure within;
thou of life the fountain art;
freely let me take of thee;
spring thou up within my heart,
rise to all eternity.

Words: Charles Wesley (1707-1788), alt

The Holy Gospel: **John 6:24-35**

Gospeller: **The Rev'd Stephanie-Ann Wedderburn**

GOSPELLER: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to John, the sixth chapter, beginning at the twenty-fourth verse.

ALL: Glory to Christ our Saviour.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered

them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

GOSPELLER: The Gospel of Christ.

ALL: **Praise to Christ our Lord.**

The Sermon

7:00 A.M. The Rev'd Stephanie-Ann Wedderburn

9:00 A.M. The Rev'd Canon Prof. Kortright Davis

(Please stand, as able)

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.

For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right
hand of the Father

He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
 who proceeds from the Father.
 With the Father and the Son
He is worshipped and glorified.
 He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.
 We acknowledge one baptism
for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. *Amen*

THE PRAYERS

Intercessors: 7:00 A.M. ~ Prof. Anne St. John, CGM
9:00 A.M. ~ Mr. Clyde Collins

The Bidding: **The Rev'd Stephanie-Ann Wedderburn**

Intercession Form "C"

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LEADER: With all our heart and all our mind let us pray to the Lord, saying, "Lord, have mercy."

LEADER: For the peace from above, for the loving kindness of God, and for the salvation of our souls: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the peace and welfare of the world, for the witness and work of the Church, and for the unity of all peoples: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For our Bishops and all ministers of God's Word and Sacraments, that they may be filled with truth and love and be found without fault at the Lord's coming: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfilment: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the sick, the suffering, the sorrowful, and the dying; and for all who remember and care for them: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For deliverance from the ravages of hurricane, earthquake, drought or flood, and for a just and proper use of God's creation: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvellous light: Let us pray to the Lord.

ALL: Lord, have mercy.

(Silence may be kept)

ALL: O Lord our God, accept the fervent prayers of your people in the multitude of your mercies. Look with compassion on us and all who turn to you for help; for you are gracious, O Lord of love, and to you we give glory, Father, Son and Holy Spirit, now and for ever. Amen.

ACT OF PENITENCE “A”

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8, 9*)

(A period of silence shall be kept).

PRESIDENT: Let us therefore confess our sins.

ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus

Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen.*

THE ABSOLUTION

Page 124

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

(Please stand as able)

THE GREETING OF PEACE “C”

Page 125

PRESIDENT: The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

ALL: **They who thus serve Christ are acceptable to God and approved by others.**

PRESIDENT: The peace of the Lord be always with you.

ALL: **And also with you.**

HYMN OF FELLOWSHIP

Let there be love shared among us
Let there be love in our eyes
May now your love sweep this nation
Cause us O Lord to arise
Give us a fresh understanding
Of neighbourly love that is real
Let there be love shared among us
Let there be love.

Words: Dave Bilbrough, (b 1955)

THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, an offering will be collected. The Cathedral needs money to carry out its mission, ministry, and maintenance; and it relies upon the stewardship offerings of its members and the kind generosity of friends and well-wishers. Sincere thanks for your contribution today.)

The Offertory **Hymn ~ 528 “Lord, speak to me, that I may speak”**

Lord, speak to me, that I may speak
in living echoes of thy tone;
as thou hast sought, so let me seek
thine erring children lost and lone.

O lead me, Lord, that I may lead
the wandering and the wavering feet;
O feed me, Lord, that I may feed
thy hungering ones with manna sweet.

O strengthen me, that while I stand
firm on the Rock, and strong in thee,
I may stretch out a loving hand
to wrestlers with the troubled sea.

O teach me, Lord, that I may teach
the precious things thou dost impart,
and wing my words, that they may reach
the hidden depths of many a heart.

O give thine own sweet rest to me,
that I may speak with soothing power
a word in season, as from thee,
to weary ones in needful hour.

O fill me with thy fullness, Lord,
until my very heart o'erflow
in kindling thought and glowing word,
thy love to tell, thy praise to show.

O use me, Lord, use even me,
just as thou wilt, and when, and where;
until thy blessed face I see,
thy rest, thy joy, thy glory share.

Words: Frances Ridley Havergal (1836-1879)

THE OFFERTORY PRAYER "B"

Page 126

PRESIDENT AND PEOPLE: Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*Go to page 130*)

Because on this most glorious day, a triple light was given. On the first day of creation, you brought light and life into being. On the first day, for our salvation, you raised your Son victorious over death and on this day you gave your Holy and lifegiving Spirit to your church. (*Go to page 131*)

Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name.

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest!**

(Please sit or kneel, as able)

PRESIDENT:

Holy and gracious Father,
all creation rightly gives you praise.
All life, all holiness, comes from you
through your Son, Jesus Christ our Lord,
whom you sent to share our human nature,
to live and die as one of us, to reconcile us to you,
the God and Father of all.

We therefore bring you these gifts,
and we ask you to make them holy by the power of your Spirit,
that they may become the Body and Blood of your Son,
our Saviour Jesus Christ,
who offered Himself in obedience to your will,
the Perfect Sacrifice for all mankind.

On the night He was betrayed,
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples and said:
"Take this and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

After supper He took the cup of wine:
and when He had given thanks, He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
Which is shed for you and for many for the forgiveness of sins.
Do this, whenever you drink it,
For the remembrance of me."

ALL

When we eat this Bread and drink this Cup, we proclaim the death of Christ until He comes again.

PRESIDENT:

Father, calling to mind the death your Son endured for our salvation;

His glorious Resurrection and Ascension;

His continual intercession for us in heaven;

and looking for His coming again in glory,

we offer you, in thanksgiving,

this holy and life-giving sacrifice.

Look with favour on your Church's offering,

and grant that we who eat and drink these holy gifts

may be filled with your Holy Spirit

and become one body in Christ,

and serve you in unity, constancy and peace.

May He make us a perpetual offering to you and enable us,

in communion with blessed Mary

and the whole company of heaven,

to share in the inheritance of your Saints.

With Him, and in Him, and through Him,

by the power of the Holy Spirit,

we worship you, Father Almighty,

with all who stand before you in earth and heaven

in songs of everlasting praise:

ALL: Blessing and honour and glory and power be yours for ever and ever. Amen.

THE LORD'S PRAYER

Page 144

PRESIDENT: As our Saviour has taught us, so we pray:

ALL:

Our Father in heaven,

hallowed be your Name;

your kingdom come;

your will be done

on earth as in heaven.

Give us today our daily bread,

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours now and forever. Amen.

THE BREAKING OF THE BREAD

Page 145

PRESIDENT: We break this bread to share in the body of Christ.

ALL: Though we are many, we are one body, because we all share in one bread.

THE COMMUNION

(All baptized members of the Church, as inspired, may come to the altar and receive Holy Communion)

PRESIDENT: The Gifts of God for the People of God.

ALL: Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.

THE AGNUS DEI

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



**The Administration of Communion/
Spiritual Communion**

*(Communicants are invited to kneel at the Altar Rail,
as able)*

Communion Hymn ~ **393** “Break thou the bread of life,”

Break thou the bread of life,
dear Lord, to me,
as thou didst break the loaves
beside the sea:
beyond the sacred page
I seek thee, Lord;
my spirit pants for thee,
O living Word!

Thou art the bread of life,
O Lord, to me,
thy holy word the truth
that saveth me.
Give me to eat and live
with thee above;
teach me to love thy truth,
for thou art love.

O send thy Spirit, Lord,
now unto me,
that he may touch my eyes,
and make me see:
show me the truth concealed
within thy word,
and in thy book revealed
I see thee, Lord.

Bless thou the truth, dear Lord,
to me, to me,
as thou didst bless the bread
by Galilee:
then shall all bondage cease,
all fetters fall,
and I shall find my peace,
my all in all!

*Words: Mary Artemesia Lathbury (1841-1913), st. 1, 4, 1877,
and Alexander Groves (1842-1909), st. 2, 3*

Hymn ~ 607 “**Lord, enthroned in heavenly splendour,**”

Lord, enthroned in heavenly splendour,
first-begotten from the dead,
thou alone, our strong defender,
liftest up thy people's head.
Alleluia, alleluia,
Jesu, true and living bread.

Here our humblest homage pay we,
here in loving reverence bow;
here for faith's discernment pray we,
lest we fail to know thee now,
Alleluia, alleluia,
thou art here, we ask not how.

Though the lowliest form doth veil thee
as of old in Bethlehem,
here as there thine angels hail thee,
Branch and Flower of Jesse's Stem.
Alleluia, alleluia,
we in worship join with them.

Paschal Lamb, thine offering, finished
once for all when thou wast slain,
in its fullness undiminished
shall for evermore remain.
Alleluia, alleluia,
cleansing souls from every stain.

Life-imparting heavenly Manna,
stricken Rock with streaming side,
heaven and earth with loud hosanna
worship thee, the Lamb who died.
Alleluia, alleluia,
risen, ascended, glorified.

Words: George Hugh Bourne (1840-1925)

THE POST COMMUNION PRAYER “A” Page 147

ALL: Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

THE BLESSING “*Pentecost*”

Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the Blessing of God Almighty, the Father, the Son and the Holy spirit be among you and remain with you always. *Amen.*

~~~Notices and Announcements~~~

The Recessional **Hymn ~ 310** “**Glorious things of thee are spoken,**

Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode.
On the Rock of Ages founded,
what can shake thy sure repose?
with salvation's walls surrounded,
thou mayest smile at all thy foes.

See, the streams of living waters,
springing from eternal love,
well supply thy sons and daughters,
and all fear of want remove.
who can faint while such a river
ever flows their thirst to assuage;
grace, which like the Lord the Giver,
never fails from age to age?

Round each habitation hovering,
see the cloud and fire appear,
for a glory and a covering-
showing that the Lord is near.
Thus they march, the pillar leading,
light by night and shade by day;
daily on the manna feeding
which he gives them when they pray.

Saviour, since of Zion's city,
I, through grace, a member am,
let the world deride or pity,
I will glory in thy name.
Fading is the world's best pleasure,
all it's boasted pomp and show;
solid joys and lasting treasure
none but Zion's children know.

Words: John Newton (1725-1807), 1779

THE DISMISSAL

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Go in peace and serve the Lord.

ALL: In the name of Christ. Amen

Organ Postlude (*Worshippers are invited to sit silently and listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

*Thank you most sincerely for worshipping at the
Cathedral this morning.*



Sunday August 4, 2024
The Eleventh Sunday After Pentecost:
Proper 13 - Year B

"Our life in the Spirit is a constant source of nourishment."



First Reading: **2 Samuel 11:26-12:13a**

Comment: *“David’s Punishment”*

In our sequential reading from the Hebrew Bible, **Nathan the prophet makes use of a parable to confront King David with his culpability in the murder of Uriah the Hittite.** It is dangerous to speak words of judgement to persons in authority and Nathan is shrewd in eliciting David’s independent assessment before drawing the obvious parallels. David has broken the commandments against covetousness, adultery, and murder, and there will be consequences. Disaster will visit the house and lineage of David, says the Lord. David acknowledges his sin and submits to God’s judgment.

Psalm: 51:1-13

A confession of sin and guilt and a prayer for a clean heart.

Second Reading: **Ephesians 4:1-16**

Comment: *“Maintain the unity of the faith”*

In this lesson, **the new Christians in Ephesus are urged to lead lives of patient love, using their various gifts in the unity of the Spirit, while growing toward their maturity in Christ.** There are many roles of service, but there is a

oneness at the heart of the faith and in its goal. All the disciples' efforts are meant to build up the one body of Christ. While there remains a human perversity, leading toward division, in the loving truth of the community, Christians are to grow together toward their full humanity.

The Holy Gospel: **John 6:24-35**

Comment: "*Christ the bread of life*"

In our gospel, **Jesus tells the crowd of the true bread of life, the bread from heaven.** The people follow Jesus after he has fed the crowd of five thousand, but they come mostly to obtain more food for their stomachs. The bread which the Son of Man offers is more genuinely life-giving than the manna by which Israel was fed in the wilderness. In one sense this means that Jesus' teaching is greater than that of Moses. More significantly still, it is belief in Jesus himself that leads to eternal life.

WELCOME:

A most cordial welcome is extended to The Rev'd Canon Prof. Kortright Davis, Rector Emeritus of the Church of the Holy Comforter, Washington DC and retired Professor of Theology at Howard University. He formerly served in Barbados as Acting Principal and Lecturer at Codrington College, St. John; and also as Parish Priest of St. Bartholomew, Christ Church. He is a scholar, theologian and pastor who has published several books.

DIOCESAN NEWS

Diocese of Barbados 200th Anniversary Celebration

- 1. Memorabilia:** The following items are available for sale at the Diocesan Office, The Ivan Harewood Centre, Church Hill, Christ:

Vacuum Bottles - \$50.00; Notebooks - \$15.00

Travel Mugs - \$20.00 and Canvas Tote Bags - \$25.00. Your patronage would be appreciated.

- 2. Anniversary Lecture** – Lecturer: The Rev'd Canon Prof. Noel F. Titus. It will be held on August 24, 2024, at 7:00 p.m., in the Hugh Springer Auditorium, BWU, Solidarity House, Harmony Hall, St. Michael.

CATHEDRAL NEWS

1. BICENTENNIAL CELEBRATIONS - CATHEDRAL REVITALIZATION 2024 and BEYOND: Mission – Ministry -Maintenance - Money.

This campaign aims to revitalize the Cathedral's heritage; to strengthen congregational vitality; and to build the Church for tomorrow. All are invited to get involved and to recommend the programme to others, especially persons who were nurtured in this sacred place.

August:

- i. Polo Shirts are available, according to order, at \$50.00.
- ii. T-20 Hymns (Registration Sheets are available).

iii. Donation Cards: \$200.00 Challenge – Gift to be presented not later than the Patronal Festival, September 29, 2024.

2. BIRTHDAYS: Congratulations to all those persons celebrating birthdays this week **August 4-10, 2024.**

- 4 Mrs. Pamela A. Walker
- 6 Ms. Pamela Lashley
- 8 Mr. Shaquan Pompey
- 9 Ms. Velda Alleyne
- 10 Mr. Jabari Jones

May God bless and strengthen you.



3. SICK: Please remember the sick or injured of our Parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Marlene Moore, Blair Murray, Clyde Outram, Sylvester (Blues) Sargeant, Sheila Sealy, Claudette Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.



4. BEREAVEMENT: We extend sincere condolences to the families of the late:

- Mr. Ivan Hunte (Canada)
- Ms. Ardith T. Young

May you know the blessedness of those who mourn.

5. BALCONY REPAIRS: The Parochial Church Council, in collaboration with the Barbados Diocesan Trustees, has commenced work on the northern balcony. All efforts will be made to ensure the safety of worshippers while work is in progress. Meantime, everyone is asked to respect the signage. Donations towards this work would be greatly appreciated.

6. DEACON'S CUPBOARD: An appeal is being made for your kind donations of food supplies and toiletries for the cupboard. Whatever supplies can be donated would be greatly appreciated and would go a long way in helping those less fortunate.

7. PASTORAL LEAVE: Please be informed that The Rev'd Canon George Knight will be on Pastoral leave, until further notice.

8. ANNUAL HOLIDAY: Please be informed that the choir will be on their usual holiday during the month of August 2024. Let us wish them well.

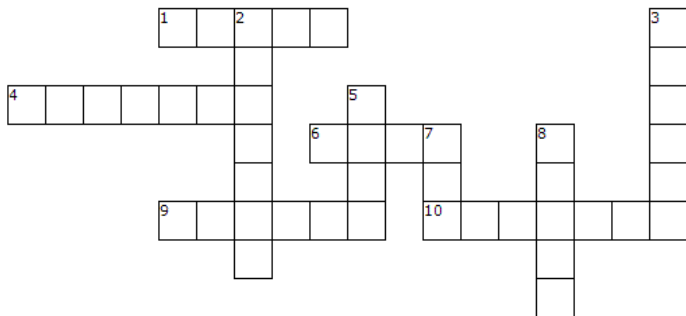
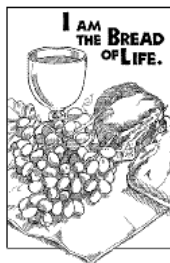
Daily Book of Common Prayer Readings
August 4-10, 2024

Day	Morning Readings	Evening Readings
The Eleventh Sunday After Pentecost	Psalms 93, 96 Judges 6:1-24 Mark 3:20-30	Psalm 34 2 Samuel 6:12-23 2 Corinthians 9:6-15
Monday	Psalm 80 Judges 6:25-40 Acts 2:37-47 John 1:1-18	Eve of Transfiguration Psalm 84 1 Kings 19:1-12 2 Corinthians 3:1-9, 18 Collect for Transfiguration
Transfiguration of our Lord Tuesday	Psalms 2, 24 Exodus 24:12-18 2 Corinthians 4:1-6	Psalm 72 Daniel 7:9-10, 13-14 John 12:27-36a
Wednesday	Psalm 119:97-120 Judges 7:19—8:12 John 1:29-42	Psalms 81, 82 2 Samuel 9:1-13 Acts 3:12-26
Thursday	Psalms [83] or 145 Judges 8:22-35 John 1:43-51	Psalms 85, 86 2 Samuel 11:1-27 Acts 4:1-12
Friday	Psalm 88 Judges 9:1-16, 19-21 John 2:1-12	Psalms 91, 92 2 Samuel 12:1-14 Acts 4:13-31
Saturday	Psalms 87, 90 Judges 9:22-25, 50-57 John 2:13-25	Psalm 136 2 Samuel 12:15-31 Acts 4:32—5:11 Collect for Proper 14

Looking for a Sign

Then Jesus declared, "I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty. John 6:35 (NIV)

Based on John 6:24-35 (NIV)



ACROSS

1. A food made from flour and water, mixed together and baked
4. To accept something as being true
6. The period between birth and death
9. The place where God and the angels live
10. To have a desire for water.

DOWN

2. To last forever; to be without end
3. To have a desire for food
5. A signal that something exists or might happen in the future
7. To put food into your mouth, chew it, and swallow it
8. The earth with its inhabitants

HEAVEN	ETERNAL	WORLD	HUNGRY	SIGN
EAT	THIRSTY	BREAD	BELIEVE	LIFE


Sunday August 4, 2024
The Eleventh Sunday after Pentecost: Proper 13
7:00 A.M. Holy Eucharist
President and Preacher:
The Rev'd Stephanie-Ann Wedderburn

9:00 A.M. Holy Eucharist
President: The Very Rev'd Dr. Jeffrey D. Gibson

Visiting Preacher:
The Rev'd Canon Prof. Kortright Davis



Wednesday August 7, 2024
10:00 A.M. A Service of Public Healing
The Very Rev'd Dr. Jeffrey D. Gibson



Sunday August 11, 2024
The Twelfth Sunday after Pentecost: Proper 14
7:00 A.M. Holy Eucharist
9:00 A.M. Holy Eucharist

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Ms. Cyrilene Forde

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Ms. Donna Inniss

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Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael:	Mr. Darwin Clarke



CONTACT US

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