

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

The Holy Eucharist

On

Sunday August 18, 2024

The Thirteenth Sunday after Pentecost

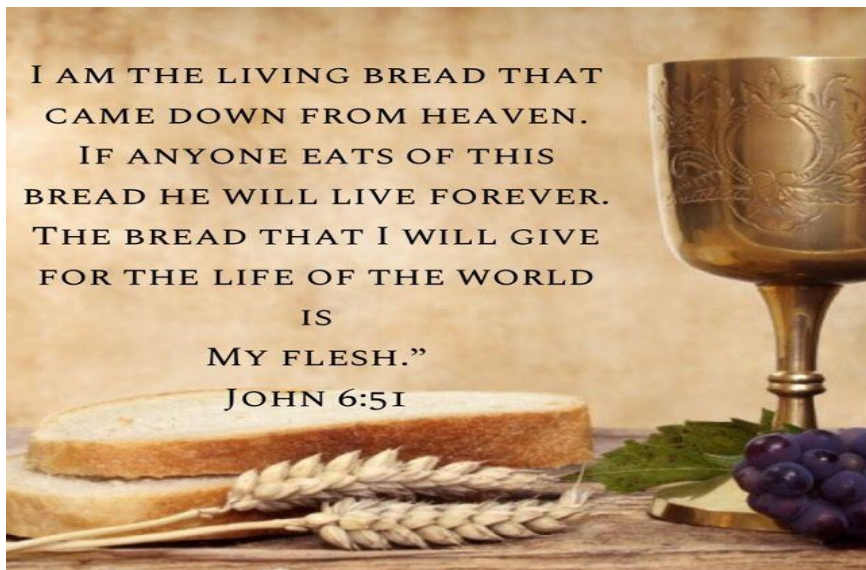
7:00 A.M. and 9:00 A.M.

I AM THE LIVING BREAD THAT
CAME DOWN FROM HEAVEN.

IF ANYONE EATS OF THIS
BREAD HE WILL LIVE FOREVER.
THE BREAD THAT I WILL GIVE
FOR THE LIFE OF THE WORLD

IS
MY FLESH.”

JOHN 6:51



“To be a guiding light of Christ’s grace, justice, freedom and love”.

**The Cathedral Church of
Saint Michael and All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John. Maxwell, M. A.

Dean

**His Excellency The Very Rev'd Dr. Jeffrey D. Gibson
Acting President of Barbados**

Precentor

The Rev'd Canon George Knight, B. Min.

Assistant Priest

The Rev'd Stephanie-Ann Wedderburn, B.Sc., B. A.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., BMus.

Organist

Mr. Eric Cobham, B.Sc., BMus

Administrative Assistant

Ms. Arlene Miller

Vergers

Mrs. Chloe Grant

Sunday August 18, 2024
The Thirteenth Sunday After Pentecost:
Proper 15 ~ Year B

7:00 A.M. Holy Eucharist
President and Preacher:
The Rev'd Stephanie-Ann Wedderburn

9:00 A.M. Holy Eucharist
President and Preacher:
The Rev'd Stephanie-Ann Wedderburn

Lay Eucharistic Minister: Dr. Sherlock Bradshaw



ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Opening Hymn ~ 371 **“Let all the world in every corner sing”**,

Let all the world in every corner sing,
my God and King!

The heavens are not too high,
his praise may thither fly;
the earth is not too low,
his praises there may grow.

Let all the world in every corner sing,
my God and King!

Let all the world in every corner sing,
my God and King!
The church with psalms must shout,
no door can keep them out;
but above all the heart
must bear the longest part.
Let all the world in every corner sing,
my God and King!

Words: George Herbert (1593-1633)

Opening Sentence “**General**”

Page 100

God is Spirit, and those who worship Him must worship in spirit and truth. *John 4:24.*

THE INVOCATION

Page 101

PRESIDENT: Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever. Amen. Alleluia! Alleluia!

ALL: Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

COLLECT FOR PURITY

Page 101

ALL: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

THE KYRIES

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Hymn of Praise ~ “When we walk with the Lord”

When we walk with the Lord
in the light of His word,
what a glory He sheds on our way!
While we do His good will,
He abides with us still,
and with all who will trust and obey.

Refrain:

Trust and obey, for there's no other way
to be happy in Jesus, but to trust and obey.

Not a burden we bear,
not a sorrow we share,
but our toil He doth richly repay;
not a grief or a loss,
not a frown or a cross,
but is blest if we trust and obey. [*Refrain*]

But we never can prove
the delights of His love
until all on the altar we lay;
for the favour He shows,
for the joy He bestows,
are for them who will trust and obey. [*Refrain*]

Then in fellowship sweet
we will sit at His feet,
or we'll walk by his side in the way;
what He says we will do,
where He sends, we will go;
never fear, only trust and obey. [*Refrain*]

Words: Dwight L. Moody, 1887

PRESIDENT: The Lord be with you.

All: And also with you.

Let us pray.

The Collect: “*Proper 15*”

Page 177

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of His redeeming work, and to follow daily in the blessed steps of His most holy life;

through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. *Amen.*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: **1 Kings 2:10-12; 3:3-14**

Lectors: 7:00 A.M. ~ **Mr. Remech Matthais**

9:00 A.M. ~ **Ms. Margaret Aimey**

A Reading from the Word of God, written in First Kings, the second chapter, beginning at the tenth verse.

David slept with his ancestors, and was buried in the city of David. The time that David reigned over Israel was forty years; he reigned seven years in Hebron, and thirty-three years in Jerusalem. So Solomon sat on the throne of his father David; and his kingdom was firmly established.

Solomon loved the LORD, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt offerings on that altar. At Gibeon the LORD appeared to Solomon in a dream by night; and God said, "Ask what I should give you." And Solomon said, "You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart toward you; and you have kept for him this great and

steadfast love, and have given him a son to sit on his throne today. And now, O LORD my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. And your servant is in the midst of the people whom you have chosen, great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?"

It pleased the Lord that Solomon had asked this. God said to him, "Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. I give you also what you have not asked, both riches and honor all your life; no other king shall compare with you. If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life."

LECTOR: The Word of the Lord.

ALL: Thanks be to God.

Psalm 111

Confitebor tibi

Page 619

1 Hallelujah! I will give thanks to the LORD with my whole heart,* in the assembly of the upright, in the congregation.

2 Great are the deeds of the LORD!*
they are studied by all who delight in them.

- 3 His work is full of majesty and splendour,*
and his righteousness endures forever.
- 4 He makes his marvellous works to be
remembered;* the LORD is gracious and full of
compassion.
- 5 He gives food to those who fear him;* he is ever
mindful of his covenant.
- 6 He has shown his people the power of his works*
in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and
justice;* all his commandments are sure.
- 8 They stand fast for ever and ever,*
because they are done in truth and equity.
- 9 He sent redemption to his people; he commanded
his covenant forever;* holy and awesome is his
Name.
- 10 The fear of the LORD is the beginning of
wisdom;* those who act accordingly have a
good understanding; his praise endures forever.

Glory to the Father, and to the Son and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. *Amen.*

Second Lesson: **Ephesians 5:15-20**

Lectors: **7:00 A.M. ~ Ms. Linda Springer**

9:00 A.M. ~ Mrs. Margaret Fraser-Morrison

A reading from the Word of God, written in the Letter to the Ephesians, the fifth chapter, beginning at the fifteenth verse.

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ. *Amen.*

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

(Please stand, as able)

The Gradual **Hymn ~ 409 “Be thou my vision, O Lord of my heart,”**

Be thou my vision, O Lord of my heart,
be all else but naught to me, save that thou art;
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,
be thou ever with me, and I with thee, Lord;
be thou my great Father, and I thy true son;
be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight;
be thou my whole armour, be thou my true might;
be thou my soul's shelter, be thou my strong tower:
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise;
be thou mine inheritance now and always;
be thou and thou only the first in my heart;
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,
O grant me its joys after victory is won;
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.

Words: Dallán Forgaill

The Holy Gospel: **John 6:51-58**

Gospeller: **The Rev'd Stephanie-Ann Wedderburn**

GOSPELLER: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to John, the sixth chapter, beginning at the fifty-first verse.

ALL: Glory to Christ our Saviour.

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my

blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: **The Rev’d Stephanie-Ann Wedderburn**

(Please stand, as able)

The Nicene Creed

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We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right
hand of the Father

He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
He is worshipped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.

We acknowledge one baptism
for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. *Amen*

THE PRAYERS

Intercessors:

7:00 A.M. ~ Mrs. Joyanne Blackman-Jarvis

9:00 A.M. ~ Mrs. Harriett Blackman

The Bidding: **The Rev'd Stephanie-Ann Wedderburn**

LEADER: Our Heavenly Father has promised through our Lord Jesus Christ to hear us when we pray in faith. Let us therefore pray for the Church and the World and let us thank God for His goodness.

(Silence may be kept)

LEADER: We pray for the Church of God in every place; especially for this Diocese, our Bishop(s)..... and all the people of God.

ALL: Strengthen your Church to carry forward the work of Christ; that we and all who confess your Name may unite in truth, live together in your love, and reveal your glory to the world.

LEADER: We pray for our country and for all the nations of the world, especially.....; and for all peoples in their various callings.

ALL: Direct this nation and all nations in the ways of justice and truth. Give wisdom to all in positions of public trust and authority; that they may promote the prosperity, godliness and peace of your people everywhere.

LEADER: We pray for our own community, for this parish, for our families, friends, and all who live and work with us.

ALL: Give grace to all our friends and neighbours in Christ, that we may serve Him in one another and grow together in His love.

LEADER: We pray for the poor, the sick, the unemployed, the handicapped; all who have requested our prayers and all who seek the prayers of the Church in their time of trouble.

ALL: Give healing and strength to all who suffer in body, mind or spirit. Give them courage and hope in their troubles and sustain all those who remember and care for them.

LEADER: We commemorate the departed, especially.....

ALL: We commend all people to your unfailing love, that in them your will may be fulfilled; and we rejoice at the faithful witness of your saints in every age, praying that we may share with them in your eternal kingdom.

(Silence may be kept).

LEADER: Accept these prayers, O Lord our God, for the sake of your Son, our Saviour Jesus Christ.

ALL: Amen.

ACT OF PENITENCE “A”

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8, 9*)

(A period of silence shall be kept).

PRESIDENT: Let us therefore confess our sins.

ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word

and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen.*

THE ABSOLUTION

Page 124

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

(Please stand as able)

THE GREETING OF PEACE “C”

Page 125

PRESIDENT: The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

ALL: **They who thus serve Christ are acceptable to God and approved by others.**

PRESIDENT: The peace of the Lord be always with you.

ALL: **And also with you.**

HYMN OF FELLOWSHIP

Let there be love shared among us
Let there be love in our eyes
May now your love sweep this nation
Cause us O Lord to arise

Give us a fresh understanding
Of neighbourly love that is real
Let there be love shared among us
Let there be love.

Words: Dave Bilbrough, (b 1955)

THE MINISTRY OF THE SACRAMENT

(During the singing of this hymn, an offering will be collected. The Cathedral needs money to carry out its mission, ministry, and maintenance; and it relies upon the stewardship offerings of its members and the kind generosity of friends and well-wishers. Sincere thanks for your contribution today.)

The Offertory **Hymn ~ 392 “When morning gilds the skies”**

When morning gilds the skies,
my heart awaking cries,
may Jesus Christ be praised:
alike at work and prayer
to Jesus I repair;
may Jesus Christ be praised.

Whene'er the sweet church bell
peals over hill and dell,
may Jesus Christ be praised:
O hark to what it sings,
as joyously it rings,
may Jesus Christ be praised.

My tongue shall never tire
of chanting with the choir,
may Jesus Christ be praised:
this song of sacred joy,
it never seems to cloy,
may Jesus Christ be praised.

Does sadness fill my mind?
A solace here I find,
may Jesus Christ be praised:
or fades my earthly bliss?
My comfort still is this,
may Jesus Christ be praised.

The night becomes as day,
when from the heart we say,
may Jesus Christ be praised:
the powers of darkness fear,
when this sweet chant they hear,
may Jesus Christ be praised.

Be this, while life is mine,
my canticle divine,
may Jesus Christ be praised:
be this the eternal song
through ages all along,
may Jesus Christ be praised.

*Words: anonymous from Beim Frühen Morgenlicht,
in Katholisches Gesangbuch, Würzburg, c1744, German;
translation: Edward Caswall (1814-1878)*

PRESIDENT AND PEOPLE: Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. *Amen.*

THE EUCHARISTIC PRAYER

PRESIDENT: The Lord be with you.

ALL: **And also with you.**

PRESIDENT: Lift up your hearts.

ALL: **We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

ALL: **It is right to give God thanks and praise.**

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*Go to page 131*)

Through Jesus Christ our Lord, who on the first day of the week overcame death and the grave, and by His glorious resurrection opened to us the way of everlasting life.

Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name.

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest!**

(Please sit or kneel, as able)

THE GREAT THANKSGIVING “B”

Page 135

PRESIDENT:

Holy and gracious Father,
all creation rightly gives you praise.
All life, all holiness, comes from you
through your Son, Jesus Christ our Lord,
whom you sent to share our human nature,
to live and die as one of us, to reconcile us to you,
the God and Father of all.

We therefore bring you these gifts,
and we ask you to make them holy by the power of your Spirit,
that they may become the Body and Blood of your Son,
our Saviour Jesus Christ,
who offered Himself in obedience to your will,
the Perfect Sacrifice for all mankind.

On the night He was betrayed,
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples and said:

"Take this and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

After supper He took the cup of wine:
and when He had given thanks, He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
Which is shed for you and for many for the forgiveness of sins.
Do this, whenever you drink it,
For the remembrance of me."

ALL:

**When we eat this Bread and drink this Cup, we proclaim
the death of Christ until He comes again.**

PRESIDENT:

Father, calling to mind the death your Son
endured for our salvation;
His glorious Resurrection and Ascension;
His continual intercession for us in heaven;
and looking for His coming again in glory,
we offer you, in thanksgiving,
this holy and life-giving sacrifice.

Look with favour on your Church's offering,
and grant that we who eat and drink these holy gifts
may be filled with your Holy Spirit
and become one body in Christ,
and serve you in unity, constancy and peace.
May He make us a perpetual offering to you and enable us,

in communion with blessed Mary
and the whole company of heaven,
to share in the inheritance of your Saints.

With Him, and in Him, and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven
in songs of everlasting praise:

**ALL: Blessing and honour and glory and power be
yours for ever and ever. Amen.**

THE LORD'S PRAYER

Page 144

PRESIDENT: As our Saviour has taught us, so we pray:

ALL:

Our Father in heaven,

hallowed be your Name;

your kingdom come;

your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours now and forever. Amen.

THE BREAKING OF THE BREAD

Page 145

PRESIDENT: We break this bread to share in the body of Christ.

ALL: **Though we are many, we are one body, because we all share in one bread.**

THE COMMUNION

(All baptized members of the Church, as inspired, may come to the altar and receive Holy Communion)

The Invitation “B”

Page 146

PRESIDENT: The Gifts of God for the People of God.

ALL: **Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.**

THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



**The Administration of Communion/
Spiritual Communion**

*(Communicants are invited to kneel at the Altar Rail,
as able)*

Communion Hymn ~ 515 **“Come, we that love the Lord”**

Come, we that love the Lord
and let our joys be known;
join in a song with sweet accord,
join in a song with sweet accord,
and thus surround the throne,
and thus surround the throne.

Refrain:

*We're marching to Zion,
beautiful, beautiful Zion;
we're marching upward to Zion,
the beautiful city of God.*

Let those refuse to sing
who never knew our God;
but children of the heavenly King,
but children of the heavenly King
may speak their joys abroad,
may speak their joys abroad.

Refrain

The hill of Zion yields
a thousand sacred sweets
before we reach the heavenly fields,
before we reach the heavenly fields,
or walk the golden streets,
or walk the golden streets.

Refrain

Then let our songs abound,
and every tear be dry;
we're marching through Immanuel's ground,
we're marching through Immanuel's ground,
to fairer worlds on high,
to fairer worlds on high.

Refrain

Words: Isaac Watts (1674-1748)

Hymn ~ 610 “Now, my tongue, the mystery telling“

Now, my tongue, the mystery telling
of the glorious body sing,
and the blood, all price excelling,
which the Gentiles' Lord and King,
in a Virgin's womb once dwelling,
shed for this world's ransoming.

Given for us, and condescending
to be born for us below,
he, with men in converse blending,
dwelt the seed of truth to sow,
till he closed with wondrous ending
his most patient life of woe.

That last night, at supper lying,
‘mid the twelve, his chosen band,
Jesus, with the Law complying,
keeps the feast its rites demand;
then, more precious food supplying,
gives himself with his own hand.

Word-made-flesh true bread he maketh
by his word his flesh to be;
wine his blood; which whoso taketh
must from carnal thoughts be free:
faith alone, though sight forsaketh,
shows true hearts the mystery.

*Words: Thomas Aquinas (1227-1274), From Pange, lingua, gloriosi, Latin;
Translation: John Mason Neale (1818-1866), and Edward Caswall (1814-1878)*

THE POST COMMUNION PRAYER “A” Page 147

ALL: Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

THE BLESSING “Pentecost”

Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the Blessing of God Almighty, the

Father, the Son and the Holy spirit be among you and remain with you always. *Amen.*

~~~*Notices and Announcements*~~~

The Recessional **Hymn ~ 143 “Praise to the Holiest in the height,”**

Praise to the Holiest in the height,  
and in the depth be praise;  
in all his words most wonderful,  
most sure in all his ways!

O loving wisdom of our God!  
When all was sin and shame,  
a second Adam to the fight  
and to the rescue came.

O wisest love! That flesh and blood,  
which did in Adam fail,  
should strive afresh against the foe,  
should strive, and should prevail;

And that a higher gift than grace  
should flesh and blood refine,  
God's presence and his very self,  
and essence all-divine.

O generous love! That he, who smote  
in Man for man the foe,  
the double agony in Man  
for man should undergo.

And in the garden secretly,  
and on the cross on high,  
should teach his brethren, and inspire  
to suffer and to die.

Praise to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

*Words: Cardinal John Henry Newman (1801-1890)*

## THE DISMISSAL

PRESIDENT: The Lord be with you.

**ALL: And also with you.**

PRESIDENT: Go in peace and serve the Lord.

**ALL: In the name of Christ. Amen**

**Organ Postlude** (*Worshippers are invited to sit silently and listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

*Thank you most sincerely for worshipping at the  
Cathedral this morning.*



**Sunday August 18, 2024**  
**The Thirteenth Sunday After Pentecost:**  
**Proper 15B - Year B**

**“As Christians, living our faith is living in the way of insight”**



First Reading: **1 Kings 2:10-12; 3:3-14**

Comment: *“Obeying God is for your own good”*

In our Hebrew Bible lesson, **Solomon assumes the throne of his father David and asks for an understanding and discerning mind to govern God’s people.** Because Solomon’s request is not for riches and honour, God, in this dream vision, grants him a wise and discerning mind. God promises, if Solomon will walk in the ways of the Lord, to lengthen the days of his kingship.

**Psalm: 111**

This psalm is an outpouring of praise for the majesty and graciousness of the Lord, who redeems the people of God.

Second Reading: **Ephesians 5:15-20**

Comment: *“Filled with the Spirit, sing thanks to God”*

In this reading, **the new Christians at Ephesus are bid to live wisely and, glad with songs, to give thanks for everything to God.** Instead of following drunken ways, symbolic of all kinds of foolish behaviour, they are to be filled with the Holy Spirit. Because the time is in the grip of evil, opportunities to do the will of the Lord must be used to the full.

The Holy Gospel: John **6:51-58**

**Comment:** *“Christ the true food and drink”*

In the gospel lesson, **Jesus speaks of the flesh and blood of the Son of Man as the bread from heaven which must be eaten in order to share in the life of the eternal age.** Previously in this gospel, the bread of life had seemed to signify Jesus’ teaching and his presence. Now it is given still more significance with the understanding that the believer may share deeply in the life of Jesus and his self-offering. This experience is enacted in the Holy Communion.

## **DIOCESAN NEWS**

### **Diocese of Barbados 200<sup>th</sup> Anniversary Celebration**

- 1. Memorabilia:** The following items are available for sale at the Diocesan Office, The Ivan Harewood Centre, Church Hill, Christ Church (Telephone 426-2761):  
Vacuum Bottles - \$50.00; Notebooks - \$15.00  
Travel Mugs - \$20.00 and Canvas Tote Bags -\$25.00.  
Your patronage would be appreciated.
  
- 2. Deanery Evensong:** This evening, at 6:00 p.m., the Christ Church Deanery will host a Service of Solemn Evensong, Sermon and Te Deum, in the Parish Church of St. Philip. It will celebrate the relationship with the Diocese of the Windward Islands, originally part of the Diocese of Barbados.

This Deanery Service will be linked with the Diocese of the Windward Islands; and the visiting preacher will be The Venerable Michael Marshall, Archdeacon of Grenada. All are invited to attend and enjoy fellowship with the Christ Church Deanery. The Diocese of the

Windward Island will share with us virtually via a livestream of this service.

**3. Anniversary Lecture** – Lecturer: The Rev'd Canon Prof. Noel F. Titus. His topic will be **“A Hard Nut To Crack: Establishing the Diocese of Barbados and the Windward Islands”**. It will be held on Saturday, August 24, 2024, at 7:00 p.m., in the Hugh Springer Auditorium, BWU, Solidarity House, Harmony Hall, St. Michael.

**4. Bishop's Leave:**

The Bishop is currently on vacation and will resume duties on August 24, 2024. During this period, the Canon Missioner, The Rev'd Canon Dr. Von Watson, will serve as the Vicar General.

**5. Appointments:**

- The Rev'd Audrey Griffith has been appointed Priest-in-Charge of the St Thomas Parish Church, effective September 1, 2024.
- The Rev'd David Yarde will serve as Priest-in-Charge of the Church of Holy Cross for the month of September 2024.

Effective October 1, 2024, the following new parochial assignments will come into effect:

- The Rev'd Levon Alkins – Priest-in-Charge of the Church of Holy Cross.
- The Rev'd Nicholas Small-Warner – Priest-in-Charge of the Church of St Patrick.
- The Rev'd Hugh Sandiford - Rector of the Parish Church of St Lucy.
- The Rev'd Canon Austin Carrington – Priest-in-Charge of the Church of St Matthias.

## **CATHEDRAL NEWS**

**PASTORAL LEAVE:** Dean Jeffrey was sworn in as Acting President of Barbados. He will serve in that capacity until August 22nd and also from August 25th until August 31<sup>st</sup>, while Her Excellency The Most Honourable Dame Sandra Mason is on holiday. Meantime, The Rev'd Erma Ambrose will serve as Priest-in-Charge of the Cathedral parish and the Rev'd Stephanie Ann Wedderburn will be responsible for Sunday duties. The Rev'd Canon George Knight will return from holiday on September 1, 2024.

### **BICENTENNIAL CELEBRATIONS - CATHEDRAL REVITALIZATION 2024 and BEYOND: Mission – Ministry -Maintenance - Money.**

This campaign aims to revitalize the Cathedral's heritage; to strengthen congregational vitality; and to build the Church for tomorrow. All are invited to get involved and to recommend the programme to others, especially persons who were nurtured in this sacred place.

#### **August:**

- i. Polo Shirts are available, according to order, at \$50.00.
- ii. Donation Cards: \$200.00 Challenge – Gift to be presented not later than the Patronal Festival, September 29, 2024.

**BIRTHDAYS:** Congratulations to all those persons celebrating birthdays this week **August 18-24, 2024.**

|    |                                         |
|----|-----------------------------------------|
| 18 | Mrs. Judy D. King<br>Mr. Ian E. Lashley |
| 20 | Mrs. Nellie E. Hunte                    |
| 21 | Mrs. Muriel Foster<br>Mr. Nathan Daniel |



- 22 Mr. Mervyn E. Rollins  
24 Mrs. Joyanne Blackman-Jarvis

*May God bless and strengthen you.*



**SICK:** Please remember the sick or injured of our Parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Heather Howard-Downes, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Marlene Moore, Blair Murray, Clyde Outram, Sylvester (Blues) Sargeant, Sheila Sealy, Claudette Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.

**BALCONY REPAIRS:** The Balcony repairs have been progressing very well. The laying of the floorboards has been completed. All efforts will be made to ensure the safety of worshippers while work is in progress. Thanks for your patience. Donations towards this work would be appreciated.

**DEACON'S CUPBOARD:** An appeal is being made for your kind donations of food supplies and toiletries for the cupboard. Whatever supplies can be donated would be greatly appreciated and would go a long way in helping those less fortunate.

**ANNUAL HOLIDAY:** Please be reminded that the Organist/Choir Master and the Choir are on their usual holiday during the month of August 2024. Let us wish them well.


**MAPP FAMILY REUNION:** On Sunday, August 25th the Mapp Family will join the Cathedral congregation at the 9 o'clock service. It forms part of their family reunion, which brings together persons from across the world to join their relatives who live in Barbados.

**Daily Book of Common Prayer Readings**  
**August 18-24, 2024 – Proper 15**


| <b>Day</b>                                          | <b>Morning Readings</b>                                          | <b>Evening Readings</b>                                           |
|-----------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------------|
| The Thirteenth<br>Sunday After<br>Pentecost         | Psalm 118<br>Judges 16:15-31<br>Mark 5:25-34                     | Psalm 145<br>2 Samuel 17:1-23<br>2 Corinthians 13:1-11            |
| Monday                                              | Psalm 106:1-18<br>Judges 17:1-13<br>John 5:19-29                 | Psalm 106:19-48<br>2 Samuel 17:24—18:8<br>Acts 7:44—8:1a          |
| Tuesday                                             | Psalms [120], 121,<br>122, 123<br>Judges 18:1-15<br>John 5:30-47 | Psalms 124, 125, 126,<br>[127]<br>2 Samuel 18:9-18<br>Acts 8:1-13 |
| Wednesday                                           | Psalm 119:145-176<br>Judges 18:16-31<br>John 6:1-15              | Psalms 128, 129, 130<br>2 Samuel 18:19-33<br>Acts 8:14-25         |
| Thursday                                            | Psalms 131, 132,<br>[133]<br>Job 1:1-22<br>John 6:16-27          | Psalms 134, 135<br>2 Samuel 19:1-23<br>Acts 8:26-40               |
| Friday                                              | Psalms 140, 142<br>Job 2:1-13<br>John 6:27-40                    | Psalms 141: 143:1-11<br>(12)<br>2 Samuel 19:24-43<br>Acts 9:1-9   |
| Saint<br>Bartholomew<br>The Apostle<br><br>Saturday | Psalm 86<br>Genesis 28:10-17,<br>John 1:43-51                    | Psalms 15, 67<br>Isaiah 66:1-2, 18-23<br>1 Peter 5:1-11           |

**Sunday August 18, 2024**  
**The Thirteenth Sunday after Pentecost: Proper 15**  
**7:00 A.M. Holy Eucharist**  
**President and Preacher:**  
**The Rev'd Stephanie-Ann Wedderburn**

**9:00 A.M. Holy Eucharist**  
**President and Preacher:**  
**The Rev'd Stephanie-Ann Wedderburn**

—  —  
**Wednesday August 21, 2024**  
**10:00 A.M. Holy Eucharist**  
**The Rev'd Erma I Ambrose**

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**Sunday August 25, 2024**  
**The Fourteenth Sunday after Pentecost: Proper 16**  
**7:00 A.M. Holy Eucharist**  
**9:00 A.M. Holy Eucharist**

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**OFFICERS OF THE CHURCH COUNCIL**  
Church Warden Emeritus  
Mr. Arlington Watson, BSM. J.P.

Church Wardens:  
Mr. Samuel Maxwell, J.P.    Mr. Victor Sylvester  
Secretary: Ms. Donnah Russell  
Assistant Secretary: Mrs. Juno Burrows  
Treasurer: Mr. David Murray  
Assistant Treasurer: Ms. Harriet Clarke  
Synod Representatives

Mr. Darnley King  
Mr. Samuel Maxwell, J. P.  
Ms. Cyrilene Forde  
Alternative Synod Representative  
Ms. Donna Inniss

## LEADERS OF ORGANISATIONS AND MINISTRIES

|                       |                        |
|-----------------------|------------------------|
| Men's Fellowship:     | Mr. John Moore         |
| Mothers' Union:       | Mrs. Colleen Byer      |
| Church Army:          | Captain Donnah Russell |
| Woman's Auxiliary:    | Vacant                 |
| Ushers Guild:         | Mrs. Juno Burrows      |
| Outreach Committee:   | Mrs. Delores Hinds     |
| Guild of Servers:     | Mr. Jerry Alleyne      |
| Health Ministry:      | Dr. Wendy Sealy        |
| Sunday School:        | Mrs. Harriett Blackman |
| Flower Guild:         | Vacant                 |
| Guild of St. Raphael: | Mr. Darwin Clarke      |



### CONTACT US

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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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St. Michael's Row, Bridgetown

Telephone: 1 (246) 427-0790 (Office)

Monday – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246)437-4265 (Dean's Residence)