

**The Cathedral Church of  
Saint Michael and All Angels**

welcomes you to the celebration of

*The Holy Eucharist*

*On*

**Sunday August 11, 2024  
The Twelfth Sunday after Pentecost  
7:00 A.M. and 9:00 A.M.**

*I am  
the Bread  
of Life*

*John 6:35*



*“To be a guiding light of Christ’s grace, justice, freedom and love”.*

**The Cathedral Church of  
Saint Michael and All Angels  
The Diocese of Barbados**

*Diocesan Bishop*

**The Rt. Rev'd Michael B. St. John. Maxwell, M. A.**

*Dean*

**The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight, B. Min.**

*Assistant Priest*

**The Rev'd Stephanie-Ann Wedderburn, B.Sc., B. A.**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., BMus.**

*Organist*

**Mr. Eric Cobham, B.Sc., BMus**

*Administrative Assistant*

**Ms. Arlene Miller**

*Vergers*

**Mrs. Chloe Grant**

**Sunday August 11, 2024**  
**The Twelfth Sunday After Pentecost:**  
**Proper 14 ~ Year B**

**7:00 A.M. Holy Eucharist**  
**President and Preacher:**  
**The Rev'd Stephanie-Ann Wedderburn**

**9:00 A.M. Holy Eucharist**  
**President and Preacher:**  
**The Rev'd Stephanie-Ann Wedderburn**

**Lay Eucharistic Minister: Mrs. Judy King**



**ORDER OF WORSHIP**

**THE PREPARATION**

Organ Prelude

Welcome

Opening Hymn ~ 5 “New every morning is the love”

New every morning is the love  
our wakening and uprising prove;  
through sleep and darkness safely brought,  
restored to life, and power, and thought.

New mercies, each returning day,  
hover around us while we pray;  
new perils past, new sins forgiven,  
new thoughts of God, new hopes of heaven.

If on our daily course our mind  
be set to hallow all we find,  
new treasures still, of countless price,  
God will provide for sacrifice.

The trivial round, the common task,  
will furnish all we need to ask,  
room to deny ourselves, a road  
to bring us daily nearer God.

Only, O Lord, in thy dear love  
fit us for perfect rest above;  
and help us, this and every day,  
to live more nearly as we pray.

*Words: John Keble (1792-1866)*

Opening Sentence “**General**”

Page 100

God is Spirit, and those who worship Him must worship in  
spirit and truth. *John 4:24.*

**THE INVOCATION**

Page 101

**PRESIDENT:** Blessed be God: Father, Son and Holy  
Spirit. Alleluia! Alleluia!

**ALL:** And blessed be His Kingdom, now and forever.  
**Amen. Alleluia! Alleluia!**

**ALL:** Blessed Lord and Father, we have assembled in  
your Name and in fellowship with one another. Enable  
us by your grace to offer the sacrifice of praise and  
thanksgiving; to proclaim and respond to your holy  
word. Teach us to pray for your world and your Church.

**Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.**

**COLLECT FOR PURITY**

Page 101

**ALL: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.**

**THE KYRIES**

Page 102

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

**Hymn of Praise ~ 314 “God of mercy, God of grace,”**

God of mercy, God of grace,  
show the brightness of thy face.  
Shine upon us, Saviour, shine,  
fill thy church with light divine,  
and thy saving health extend  
unto earth's remotest end.

Let the people praise thee, Lord;  
be by all that live adored;  
let the nations shout and sing  
glory to their Saviour King;  
at thy feet their tribute pay,  
and thy holy will obey.

Let the people praise thee, Lord;  
earth shall then her fruits afford;  
God to man his blessing give,  
man to God devoted live;  
all below, and all above,  
one in joy, and light, and love.

*Words: Henry Francis Lyte (1793-1847), based on Psalm 67*

**PRESIDENT:** The Lord be with you.

**All: And also with you.**

Let us pray.

The Collect: ***“Proper 14”***

Page 177

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

*(Please sit)*

## THE MINISTRY OF THE WORD

First Lesson: **2 Samuel 18:5-9, 15, 31-33**

Lectors: 7:00 A.M. ~ Ms. Alicia White

9:00 A.M. ~ Mrs. Margaret King-Austin

A Reading from the Word of God, written in the Second Book of Samuel, the eighteenth chapter, beginning at the fifth verse.

The king, David, ordered Joab and Abishai and Ittai, saying, “Deal gently for my sake with the young man Absalom.” And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David.

Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on.

And ten young men, Joab’s armor-bearers, surrounded Absalom and struck him, and killed him.

Then the Cushite came; and the Cushite said, “Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up

against you.” The king said to the Cushite, “Is it well with the young man Absalom?” The Cushite answered, “May the enemies of my lord the king, and all who rise up to do you harm, be like that young man.”

The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, “O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!”

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

**Psalm 130**

*De profundis*

Page 646

- 1 Out of the depths have I called to you, O LORD;  
LORD, hear my voice;\* let your ears consider  
well the voice of my supplication.
- 2 If you, LORD, were to note what is done amiss,\*  
O Lord, who could stand?
- 3 For there is forgiveness with you;\* therefore you  
shall be feared.
- 4 I wait for the LORD; my soul waits for him;\*  
in his word is my hope.
- 5 My soul waits for the LORD, more than watchmen  
for the morning,\* more than watchmen for the  
morning.
- 6 O Israel, wait for the LORD,\* for with  
the LORD there is mercy;
- 7 With him there is plenteous redemption,\*  
and he shall redeem Israel from all their sins.



**Glory to the Father, and to the Son and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. *Amen.***

Second Lesson: **Ephesians 4:25 to 5:2**

Lectors: **7:00 A.M. ~ Mr. Victor Gittens**

**9:00 A.M. ~ Mr. Shaquan Pompey**

A reading from the Word of God, written in the Letter to the Ephesians, the fourth chapter, beginning at the twenty-fifth verse.

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. *Amen.*

**LECTOR:** The Word of the Lord.

**ALL:** **Thanks be to God.**

(Please stand, as able)

The Gradual **Hymn ~ 583 “Faithful Shepherd, feed me”**

Faithful Shepherd, feed me  
in the pastures green;  
faithful Shepherd, lead me  
where thy steps are seen.

Hold me fast, and guide me  
in the narrow way;  
so, with thee beside me,  
I shall never stray.

Daily bring me nearer  
to the heavenly shore;  
make my faith grow clearer,  
may I love thee more.

Hallow every pleasure,  
every gift and pain;  
be thyself my treasure,  
though none else I gain.

Day by day prepare me  
as thou seest best,  
then let angels bear me  
to thy promised rest.

*Words: T.B. Pollock (1836-96)*

The Holy Gospel: **John 6:35, 41-51**

Gospeller: **The Rev'd Stephanie-Ann Wedderburn**

GOSPELLER: The Lord be with you.

**ALL: And also with you.**

A Reading from the Holy Gospel according to John, the sixth chapter, beginning at the thirty-fifth verse.

**ALL: Glory to Christ our Saviour.**

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven.

Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

GOSPELLER: The Gospel of Christ.

**ALL: Praise to Christ our Lord.**

The Sermon **The Rev'd Stephanie-Ann Wedderburn**

*(Please stand, as able)*

The Nicene Creed

Page 104

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in Being with the Father.

Through Him all things were made.  
For us and for our salvation

He came down from heaven:  
by the power of the Holy Spirit  
He was born of the Virgin Mary,  
and became man.

For our sake He was crucified under Pontius Pilate;  
He suffered, died and was buried.

On the third day He rose again

in fulfilment of the Scriptures;  
He ascended into heaven  
and is seated at the right  
hand of the Father  
He will come again in glory to judge  
the living and the dead,  
and His kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son  
He is worshipped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic  
and apostolic Church.

We acknowledge one baptism  
for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. *Amen*

## **THE PRAYERS**

**Intercessors: 7:00 A.M. ~ Ms. Marcia Oxley**

**9:00 A.M. ~ Ms. Donna Inniss**

The Bidding: **The Rev'd Stephanie-Ann Wedderburn**

Intercession Form "C"

Page 108

LEADER: With all our heart and all our mind let us pray to  
the Lord, saying, "Lord, have mercy."

LEADER: For the peace from above, for the loving kindness of God, and for the salvation of our souls: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For the peace and welfare of the world, for the witness and work of the Church, and for the unity of all peoples: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For our Bishops and all ministers of God's Word and Sacraments, that they may be filled with truth and love and be found without fault at the Lord's coming: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For the victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfilment: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For the sick, the suffering, the sorrowful, and the dying; and for all who remember and care for them: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For deliverance from the ravages of hurricane, earthquake, drought or flood, and for a just and proper use of God's creation: Let us pray to the Lord.

**ALL: Lord, have mercy.**

LEADER: For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvellous light: Let us pray to the Lord.

**ALL: Lord, have mercy.**

*(Silence may be kept)*

**ALL: O Lord our God, accept the fervent prayers of your people in the multitude of your mercies. Look with compassion on us and all who turn to you for help; for you are gracious, O Lord of love, and to you we give glory, Father, Son and Holy Spirit, now and for ever. Amen.**

**ACT OF PENITENCE “A”**

Page 123

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8, 9*)

*(A period of silence shall be kept).*

PRESIDENT: Let us therefore confess our sins.

**ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word**

**and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen.***

**THE ABSOLUTION**

Page 124

**PRESIDENT:** Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

*(Please stand as able)*

**THE GREETING OF PEACE “C”**

Page 125

**PRESIDENT:** The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

**ALL:** **They who thus serve Christ are acceptable to God and approved by others.**

**PRESIDENT:** The peace of the Lord be always with you.

**ALL:** **And also with you.**

**HYMN OF FELLOWSHIP**

Let there be love shared among us  
Let there be love in our eyes  
May now your love sweep this nation  
Cause us O Lord to arise  
Give us a fresh understanding



Of neighbourly love that is real  
Let there be love shared among us  
Let there be love.

*Words: Dave Bilbrough, (b 1955)*

## **THE MINISTRY OF THE SACRAMENT**

*(During the singing of this hymn, an offering will be collected. The Cathedral needs money to carry out its mission, ministry, and maintenance; and it relies upon the stewardship offerings of its members and the kind generosity of friends and well-wishers. Sincere thanks for your contribution today.)*

The Offertory **Hymn ~ 453** “**Make me a channel of your peace.**”

Make me a channel of your peace.  
Where there is hatred let me bring your love;  
where there is injury, your pardon, Lord;  
and where there's doubt, true faith in you.

### ***Refrain:***

*O Master, grant that I may never seek  
so much to be consoled as to console;  
to be understood as to understand;  
to be loved, as to love with all*

Make me a channel of your peace.  
Where there's despair in life let me bring hope;  
where there is darkness, only light;  
and where there's sadness, ever joy.  
*my soul*

## *Refrain*

Make me a channel of your peace.  
It is in pardoning that we are pardoned,  
in giving of ourselves that we receive;  
and in dying that we're born to eternal life.

*Words: Sebastian temple (1928-1997)*

*Words © 1967 OCP Publications.*

## **THE OFFERTORY PRAYER “B”**

Page 126

**PRESIDENT AND PEOPLE: Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.**

## **THE EUCHARISTIC PRAYER**

**PRESIDENT:** The Lord be with you.

**ALL:** **And also with you.**

**PRESIDENT:** Lift up your hearts.

**ALL:** **We lift them up to the Lord.**

**PRESIDENT:** Let us give thanks to the Lord our God.

**ALL:** **It is right to give God thanks and praise.**

**PRESIDENT:** It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*Go to page 130*)

Because on this most glorious day, a triple light was given. On the first day of creation, you brought light and life into being. On the first day, for our salvation, you raised your Son victorious over death: and on this day you gave your Holy and lifegiving Spirit to your church. (*Go to page 131*)

Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name.

**ALL:**

**Holy, holy, holy Lord,  
God of power and might;  
heaven and earth are full of your glory,  
Hosanna in the highest.  
Blessed is He who comes  
in the name of the Lord.  
Hosanna in the highest!**

*(Please sit or kneel, as able)*

**THE GREAT THANKSGIVING “B”**

Page 135

**PRESIDENT:**

Holy and gracious Father,  
all creation rightly gives you praise.  
All life, all holiness, comes from you  
through your Son, Jesus Christ our Lord,  
whom you sent to share our human nature,  
to live and die as one of us, to reconcile us to you,  
the God and Father of all.

We therefore bring you these gifts,  
and we ask you to make them holy by the power of your Spirit,  
that they may become the Body and Blood of your Son,  
our Saviour Jesus Christ,  
who offered Himself in obedience to your will,  
the Perfect Sacrifice for all mankind.

On the night He was betrayed,  
He took bread,  
and when He had given thanks to you,  
He broke it and gave it to His disciples and said:  
"Take this and eat it:  
This is my Body which is given for you.  
Do this for the remembrance of me."

After supper He took the cup of wine:  
and when He had given thanks, He gave it to them and said:  
"Drink this, all of you:  
This is my Blood of the New Covenant,  
Which is shed for you and for many for the forgiveness of sins.  
Do this, whenever you drink it,  
For the remembrance of me."

**ALL:**

**When we eat this Bread and drink this Cup, we proclaim  
the death of Christ until He comes again.**

**PRESIDENT:**

Father, calling to mind the death your Son  
endured for our salvation;  
His glorious Resurrection and Ascension;

His continual intercession for us in heaven;  
and looking for His coming again in glory,  
we offer you, in thanksgiving,  
this holy and life-giving sacrifice.

Look with favour on your Church's offering,  
and grant that we who eat and drink these holy gifts  
may be filled with your Holy Spirit  
and become one body in Christ,  
and serve you in unity, constancy and peace.

May He make us a perpetual offering to you and enable us,  
in communion with blessed Mary  
and the whole company of heaven,  
to share in the inheritance of your Saints.

With Him, and in Him, and through Him,  
by the power of the Holy Spirit,  
we worship you, Father Almighty,  
with all who stand before you in earth and heaven  
in songs of everlasting praise:

**ALL: Blessing and honour and glory and power be  
yours for ever and ever. Amen.**

## **THE LORD'S PRAYER**

Page 144

PRESIDENT: As our Saviour has taught us, so we pray:

**ALL:**

**Our Father in heaven,  
hallowed be your Name;  
your kingdom come;  
your will be done**

on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours now and forever. *Amen.*

**THE BREAKING OF THE BREAD** Page 145

PRESIDENT: We break this bread to share in the body of Christ.

**ALL: Though we are many, we are one body, because we all share in one bread.**

**THE COMMUNION**

*(All baptized members of the Church, as inspired, may come to the altar and receive Holy Communion)*

**The Invitation “B”** Page 146

PRESIDENT: The Gifts of God for the People of God.

**ALL: Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.**

**THE AGNUS DEI** Page 147

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
grant us peace.**



**The Administration of Communion/  
Spiritual Communion**

*(Communicants are invited to kneel at the Altar Rail,  
as able)*

Communion Hymn ~ **416** “I the Lord of sea and sky,”

I the Lord of sea and sky,  
I have heard my people cry.  
All who dwell in dark and sin  
my hand will save.  
I, who made the stars of night,  
I will make their darkness bright.  
Who will bear my light to them?  
Whom shall I send?

***Refrain:***

*Here I am, Lord. Is it I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart.*

I, the Lord of snow and rain,  
I have borne my people's pain.  
I have wept for love of them,  
they turn away.

I will break their hearts of stone,  
give them hearts for love alone,  
I will speak my word to them.  
Whom shall I send?

***Refrain:***

I, the Lord of wind and flame,  
I will tend the poor and lame,  
I will set a feast for them,  
my hand will save.  
Finest bread I will provide  
till their hearts be satisfied,  
I will give my life to them.  
Whom shall I send?

***Refrain:***

*Words: Daniel Schutte (1947-).  
Words © 1981 Daniel L. Schutte and New Dawn Music  
(admin. OCP Publications). All rights reserved. Used by permission.*

**Hymn ~ 595 “I am the bread of life;”**

I am the bread of life;  
they who come to me shall not hunger;  
they who believe in me shall not thirst.  
No one come to me unless the Father draw them.

***Refrain:***

***And I will raise them up,  
and I will raise them up,  
and I will raise them up on the last day.***



The bread that I will give is my flesh  
for the life of the world,  
and they who eat of this bread,  
they shall live for ever.

***Refrain***

Unless you eat of the flesh of the Son of Man  
and drink of his blood,  
you shall not have life within you,  
you shall not have life within you.

***Refrain***

I am the resurrection, I am the life;  
they who believe in me,  
even if they die,  
they shall live for ever.

***Refrain***

Yes, Lord we believe  
that you are the Christ,  
the Son of God  
who has come into the world.

***Refrain***

*Words: Suzanne Toolan (1927-),  
Adaptation of John 6.*

*Words © 1966, 1970, 1971, 1975 GIA Publications, Inc.  
All rights reserved. Used by permission.*

**THE POST COMMUNION PRAYER “A”**      Page 147

**ALL: Almighty Father, we thank you for feeding us with  
the Body and Blood of your Son Jesus Christ. May we  
who share His Body live His risen life; we who drink His**

**cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.**

THE BLESSING “*Pentecost*”

*Page 151*

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the Blessing of God Almighty, the Father, the Son and the Holy spirit be among you and remain with you always. *Amen.*

*~~~Notices and Announcements~~~*

The Recessional Hymn ~ 374 “**O praise our great and gracious Lord,**”

O praise our great and gracious Lord,  
and call upon his name;  
to strains of joy tune every chord,  
his mighty acts proclaim;  
tell how he led his chosen race  
to Canaan’s promised land;  
tell how his covenant of grace  
unchanged shall ever stand.

He gave the shadowing cloud by day,  
the moving fire by night;  
to guide his Israel on their way,  
he made their darkness light;

and have not we a sure retreat,  
a Saviour ever nigh,  
the same clear light to guide our feet,  
the day-spring from on high?

We, too have manna from above,  
the bread that came from heaven;  
to us the same kind hand of love  
hath living waters given;  
a rock we have, from whence the spring  
in rich abundance flows;  
that rock is Christ, our Priest, our King,  
who life and health bestows.

O may we praise this blessèd food,  
and trust our heavenly Guide;  
so shall we find death's fearful flood  
serene as Jordan's tide,  
and safely reach that happy shore,  
the land of peace and rest,  
where angels worship and adore  
in God's own presence blest.

*Words: Harriet Auber (1773-1862), 1829*

## THE DISMISSAL

PRESIDENT: The Lord be with you.

**ALL: And also with you.**

PRESIDENT: Go in peace and serve the Lord.

**ALL: In the name of Christ. Amen**

**Organ Postlude** (*Worshippers are invited to sit silently and listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

*Thank you most sincerely for worshipping at the  
Cathedral this morning.*



**Sunday August 11, 2024  
The Twelfth Sunday After Pentecost:  
Proper 14 - Year B**

“The good land” in which we dwell today is bounded by  
our faith and our fidelity.



First Reading: 2 Samuel 18:5-9, 15, 31-33

Comment: “*The defeat and death of Absalom.*”

In our opening lesson, **David orders his most trusted military commanders to crush a coup led by Absalom, his son.** He asks that “the young man, Absalom” be treated gently, expressing fatherly care even when dealing with that son’s traitorous uprising. Those who followed Absalom in rebellion are defeated in a great slaughter, and Absalom is caught in the branches of an oak while seeking escape. In defiance of David’s wishes, Joab’s men put Absalom to death. David, when told of Absalom’s death, grieves deeply.

## **Psalm: 130**

The psalmist calls to the merciful Lord and waits upon God for forgiveness and redemption.

Second Reading: **Ephesians 4:25 to 5:2**

Comment: *“Put away evil, live in love”*

In this lesson, **Christians are urged to conform to a new way of life which is pleasing to the Holy Spirit. They are to have a love like the love of Christ.** All manner of evil is to be shunned. Especially are the new converts to put away spitefulness and other sins which harm the one body, and grieve the Spirit with which they have been sealed in baptism. The model is none other than a God who is revealed in the Christ who sacrificed himself for us.

The Holy Gospel: **6:35, 41-51**

Comment: *“Christ, the bread of life”*

In our gospel, **Jesus continues to teach that he is the true bread who will bring all who have faith in him eternal life.** The discussion is meant to recall the story of the Israelites protesting and murmuring against God in the wilderness because they had no bread, but even the manna that God gave them was only a temporary food. While Jesus seems very ordinary to the Jews (who represent a worldly lack of faith), he offers the world both his teaching and himself, a life-giving bread from heaven.

## DIOCESAN NEWS

### **Diocese of Barbados 200<sup>th</sup> Anniversary Celebration**

- 1. Memorabilia:** The following items are available for sale at the Diocesan Office, The Ivan Harewood Centre, Church Hill, Christ (Telephone 426-2761): Vacuum Bottles - \$50.00; Notebooks - \$15.00 Travel Mugs - \$20.00 and Canvas Tote Bags -\$25.00. Your patronage would be appreciated.
- 2. Deanery Evensong:** On August 18, 2024, at 6:00 p.m., the Christ Church Deanery will host a Service of Solemn Evensong, Sermon and Te Deum, in the Parish Church of St. Philip. It will celebrate the relationship with the Diocese of the Windward Islands, originally part of the Diocese of Barbados. This Deanery Service will be linked with the Diocese of the Windward Islands; and the visiting preacher will be The Venerable Michael Marshall, Archdeacon of Grenada. All are invited to attend and enjoy fellowship with the Christ Church Deanery. The Diocese of the Windward Island will share with us virtually via a livestream of this service.
- 3. Anniversary Lecture –** Lecturer: The Rev'd Canon Prof. Noel F. Titus. His topic will be **“A Hard Nut To Crack: Establishing the Diocese of Barbados and the Windward Islands”**. It will be held on Saturday, August 24, 2024, at 7:00 p.m., in the Hugh Springer Auditorium, BWU, Solidarity House, Harmony Hall, St. Michael.

#### **4. Bishop's Leave:**

The Bishop is currently on vacation and will resume duties on August 24, 2024. During this period, the Canon Missioner, The Rev'd Canon Dr. Von Watson, will serve as the Vicar General.

#### **5. Appointments:**

- The Rev'd Audrey Griffith has been appointed Priest in Charge of the St Thomas Parish Church, effective September 1, 2024.
- The Rev'd David Yarde will serve as Priest in Charge of the Church of Holy Cross for the month of September 2024.

Effective October 1, 2024, the following new parochial assignments will come into effect:

- The Rev'd Levon Alkins – Priest-in-Charge of the Church of Holy Cross.
- The Rev'd Nicholas Small-Warner – Priest-in-Charge of the Church of St Patrick.
- The Rev'd Hugh Sandiford - Rector of the Parish Church of St Lucy.
- The Rev'd Canon Austin – Priest-in-Charge of the Church of St Matthias.

### **CATHEDRAL NEWS**

#### **1. BICENTENNIAL CELEBRATIONS - CATHEDRAL REVITALIZATION 2024 and BEYOND: Mission – Ministry -Maintenance - Money.**

This campaign aims to revitalize the Cathedral's heritage; to strengthen congregational vitality; and to build the Church

for tomorrow. All are invited to get involved and to recommend the programme to others, especially persons who were nurtured in this sacred place.

**August:**

- i. Polo Shirts are available, according to order, at \$50.00.
- ii. T-20 Hymns (Registration Sheets are available).
- iii. Donation Cards: \$200.00 Challenge – Gift to be presented not later than the Patronal Festival, September 29, 2024.

**2. BIRTHDAYS:** Congratulations to all those persons celebrating birthdays this week **August 11-17, 2024.**

- 14 Mrs. Elsie C. Burton  
Ms. Sandra B. A. Fields  
Ms. Claudette M. Sealy
- 15 Mr. Ian H. Broome
- 16 Mrs. Joan C. Bonnett  
Mrs. Deborah L. Phillips

*May God bless and strengthen you.*



**6. SICK:** Please remember the sick or injured of our Parish and wider community, especially Margaret Browne, Elsie Brunson, Colleen Byer, Courtney Carrington, Darwin Clarke, Heather Howard-Downes, Alice P. Hall, Jonathan Holder, Marcia Hoyte, Selina Jones, Marlene Moore, Blair Murray, Clyde Outram, Sylvester (Blues) Sargeant, Sheila Sealy, Claudette Sealy, Phyllis Springer, Winifred Trotman, Ernesta Yarde and George Yearwood.





**4. BEREAVEMENT:** We extend sincere condolences to the families of the late:

- Mr. Ivan Hunte (Canada)
- Ms. Ardith T. Young

*May you know the blessedness of those who mourn.*

**5. BALCONY REPAIRS:** The Parochial Church Council, in collaboration with the Barbados Diocesan Trustees, has commenced work on the northern balcony. All efforts will be made to ensure the safety of worshippers while work is in progress. Meantime, everyone is asked to respect the signage. Donations towards this work would be greatly appreciated.

**6. DEACON'S CUPBOARD:** An appeal is being made for your kind donations of food supplies and toiletries for the cupboard. Whatever supplies can be donated would be greatly appreciated and would go a long way in helping those less fortunate.

**7. PASTORAL LEAVE:** Please be informed that The Rev'd Canon George Knight will be on Pastoral leave, until September 1, 2024.

**8. ANNUAL HOLIDAY:** Please be reminded that the Organist/Choir Master and the Choir are on their usual holiday during the month of August 2024. Let us wish them well.

**Daily Book of Common Prayer Readings**  
**August 11-17, 2024 – Proper 14**

<b>Day</b>	<b>Morning Readings</b>	<b>Evening Readings</b>
The Twelfth Sunday After Pentecost	Psalms 66, 67 Judges 11:1-11, 29-40 Mark 4:35-41	Psalms 19, 46 2 Samuel 13:1-22 2 Corinthians 11:21b-31
Monday	Psalms 89:1-18 Judges 12:1-7 John 3:1-21	Psalms 89:19-52 2 Samuel 13:23-39 Acts 5:12-26
Tuesday	Psalms 97, 99, [100] Judges 13:1-15 John 3:22-36	Psalms 94, [95] 2 Samuel 14:1-20 Acts 5:27-42
Wednesday	Psalms 101, 109: 1-4(5-19)20-30 Judges 13:15-24 John 4:1-26	Psalms 119:121-144 2 Samuel 14:21-33 Acts 6:1-15
Saint Mary The Virgin Thursday	Psalms 113, 115 1 Samuel 2:1-10 John 2:1-12	Psalms 45, or 138, 149 Jeremiah 31:1-14 or Zechariah 2:10-13 John 19:23-27 or Acts 1:6-14
Friday	Psalms 102 Judges 14:20— 15:20 John 4:43-54	Psalms 107:1-32 2 Samuel 15:19-37 Acts 7:17-29
Saturday	Psalms 107:33-43, 108:1-6(7-13) Judges 16:1-14, John 5:1-18	Psalms 33 2 Samuel 16:1-23 Acts 7:30-43 Collect for Proper 15

**Sunday August 11, 2024**  
**The Twelfth Sunday after Pentecost: Proper 14**  
**7:00 A.M. Holy Eucharist**  
**President and Preacher:**  
**The Rev'd Stephanie-Ann Wedderburn**

**9:00 A.M. Holy Eucharist**  
**President and Preacher:**  
**The Rev'd Stephanie-Ann Wedderburn**



**Wednesday August 14, 2024**  
**10:00 A.M. The Funeral Eucharist**  
**of the late Ardith Young**  
**(Regular worshippers at the Midweek service**  
**are kindly asked to attend)**



**Sunday August 18, 2024**  
**The Thirteenth Sunday after Pentecost: Proper 15**  
**7:00 A.M. Holy Eucharist**  
**9:00 A.M. Holy Eucharist**



**OFFICERS OF THE CHURCH COUNCIL**  
Church Warden Emeritus  
Mr. Arlington Watson, BSM. J.P.

Church Wardens:  
Mr. Samuel Maxwell, J.P.    Mr. Victor Sylvester  
Secretary: Ms. Donnah Russell  
Assistant Secretary: Mrs. Juno Burrows  
Treasurer: Mr. David Murray

Assistant Treasurer: Ms. Harriet Clarke  
Synod Representatives  
Mr. Darnley King  
Mr. Samuel Maxwell, J. P.  
Ms. Cyrilene Forde  
Alternative Synod Representative  
Ms. Donna Inmiss

## LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Colleen Byer
Church Army:	Captain Donnah Russell
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows
Outreach Committee:	Mrs. Delores Hinds
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Vacant
Guild of St. Raphael:	Mr. Darwin Clarke



### CONTACT US

<http://www.saintmichaelscathedral.bb>

[stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com)

[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)

<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

Address:

St. Michael's Row, Bridgetown

Telephone: 1 (246) 427-0790 (Office)

Monday – Friday: 9:00 A.M. to 5:00 P.M.

Telephone: 1 (246)437-4265 (Dean's Residence)