



**St. Michael's Cathedral**  
Services  
for  
The Second Sunday in Lent: Year C  
Sunday, March 16, 2025  
7:00 A.M. & 9:00 A.M.

*"To be a guiding light of Christ's grace, justice, freedom and love".*

**The Cathedral Church of Saint Michael and  
All Angels**  
*The Diocese of Barbados*

*Diocesan Bishop*

**The Rt. Rev'd Michael B. St. John. Maxwell, M. A.**

*Dean*

**H. E. The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight, B.Min.**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., BMus.**

*Organist*

**Mr. Eric Cobham, B.Sc., BMus.**

*Administrative Assistant*

**Ms. Armel M. Marshall, B.Sc.; Cert SM; Cert HRM**

*Vergers*

**Mrs. Chloe Grant**

# The Second Sunday in Lent: YEAR C

**7:00 A.M. ~ Holy Eucharist**

**President and Preacher:**

**The Rev'd Michael A. R. "Tony" Haynes**

**9:00 A.M. ~ Sung Eucharist**

**President and Preacher:**

**The Rev'd Canon George Knight**

**Lay Eucharistic Minister: Dr. Sherlock Bradshaw**

## **ORDER OF WORSHIP**

### **THE PREPARATION**

Organ Prelude

The Opening **Hymn ~ 110**

All ye who seek for sure relief  
in trouble and distress,  
whatever sorrow vex the mind,  
or guilt the soul oppress.

Jesus, who gave himself for you  
upon the cross to die,  
opens to you his sacred heart;  
O to that heart draw nigh.

Ye hear how kindly he invites;  
ye hear his words so blest;  
'All ye that labour come to me,  
and I will give you rest.'

O Jesus, joy of saints on high,  
thou hope of sinners here,  
attracted by those loving words  
to thee we lift our prayer.

Wash thou our wounds in that dear blood  
which from thy heart doth flow;  
a new and contrite heart on all  
who cry to thee bestow.

*Words: anonymous, from Quicumque certum quaeritis, 18<sup>th</sup> century, Latin;  
translation: Edward Caswall (1814-1878), alt.*

Opening Sentence “**Lent**”

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Be imitators of God as beloved children. And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God. *Ephesians 5:1, 2*

**COLLECT FOR PURITY**

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**ALL:**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.**

**THE KYRIES**

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Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

The Collect: *“The Second Sunday in Lent”*

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Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

## **THE MINISTRY OF THE WORD**

First Lesson: **Genesis 15:1-12, 17-18**

**Lectors: 7:00 A.M. ~ Mr. Victor Gittens**

**9:00 A.M. ~ Mrs. Harriett Blackman**

A reading from the Word of God written in the Book of Genesis, the fifteenth chapter, beginning at the first verse.

The word of the LORD came to Abram in a vision, “Do not be afraid, Abram, I am your shield; your reward shall be very great.” But Abram said, “O Lord GOD, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?” And Abram said, “You have given me no offspring, and so a slave born in my house is to be my heir.” But the word of the LORD came to him, “This man shall not be your heir; no one but your very own issue shall be your heir.” He brought him outside and said, “Look toward heaven and count the stars, if you are able to count

them.” Then he said to him, “So shall your descendants be.” And he believed the LORD; and the LORD reckoned it to him as righteousness.

Then He said to him, “I am the LORD who brought you from Ur of the Chaldeans, to give you this land to possess.” But he said, “O Lord GOD, how am I to know that I shall possess it?” He said to him, “Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtledove, and a young pigeon.” He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two. And when birds of prey came down on the carcasses, Abram drove them away.

As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him.

When the sun had gone down and it was dark, a smoking fire pot and a flaming torch passed between these pieces. On that day the LORD made a covenant with Abram, saying, “To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates.”

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

**Psalm 27 *Dominus illuminatio***

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1 **T**he LORD is my light and my salvation;  
whom then shall I fear? \*  
the LORD is the strength of my life;  
of whom then shall I be afraid?

- 2 When evildoers came upon me to eat up my flesh,  
\* it was they, my foes and my adversaries, who  
stumbled and fell.
- 3 Though an army should encamp against me, \*  
yet my heart shall not be afraid;
- 4 And though war should rise up against me, \*  
yet will I put my trust in him.
- 5 One thing have I asked of the LORD;  
one thing I seek; \*  
that I may dwell in the house of the LORD all the  
days of my life;
- 6 To behold the fair beauty of the LORD \*  
and to seek him in his temple.
- 7 For in the day of trouble he shall keep me safe  
in his shelter; \*  
he shall hide me in the secrecy of his dwelling  
and set me high upon a rock.
- 8 Even now he lifts up my head \*  
above my enemies round about me.
- 9 Therefore I will offer in his dwelling an oblation  
with sounds of great gladness; \*  
I will sing and make music to the LORD.
- 10 Hearken to my voice, O LORD, when I call; \*  
have mercy on me and answer me.
- 11 You speak in my heart and say, "Seek my face." \*  
Your face, LORD, will I seek.
- 12 Hide not your face from me, \*  
nor turn away your servant in displeasure.
- 13 You have been my helper;  
cast me not away; \*  
do not forsake me, O God of my salvation.

- 14 Though my father and my mother forsake me, \*  
the LORD will sustain me.
- 15 Show me your way, O LORD; \*  
lead me on a level path, because of my enemies.
- 16 Deliver me not into the hand of my adversaries, \*  
for false witnesses have risen up against me,  
and also those who speak malice.
- 17 What if I had not believed  
that I should see the goodness of the LORD \*  
in the land of the living!
- 18 O tarry and await the LORD's pleasure;  
be strong, and he shall comfort your heart; \*  
wait patiently for the LORD.

Glory to the Father, and to the Son: and to the Holy  
Spirit; as it was in the beginning, is now, and shall be  
forever. Amen.

Second Lesson: **Philippians 3:17—4:1**

**Lectors: 7:00 A.M. ~ Mr. Victor Small**

**9:00 A.M. ~ Mrs. Margaret Fraser-Morrison**

A reading from the Word of God written in the Letter of Paul to the Philippians, the third chapter, beginning at the seventeenth verse.

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our



citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

### The Gradual **Hymn ~ 509**

Take up thy cross, the Saviour said,  
if thou wouldst my disciple be;  
deny thyself, the world forsake,  
and humbly follow after me.

Take up thy cross! Let not its weight  
fill thy weak spirit with alarm:  
his strength shall bear thy spirit up,  
and brace thy heart, and nerve thine arm

Take up thy cross, nor heed the shame,  
nor let thy foolish pride rebel:  
thy Lord for thee the cross endured,  
to save thy soul from death and hell.

Take up thy cross then in his strength,  
and calmly every danger brave;  
'twill guide thee to a better home,  
and lead to victory o'er the grave.

Take up thy cross, and follow Christ,  
nor think till death to lay it down;  
for only he who bears the cross  
may hope to wear the glorious crown.

To thee, great Lord, the One in Three,  
all praise for evermore ascend:  
O grant us in our home to see  
the heavenly life that knows no end.

*Words: Charles William Everest (1814-1877), alt.*

The Holy Gospel: **Luke 13:31-35**

**Gospellers:**

**7:00 A.M. ~ The Rev'd Michael A. R. "Tony" Haynes**

**9:00 A.M. ~ The Rev'd Canon George Knight**

**GOSPELLER:** The Lord be with you.

**ALL:** **And also with you.**

A Reading from the Holy Gospel according to Luke, the thirteenth chapter, beginning at the thirty-first verse.

**ALL: Glory to Christ Our Saviour.**

Some Pharisees came and said to Jesus, "Get away from here, for Herod wants to kill you." He said to them, "Go and tell that fox for me, 'Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed outside of Jerusalem.' Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together

as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, 'Blessed is the one who comes in the name of the Lord.'"

**GOSPELLER:** The Gospel of Christ.

**ALL: Praise to Christ our Lord.**

**The Sermon:**

**7:00 A.M. ~ The Rev'd Michael A. R. "Tony" Haynes**

**9:00 A.M. ~ The Rev'd Canon George Knight**

**The Nicene Creed**

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We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in Being with the Father.  
Through Him all things were made.  
For us and for our salvation  
He came down from heaven:

by the power of the Holy Spirit  
He was born of the Virgin Mary,  
and became man.

For our sake He was crucified under Pontius Pilate;  
He suffered, died and was buried.  
On the third day He rose again  
in fulfilment of the Scriptures;  
He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.

With the Father and the Son He is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. **Amen.**

## **INTERCESSORY PRAYERS**

**Intercessors: 7:00 A.M. ~ Mrs. Joyanne Blackman-Jarvis**

**9:00 A.M. ~ Ms. Donna Inniss**

Let us pray for the Church and for the world.

God of love, we pray for your church: For Michael, our Diocesan Bishop; for wisdom and discernment in the selection of the next Archbishops of the Church in the Province of the West Indies and for the Province of Canterbury, Church of England; for the Church of the Province of Central Africa; for all lay and ordained ministers; and for all who seek you in the community of the

faithful. Equip us with compassion and love, to carry out your work of reconciliation in the world.

*Silence.*

God of love,

**Hear our prayers for the church.**

God of freedom, we pray for our nation and for the civil parish of St. Thomas during this month of ‘We Gatherin’; and all the nations of the world, specifically Ukraine, Sudan, South Sudan, Palestine, Haiti, and Trinidad and Tobago: For peace and unity across barriers of language, colour, and creed; for elected and appointed leaders, that they would serve the common good. Inspire all people with courage to speak out against hatred, to actively resist evil. Unite the human family in bonds of love.

*Silence.*

God of freedom,

**Hear our prayers for the world.**

God of justice, we pray for the earth, your creation entrusted to our care: For the animals and birds, the mountains and oceans, and all parts of your creation that have no voice of their own. Stir up in us a thirst for justice that protects the earth and all its resources, that we may leave to our children’s children the legacy of beauty and abundance that you have given us.

*Silence.*

God of justice,

**Hear our prayers for the earth.**

God of peace, we pray for the communities of our diocese: especially for the Anglican presence in the civil parish of St. Thomas: the Parish Priests, namely The Rev'd Peter Boxill at Holy Innocents and The Rev'd Audrey Griffith at the Parish Church of St. Thomas. For our local leaders; for our schools and workplaces; for our neighbourhoods and homes. Kindle in every heart a desire for equality, respect, and opportunity for all. Give us courage to strive for justice and peace among all people.

*Silence.*

God of peace,

**Hear our prayers for our communities.**

God of mercy, we pray for all in any kind of need or trouble: For those whose lives are closely linked with ours, especially persons who will be celebrating a birthday this week: namely Antonio Forde, Zida S. Hunte, Lynda Fields, Winston A. Holder, Harriett Blackman; and those connected to us as part of the human family. For refugees and prisoners; for the sick and suffering, the lonely and despairing; for those facing violence; for all held down by prejudice or injustice. Awaken in us compassion and humility of spirit, as we seek and serve Christ in all persons.

*Silence.*

God of mercy,

**Hear our prayers for all who are in need.**

God of grace, we pray for those who have died, especially Mildred Cox-Inniss, Whitfield Jackman, Patricia Sealy and The Rev'd Stephanie-Ann Wedderburn: For the faithful in every generation who have worked for justice; for prophets who called us to racial reconciliation; for martyrs who died because of hatred; and for all the communion of saints. Make us faithful to your call to proclaim your Good News, by word and example, and bring us at last into the glorious company of the saints in light.

*Silence.*

God of grace,

**Hear our prayers for those who have died.**

May Almighty God have mercy on us, grant us courage and conviction, and strengthen us to love others who are unlike us. May God, the Holy and Undivided Trinity, make us compassionate in our actions and courageous in our works, that we may see Christ's Beloved Community in our own day. **Amen.**

**ACT OF PENITENCE**

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**PRESIDENT:**

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just,

and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8,9*)

*A period of silence shall be kept.*

**PRESIDENT:**

Let us therefore confess our sins.

**FORM B**

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**ALL:**

**Most Merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

**THE ABSOLUTION**

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**PRESIDENT:**

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

**ALL: Amen.**

The Greeting of Peace “**B**”

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**PRESIDENT:**



If you are offering your gift at the altar, and there remember that your brother or sister has something against you.

**ALL:**

**Leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift.**

**PRESIDENT:** The peace of the Lord be always with you.

**ALL:** And also with you.

**HYMN OF FELLOWSHIP: “Let there be peace on earth”**

Let there be peace on earth  
And let it begin with me  
Let there be peace on earth  
The peace that was meant to be  
With God our Creator  
Children all are we  
Let us walk with each other  
In perfect harmony.

Let peace begin with me  
Let this be the moment now  
With every step I take  
Let this be my solemn vow  
To take each moment  
And live each moment  
In peace eternally  
Let there be peace on earth  
And let it begin with me.

*Words: Jill Jackson; Melody: Sy Miller (1945)*

## THE MINISTRY OF THE SACRAMENT

### The Offertory Hymn ~ 409

Be thou my vision, O Lord of my heart,  
be all else but naught to me, save that thou art;  
be thou my best thought in the day and the night,  
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,  
be thou ever with me, and I with thee, Lord;  
be thou my great Father, and I thy true son;  
be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight;  
be thou my whole armour, be thou my true might;  
be thou my soul's shelter, be thou my strong tower:  
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise;  
be thou mine inheritance now and always;  
be thou and thou only the first in my heart;  
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,  
O grant me its joys after victory is won;  
great Heart of my own heart, whatever befall,  
still be thou my vision, O Ruler of all.

*Words: from Rob tu mo bhoile, a Comdi cride, c8th century Irish;  
translation : Mary Bryne (1880-1931, versified by Eleanor Hull (1860-1935)*

PRESIDENT AND PEOPLE:

**Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.**

**THE EUCHARISTIC PRAYER**

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PRESIDENT: The Lord be with you.

**ALL: And also with you.**

PRESIDENT: Lift up your hearts.

**ALL: We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

**ALL: It is right to give God thanks and praise.**

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God:

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. (*Go to page 131*)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**ALL:**

**Holy, holy, holy Lord,  
God of power and might;  
heaven and earth are full of your glory,  
Hosanna in the highest!  
Blessed is He who comes  
in the name of the Lord.  
Hosanna in the highest!**

*(Please sit or kneel as able)*

**THE GREAT THANKSGIVING “B”**

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**PRESIDENT:**

Holy and gracious Father,  
all creation rightly gives you praise.  
All life, all holiness, comes from you  
through your Son, Jesus Christ our Lord,  
whom you sent to share our human nature,  
to live and die as one of us, to reconcile us to you,  
the God and Father of all.

We therefore bring you these gifts,  
and we ask you to make them holy  
by the power of your Spirit,  
that they may become the Body and Blood of your Son,

our Saviour Jesus Christ,  
who offered Himself in obedience to your will,  
the Perfect Sacrifice for all mankind.

On the night He was betrayed,  
He took bread,  
and when He had given thanks to you,  
He broke it and gave it to His disciples and said:  
"Take this and eat it:  
This is my Body which is given for you.  
Do this for the remembrance of me."

After supper He took the cup of wine:  
and when He had given thanks,  
He gave it to them and said:  
"Drink this, all of you:  
This is my Blood of the New Covenant,  
Which is shed for you and  
for many for the forgiveness of sins.  
Do this, whenever you drink it,  
For the remembrance of me."

**ALL:**

**When we eat this Bread and drink this Cup, we proclaim  
the death of Christ until He comes again.**

**PRESIDENT:**

Father, calling to mind the death your Son  
endured for our salvation;  
His glorious Resurrection and Ascension;

His continual intercession for us in heaven;  
and looking for His coming again in glory,  
we offer you, in thanksgiving,  
this holy and life-giving sacrifice.

Look with favour on your Church's offering,  
and grant that we who eat and drink these holy gifts  
may be filled with your Holy Spirit  
and become one body in Christ,  
and serve you in unity, constancy and peace.

May He make us a perpetual offering to you and enable us,  
in communion with blessed Mary  
and the whole company of heaven,  
to share in the inheritance of your Saints.

With Him, and in Him, and through Him,  
by the power of the Holy Spirit,  
we worship you, Father Almighty,  
with all who stand before you in earth and heaven  
in songs of everlasting praise:

**ALL:**

**Blessing and honour and glory and power be yours for  
ever and ever. *Amen***

**THE LORD'S PRAYER**

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**PRESIDENT:**

As our Saviour has taught us, so we pray:

**ALL:**

**Our Father in heaven,  
hallowed be your Name;  
your kingdom come;  
your will be done  
on earth as in heaven.**

**Give us today our daily bread,  
Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours now and forever. Amen.**

**THE BREAKING OF THE BREAD “C”**

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**PRESIDENT:**

This is the true bread which comes from heaven.

**ALL:**

**Whoever eats this bread will live forever.**

**THE COMMUNION**

*(All baptized members of the Church, as inspired, may come  
to the altar and receive Holy Communion)*

**The Invitation “Form “C”**

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**PRESIDENT:** Draw near and receive the Body and Blood of  
our Saviour Jesus Christ with faith and thanksgiving.

**ALL:**

**We do not presume to come to this your table, most  
merciful Father, trusting in our own righteousness, but**

only in your boundless mercy. We are not even worthy to gather up the crumbs under your table. But you are the Lord ever the same, ever merciful. Grant therefore, Lord of grace and love, that we may so eat the flesh of your dear Son Jesus Christ and drink His blood, that with bodies and souls made clean from every stain of sin we may evermore dwell in Him, and He in us. *Amen.*

**THE AGNUS DEI**

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**Lamb of God, you take away the sin of the world: have mercy on us.**

**Lamb of God, you take away the sin of the world: have mercy on us.**

**Lamb of God, you take away the sin of the world: grant us peace.**



### **The Administration of Communion/Spiritual Communion**

**The Communion Hymns ~ “My Jesus I Love thee” & 571**

My Jesus I love Thee, I know Thou art mine;  
For Thee all the follies of sin I resign.  
My gracious Redeemer, my Saviour art Thou;  
If ever I loved Thee my Jesus 'tis now.

I love Thee because Thou has first loved me,  
And purchased my pardon on Calvary's tree.  
I love Thee for wearing the thorns on Thy brow;  
If ever I loved Thee my Jesus 'tis now.



I'll love Thee in life, I will love thee in death;  
And praise Thee as long as thou lendest me breath;  
And say, when the death dew lies cold on my brow;  
If ever I loved Thee, my Jesus, 'tis now.

In mansions of glory and endless delight,  
I'll ever adore Thee in heaven so bright;  
I'll sing with the glittering crown on my brow;  
If ever I loved Thee, my Jesus 'tis now.

*William R. Featherstone, 1864*

## **Hymn ~ 571**

And now, O Father, mindful of the love  
that bought us, once for all, on Calvary's tree,  
and having with us him that pleads above,  
we here present, we here spread forth to thee  
that only offering perfect in thine eyes,  
the only true, pure, immortal sacrifice.

Look, Father, look on his anointed face,  
and only look on us as found in him;  
look not on our misusings of thy grace,  
our prayer so languid, and our faith so dim;  
for lo! Between our sins and their reward  
we set the passion of thy Son our Lord.

And then for those, our dearest and our best,  
by this prevailing presence we appeal;  
O fold them closer to thy mercy's breast,  
O do thine utmost for their souls' true weal;  
from tainting mischief keep them white and clear,  
and crown thy gifts with strength to persevere.

And so we come; O draw us to thy feet,  
most patient Saviour, who canst love us still;  
and by this food, so awful and so sweet,  
deliver us from every touch of ill:  
in thine own service make us glad and free,  
and grant us never more to part with thee.

*Words: William Bright (1824-1901)*

**THE POST COMMUNION PRAYER “B”**

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**Eternal God and Heavenly Father,  
we thank you for feeding us,  
with the Body and Blood of your Son Jesus Christ.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you, and all persons in you,  
with gladness and singleness of heart,  
through your Son Jesus Christ our Lord. *Amen***

**THE BLESSING “*Lent*”**

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**PRESIDENT:**

Christ give you grace to grow in holiness, to deny yourselves,  
take up your cross, and follow Him; and the Blessing of God  
Almighty, the Father, the Son and the Holy Spirit, be among  
you and remain with you always. **Amen.**

**WELCOME AND ANNOUNCEMENTS**

The Recessional **Hymn ~ 476**

The King of love my Shepherd is,  
whose goodness faileth never;

I nothing lack if I am his,  
and he is mine for ever.

Where streams of living water flow  
my ransomed soul he leadeth,  
and where the verdant pastures grow  
with food celestial feedeth.

Perverse and foolish oft I strayed,  
but yet in love he sought me,  
and on his shoulder gently laid,  
and home rejoicing brought me.

In death's dark vale I fear no ill  
with thee, dear Lord, beside me;  
thy rod and staff my comfort still,  
thy cross before to guide me.

Thou spread'st a table in my sight;  
thy unction grace bestoweth;  
and O what transport of delight  
from thy pure chalice floweth!

And so through all the length of days  
thy goodness faileth never:  
Good Shepherd, may I sing thy praise  
within thy house for ever.

*Words: Henry Williams Baker (1821-1877)*

PRESIDENT:

Go in peace and serve the Lord.

**ALL**

**In the name of Christ. Amen.**

Organ Postlude

*(Worshippers are invited to sit silently and listen to the voluntary. However, those who wish to leave at this point may do so quietly.)*



## THE SECOND SUNDAY IN LENT

First Reading: Genesis 15:1-12, 17-18

**Comment:** *“The covenant with Abram and his descendants”*

Our Hebrew scripture lesson tells of **the promise of many descendants and of a covenant guaranteeing a homeland which God made with Abraham (who at that time was known as Abram)**. Abram had no children and was planning that one of the slaves born in his house would be his heir. Now he puts his faith in God and is accepted into a right relationship with the Lord. A covenant is then established by means of an ancient custom. Animals are divided in half and, in the form of smoking and flaming symbols, God passes between them.

## Psalm 27

The psalmist expresses great trust and confidence in the Lord and asks always to be in God's presence.

**Second Reading: (The Epistle):** Philippians 3:17—4:1

**Comment:** *“Our citizenship is in heaven, from where we expect a Saviour”*

In this reading **Paul warns of enemies of the cross of Christ and urges the disciples in Philippi to stand firm in the hope of the glory to come.** Previously, Paul has told how he had learned to count all privileges of birth and background as of no value in comparison with faith in Jesus. He asks the Philippians to imitate him, and to be wary of those who glory in material appetites and values, whether religious or otherwise. Christians are to see themselves already as citizens of heaven, expecting Christ to come and to transfigure their present bodies into the form of their Lord's own resplendent existence.

The Holy Gospel: Luke 13:31-35

**Comment:** *“I have desired to gather Jerusalem as a hen gathers her brood”*

In our Gospel, **Jesus is disdainful of King Herod's threat and expresses his determination to fulfil his prophetic destiny in Jerusalem.** Jesus' words emphasize his struggle against the forces of evil and illness and his expectation concerning what will soon happen to him in Jerusalem. He laments over the city, once chosen for God's temple, which has killed so many prophets before him.

## CATHEDRAL NEWS

1. **FINANCIAL STEWARDSHIP:** The ministry, mission and maintenance of the Cathedral is supported primarily by its members' contributions weekly and monthly. However, contributions are appreciated from anyone. An invitation is extended to all visitors and well-wishers to support the financial needs of this sacred place. Please donate to St. Michael's Cathedral, Bridgetown, St. Michael.

Friends and well-wishers may write to [stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com) or call 1 246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael's Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606.

2. **INITIAL OFFERING:** A total of (\$3,221.00) has been received for the Initial Offering. Sincere thanks to all. Members who have not made their offering as yet are asked to do so as soon as possible.

**“Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver.”** (2 Corinthians 9:7)

3. **BICENTENNIAL CELEBRATIONS - CATHEDRAL REVITALIZATION 2024 and BEYOND: Mission – Ministry - Maintenance - Money.**

- I. This campaign aims to revitalize the Cathedral's heritage; to strengthen congregational vitality; and to build the Church for tomorrow. All are invited to get involved and to recommend the programme to others,

especially persons who were nurtured in this sacred place.

II. **DONATION CARDS:** Please note that Cards are still available for members to solicit donations from family, friends and well-wishers to support the Cathedral. Your continued generosity and kind cooperation would be greatly appreciated.

III. **MINISTRY:** Opportunities are available for members to serve the Cathedral as **Lay Eucharistic Ministers** (primarily to administer communion to the Shut-in); **Servers** (to prepare the Sanctuary for worship, maintaining and caring for the sacred vessels, altar linens, and vestments, and assisting the clergy; and **Audio Technicians** (to assist, set up and monitor the sound equipment during services). Interested persons are asked to contact The Dean. Please note that training will be provided for each ministry.



**BIRTHDAYS:** Congratulations to all those celebrating their birthdays this week March 16 to 22, 2025.

18 Mr. Antonio Forde

20 Mrs. Zida S. Hunte

21 Ms. Lynda Fields

Mr. Winston A. Holder

22 Mrs. Harriett Blackman



*May God bless and strengthen you.*



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**SICK:** Please remember the sick or injured of our Parish and wider community, especially Daphne Browne, Margaret Browne, Colleen Byer, Darwin Clarke, Heather Coward-Downes, Alice P. Hall, Martin Haynes, Beverley Hinds, Jonathan Holder, Marcia Hoyte, Selina Jones, Jeffrey Mascoll, Marlene Moore, Blair Murray, Clyde Outram, Sylvester (Blues) Sargeant, Sheila Sealy, Claudette Sealy, Phyllis Springer, Winifred Trotman, The Rt. Rev'd Dr. Sir Wilfred Wood, Basil Worrell, Ernesta Yarde and George Yearwood.

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**BEREAVEMENT:** We extend sincere condolences to the families of the late:



- Mrs. Mildred Cox-Inniss (Shut-in)
- Mr. Whitfield Jackman, brother of Capt. Evelyn Jackman (Roman Catholic)
- Mrs. Patricia Sealy (Shut-in)
- The Rev'd Stephanie-Ann Wedderburn (Assistant Priest)

We thank God for their lives, work, and witness among us.  
**May the bereaved families know the blessedness of those who mourn.**



**THEME FOR THE WEEK**

*“Our fidelity to the Christian life can often involve  
trouble and sorrow.”*



**CATHEDRAL MINISTRIES**

**Today, Sunday, March 16, 2025**

**The Second Sunday in Lent**

**7:00 A.M. ~ Holy Eucharist**

**9:00 A.M. ~ Sung Eucharist**



**Wednesday, March 19, 2025**

**10:00 A.M. ~ Holy Eucharist**



**EPIPHANY WATERS:**

A high point in the Cathedral’s Epiphany Carol Service is the blessing of water, in the font. Epiphany water is a special kind of water. The process involves two exorcisms, making it stronger than other holy waters. This ritual uses salt and water, similar to regular holy water. However, it is accompanied by prayers and actions meant to cast out evil spirits. Epiphany water stands out because it combines basic elements like salt and prayers to cast out all that is evil. The practice of mixing these elements reminds us of life’s everlasting battle between good and evil. At times, the faithful call upon figures like **Caspar, Balthasar, and Melchior** – the three wise men – for their blessing and protection.

It is believed that this type of water holds great power in the Christian tradition. It is a symbolic tool against Satan and a sign of protection. In addition, like other holy water, it is a sign of God's blessing presence among the faithful. People keep it in their homes; use it to sprinkle their homes; or to bless themselves.

Water is always seen in Christian theology as a means of **purification**, and so we ask God to **cleans**e us every time we use holy water. Below is a short prayer that is taken directly from **Psalm 51**, and perfectly summarizes the symbolism found in using holy water to bless ourselves.

*Sprinkle me, O Lord, with hyssop, and I shall be cleansed; wash me, and I shall be made whiter than the snow. Create in me a clean heart, O God, and renew a right spirit within me.*

## **LENTEN PROGRAMME 2025**

1. **Diocesan Study: Were You There When They Crucified My Lord? Our History, Our Trauma, Ourselves: Reading the Psalms and the Parables of Jesus In A Barbadian Context.** This six (6) week study is as follows:

**Week 1: Our Opportunity to Lament, To Cry for Mercy and to Grow:** Psalm 103:13-18; and Luke 18:9-14.

**Week 2: Our History, Our Trauma, Ourselves:** Psalm 44:9-17; and Luke 15:3-10.

**Week 3: Our History, Our Trauma, Ourselves – Eloquent Silence on Intergenerational Trauma in Barbados:** Psalm 44:9-17; and Luke 15:11-32.

**Week 4:** Resisting Normalisation of Traumatic Slavery Imageries: Psalm 139:13-20; and Matthew 25:14-30.

**Week 5: Were You There When They Crucified My Lord? Our Calling to Embody and Proclaim God’s Kingdom:** Psalm 15:1-5; and Matthew 13:3-7, 24-33.

**Week 6: Watchfulness and Cost of Embodying and Proclaiming the Kingdom:** Psalm 119:33-40; Psalm 119:105-112; and Matthew 25:1-13.

Please note that the full booklet is available online. If parishioners have not already received the document, it may be sent to them, upon the submission of their WhatsApp numbers or email addresses to the Cathedral’s Office.

- 2. Cathedral’s Self-Denial Cards:** As was done previously, this year parishioners and friends are invited to participate in an act of self-denial, almsgiving and Bible Study under the theme: “Building The Beloved Community”. The Lenten Readings reflect the theme, “Reparations and the Beloved Community: Justice, Peace and Love”. The Self-Denial Cards which were available from Ash Wednesday, are still available from the Ushers’ desk and the tables in the aisles. Be sure to collect yours today!

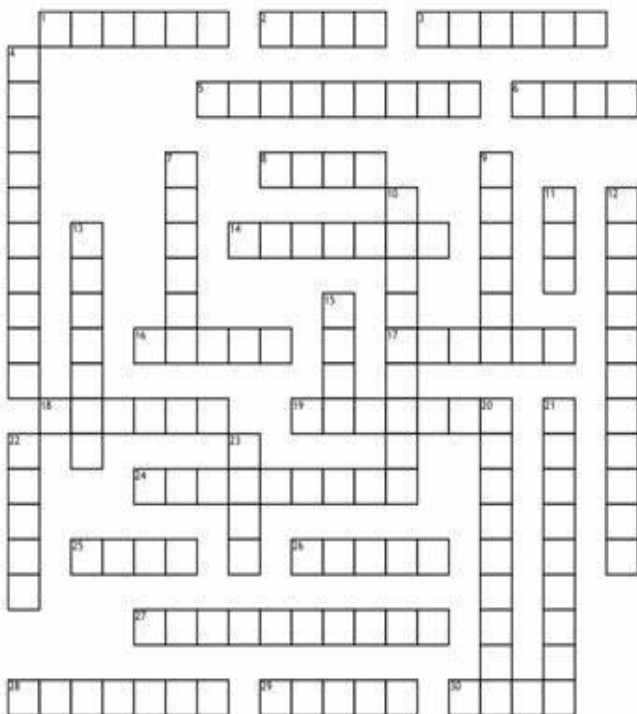


**Daily Book of Common Prayer Readings  
March 16 - 22, 2025**

<b>Day</b>	<b>Morning Readings</b>	<b>Evening Readings</b>
The Second Sunday in Lent	Psalms 24, 29 Jeremiah 1:1-10 1 Corinthians 3:11-23	Psalms 8, 84 Genesis 41:14-45 Mark 3:31—4:9
Monday	Psalms 56, 57, [58] Jeremiah 1:11-19 Romans 1:1-15	Psalms 64, 65 Genesis 41:46-57 John 4:27-42
Tuesday	Psalms 61, 62 Jeremiah 2:1-13 Romans 1:16-25	Psalms 68:1-20 (21- 23) 24-36 Genesis 42:1-17 John 4:43-54
Wednesday	Psalm 132 Isaiah 63:7-16 Matthew 1:18-25	Psalm 34 2 Chronicles 6:12-17 Ephesians 3:14-21
Thursday	Psalms [70], 71 Jeremiah 4:9-10, 19-28 Romans 2:12-24	Psalm 74 Genesis 42:29-38 John 5:19-29
Friday	Psalms 95 (invitatory) & 69:1-23(24-30) 31-18 Jeremiah 5:1-9 Romans 2:25—3:18	Psalm 73 Genesis 43:1-15 John 5:30-47
Saturday	Psalms 75, 76 Jeremiah 5:20-31 Romans 3:19-31	Psalms 23, 27 Genesis 43:16-34 John 7:1-13 <i>Collect for 3 Lent</i>

**NOTES:**

# The bible crossword



**Across**

- 1. Ezekiel 16:47 (9)
- 2. 1 Samuel 18:21 (21)
- 3. Isaiah 37:16 (11)
- 5. Isaiah 65:7 (19)
- 6. Ruth 1:5 (5)
- 8. Job 42:6 (4)
- 14. Isaiah 65:7 (22)
- 16. Titus 3:2 (4)
- 17. Job 42:6 (15)
- 18. Ezra 5:9 (17)

- 19. Jeremiah 1:11 (22)
  - 24. Proverbs 3:25 (7)
  - 25. Amos 2:5 (5)
  - 26. Isaiah 37:33 (15)
  - 27. 1 Esdras 6:29 (35)
  - 28. Judges 9:2 (10)
  - 29. 2 Maccabees 3:1 (19)
  - 30. Jonah 2:2 (23)
- Down**
- 4. Ezekiel 16:47 (16)
  - 7. Ruth 3:2 (7)

- 9. Matthew 5:21 (10)
- 10. Zechariah 1:5 (4)
- 11. Genesis 37:2 (42)
- 12. Daniel 11:30 (14)
- 13. Judges 6:34 (15)
- 15. 2 Maccabees 3:1 (20)
- 20. Sirach 35:10 (15)?
- 21. Isaiah 37:12 (6)
- 22. Ruth 1:1-2 (4)
- 23. Judges 7:19 (16)

## OFFICERS OF THE CHURCH COUNCIL

### Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

### Church Wardens:

Mr. Samuel Maxwell, J. P.                      Mr. Victor Sylvester

**Secretary:** Ms. Donnah Russell, J.P.

Assistant Secretary: Mrs. Juno Burrows

**Treasurer:** Mr. David Murray

Assistant Treasurer: Ms. Harriett Clarke

### Synod Representatives

Ms. Cyrilene P. Forde

Mr. Darnley King

Mr. Samuel Maxwell, J.P.

### Alternative Synod Representative

Ms. Donna Inniss

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## LEADERS OF ORGANISATIONS AND MINISTRIES

<b>Men's Fellowship:</b>	Mr. John Moore
<b>Mothers' Union:</b>	Mrs. Margaret King-Austin
<b>Church Army:</b>	Captain Donnah Russell, J.P.
<b>Woman's Auxiliary:</b>	<b>Vacant</b>
<b>Ushers Guild:</b>	Mrs. Juno Burrows
<b>Guild of Servers:</b>	Mr. Jerry Alleyne
<b>Health Ministry:</b>	Dr. Wendy Sealy
<b>Sunday School:</b>	Mrs. Harriett Blackman
<b>Flower Guild:</b>	Mrs. Shirley Hurley
<b>Guild of St. Raphael:</b>	Mr. Darwin Clarke



### **CONTACT US**

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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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