



**The Sixth Sunday after Pentecost: Year C**  
**Proper 11**  
**July 20, 2025**  
**Services**  
**7:00 A.M. & 9:00 A.M.**

*“To be a guiding light of Christ’s grace, justice, freedom and love”.*

**The Cathedral Church of  
Saint Michael and All Angels  
of Barbados**

*Diocesan Bishop*

**The Right Rev'd Michael Bruce St. J. Maxwell, M.A.**

*Dean*

**The Very Rev'd Dr. Jeffrey D. Gibson**

*Precentor*

**The Rev'd Canon George Knight, B.Min.**

*Organist/Choirmaster*

**Mr. John F. Bryan, B.Sc., BMus.**

*Organist*

**Mr. Eric Cobham, B.Sc., BMus**

*Administrative Assistant*

**Ms. Armel Marshall, B.Sc., Cert SM: Cert HRM**

*Vergers*

**Mrs. Chloe Grant**

*Assistant Vergers*

**Mr. Ezra P. E. Mayers**

**SUNDAY, July 20, 2025**  
**The Sixth Sunday after Pentecost: Proper 11**

**7:00 A.M. & 9:00 A.M.**  
**President and Preacher:**  
**The Very Rev'd Dr. Jeffrey D. Gibson**

**Lay Eucharist Minister: Mrs. Valdine Browne**

**ORDER OF WORSHIP**

Organ Prelude

Welcome

**Introit Hymn 371**

LET all the world in every corner sing,  
my God and King!  
The heavens are not too high,  
his praise may thither fly;  
the earth is not too low,  
his praises there may grow.  
Let all the world in every corner sing,  
my God and King!

Let all the world in every corner sing,  
my God and King!  
The church with psalms must shout,  
no door can keep them out;  
but above all the heart  
must bear the longest part.

Let all the world in every corner sing,  
my God and King!

*Words: George Herbert (1593-1633)*

Opening Sentence “*General*” Page 100

“I was glad when they said to me, let us go to the house of the Lord.” (*Psalm 122:1*)

**THE INVOCATION** Page 101

**PRESIDENT:**

Blessed be God: Father, Son and Holy Spirit.

Alleluia! Alleluia!

**ALL:**

**And blessed be His Kingdom, now and forever. Amen.**

**Alleluia! Alleluia!**

**ALL:**

**Blessed Lord and Father, we have assembled in your name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.**

**COLLECT FOR PURITY** Page 101

**ALL:**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.**

**THE KYRIES**

Page 102

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy**

**GLORIA IN EXCELSIS**

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Glory to God in the highest,  
and peace to His people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One;

you alone are the Lord:

you alone are the Most High,

Jesus Christ, with the Holy Spirit,

in the glory of God the Father. *Amen.*

The Collect:

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***“The Sixth Sunday after Pentecost: Proper 11”***

**PRESIDENT:** The Lord be with you.

**ALL:** **And also with you.**

Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

***(Please sit)***

**First Lesson: Amos 8:1-12**

**Lectors: 7:00 A.M. ~ Mr. Victor Small**

**9:00 A.M. ~ Mrs. Lynette Francis-Thornhill**

A reading from the Word of God written in the Book of Amos, the eighth chapter, beginning at the first verse.

This is what the Lord GOD showed me-- a basket of summer fruit. He said, "Amos, what do you see?" And I said, "A basket of summer fruit." Then the LORD said to me,

"The end has come upon my people Israel;  
I will never again pass them by.  
The songs of the temple shall become wailings  
in that day,"  
says the Lord GOD;  
"the dead bodies shall be many,  
cast out in every place. Be silent!"  
Hear this, you that trample on the needy,  
and bring to ruin the poor of the land,  
saying, "When will the new moon be over  
so that we may sell grain;  
and the sabbath,  
so that we may offer wheat for sale?  
We will make the ephah small and the shekel  
great,  
and practice deceit with false balances,  
buying the poor for silver  
and the needy for a pair of sandals,  
and selling the sweepings of the wheat."  
The LORD has sworn by the pride of Jacob:  
Surely I will never forget any of their deeds.  
Shall not the land tremble on this account,  
and everyone mourn who lives in it,  
and all of it rise like the Nile,  
and be tossed about and sink again, like the  
Nile of Egypt?

On that day, says the Lord GOD,  
I will make the sun go down at noon,  
and darken the earth in broad daylight.  
I will turn your feasts into mourning,  
and all your songs into lamentation;  
I will bring sackcloth on all loins,  
and baldness on every head;  
I will make it like the mourning for an only son,  
and the end of it like a bitter day.  
The time is surely coming, says the Lord GOD,  
when I will send a famine on the land;  
not a famine of bread, or a thirst for water,  
but of hearing the words of the LORD.  
They shall wander from sea to sea,  
and from north to east;  
they shall run to and fro, seeking the word of  
the LORD,  
but they shall not find it.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm 52 *Quid gloriaris?*

Page 534

- 1 You tyrant, why do you boast of wickedness \*  
against the godly all day long?
- 2 You plot ruin;  
your tongue is like a sharpened razor, \*  
O worker of deception.
- 3 You love evil more than good \*  
and lying more than speaking the truth.

- 4 You love all words that hurt, \*  
O you deceitful tongue.
- 5 Oh, that God would demolish you utterly, \*  
topple you, and snatch you from your dwelling,  
and root you out of the land of the living!
- 6 The righteous shall see and tremble, \*  
and they shall laugh at him, saying,
- 7 "This is the one who did not take God for a refuge, \*  
but trusted in great wealth and relied upon  
wickedness."
- 8 But I am like a green olive tree in the house of God; \*  
I trust in the mercy of God for ever and ever.
- 9 I will give you thanks for what you have done \*  
and declare the goodness of your Name in the  
presence of the godly.

Glory be to the Father, and to the Son: and to the Holy Spirit;  
as it was in the beginning, is now: and shall be forever.  
*Amen.*

*(Please sit)*

Second Lesson: **Colossians 1:15-28**

**Lectors: 7:00 A.M. ~ Ms. Deidre Cox**

**9:00 A.M. ~ Mrs. Margaret Fraser-Morrison**

A reading from the Word of God written in the Letter of Paul  
to the Colossians, the first chapter, beginning at the fifteenth  
verse.

Christ Jesus is the image of the invisible God, the firstborn  
of all creation; for in him all things in heaven and on earth

were created, things visible and invisible, whether thrones or dominions or rulers or powers-- all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him-- provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

LECTOR: The Word of the Lord.

ALL:       **Thanks be to God.**

*(Please stand, as able)*

### **The Gradual Hymn ~ 409**

Be thou my vision, O Lord of my heart,  
be all else but naught to me, save that thou art;  
be thou my best thought in the day and the night,  
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,  
be thou ever with me, and I with thee, Lord;  
be thou my great Father, and I thy true son;  
be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight;  
be thou my whole armour, be thou my true might;  
be thou my soul's shelter, be thou my strong tower:  
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise;  
be thou mine inheritance now and always;  
be thou and thou only the first in my heart;  
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,  
O grant me its joys after victory is won;  
great Heart of my own heart, whatever befall,  
still be thou my vision, O Ruler of all.

*Words: from Rob tum o bhoile, a Comdi cride, c8th century Irish;  
translation: Mary Byrne (1880-1931), versified by Eleanor Hull (1860-1935)*

**The Holy Gospel: Luke 10:38-42**

**Gospeller: The Very Rev'd Dr. Jeffrey D. Gibson**

GOSPELLER: The Lord be with you.

**ALL: And also with you.**

A Reading from the Holy Gospel according to Luke, the tenth chapter, beginning at the thirty-eighth verse.

**ALL: Glory to Christ our Saviour.**

As Jesus and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

GOSPELLER: The Gospel of Christ.

**ALL: Praise to Christ our Lord.**

*(Please sit)*

**The Sermon: The Very Rev'd Dr. Jeffrey D. Gibson**

*(Please stand, as able)*

**The Nicene Creed**

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We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in Being with the Father.  
Through Him all things were made.  
For us and for our salvation  
He came down from heaven:

by the power of the Holy Spirit  
He was born of the Virgin Mary,  
and became man.

For our sake He was crucified under Pontius Pilate;  
He suffered, died and was buried.  
On the third day He rose again  
in fulfilment of the Scriptures;  
He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the  
dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son He is worshipped and  
glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. **Amen.**

**AN INTERCESSION Form “D”**

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**Intercessors:**

**7:00 A.M. ~ Mrs. Joyanne Blackman-Jarvis**

**9:00 A.M. ~ Ms. Sharron Lucas-Blackman**

**LEADER:**

Our Heavenly Father has promised through our Lord Jesus Christ to hear us when we pray in faith. Let us therefore pray for the Church and the World, and let us thank God for His goodness.

*Silence may be kept.*

We pray for the Church of God in every place; especially for this diocese, our Bishop Michael, Senior Bishop Philip and for wisdom and discernment in the election of the next Archbishop of the Church in the Province of the West Indies; for Wilfred, retired Bishop of Croydon, for Rufus retired Bishop of this Diocese, and John retired Bishop of Barbados and retired Archbishop of the Church in the Province of the West Indies; in the Anglican Cycle of Prayer, we pray for the United Church of Pakistan; we pray for the Anglican presence in the civil parish of St. Philip as it observes “We Gatherin”, for Trevor, priest at St. Philip Parish Church,

Roslyn at St. Mark and St. Catherine, Angela at Holy Trinity and Desmond at St. Martin; and all the people of God.

**ALL:**

**Strengthen your Church to carry forward the work of Christ; that we and all who confess your Name may unite in truth, live together in your love, and reveal your glory to the world.**

LEADER:

We pray for our country and for all the nations of the world, especially those at war: Russia and Ukraine, and Israel and Palestine; countries where there is civil war: Ethiopia, Myanmar and Sudan; and for all peoples in their various callings.

**ALL:**

**Direct this nation and all the nations in the ways of justice and truth. Give wisdom to all in positions of public trust and authority; that they may promote the prosperity, godliness and peace of your people everywhere.**

LEADER:

We pray for our own community, for this parish: especially those celebrating birthdays this week, namely Franklyn, Amber, Thorill and Coralie; and for couples celebrating an anniversary of marriage, especially Paul and Harriett Blackman on their 40<sup>th</sup> and for our families, friends, and all who live and work with us.

**ALL:**

**Give grace to all our friends and neighbours in Christ, that we may serve Him in one another and grow together in His love.**

LEADER:

We pray for the poor, the sick, the unemployed, people who are disabled; all who have requested our prayers and all who seek the prayers of the Church in their time of trouble.

**ALL:**

**Give healing and strength to all who suffer in body, mind or spirit. Give them courage and hope in their troubles and sustain all those who remember and care for them.**

LEADER:

We commemorate the departed, especially Dean Emeritus Ulric Smith; and those whose anniversary of death falls at this time; help us to rejoice in the knowledge that they live with you now in the fullness of heaven's joy.

**ALL:**

**We commend all people to your unfailing love, that in them your will may be fulfilled; and we rejoice at the faithful witness of your saints in every age, praying that we may share with them in your eternal kingdom.**

*Silence is kept.*

LEADER:

Accept these prayers, O Lord our God, for the sake of your Son, our Saviour Jesus Christ.

**ALL: Amen.**

## **ACT OF PENITENCE**

Page 123

**PRESIDENT:**

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. *(1 John 1:8,9)*

*A period of silence shall be kept.*

**PRESIDENT:**

Let us therefore confess our sins.

## **FORM A**

Page 124

**ALL**

**Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name.**

**ALL: Amen.**

## **THE ABSOLUTION**

Page 124

PRESIDENT:

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

**ALL: Amen.**

## **THE GREETING OF THE PEACE “A”**

Page 124

PRESIDENT:

We are the Body of Christ. By the one Spirit we were all baptised into one Body and have all been made to drink of the one Spirit.

**ALL:**

**Let us then pursue the things that make for peace and build up the common life.**

PRESIDENT:

The peace of the Lord be always with you.

**ALL: And also with you.**

## **HYMN OF FELLOWSHIP**

Let there be peace on earth  
And let it begin with me  
Let there be peace on earth  
The peace that was meant to be  
With God our Creator  
Children all are we  
Let us walk with each other  
In perfect harmony.

Let peace begin with me  
Let this be the moment now  
With every step I take  
Let this be my solemn vow  
To take each moment  
And live each moment  
In peace eternally  
Let there be peace on earth  
And let it begin with me.

*Jill Jackson-Miller and Sy Miller in 1955*

*(Please sit)*

## THE MINISTRY OF THE SACRAMENT

### The Offertory Hymn ~232

MY God, how wonderful thou art,  
thy majesty how bright,  
how beautiful thy mercy-seat,  
in depths of burning light!

How dread are thine eternal years,  
O everlasting Lord,  
by prostrate spirits day and night  
incessantly adored!

How wonderful, how beautiful,  
the sight of thee must be,  
thine endless wisdom, boundless power,  
and awful purity!  
Oh, how I fear thee, Living God,  
with deepest, tenderest fears,

and worship thee with trembling hope,  
and penitential tears!

Yet I may love thee too, O Lord,  
almighty as thou art,  
for thou hast stooped to ask of me  
the love of my poor heart.

No earthly father loves like thee,  
no mother, e'er so mild,  
bears and forbears as thou hast done  
with me thy sinful child.

Father of Jesus, love's reward!  
What rapture will it be,  
prostrate before thy throne to lie,  
and gaze and gaze on thee.

*Words: Frederick William Faber (1514-1863)*

## **THE OFFERTORY PRAYER "B"**

Page 126

**PRESIDENT AND PEOPLE:**

**Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love through the same Christ our Lord. Amen.**

## **THE EUCHARISTIC PRAYER**

Page 126

PRESIDENT: The Lord be with you.

**ALL: And also with you.**

PRESIDENT: Lift up your hearts.

**ALL: We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

**ALL: It is right to give God thanks and praise.**

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: *(Go to page 130)*

**PROPER PREFACE ~ “Of God the Father”** Page 130

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. *(Go to page 131)*

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**ALL:**

**Holy, holy, holy Lord,**

**God of power and might;**

**heaven and earth are full of your glory,**

**Hosanna in the highest!**

**Blessed is He who comes**

**in the name of the Lord.**

**Hosanna in the highest!**

*(Please sit or kneel as able)*

**THE GREAT THANKSGIVING “A”**

Page 131

PRESIDENT:

All Holy and glorious Father,  
our Creator God,  
we give you thanks  
because in your loving wisdom  
you brought all things into being,  
and are truly worthy of praise  
from every creature you have made.  
Again and again  
we have turned away from you;  
yet in every age your steadfast love  
has called us to return,  
to live in union with you:  
for it is your eternal purpose  
to put new life into all things  
and make them holy.

Through your Son, Jesus Christ  
who took our human nature upon Him  
you have redeemed the world  
from the bondage of sin:  
and by the power of your Holy Spirit  
you have gathered a people to yourself,  
to make known in every place  
His perfect offering which He made

to the glory of your Name.

Hear us, therefore, Father,  
through your Son, Jesus Christ our Lord;  
And grant that these gifts of bread and wine  
may be unto us His Body and Blood.

For, on the night He was betrayed  
He took bread,  
and when He had given thanks to you,  
He broke it and gave it to His disciples  
and said: "Take this, and eat it:  
This is my Body which is given for you.  
Do this for the remembrance of me."

And after supper  
He took the cup of wine:  
and when He had given thanks,  
He gave it to them and said:  
"Drink this, all of you:  
This is my Blood of the New Covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."

**PRESIDENT:**

Let us proclaim the mystery of our faith.

**ALL:**

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

PRESIDENT:

And so, Heavenly Father,  
rejoicing in His Holy Incarnation;  
His Blessed Passion and His Perfect Sacrifice  
made once for all upon the Cross;  
His Mighty Resurrection from the dead;  
His Glorious Ascension into heaven;  
and looking for His Coming in glory;  
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of  
praise and thanksgiving;  
and grant that all who eat and drink of the Body and Blood  
of your Son, our great High Priest,  
may be renewed by your Holy Spirit,  
and be one Body, one Spirit, in Him.

Let faith and love increase in us.  
Unite us with all Bishops,  
all other ministers of your Word and Sacraments,  
and with the whole people of God,  
living and departed,  
whom you have made for yourself.

Confirm us in holiness,

that we may be found ready to join the company  
of the Blessed Virgin Mary, the Holy Apostles,  
and all your saints,  
when our Lord Jesus Christ comes again:  
Forever giving you thanks and praise  
through Him for whom all good things do come.

With Him and in Him and through Him,  
by the power of the Holy Spirit,  
we worship you, Father Almighty,  
with all who stand before you in earth and heaven,  
in songs of everlasting praise:

**ALL: Blessing and honour and glory and power be yours  
for ever and ever. *Amen***

## **THE LORD'S PRAYER**

Page 144

**PRESIDENT:**

As our Saviour has taught us, so we pray:

**ALL:**

**Our Father in heaven,**

**hallowed be your Name;**

**your kingdom come;**

**your will be done**

**on earth as in heaven.**

**Give us today our daily bread,**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours now and forever. Amen.**

**THE BREAKING OF THE BREAD “B”**

Page 145

**PRESIDENT:**

God of promise, You have prepared a Banquet for us.

**ALL:**

**Happy are those who are called to the supper of the  
Lamb.**

**THE COMMUNION**

*(All baptised members of the Church, as inspired, may come  
to the altar and receive Holy Communion)*

**The Invitation “Form “A”**

Page 145

**PRESIDENT:**

My brothers and sisters in Christ, draw near and receive His  
Body which He gave for you, and His Blood, which He shed  
for you. Remember that He died for you, and feed on Him in  
your hearts by faith with thanksgiving.

**ALL:**

**Grant gracious Lord that we may so eat the flesh of your  
dear Son, Jesus Christ, and drink His blood, that we may  
evermore dwell in Him and He in us. *Amen.***

**THE AGNUS DEI**

Page 147

**Lamb of God, you take away the sin of the world: have  
mercy on us.**

**Lamb of God, you take away the sin of the world: have**

**mercy on us.**

**Lamb of God, you take away the sin of the world: grant us peace.**



## **The Administration of Communion/Spiritual Communion**

### **The Communion Hymns ~ 256 (Part 1)**

Jesu, the very thought of thee  
with sweetness fills the breast;  
but sweeter far thy face to see,  
and in thy presence rest.

No voice can sing, no heart can frame,  
nor can the memory find,  
a sweeter sound than Jesu's name,  
the Saviour of mankind.

O hope of every contrite heart,  
O joy of all the meek,  
to those who ask how kind thou art,  
how good to those who seek!

But what to those who find? Ah, this  
nor tongue nor pen can show;  
the love of Jesus, what it is  
none but his loved ones know.

Jesu, our only joy be thou,  
as thou our prize wilt be;  
in thee be all our glory now,  
and through eternity.

*Words: anonymous, from Jesu, dulcis memoria, c12th century, Latin;  
translation: Edward Caswall (1814-1878)*

**Hymn ~ 851** (*Each verse is repeated*).

Seek ye first the kingdom of God,  
and his righteousness,  
and all these things shall be added unto you.  
Allelu, alleluia.

Man shall not live by bread alone,  
but by every word  
that proceeds from the mouth of God.  
Allelu, alleluia.

Ask and it shall be given unto you,  
seek and ye shall find;  
knock and the door shall be opened up to you.  
Allelu, alleluia.

*Words: Karen Lafferty (1948-).  
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**THE POST COMMUNION PRAYER “A”**

Page 147

**Almighty Father, we thank you for feeding us with the  
Body and Blood of your Son Jesus Christ. May we who  
share His Body live His risen life; we who drink His cup**

bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your name, through Jesus Christ our Lord. *Amen*

THE BLESSING ~ “*Pentecost*”

Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the Blessing of God Almighty, the Father, the Son and the Holy Spirit, be upon you and remain with you this day and forever more.

**ALL:** *Amen.*

## NOTICES AND ANNOUNCEMENTS

### The Recessional Hymn ~ 384

Praise to the Lord, the Almighty, the King of creation;  
O my soul, praise him, for he is thy health and salvation:  
    all ye who hear,  
    now to his temple draw near,  
    joining in glad adoration.

Praise to the Lord, who o’er all things so wondrously  
    reigneth,  
shieldeth thee gently from harm, or when fainting  
    sustaineth:  
    hast thou not seen  
how thy heart’s wishes have been  
    granted in what he ordaineth?

Praise to the Lord, who doth prosper thy work and defend  
thee;  
surely his goodness and mercy shall daily attend thee.  
ponder anew  
what the Almighty can do,  
if to the end he befriend thee.

Praise to the Lord, O let all that is in me adore him!  
All that hath life and breath, come now with praises before  
him!  
Let the amen  
sound from his people again:  
gladly for aye we adore him.

*Words: Joachim Neander (1650-1680),  
from Lobe den Herren, den mächtigen König der Ehren, German;  
translation: Catherine Winkworth (1827-1878)*



## **The Sixth Sunday after Pentecost: Proper 11**

### **First Reading: Amos 8:1-12**

Comment: “*A famine of hearing God’s words*”

The first lesson is a **judgement on social injustice and religious hypocrisy**. On celebrations like the New Moon and sabbaths, no work was allowed. Yet traders were so full of greed that they only mechanically observed the festivals and could not wait for them to be over so that they might again swindle the poor. Such offenses are also sins against the Lord. There will be earthquake, flood, and the sun’s eclipse. The feasts will become times of mourning, and no-one will be able to find the word of the Lord.

## Psalm 52

The psalmist writes with confidence of God's judgement upon a rich and abusive evildoer.

## Second Reading (The Epistle): Colossians 1:15-28

Comment: "*A hymn to Christ, the firstborn of all creation*"

This lesson exults in **the primacy of Christ, who is the image of the invisible God in whom all things find meaning and coherence.** All the fullness of deity was pleased to dwell in Christ, who provides headship to the living body of the church. In the mystery of God's plan, Gentiles, too, share in the hope of glory. For this ministry to non-Jews Paul has been especially appointed. The sufferings he experiences in his work are a way of filling out the redemptive activity of Christ through his body, the church. The result is that those who once were strangers to God and living in sin may now be reconciled through Christ's sacrifice and grow toward their maturity in his body.

## The Holy Gospel: Luke 10:38-42

Comment: "*Jesus says: Martha, your sister Mary has chosen the better part*"

The Gospel is **the story of Martha and Mary and their different attitudes toward life and the Lord's presence.** Jesus is on his way to Jerusalem and his death. The little narrative focuses on Martha and indicates how good works without a response to the Lord may only lead to anxiety and to missing what is essential.

## CATHEDRAL NEWS

**FINANCIAL STEWARDSHIP:** The ministry, mission and maintenance of the Cathedral is supported primarily by its members' contributions weekly and monthly. However, contributions are appreciated from anyone. An invitation is extended to all visitors and well-wishers to support the financial needs of this sacred place. Please donate to St. Michael's Cathedral, Bridgetown, St. Michael.

Friends and well-wishers may write to [stmichaelcathedral@caribsurf.com](mailto:stmichaelcathedral@caribsurf.com) or call 1 246-427-0790 for more details. Meantime, donations can be made through online payments to St. Michael's Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606.

### **1. BICENTENNIAL CELEBRATIONS - CATHEDRAL REVITALIZATION 2024 and BEYOND: Mission – Ministry - Maintenance - Money.**

- I. This campaign aims to revitalize the Cathedral's heritage; to strengthen congregational vitality; and to build the Church for tomorrow. All are invited to get involved and to recommend the programme to others, especially persons who were nurtured in this sacred place.
  
- II. Further to a recent meeting of the Parochial Church Council, members are asked to consider the following projects in pursuance of our goals. They are as follows:

- 1) Streaming Equipment Foundational Setup - \$35,000.00
- 2) Repairs to the Southern Balcony - \$59,400.00
- 3) Repairs to the Chapter Room - \$12,750.00
- 4) Repairs to five (5) Windows in the Nave - \$17,500.00
- 5) Purchase of a Photocopier - \$18,346.45
- 6) Rentokil Treatment to safeguard the building from the influx of pigeons - \$28,000.00
- 7) Ceiling Light fittings for the Southern Balcony – (\$2,000.00)
- 8) A pair of Processional Torches (\$2,500.00).

Thanks to all who have made donations towards this appeal. We expect to begin work on the windows very soon.



***Congratulations to all those persons celebrating birthdays  
this week ~ July 20 to 26, 2025***

20 Mr. Franklyn Archer

21 Ms. Amber Proute

25 Mr. Thorill O. Martin

26 Ms. Coralie Sandiford



*May God bless and strengthen you.*



CONGRATULATIONS!

***Wedding Anniversary:*** Heartiest congratulations to Mr. Paul and Mrs. Harriett Blackman on their 40<sup>th</sup> anniversary of marriage, on July 20, 1985 in the Cathedral.

Congratulations also to Mr. Ian and Mrs. Mary Weekes on the occasion of their 31<sup>st</sup> anniversary of marriage. They were married in the Cathedral on July 23, 1994.



***Recognizing an Outstanding Achievement:*** The Cathedral family joins the UWI Cave Hill Campus in congratulating Dr. Wendy Sealy on being named a 2025 Fellow of the American Academy of Nursing. Dr. Sealy, a Lecturer in Nursing and Programme Coordinator of the Master of Science in Nursing and the Post Graduate Diploma in Pediatric Nursing Programmes in the Faculty of Medical Sciences, Cave Hill Campus, was selected from among the Academy's 2025 Class of Fellows. The fellows were chosen

from a historically high number of applicants, representing the continued influence nurses have in ensuring innovative, evidence-informed solutions that champion health and well-being in their systems and communities. This recognition was announced in a press release on June 18, 2025, in Washington, D.C. Dr. Sealy joins a highly accomplished cohort of nurse leaders from 42 states, the District of Columbia, and 12 countries. The Academy acknowledges that she is the first nursing professional from Barbados to be accepted and that Barbados is the only Caribbean country to have a nurse recognised this year. The fellows will contribute to the Academy's mission of improving health and achieving health equity through nursing leadership, innovation, and science. The induction ceremony will take place on Saturday, October 18, 2025, in Washington, D.C., celebrating nursing's transformational efforts to improve global health. Congratulations on your success!



**SICK:** Please remember the sick or injured of our Parish and wider community, especially Daphne Browne, Margaret Browne, Colleen Byer, Darwin Clarke, Heather Coward-Downes, The Most Rev'd Drexel Gomez, Alice P. Hall, Martin Haynes, Beverley Hinds, Jonathan Holder, Marcia Hoyte, Selina Jones, Judy King, Marlene Moore, Blair Murray, Clyde Outram, Sylvester (Blues) Sargeant, Sheila Sealy, Claudette Sealy, Phyllis Springer, Winifred Trotman,

Arlington Watson, The Rt. Rev'd Dr. Sir Wilfred Wood, Basil Worrell, and Ernesta Yarde.



**BEREAVEMENT:** We extend sincere condolences to the family of the late:



- Dean Emeritus Ulric Smith, St. George's Cathedral, St. Vincent and the Grenadines, the Diocese of the Windward Islands.

We thank God for his life, work, and witness among us.

**May the bereaved family know the blessedness of those who mourn.**



***THEME FOR THE WEEK***

*“The life of faith brings with it many experiences and attitudes not understood by the world.”*



**Sunday, July 20, 2025**

**The Sixth Sunday after Pentecost: Proper 11 – Year C**

**7:00 A.M. ~ Holy Eucharist**

**9:00 A.M. ~ Sung Eucharist**



**Wednesday, July 23, 2025**  
**10:00 A.M. ~ Holy Eucharist**



**Sunday, July 27, 2025**  
**The Seventh Sunday after Pentecost: Proper 12 –**  
**Year C**

**7:00 A.M. ~ Holy Eucharist**  
**9:00 A.M. ~ Sung Eucharist**



### **DIOCESAN NEWS**

**ORDINATION:** Ms. ReShan White (All Saints), Mr. Denis Maynard (St. Matthew) and Mr. Stevenson Sobers (St. Augustine) will be ordained to the Diaconate on the Feast of St. James, July 25, 2025, at 7:00 P.M. at St. James Parish Church. Your prayers are requested.



**FLOWERS:** Sincere thanks to Mr. Franklyn Archer, who has contributed flowers for his 80<sup>th</sup> birthday today and Mr. Paul Blackman and Mrs. Harriett Blackman, who contributed flowers in commemoration of their anniversary today.

**Daily Book of Common Prayer Readings  
July 20 to July 26, 2025**

<b>Day</b>	<b>Morning Readings</b>	<b>Evening Readings</b>
The Sixth Sunday after Pentecost: <i>Proper 11</i>	Psalms 63:1-8(9-11); 98 1 Samuel 23:7-18 Romans 11:33—12:2	Psalm 103 Joshua 6:15-27 Matthew 25:14-30
Monday	Psalms 41, 52 1 Samuel 24:1-22 Acts 13:44-52	Psalm 44 Joshua 7:1-13 Mark 4:1-20
Tuesday	Psalm 116 Zephaniah 3:14-20 Mark 15:47—16:7	Psalms 30, 149 Exodus 15:19-21 2 Corinthians 1:3-7
Wednesday	Psalm 119:49-72 1 Samuel 25:23-44 Acts 14:19-28	Psalms 49, [53] Joshua 8:30-35 Mark 4:35-41
Thursday	Psalm 50 1 Samuel 28:3-20 Acts 15:1-11	Psalms [59,60] or 66, 67 Joshua 9:3-21 Mark 5:1-20
Friday	Psalm 34 Jeremiah 16:14-21 Mark 1:14-20	Psalm 33 Jeremiah 26:1-15 Matthew 10:16-32
Saturday	Psalm 55 2 Samuel 1:1-16 Acts 15:22-35	Psalms 138; 139:1- 17(18-23) Joshua 23:1-16 Mark 6:1-13 <i>Collect for Proper 12</i>

## OFFICERS OF THE CHURCH COUNCIL

### Church Warden Emeritus

Mr. Arlington DaCosta Watson, BSM, J.P.

### Church Wardens:

Ms. Deidre Cox      Mr. Victor Sylvester

**Secretary:** Ms. Donnah Russell, J.P.

Assistant Secretary: Mrs. Juno Burrows

**Treasurer:** Mr. David Murray

Assistant Treasurer: Ms. Harriett Clarke

### Synod Representatives

Ms. Cyrilene P. Forde

Mr. Darnley King

Mr. Samuel Maxwell, J.P.

### Alternative Synod Representative

Ms. Donna Inniss



## LEADERS OF ORGANISATIONS

### AND MINISTRIES

<b>Men's Fellowship:</b>	Mr. John Moore
<b>Mothers' Union:</b>	Mrs. Margaret King-Austin
<b>Church Army:</b>	Captain Donnah Russell, J.P.
<b>Woman's Auxiliary:</b>	<b>Vacant</b>
<b>Ushers Guild:</b>	Mrs. Juno Burrows
<b>Guild of Servers:</b>	Mr. Jerry Alleyne
<b>Health Ministry:</b>	Dr. Wendy Sealy
<b>Sunday School:</b>	Mrs. Harriett Blackman
<b>Flower Guild:</b>	Mrs. Shirley Hurley
<b>Guild of St. Raphael:</b>	Mr. Darwin Clarke



### **CONTACT US**

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<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

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