

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

**The Holy Eucharist
on the**

**The Fourth Sunday after Pentecost
and Father's Day**

**June 21, 2026
7:00 a.m. and 9:00 a.m.**



"To be a guiding light of Christ's grace, justice, freedom and love"

**The Cathedral Church of
Saint Michael and
All Angels
The Diocese of Barbados**

Diocesan Bishop

The Rt. Rev'd Michael B. St. John Maxwell, M. A.

Dean

His Excellency The Very Rev'd Dr. Jeffrey D. Gibson

Assistant Curate

The Rev'd Re-shan A. White, B.A.

Hon. Assistant Curate

The Rev'd Richard O. Alleyne, J.P., B.A., M.Sc.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., B.Mus.

Organist

Mr. Eric Cobham, B.Sc., B.Mus.

Administrative Assistant

Ms. Armel M. Marshall, J.P., B.Sc.

Verger

Mrs. Chloe Grant

Assistant Verger

Mr. Ezra P. Mayers

Sunday, June 21, 2026
The Fourth Sunday after Pentecost and Father's Day

YEAR A

7:00 a.m. ~ Holy Eucharist

9:00 a.m. ~ Sung Eucharist

President: The Rev'd Re-shan A. White

Preacher: The Rev'd Richard O. Alleyne, J.P.

Lay Eucharistic Minister: Mrs. Valdine Browne



ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Introit Hymn ~ 193

Rejoice! The Lord is King,
Your Lord and King adore;
mortals, give thanks and sing,
and triumph evermore:
lift up your heart, lift up your voice;
rejoice, again I say, rejoice.

Jesus, the Saviour, reigns,
the God of truth and love;
when he had purged our stains,
he took his seat above:

lift up your heart, lift up your voice;
rejoice, again I say, rejoice.

His Kingdom cannot fail;
he rules o'er earth and heaven;
the keys of death and hell
are to our Jesus given:
lift up your heart, lift up your voice;
rejoice, again I say, rejoice.

He sits at God's right hand
till all his foes submit,
and bow to his command,
and fall beneath his feet:
lift up your heart, lift up your voice;
rejoice, again I say, rejoice.

Words: Charles Wesley (1707-1788)

Opening Sentence **“Pentecost”**

Page 99

When the Spirit comes, whom I shall send to you from the Father, even the Spirit of truth, who proceeds from the Father, He will bear witness to me; and you also are witnesses, because you have been with me from the beginning. (*John 15:26, 27*)

THE INVOCATION

Page 101

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever.

Amen. Alleluia! Alleluia!

ALL:

Blessed Lord and Father, we have assembled in your Name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. *Amen.*

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. *Amen.*

THE KYRIE

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

Page 102

Glory to God in the highest,
and peace to His people on earth.
Lord God, heavenly King,

almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. *Amen.*

The Collect: Proper 7

Page 174

“The Fourth Sunday after Pentecost”

PRESIDENT: The Lord be with you.

ALL: And also with you.

Let us pray,

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: Genesis 21:8-21

Lectors: 7:00 a.m. ~ Ms. Harriett Godding

9:00 a.m. ~ Mr. Stephen White

A reading from the Word of God, written in the Book of Genesis, the twenty-first chapter, beginning at the eighth verse.

The child grew, and was weaned; and Abraham made a great feast on the day that Isaac was weaned. But Sarah saw the son of Hagar the Egyptian, whom she had borne to Abraham, playing with her son Isaac. So she said to Abraham, “Cast out this slave woman with her son; for the son of this slave woman shall not inherit along with my son Isaac.” The matter was very distressing to Abraham on account of his son. But God said to Abraham, “Do not be distressed because of the boy and because of your slave woman; whatever Sarah says to you, do as she tells you, for it is through Isaac that offspring shall be named for you. As for the son of the slave woman, I will make a nation of him also, because he is your offspring.” So Abraham rose early in the morning, and took bread and a skin of water, and gave it to Hagar, putting it on her shoulder, along with the child, and sent her away. And she departed, and wandered about in the wilderness of Beer-sheba.

When the water in the skin was gone, she cast the child under one of the bushes. Then she went and sat down opposite him a good way off, about the distance of a bowshot; for she said, “Do not let me look on the death of the child.” And as she sat opposite him, she lifted up her voice and wept. And God heard the voice of the boy; and the angel of God called to Hagar from heaven, and said to her, “What troubles you, Hagar? Do not be afraid; for God has heard the voice of the boy where he is. Come, lift up the boy and hold him fast with your hand, for I

will make a great nation of him.” Then God opened her eyes and she saw a well of water. She went, and filled the skin with water, and gave the boy a drink.

God was with the boy, and he grew up; he lived in the wilderness, and became an expert with the bow. He lived in the wilderness of Paran; and his mother got a wife for him from the land of Egypt.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

Psalm **86:1-10, 16-17** *Inclina, Domine* Page 580

- 1 Bow down your ear, O LORD, and answer me, *
for I am poor and in misery.
- 2 Keep watch over my life, for I am faithful; *
save your servant who puts his trust in you.
- 3 Be merciful to me, O LORD, for you are my God; *
I call upon you all the day long.
- 4 Gladden the soul of your servant, *
for to you, O LORD, I lift up my soul.
- 5 For you, O LORD, are good and forgiving, *
and great is your love toward all who call upon
you.
- 6 Give ear, O LORD, to my prayer, *
and attend to the voice of my supplications.
- 7 In the time of my trouble I will call upon you, *
for you will answer me.
- 8 Among the gods there is none like you, O LORD, *
nor anything like your works.

9 All nations you have made will come and worship
you, O LORD, *
and glorify your Name.

10 For you are great;
you do wondrous things; *
and you alone are God.

16 Turn to me and have mercy upon me; *
give your strength to your servant;
and save the child of your handmaid.

17 Show me a sign of your favor,
so that those who hate me may see it and be ashamed; *
because you, O LORD, have helped me and comforted
me.

**Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and shall be for ever.
*Amen.***

Second Lesson: Romans 6:1b-11

Lectors: **7:00 a.m. ~ Ms. Merlene Barrow**

9:00 a.m. ~ Mr. Darnley King

A reading from the Word of God written in Paul's Letter to the Romans, the sixth chapter, beginning at the first verse.

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptised into Christ Jesus were baptised into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

The Gradual Hymn 509

Take up thy cross, the Saviour said,
if thou wouldst my disciple be;
deny thyself, the world forsake,
and humbly follow after me.

Take up thy cross! Let not its weight
fill thy weak spirit with alarm:
his strength shall bear thy spirit up,
and brace thy heart, and nerve thine arm.

Take up thy cross, nor heed the shame,
nor let thy foolish pride rebel:
thy Lord for thee the cross endured,
to save thy soul from death and hell.

Take up thy cross then in his strength,
and calmly every danger brave;

'twill guide thee to a better home,
and lead to victory o'er the grave.

Take up thy cross, and follow Christ,
nor think till death to lay it down;
for only he who bears the cross
may hope to wear the glorious crown.

To thee, great Lord, the One in Three,
all praise for evermore ascend:
O grant us in our home to see
the heavenly life that knows no end.

Words: Charles William Everest (1814-1877), alt.

The Holy Gospel: Matthew 10:24-39

GOSPELLER: The Rev'd Richard O. Alleyne, J.P.

GOSPELLER: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to Matthew, the tenth chapter, beginning at the twenty-fourth verse.

ALL: Glory to Christ our Saviour.

Jesus said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

"So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what

you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

“Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

“Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,
and a daughter against her mother,
and a daughter-in-law against her mother-in-law;
and one’s foes will be members of one’s own
household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: The Rev’d Richard O. Alleyne, J.P.

(Please stand, as able)

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.
For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right
hand of the Father
He will come again in glory to judge
the living and the dead,
and His kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son

He is worshipped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.

We acknowledge one baptism
for the forgiveness of sins.

We look for the resurrection of the dead
and the life of the world to come. *Amen.*

INTERCESSORY PRAYERS

Intercessors: 7:00 a.m. ~ Mrs. Joyanne Blackman-Jarvis
9:00 a.m. ~ Mr. Samuel Maxwell, J.P.

Intercession: **Form “H”**

Page 120

The President: The Bidding – Lord, we pray for your Church.
As we thank you for the gift of Pentecost so we pray that,
renewed by the Spirit’s life, we would do Christ’s work in our
world.

LEADER:

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be
united in your truth, live together in your love, and reveal your
glory in the world.

Silence

LEADER: Lord, in your mercy,

ALL: **Hear our prayer.**

LEADER:

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER:

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER:

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as He loves us.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER:

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER:

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

PRESIDENT:

Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name; through Jesus Christ our Lord. **Amen.**

ACT OF PENITENCE

Page 123

DEACON:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8,9*)

(A period of silence shall be kept).

DEACON:

Let us therefore confess our sins.

FORM A

ALL:

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed,

and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

THE ABSOLUTION

Page 124

PRESIDENT:

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.
Amen.

(Please stand as able)

THE GREETING OF PEACE

Page 124

FORM A

PRESIDENT:

We are the Body of Christ. By the one Spirit we were all baptised into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

PRESIDENT:

The Peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP: Hymn ~ 296 *(During the singing of this hymn, worshippers are encouraged, as inspired, to share tangible expressions such as a handshake, etc.)*



There's a sweet, sweet Spirit in this place,
and I know that it's the Spirit of the Lord.
There are sweet expressions on each face,
and I know they feel the presence of the Lord.

Refrain:

*Sweet Holy Spirit, sweet Heavenly Dove,
stay right here with us,
filling us with your love.
And for these blessings,
we lift our hearts in praise,
without a doubt we'll know
that we have been revived
when we shall leave this place.*

There are blessings you cannot receive
till you know him in his fullness, and believe.
You're the one to profit when you say,
'I am going to walk with Jesus all the way.'

Refrain

*Words: Doris Akers (1923-1995).
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THE MINISTRY OF THE SACRAMENT

The Offertory Hymn ~ 168

Come, ye faithful, raise the anthem,
cleave the skies with shouts of praise;
sing to him who found the ransom,

ancient of eternal days,
God of God, the Word Incarnate,
whom the heaven of heaven obeys.

Ere he raised the lofty mountains,
formed the seas, or built the sky,
love eternal, free, and boundless,
moved the Lord of Life to die,
fore-ordained the Prince of princes
for the throne of Calvary.

There, for us and our redemption,
see him all his life-blood pour!
There he wins our full salvation,
dies that we may die no more;
then, arising, lives for ever,
reigning where he was before.

High on yon celestial mountains
stands his gem-built throne, all bright,
midst unending alleluias
bursting from the sons of light;
Sion's people tell his praises,
victor after hard-won fight.

Bring your harps, and bring your odours,
sweep the string and pour the lay;
let the earth proclaim his wonders,
King of that celestial day;
he the Lamb once slain is worthy,
who was dead, and lives for aye.

Laud and honour to the Father,
laud and honour to the Son,

laud and honour to the Spirit,
ever Three and ever One,
consubstantial, co-eternal,
while unending ages run.

*Words: Job Hupton (1762-1849), from The Gospel Magazine, 1805;
paraphrase: John Mason Neale (1818-1866)*

THE OFFERTORY PRAYER “B”

Page 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. *Amen.*

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*go to page 128*)

Through Jesus Christ our Lord. In fulfilment of His true promise, the Holy Spirit came down (on this day) from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations. (*go to page 131*)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

(Please sit or kneel)

THE GREAT THANKSGIVING “A”

Page 131

PRESIDENT:

All Holy and glorious Father,
Our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.

Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things
and make them holy.

Through your Son, Jesus Christ
Who took our human nature upon Him
you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

And after supper
He took the cup of wine:
and when He had given thanks,

He gave it to them and said:
“Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

PRESIDENT:
Let us proclaim the mystery of our faith.

ALL:
Christ has died.
Christ is risen.
Christ will come again.

PRESIDENT:
And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and Blood, of
your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.

Let faith and love increase in us.
Unite us with all Bishops,

all other ministers of your Word and Sacraments,
and with the whole people of God, living and departed,
whom you have made for yourself.

Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,
when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.

With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

ALL:
Blessing and honour and glory and power
Be yours for ever and ever. *Amen.*

THE LORD'S PRAYER

Page 144

PRESIDENT:
As our Saviour has taught us, so we pray:

ALL:
Our Father in heaven,
hallowed be your Name;
your kingdom come;
your will be done
on earth as in heaven.
Give us today our daily bread,
Forgive us our sins

**as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours now and forever. *Amen.***

THE BREAKING OF THE BREAD

Page 145

PRESIDENT:

We break this bread to share in the body of Christ.

ALL:

**Though we are many, we are one body, because we all share
in one bread.**

THE COMMUNION

The Invitation “A”

DEACON:

My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

ALL:

**Grant gracious Lord, that we so eat the flesh of your dear
Son, Jesus Christ, and drink His blood, that we may
evermore dwell in Him and He in us. *Amen***

THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

Lamb of God, you take away the sin of the world:

grant us peace.



The Administration of Communion/Spiritual Communion

Communion Hymns ~ 671 & 412

My God, accept my heart this day,
and make it always thine,
that I from thee no more may stray,
no more from thee decline.

Before the cross of him who died,
behold, I prostrate fall;
let every sin be crucified,
and Christ be all in all.

Anoint me with thy heavenly grace,
and seal me for thine own;
that I may see thy glorious face,
and worship near thy throne.

Let every thought and work and word
to thee be ever given:
then life shall be thy service, Lord,
and death the gate of heaven.

All glory to the Father be,
all glory to the Son,
all glory, Holy Ghost, to thee,
while endless ages run.

Words: Matthew Bridges (1800-1894)

Hymn ~ 412 (*Worshippers who desire a blessing for their birthday or wedding anniversary may come to the altar during the singing of this hymn.*)

Faith of our fathers! Living still
in spite of dungeon, fire, and sword:
O how our hearts beat high with joy,
when-e'er we hear that glorious word:

Refrain:

*Faith of our fathers, holy faith!
We will be true to thee till death.*

Faith of our fathers! Faith and praise
shall win all nations unto thee;
and through the truth that comes from God,
mankind shall then in deed be free.

Refrain

Faith of our fathers! We will love
both friend and foe in all our strife:
and preach thee, too, as love knows how,
by kindly deeds and virtuous life.

Refrain

Words: Frederick W. Faber (1814-1863), alt.

THE POST COMMUNION “A”

Page 147

ALL:

Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to

others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. *Amen.*

THE BLESSING “Pentecost”

Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the Blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. *Amen.*

Welcome and Announcements

The Recessional Hymn ~ 550

I danced in the morning
when the world was begun,
and I danced in the moon
and the stars and the sun,
and I came down from heaven
and I danced on the earth,
at Bethlehem
I had my birth

Refrain:

*Dance, then, wherever you may be,
I am the Lord of the Dance, said he,
and I'll lead you all, wherever you may be,
and I'll lead you all in the Dance, said he.*

I danced for the scribe
and the Pharisee,

but they would not dance
and they wouldn't follow me;
I danced for the fishermen,
for James and John -
they came with me
and the Dance went on:

Refrain

I danced on the Sabbath
and I cured the lame:
the holy people
said it was a shame.
They whipped and they stripped
and they hung me on high,
and they left me there
on a cross to die:

Refrain

I danced on a Friday
when the sky turned black -
it's hard to dance
with the devil on your back.
They buried my body
and they thought I'd gone;
but I am the Dance,
and I still go on:

Refrain

They cut me down
and I leapt up high;
I am the life

that'll never, never die;
I'll live in you
if you'll live in me -
I am the Lord
of the Dance, said he.

Refrain

Words: Sydney Carter (1915-2004)
Words ©1963 Stainer & Bell Ltd.

THE DISMISSAL

DEACON: Go in peace and serve the Lord.

ALL: In the name of Christ. *Amen.*

Organ Postlude (*Worshippers are invited to sit silently to listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.



THE THIRD SUNDAY AFTER PENTECOST YEAR A

First Reading: Genesis 21:8-21

Comment: “Sarah’s jealousy”

This reading tells of Sarah’s jealousy as she fears that Ishmael may supplant her son Isaac in her husband Abraham’s affection. As our narrative unfolds, we are reminded that Abraham had grown weary waiting for God to fulfill the promise made and had taken matters into his own hands, having a son through his wife’s slave, Hagar the

Egyptian. Hagar and Ishmael are driven into the wilderness where, but for God's intervention, they would likely have died. God will provide for Ishmael, and Ishmael will also become the father of a great nation.

Psalm 86:1-10, 16-17

A prayer to the gracious and loving Lord for mercy and guidance.

Second Reading: (The Epistle) Romans 6:1b-11

Comment: *“Buried and raised with Christ by baptism”*

In this reading we learn that, as Christian disciples have been joined with Christ in his death through baptism, so they are to know a resurrection like his. In union with Christ we have died to our sinful selves and have begun to experience a new way of life. In one sense, Paul recognises, our freedom from death still awaits us in the future. Yet, in another sense, we already know what it means to be alive to God in Jesus Christ and to realise the true meaning of life.

The Holy Gospel: Matthew

Comment: *“The cost of discipleship”*

In our gospel, **Jesus warns his disciples of troubles to come, but offers them the assurance of the Father's care and his own readiness to support them before God when they speak up for him.** Because they are Jesus' disciples, people will do to them what they did to him. There will be persecution and divided families, but disciples are not to be afraid. They are to love Jesus more than father or mother, son or daughter, and to be willing to lose their own lives for Christ's sake. Those who live in this way will actually find their true lives, and God will hold them fast.

CATHEDRAL NEWS

Financial Stewardship: Donations can be made through online payments to St. Michael's Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606.

- Streaming Equipment Foundational Setup - \$35,000.00
- Repairs to the Southern Balcony - \$59,400.00
- Repairs to the Chapter Room - \$12,750.00
- Repairs to the Roof - \$20,000.00

“Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver.” (2 Corinthians 9:7)



THEME FOR THE WEEK

"No matter how mysterious are God's ways with us, Jesus Christ has acquitted us all, driving out our fears by faith."



NOTICE:

The Dean, The Very Rev'd Dr. Jeffrey D. Gibson is currently serving as Acting President of Barbados. He took the Oaths of Allegiance and of Office on Wednesday, June 10 and will serve until Sunday, June 28, 2026, during the absence from Office of His Excellency the Most Honourable Jeffrey D. Bostic, President of Barbados. The Rev'd Erma I. Ambrose, Rector of St. Paul's, will serve as Priest-in-Charge of the Cathedral Parish. Rev'd Ambrose will be assisted by Church Wardens Ms. Deidre Cox and Mr. Victor Sylvester; and Assistant Curate

the Rev'd Re-shan A. White, as well as Hon. Assistant Curate the Rev'd Richard O. Alleyne, J.P. Please contact Ms. Armel Marshall, J.P., Administrative Assistant at the Cathedral Office, Monday to Friday, between 9:00 a.m. and 4:00 p.m. to address administrative needs.



BIRTHDAYS: Congratulations to all those persons who are celebrating birthdays this week ~ June 21 to 27, 2026.

22 Mrs. Hazeldean Alleyne Daniels

23 Mrs. Paula Agbowu

Mr. Darnley DaC. King

Mr. Trevor King

Ms. June I. M. Stuart

25 Ms. Esme Knights

26 Mrs. Kimberley C. M. Austin

Mrs. Edlyn P. Harewood

Ms. Jennifer E. Ifill



May God bless and strengthen you.



Congratulation and Happy Wedding Anniversary to Mr. Edward Morrison and Mrs. Margaret Fraser-Morrison, as they celebrate thirty-seven (37) years of marriage on Wednesday, June 24, 2026.





SICK: Please remember the sick or injured of our Parish and wider community, especially Daphne Browne, Margaret Browne, Darwin Clarke, Heather Coward-Downes, Sheila Forde, Alice P. Hall, Martin Haynes, Beverley Hinds, Marcia Hoyte, Selina Jones, Judy King, Helena Lyte, Marcia Oxley, Sheila Sealy, Claudette Sealy, Eleanor Small, Phyllis Springer, Winifred Trotman, Henderson R. Williams, The Rt. Rev'd Dr. Sir Wilfred Wood, Basil Worrell, and Ernesta Yarde.



Bereavement: We extend sincere condolences to the family of the late:



Ms. Velda Lowe, of #29 Primrose Avenue, Cane Garden, St. Thomas. She was a patient of the Geriatric Hospital, Beckles Road, St. Michael, when she died on Saturday, May 30, 2026. She was the sister of Ms. Harriet Lowe, former Assistant Verger of this Cathedral.



Flowers: The flowers are offered today by the Crichlow family in memory of The Very Rev'd Harold E. Crichlow, who died on June 22, 2025.



Today, Sunday, June 21, 2026
The Fourth Sunday after Pentecost-Year A
7:00 a.m. ~ Holy Eucharist
9:00 a.m. ~ Sung Eucharist



Wednesday, June 24, 2026
The Feast of St. John the Baptist
10:00 a.m. ~ Worship, Reflection and Sacrament
Topic: Who is looking after our health? The role of
community, family and our personal responsibility.”
Guest Speaker: The Rev’d Greta Went-Yearwood



Daily Book of Common Prayer Readings
June 21 to 27, 2026

Day	Morning Readings	Evening Readings
The Fourth Sunday after Pentecost:	Psalms 66, 67 Numbers 14:26-45 Luke 12:49-56	Psalms 19, 46 1 Samuel 4:12-22 Acts 15:1-12
Monday	Psalm 89:1-18 Numbers 16:1-19 Matthew 19:13-22	Psalm 89:19-52 1 Samuel 5:1-12 Romans 3:21-31
Tuesday	Psalms 97, 99 [100] Numbers 16:20-35 Romans 4:1-12 Matthew 19:23-30	Eve of the Nativity of Saint John the Baptist Psalm 103 Ecclesiasticus 48:1-11 Luke 1:5-23 <i>Collect of the Nativity of Saint John the Baptist</i>
Wednesday	Psalms 82, 98 Malachi 3:1-5 John 3:22-30	Psalm 80 Malachi 4:1-6 Matthew 11:2-19
Thursday	Psalm 105:1-22 Numbers 17:1-11 Matthew 20:17-28	Psalm 105:23-45 1 Samuel 9:1-14 Romans 5:1-11
Friday	Psalm 102 Numbers 20:14-29 Matthew 20:29-34	Psalm 107:1-32 1 Samuel 9:1-14 Romans 5:12-21
Saturday	Psalms 107:33-43, 108:1-6(7-13) Numbers 20:14-29 Matthew 21:1-11	Psalm 33 1 Samuel 9:15—10:1 Romans 6:1-11 <i>Collect for Proper 8</i>

Name: _____ Date: _____

HAPPY
FATHER'S
DAY



Father's Day!

LOVE
YOU
DAD

BABY
BEARD
BRAVE
CARD
CARING
CELEBRATION
CHILDREN
CLEVER
COACH
CONFIDANT
COOL
DAD
DAUGHTER
DEVOTED
FAMILY
FATHERLY
FRIEND
FUN
GENEROUS
GIFT
GIVING
GRANDFATHER
GUIDE
HANDYMAN
HAPPY
HARDWORKING
HELP
HERO
HOLIDAY
HUG
INSPIRATION
JOKE
KIDS
KIND
LAUGHTER
LEADER
LISTENS
LOVING
MENTOR
MUSTACHE
PAPA
PARENT
PARTY
PATIENT
PLAYFUL
PROTECTIVE
PROVIDER

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PUN
RELIABLE
SILLY
SMART
SMILE
SNUGGLES
SON
SPECIAL
STRONG

SUPER
SUPPORTIVE
TEACHER
TEENAGER
TIE
TODDLER
TRUST
UNDERSTANDING
WISE



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OFFICERS OF THE CHURCH COUNCIL

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Assistant Secretary: Mrs. Juno Burrows, J.P.

Treasurer: Mr. David Murray

Assistant Secretary: Ms. Harriet Clarke

Synod Representatives

Mr. Darnley King, J.P.

Mr. Samuel Maxwell, J.P.

Dr. Michael A. Sabazan

Alternative Synod Representative

Ms. Donna Inniss



LEADERS OF ORGANISATIONS AND MINISTRIES

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Mothers' Union:	Mrs. Margaret King-Austin
Church Army:	Captain Donnah Russell, J.P.
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows, J.P.
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Mrs. Shirley Hurley
Guild of St. Raphael	Mr. Darwin Clarke



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