

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

**The Holy Eucharist
on the**

The Seventh Sunday after Pentecost

**July 12, 2026
7:00 a.m. and 9:00 a.m.**



“To be a guiding light of Christ’s grace, justice, freedom and love”

**The Cathedral Church of
Saint Michael and
All Angels
*The Diocese of Barbados***

Diocesan Bishop

The Rt. Rev'd Michael B. St. John Maxwell, M. A.

Dean

His Excellency The Very Rev'd Dr. Jeffrey D. Gibson

Assistant Curate

The Rev'd Re-shan A. White, B.A.

Hon. Assistant Curate

The Rev'd Richard O. Alleyne, J.P., B.A., M.Sc.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., B.Mus.

Organist

Mr. Eric Cobham, B.Sc., B.Mus.

Administrative Assistant

Ms. Armel M. Marshall, J.P., B.Sc., Cert. SM., Cert. HRM.

Verger

Mrs. Chloe Grant

Assistant Verger

Mr. Ezra P. Mayers

Sunday, July 12, 2026
The Seventh Sunday after Pentecost: YEAR A
7:00 a.m. ~ Holy Eucharist
9:00 a.m. ~ Sung Eucharist
President: The Rev'd Re-shan A. White
Preacher: The Rev'd Richard O. Alleyne, J.P.
Lay Eucharistic Minister: Mrs. Valdine Browne



ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Introit Hymn ~ 382

Come, let us join our cheerful songs
with angels round the throne;
ten thousand thousand are their tongues,
but all their joys are one.

‘Worthy the Lamb that died,’ they cry,
‘to be exalted thus;’
‘Worthy the Lamb,’ our lips reply,
‘for he was slain for us.’

Jesus is worthy to receive
honour and power divine;

and blessings, more than we can give,
be, Lord, for ever thine.

Let all creation join in one
to bless the sacred name
of him that sits upon the throne,
and to adore the Lamb.

*Words: Isaac Watts (1674-1748),
alt. as in Hymns Ancient and Modern, Revised, 1950*

Opening Sentence **“Pentecost”** Page 99
When the Spirit comes, whom I shall send to you from the
Father, even the Spirit of truth, who proceeds from the Father,
He will bear witness to me; and you also are witnesses, because
you have been with me from the beginning. (*John 15:26, 27*)

THE INVOCATION Page 101

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever.

Amen. Alleluia! Alleluia!

ALL:

**Blessed Lord and Father, we have assembled in your Name
and in fellowship with one another. Enable us by your
grace to offer the sacrifice of praise and thanksgiving; to
proclaim and respond to your holy word. Teach us to pray
for your world and your Church. Grant that we, confessing
our sins, may worthily offer to you our souls and bodies as
a living sacrifice and eat and drink of your spiritual food in
this Holy Sacrament. *Amen.***

COLLECT FOR PURITY

Page 101

ALL:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. *Amen.*

THE KYRIE

Page 102

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

Page 102

Glory to God in the highest,
and peace to His people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One;

you alone are the Lord:
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. *Amen.*

The Collect: Proper 10

Page 175

“The Seventh Sunday after Pentecost”

PRESIDENT: The Lord be with you.

ALL: **And also with you.**

Let us pray,

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: Genesis 25:19-34

**Lectors: 7:00 a.m. ~ Mr. Victor Small, Men’s Fellowship
9:00 a.m. ~ Mrs. Valdine Browne**

A reading from the Word of God, written in the Book of Genesis, the twenty-fifth chapter, beginning at the nineteenth verse.

These are the descendants of Isaac, Abraham’s son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to

the LORD for his wife, because she was barren; and the LORD granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the LORD. And the LORD said to her,

"Two nations are in your womb,
and two peoples born of you shall be divided;
the one shall be stronger than the other,
the elder shall serve the younger."

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

- 105 Your word is a lantern to my feet *
and a light upon my path.
- 106 I have sworn and am determined *
to keep your righteous judgments.
- 107 I am deeply troubled; *
preserve my life, O LORD, according to your
word.
- 108 Accept, O LORD, the willing tribute of my lips, *
and teach me your judgments.
- 109 My life is always in my hand, *
yet I do not forget your law.
- 110 The wicked have set a trap for me, *
but I have not strayed from your commandments.
- 111 Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.
- 112 I have applied my heart to fulfill your statutes *
for ever and to the end.

**Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and shall be for ever.
*Amen.***

Second Lesson: Romans 8:1-11

Lectors: 7:00 a.m. ~ Mr. Remech Matthias

9:00 a.m. ~ Ms. Margaret Aimey

A reading from the Word of God written in Paul's Letter to the Romans, the eighth chapter, beginning at the first verse.

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the

law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

The Gradual Hymn ~ 397

Lord, thy word abideth,
and our footsteps guideth;
who its truth believeth
light and joy receiveth.

When our foes are near us,
then thy word doth cheer us,

word of consolation,
message of salvation.

When the storms are o'er us,
and dark clouds before us,
then its light directeth,
and our way protecteth.

Who can tell the pleasure,
who recount the treasure
by thy word imparted
to the simple-hearted?

Word of mercy, giving
succour to the living;
word of life, supplying
comfort to the dying!

O that we discerning
its most holy learning,
Lord, may love and fear thee,
evermore be near thee.

Words: Henry Williams Baker (1821-1877)

The Holy Gospel: Matthew 13:1-9, 18-23

GOSPELLER: The Rev'd Richard O. Alleyne, J.P.

GOSPELLER: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to Matthew, the
thirteenth chapter, beginning at the first verse.

ALL: Glory to Christ our Saviour.

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: The Rev'd Richard O. Alleyne, J.P.

(Please stand, as able)

The Nicene Creed

Page 104

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.

Through Him all things were made.

For us and for our salvation

He came down from heaven:

by the power of the Holy Spirit

He was born of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate;

He suffered, died and was buried.

On the third day He rose again

in fulfilment of the Scriptures;

He ascended into heaven

and is seated at the right

hand of the Father

He will come again in glory to judge

the living and the dead,

and His kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
He is worshipped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead
and the life of the world to come. *Amen.*

INTERCESSORY PRAYERS

Intercessors: 7:00 a.m. ~ Ms. Shernelle O’Neale

9:00 a.m. ~ Mrs. Margaret King-Austin

Intercession: **Form “H”**

Page 120

The President: The Bidding – Lord, we pray for your Church.
As we thank you for the gift of Pentecost so we pray that,
renewed by the Spirit’s life, we would do Christ’s work in our
world.

LEADER:

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be
united in your truth, live together in your love, and reveal your
glory in the world.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

Silence

LEADER:

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER:

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER:

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as He loves us.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER:

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

LEADER:

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

LEADER: Lord, in your mercy,

ALL: Hear our prayer.

PRESIDENT:

Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name; through Jesus Christ our Lord. **Amen.**

ACT OF PENITENCE

Page 123

DEACON:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8,9*)

(A period of silence shall be kept).

DEACON:

Let us therefore confess our sins.

FORM A

ALL:

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen.*

THE ABSOLUTION

Page 124

PRESIDENT:

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

(Please stand as able)

THE GREETING OF PEACE

Page 124

FORM A

PRESIDENT:

We are the Body of Christ. By the one Spirit we were all baptised into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

PRESIDENT:

The Peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP: Hymn ~ 296 *(During the singing of this hymn, worshippers are encouraged, as inspired, to share tangible expressions such as a handshake, etc.)*



There's a sweet, sweet Spirit in this place,
and I know that it's the Spirit of the Lord.
There are sweet expressions on each face,
and I know they feel the presence of the Lord.

Refrain:

*Sweet Holy Spirit, sweet Heavenly Dove,
stay right here with us,
filling us with your love.
And for these blessings,
we lift our hearts in praise,
without a doubt we'll know
that we have been revived
when we shall leave this place.*

There are blessings you cannot receive
till you know him in his fullness, and believe.
You're the one to profit when you say,
'I am going to walk with Jesus all the way.'

Refrain

*Words: Doris Akers (1923-1995).
Words © 1962. Renewed 1990 by Manna Music Inc. All Rights Reserved.
Used by Permission. (ASCAP).*

THE MINISTRY OF THE SACRAMENT

The Offertory Hymn ~ 370

King of glory, King of peace,
I will love thee;
and, that love may never cease,
I will move thee.
Thou hast granted my request,
thou hast heard me;
thou didst note my working breast,
thou hast spared me.

Wherefore with my utmost art
I will sing thee,
and the cream of all my heart
I will bring thee.
Though my sins against me cried,
thou didst clear me,
and alone, when they replied,
thou didst hear me.

Seven whole days, not one in seven,
I will praise thee;
in my heart, though not in heaven,
I can raise thee.
Small it is, in this poor sort
to enrol thee:
e'en eternity's too short
to extol thee.

Words: George Herbert (1593-1633)

THE OFFERTORY PRAYER “B”

Page 126

PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. *Amen.*

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*go to page 128*)

Through Jesus Christ our Lord. In fulfilment of His true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations. (*go to page 131*)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

(Please sit or kneel)

THE GREAT THANKSGIVING “A”

Page 131

PRESIDENT:

All Holy and glorious Father,
Our Creator God,
we give you thanks
because in your loving wisdom
you brought all things into being,
and are truly worthy of praise
from every creature you have made.

Again and again
we have turned away from you;
yet in every age your steadfast love
has called us to return,
to live in union with you:
for it is your eternal purpose
to put new life into all things
and make them holy.

Through your Son, Jesus Christ
Who took our human nature upon Him
you have redeemed the world
from the bondage of sin:
and by the power of your Holy Spirit
you have gathered a people to yourself,
to make known in every place
His perfect offering which He made
to the glory of your Name.

Hear us, therefore, Father,
through your Son, Jesus Christ our Lord;
And grant that these gifts of bread and wine
may be unto us His Body and Blood.

For, on the night He was betrayed
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples
and said: "Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

And after supper
He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

PRESIDENT:

Let us proclaim the mystery of our faith.

ALL:

Christ has died.

Christ is risen.

Christ will come again.

PRESIDENT:

And so, Heavenly Father,
rejoicing in His Holy Incarnation;
His Blessed Passion and His Perfect Sacrifice
made once for all upon the Cross;
His Mighty Resurrection from the dead;
His Glorious Ascension into heaven;
and looking for His Coming in glory;
we offer to you this Bread and this Cup.

We pray that you will accept this sacrifice of
praise and thanksgiving;
and grant that all who eat and drink of the Body and Blood, of
your Son, our great High Priest,
may be renewed by your Holy Spirit,
and be one Body, one Spirit, in Him.

Let faith and love increase in us.
Unite us with all Bishops,
all other ministers of your Word and Sacraments,
and with the whole people of God, living and departed,
whom you have made for yourself.

Confirm us in holiness,
that we may be found ready to join the company
of the Blessed Virgin Mary, the Holy Apostles,
and all your saints,

when our Lord Jesus Christ comes again:
Forever giving you thanks and praise
through Him from whom all good things do come.
With Him and in Him and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven,
in songs of everlasting praise:

ALL:

**Blessing and honour and glory and power
Be yours for ever and ever. *Amen.***

THE LORD'S PRAYER

Page 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come;
your will be done
on earth as in heaven.**

Give us today our daily bread,

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours now and forever. *Amen.*

THE BREAKING OF THE BREAD

Page 145

PRESIDENT:

We break this bread to share in the body of Christ.

ALL:

Though we are many, we are one body, because we all share in one bread.

THE COMMUNION

The Invitation “A”

DEACON:

My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

ALL:

Grant gracious Lord, that we so eat the flesh of your dear Son, Jesus Christ, and drink His blood, that we may evermore dwell in Him and He in us. *Amen*

THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



The Administration of Communion/Spiritual Communion

Communion Hymns ~ 266 & 497

Breathe on me, breath of God,
fill me with life anew,
that I may love what thou dost love,
and do what thou wouldst do.

Breathe on me, breath of God,
until my heart is pure,
until with thee I will one will,
to do and to endure.

Breathe on me, breath of God,
till I am wholly thine,
until this earthly part of me
glows with thy fire divine.

Breathe on me, breath of God,
so shall I never die,
but live with thee the perfect life
of thine eternity.

Words: Edwin Hatch (1835-1889)

Hymn ~ 497 *(Worshippers who desire a blessing for their birthday or wedding anniversary may come to the altar during the singing of this hymn.)*

Blessèd assurance, Jesus is mine:
O what a foretaste of glory divine!
Heir of salvation, purchase of God;
born of his Spirit, washed in his blood.

Refrain:

***This is my story, this is my song,
praising my Saviour all the day long;
this is my story, this is my song,
praising my Saviour all the day long.***

Perfect submission, perfect delight,
visions of rapture burst on my sight;
angels descending, bring from above
echoes of mercy, whispers of love.

Refrain

Perfect submission, all is at rest,
I in my Saviour am happy and blest;
watching and waiting, looking above,
filled with his goodness, lost in his love.

Refrain

Words: Fanny J Crosby (Frances van Alstyne) (1820-1915)

THE POST COMMUNION “A”

Page 147

ALL:

Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. *Amen.*

THE BLESSING “*Pentecost*”

Page 151

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the Blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. *Amen.*

Welcome and Announcements

The Recessional Hymn ~ 387

To God be the glory! Great things he hath done;
so loved he the world that he gave us his Son;
who yielded his life an atonement for sin,
and opened the life Gate that all may go in.

Refrain:

*Praise the Lord, praise the Lord!
Let the earth hear his voice;
praise the Lord, praise the Lord!
Let the people rejoice:
O come to the Father,
through Jesus the Son
and give him the glory;
great things he hath done!*

O perfect redemption, the purchase of blood!
To every believer the promise of God;
the vilest offender who truly believes,
that moment from Jesus a pardon receives.

Refrain

Great things he hath taught us, great things he hath done,
and great our rejoicing through Jesus the Son;

but purer and higher, and greater will be
our wonder, our rapture, when Jesus we see.

Refrain

Words: Fanny J. Crosby (Frances van Alstyne (1820-1915))

THE DISMISSAL

DEACON: Go in peace and serve the Lord.

ALL: In the name of Christ. *Amen.*

Organ Postlude (*Worshippers are invited to sit silently to listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.



**THE SIXTH SUNDAY AFTER PENTECOST
YEAR A**

First Reading: Genesis 25:19-34

Comment: “Esau birthright”

Esau and Jacob are born to Isaac and Rebekah, but it is the second and younger twin who makes himself first, upsetting the established cultural pattern of primogeniture. God’s purposes are fulfilled with the untidy and compromised patterns of human interaction. Jacob deceives his brother Esau, who, driven by his appetites, loses his birthright.

Psalm 119:105-112

Even in times of hardship, the psalmist is committed to following the statutes and precepts of the Lord.

Second Reading: (The Epistle) Romans 8:1-11

Comment: *“Live according to the Spirit”*

In this lesson, **Paul draws a sharp contrast between the mind set on the flesh, and the mind set on the Spirit.** The person oriented only towards this temporal world with its rewards and pleasures can neither keep the law nor please God. Only through the grace of God in Christ can a fundamental reorientation toward God’s Spirit occur. When God’s Spirit quickens faith there is no longer any condemnation, for the Spirit that raised Jesus from the dead now indwells those so animated.

The Holy Gospel: Matthew 13, 1-9, 18-23

Comment: *“The parable of the sower and the seed”*

Our gospel is **Jesus’ parable of the sower, together with its interpretation.** The story by itself may once have been used to stress how surprisingly fruitful God’s power can be, quite apart from human expectations or control. With its explanation the parable was used as an allegory by early Christians to help them understand the missionary situation of the church. Because of the work of the devil and human weakness and sin, the word they preached did not always produce. But, in the right circumstances, its fruit could be anywhere from substantial to amazing.

CATHEDRAL NEWS

Financial Stewardship: Donations can be made through online payments to St. Michael’s Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606.

- Streaming Equipment Foundational Setup - \$35,000.00
- Repairs to the Southern Balcony - \$59,400.00

- Repairs to the Chapter Room - \$12,750.00
- Repairs to the Roof - \$20,000.00

“Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver.” (2 Corinthians 9:7)



THEME FOR THE WEEK

“Our hearing of the Word of the Lord sows the seed of life in us, so that we can walk in the Spirit.”



BIRTHDAYS: Congratulations to all those persons who are celebrating birthdays this week ~ July 12 to 18, 2026.

10 Master David O’Neale (omitted from last Sunday’s Bulletin)

12 Victor E, Cobham

17 Ms. Yvonne C. Clarke

Mr. David R. I. Sealy



May God bless and strengthen you.





SICK: Please remember the sick or injured of our parish and wider community, especially Daphne Browne, Margaret Browne, Darwin Clarke, Heather Coward-Downes, Sheila Forde, Alice P. Hall, Martin Haynes, Beverley Hinds, Marcia Hoyte, Selina Jones, Judy King, Helena Lyte, Marcia Oxley, Sheila Sealy, Claudette Sealy, Eleanor Small, Phyllis Springer, Winifred Trotman, Henderson R. Williams, The Rt. Rev'd Dr. Sir Wilfred Wood, Basil Worrell, and Ernesta Yarde.



Bereavement: We extend sincere condolences to the families of the late:

- Ms. Velda Y. Lowe, of #29 Primrose Avenue, Cane Garden, St. Thomas. She was the sister of Ms. Harriet Lowe, former Assistant Verger of this Cathedral. Her funeral will take place on Tuesday, July 21, 2026 at 10:00 a.m. in the Cathedral, followed by the Interment in the Wesbury Cemetery.
- Mr. Theophilus Forde, regular worshipper at the Cathedral's Wednesday service and Sundays 7:00 a.m., formerly of Lovell's Road, Massiah Street, St. John, died at the Queen Elizabeth Hospital on Saturday, June 20, 2026. His burial will take place at St. John Parish Church at a later date.
- Mr. Peter Thompson, son of Mrs. Cecile Thompson who attends the Wednesday service and Evensong. His funeral will take place on Wednesday, July 15, 2026 at 10:00 a.m at the Sanctuary Empowerment Center, Country Road,



St. Michael, followed by the Interment in the Westbury Cemetery.

- Condolences to The Very Rev'd William Dixon and family on the occasion of the death of his sister Mrs. Marjorie Doreen Forde, who died in England on Monday June 29, 2026.

May the bereaved families know the blessedness of those who mourn.



Today, Sunday, July 12, 2026
The Seventh Sunday after Pentecost-Year A
7:00 a.m. ~ Holy Eucharist
9:00 a.m. ~ Sung Eucharist



Wednesday, July 15, 2026
10:00 a.m. ~ Holy Eucharist
The Feast of St. Swithun, Bishop of Winchester



SERMON NOTES

Text:.....

.....

Topic:.....

.....

Preacher:.....

Points to ponder:

.....

.....

.....

.....

What was God saying specifically to me during the sermon?

.....

.....

.....

.....

.....

.....

.....

Daily Book of Common Prayer Readings July 12 to 18, 2026		
Day	Morning Readings	Evening Readings
The Seventh Sunday after Pentecost:	Psalms 148, 149, 150 Joshua 1:1-18 Mark 1:21-27	Psalms 114, 115 1 Samuel 17:50—18:4 Acts 21:3-15
Monday	Psalm 25 Joshua 2:1-14 Matthew 25:1-13	Psalms 9, 15 1 Samuel 18:5-16, 27b-30 Romans 11:1-12
Tuesday	Psalms 26, 28 Joshua 2:15-24 Matthew 25:14-30	Psalms 36, 39 1 Samuel 19:1-18 Romans 11:13-24
Wednesday	Psalm 38 Joshua 3:1-13 Matthew 25:31-46	Psalm 119:25-48 1 Samuel 20:1-23 Romans 11:25-36
Thursday	Psalm 37:1-18 Joshua 3:14—4:7 Matthew 26:1-16	Psalm 37:19-42 1 Samuel 20:24-42 Romans 12:1-8
Friday	Psalm 31 Joshua 4:19—5:1, 10-15 Matthew 26:17-25	Psalm 35 1 Samuel 21:1-15 Romans 12:9-21
Saturday	Psalms 30, 32 Joshua 6:1-14 Matthew 26:26-35	Psalms 42, 43 1 Samuel 22:1-23 Romans 13:1-7 <i>Collect for Proper 11</i>

OFFICERS OF THE CHURCH COUNCIL

Church Wardens:

Ms. Deidre Cox. Mr. Victor Sylvester

Secretary: Ms. Donnah Russell, J.P.

Assistant Secretary: Mrs. Juno Burrows, J.P.

Treasurer: Mr. David Murray

Assistant Secretary: Ms. Harriet Clarke

Synod Representatives

Mr. Darnley King, J.P.

Mr. Samuel Maxwell, J.P.

Dr. Michael A. Sabazan

Alternative Synod Representative

Ms. Donna Inniss



LEADERS OF ORGANISATIONS AND MINISTRIES

Men's Fellowship:	Mr. John Moore
Mothers' Union:	Mrs. Margaret King-Austin
Church Army:	Captain Donnah Russell, J.P.
Woman's Auxiliary:	Vacant
Ushers Guild:	Mrs. Juno Burrows, J.P.
Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Mrs. Shirley Hurley
Guild of St. Raphael	Mr. Darwin Clarke



CONTACT US

<http://www.saintmichaelscathedral.bb>
stmichaelcathedral@caribsurf.com

[Facebook.com/saintmichaelscathedral](https://www.facebook.com/saintmichaelscathedral)
<http://www.youtube.com/c/SaintMichaelsCathedralBarbados>

Address:

St. Michael's Row, Bridgetown

Office Hours:

Monday – Friday: 9:00 a.m. to 4:30 p.m.

Telephone: 1 (246) 427-0790 (Office)

Telephone: 1 (246) 437-4265 (Dean's Residence)