

**The Cathedral Church of
Saint Michael and All Angels**

welcomes you to the celebration of

**The Holy Eucharist
on the**

The Tenth Sunday after Pentecost

**August 2, 2026
7:00 a.m. and 9:00 a.m.**



“To be a guiding light of Christ’s grace, justice, freedom and love”

**The Cathedral Church of
Saint Michael and
All Angels
*The Diocese of Barbados***

Diocesan Bishop

The Rt. Rev'd Michael B. St. John Maxwell, M. A.

Dean

The Very Rev'd Dr. Jeffrey D. Gibson

Assistant Curate

The Rev'd Re-shan A. White, B.A.

Hon. Assistant Curate

The Rev'd Richard O. Alleyne, J.P., B.A., M.Sc.

Organist/Choirmaster

Mr. John F. Bryan, B.Sc., B.Mus.

Organist

Mr. Eric Cobham, B.Sc., B.Mus.

Administrative Assistant

Ms. Armel M. Marshall, J.P., B.Sc., Cert. SM., Cert. HRM.

Verger

Mrs. Chloe Grant

Assistant Verger

Mr. Ezra P. Mayers

Sunday, August 2, 2026
The Tenth Sunday after Pentecost: YEAR A
7:00 a.m. and 9:00 a.m. ~ Holy Eucharist
President and Preacher:
The Very Rev'd Dr. Jeffrey D. Gibson
Deacon: The Rev'd Richard O. Alleyne, J.P.

Lay Eucharistic Minister: Mrs. Valdine Browne



ORDER OF WORSHIP

THE PREPARATION

Organ Prelude

Welcome

Introit Hymn ~ 413

Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty,
hold me with thy powerful hand:
bread of heaven,
feed me now and evermore.

Open now the crystal fountain
whence the healing stream doth flow;
let the fiery cloudy pillar
lead me all my journey through:
strong deliverer,
be thou still my strength and shield.

When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs and praises
I will ever give to thee.

*Words: William Williams (1717-1791), from Arglwydd arwain trwy'r anialwch, Welsh,
alt.; translation: William Williams (1717-1791),
and Peter Williams (1722-1796)*

Opening Sentence **“General”** Page 100
Gracious is the Lord and righteous; our God is full of
compassion. (*Psalm 116:4*)

THE INVOCATION Page 101

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.
Alleluia! Alleluia!

**ALL: And blessed be His Kingdom, now and forever.
Amen. Alleluia! Alleluia!**

COLLECT FOR PURITY Page 101

ALL:

**Almighty God, to you all hearts are open, all desires known,
and from you no secrets are hid: cleanse the thoughts of
our hearts by the inspiration of your Holy Spirit, that we
may perfectly love you, and worthily magnify your Holy
Name, through Christ our Lord. *Amen.***

Hymn of Praise ~ 30

O day of rest and gladness,
O day of joy and light,

O balm of care and sadness,
most beautiful, most bright;
on thee, the high and lowly,
before the Eternal Throne,
sing holy, holy, holy,
to the great Three in One.

On thee, at the creation,
the light first had its birth;
on thee for our salvation,
Christ rose from depths of earth;
on thee our Lord victorious
the Spirit sent from heaven;
and thus on thee most glorious
a triple light was given.

Thou art a cooling fountain
in life's dry dreary sand;
from thee, like Pisgah's mountain,
we view our promised land;
a day of sweet refection,
a day of holy love,
a day of resurrection
from earth to things above.

Today on weary nations
the heavenly Manna falls;
to holy convocations
the silver trumpet calls,
where Gospel-light is glowing
with pure and radiant beams,
and living water flowing
with soul-refreshing streams.

New graces ever gaining
from this our day of rest,
we reach the rest remaining
to spirits of the blest;
to Holy Ghost be praises,
to Father, and to Son;
the church her voice upraises
to thee, blest Three in One.

Words: Christopher Wordsworth (1807-1885)

The Collect: Proper 13

Page 176

“The Tenth Sunday after Pentecost”

PRESIDENT: The Lord be with you.

ALL: And also with you.

Let us pray,

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

(Please sit)

THE MINISTRY OF THE WORD

First Lesson: Genesis 32:22-31

Lectors: 7:00 a.m. ~ Mr. Paul Blackman

9:00 a.m. ~ Mr. Calderon Walrond

A reading from the Word of God, written in the Book of Genesis, the thirty-second chapter, beginning at the twenty-second verse.

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Peniel, limping because of his hip.

LECTOR: The Word of the Lord.

ALL: Thanks be to God.

Psalms 17:1-7, 16 *Exaudi, Domine*

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(To be read)

- 1 Hear my plea of innocence, O Lord;
give heed to my cry; *
listen to my prayer, which does not come from
lying lips.
- 2 Let my vindication come forth from your presence; *
let your eyes be fixed on justice.

- 3 Weigh my heart, summon me by night, *
melt me down; you will find no impurity in me.
- 4 I give no offense with my mouth as others do; *
I have heeded the words of your lips.
- 5 My footsteps hold fast to the ways of your law; *
in your paths my feet shall not stumble.
- 6 I call upon you, O God, for you will answer me; *
incline your ear to me and hear my words.
- 7 Show me your marvelous loving-kindness, *
O Saviour of those who take refuge at your right
hand from those who rise up against them.
- 16 But at my vindication I shall see your face; *
when I awake, I shall be satisfied, beholding
your likeness.

Glory to the Father, and to the Son, and to the Holy Spirit; **as it was in the beginning, is now, and shall be for ever. Amen.**

Second Lesson: Romans 9:1-5

Lectors: 7:00 a.m. ~ Mr. Victor Gittens

9:00 a.m. ~ Mr. John Moore

A reading from the Word of God written in Paul's Letter to the Romans, the ninth chapter, beginning at the first verse.

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the

flesh, comes the Messiah, who is over all, God blessed forever.
Amen.

LECTOR: The Word of the Lord.

ALL: **Thanks be to God.**

The Gradual Hymn ~ 499

Dear Lord and Father of mankind,
 forgive our foolish ways!
Re-clothe us in our rightful mind,
 in purer lives thy service find,
 in deeper reverence, praise.

In simple trust like theirs who heard,
 beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
 rise up and follow thee.

O Sabbath rest by Galilee!
 O calm of hills above,
where Jesus knelt to share with thee
 the silence of eternity,
 interpreted by love!

Drop thy still dews of quietness,
 till all our strivings cease;
take from our souls the strain and stress,
 and let our ordered lives confess
 the beauty of thy peace.

Breathe through the heats of our desire
 thy coolness and thy balm;
let sense be dumb, let flesh retire;

speak through the earthquake, wind, and fire,
 O still small voice of calm.

Words: John Greenleaf Whittier (1807-1892)

The Holy Gospel: Matthew 14:13-21

GOSPELLER: The Rev'd Richard O. Alleyne, J.P.

GOSPELLER: The Lord be with you.

ALL: And also with you.

A Reading from the Holy Gospel according to Matthew, the fourteenth chapter, beginning at the thirteenth verse.

ALL: Glory to Christ our Saviour.

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

GOSPELLER: The Gospel of Christ.

ALL: Praise to Christ our Lord.

The Sermon: The Very Rev'd Dr. Jeffrey D. Gibson

(Please stand, as able)

The Nicene Creed

Page 104

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through Him all things were made.
For us and for our salvation
He came down from heaven:
by the power of the Holy Spirit
He was born of the Virgin Mary,
and became man.
For our sake He was crucified under Pontius Pilate;
He suffered, died and was buried.
On the third day He rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right
hand of the Father
He will come again in glory to judge

the living and the dead,
and His kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
He is worshipped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead
and the life of the world to come. *Amen.*

INTERCESSORY PRAYERS

Intercessors: 7:00 a.m. ~ Prof. Anne St. John, GCM
9:00 a.m. ~ Mr. Victor Small

Intercession: **Form “F”**

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The President: The Bidding – Lord, we pray for justice and peace throughout the world, for a fairer sharing of the world’s resources, for a commitment to care for the environment and to care equally for our fellow human beings.

Let us pray for the Church and for all people according to their needs.

Lord in your love,

ALL: Hear our prayer.

LEADER:

Bless and inspire all members of the clergy, especially Philip, our Archbishop; Michael our Bishop; Wilfred retired Bishop of Croydon, England; Rufus and John, retired Bishops of Barbados; Jeffrey and Re-shan our Priests; and Richard, our Deacon.

ALL:

That their lives may be examples of their teaching, and that they may rightly and faithfully administer your holy Sacraments.

LEADER:

Guide and protect all Heads of State and all who bear rule, especially those in this land: Jeffrey our President, Mia the Prime Minister, all members of Parliament, and all persons serving in Government.

ALL:

That our people may be godly and peacefully governed.

LEADER:

Direct those who administer justice; and strengthen those who guard and protect the land.

ALL:

That our people may dwell in peace.

LEADER:

Reveal the common good to those in positions of public trust and to decision-makers in industry and commerce.

ALL:

That freedom and dignity may prevail among us.

LEADER:

Enlighten with your Spirit all places of education and learning.

ALL:

That the whole world may be filled with the knowledge of your truth.

LEADER:

Comfort and help all persons who are in any trouble, sorrow, need, sickness, or any other adversity.

ALL:

Help us to help them, O Lord.

LEADER:

Remember our brothers and sisters, especially Juel Gittens, Marjorie Forde, Audrey Miller ... and all others who have died in your faith and fear.

ALL:

Grant them peace and eternal life.

LEADER:

We thank you heavenly Father, for the witness of the Blessed Virgin Mary, Mother of Jesus, our Lord and Saviour; for the holy Patriarchs, Prophets, Apostles and Martyrs; and for all the Saints who have been good examples in their generations.

PRESIDENT:

And finally let us pray for our own needs and those of others.

A period of silence may be kept.

ALL:

Accept our prayers and intercessions, Father, according to your wisdom, for the sake of your Son, Jesus Christ. Amen.

DEACON:

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness. (*1 John 1:8,9*)

(A period of silence shall be kept).

DEACON:

Let us therefore confess our sins.

FORM A**ALL:**

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen.*

THE ABSOLUTION**PRESIDENT:**

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *Amen.*

(Please stand as able)

THE GREETING OF PEACE

FORM A

PRESIDENT:

We are the Body of Christ. By the one Spirit we were all baptised into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

PRESIDENT:

The peace of the Lord be always with you.

ALL: And also with you.

HYMN OF FELLOWSHIP: “Let there be peace on earth”

(During the singing of this hymn, worshippers are encouraged, as inspired, to share tangible expressions such as a handshake, etc.)



Let there be peace on earth
And let it begin with me
Let there be peace on earth
The peace that was meant to be
With God our Creator
Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me
Let this be the moment now
With every step I take
Let this be my solemn vow
To take each moment
And live each moment
In peace eternally

Let there be peace on earth
And let it begin with me.

Words: Jill Jackson; Melody: Sy Miller (1945)

THE MINISTRY OF THE SACRAMENT

The Offertory Hymn ~ 451

Love divine, all loves excelling,
joy of heaven, to earth come down,
fix in us thy humble dwelling,
all thy faithful mercies crown.
Jesu, thou art all compassion,
pure unbounded love thou art;
visit us with thy salvation,
enter every trembling heart.

Come, almighty to deliver,
let us all thy grace receive;
suddenly return, and never,
never more thy temples leave.
Thee we would be always blessing,
serve thee as thy hosts above;
pray, and praise thee, without ceasing,
glory in thy perfect love.

Finish then thy new creation:
pure and spotless let us be;
let us see thy great salvation,
perfectly restored in thee;
changed from glory into glory,
till in heaven we take our place,

till we cast our crowns before thee,
lost in wonder, love, and praise.

Words: Charles Wesley (1707-1788), alt.

THE OFFERTORY PRAYER “B”

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PRESIDENT AND PEOPLE:

Father, we offer you these gifts which you have given us: this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. *Amen.*

THE EUCHARISTIC PRAYER

Page 126

PRESIDENT: The Lord be with you.

ALL: And also with you.

PRESIDENT: Lift up your hearts.

ALL: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

ALL: It is right to give God thanks and praise.

PRESIDENT:

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: (*go to page 128*)

Through Jesus Christ our Lord. In fulfilment of His true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith,

and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations. (*go to page 131*)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL:

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

(Please sit or kneel)

THE GREAT THANKSGIVING “B”

Page 135

PRESIDENT:

Holy and gracious Father,
all creation rightly gives you praise.
All life, all holiness, comes from you
through your Son, Jesus Christ our Lord,
whom you sent to share our human nature,
to live and die as one of us, to reconcile us to you,
the God and Father of all.

We therefore bring you these gifts,
and we ask you to make them holy
by the power of your Spirit,
that they may become the Body and Blood of your Son,

our Saviour Jesus Christ,
who offered Himself in obedience to your will,
the Perfect Sacrifice for all mankind.

On the night He was betrayed,
He took bread,
and when He had given thanks to you,
He broke it and gave it to His disciples and said:
"Take this and eat it:
This is my Body which is given for you.
Do this for the remembrance of me."

After supper He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
"Drink this, all of you:
This is my Blood of the New Covenant,
Which is shed for you and
for many for the forgiveness of sins.
Do this, whenever you drink it,
For the remembrance of me."

ALL:

**When we eat this Bread and drink this Cup, we proclaim
the death of Christ until He comes again.**

PRESIDENT:

Father, calling to mind the death your Son
endured for our salvation;
His glorious Resurrection and Ascension;
His continual intercession for us in heaven;
and looking for His coming again in glory,
we offer you, in thanksgiving,
this holy and life-giving sacrifice.

Look with favour on your Church's offering,
and grant that we who eat and drink these holy gifts
may be filled with your Holy Spirit
and become one body in Christ,
and serve you in unity, constancy and peace.

May He make us a perpetual offering to you and enable us, in
communion with blessed Mary
and the whole company of heaven,
to share in the inheritance of your Saints.

With Him, and in Him, and through Him,
by the power of the Holy Spirit,
we worship you, Father Almighty,
with all who stand before you in earth and heaven
in songs of everlasting praise:

ALL:

**Blessing and honour and glory and power
Be yours for ever and ever. *Amen.***

THE LORD'S PRAYER

Page 144

PRESIDENT:

As our Saviour has taught us, so we pray:

ALL:

**Our Father in heaven,
hallowed be your Name;
your kingdom come;
your will be done
on earth as in heaven.**

**Give us today our daily bread,
Forgive us our sins**

**as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours now and forever. *Amen.***

THE BREAKING OF THE BREAD

Page 145

PRESIDENT:

We break this bread to share in the body of Christ.

ALL:

**Though we are many, we are one body, because we all share
in one bread.**

THE COMMUNION

The Invitation “A”

DEACON:

My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

ALL:

**Grant gracious Lord, that we so eat the flesh of your dear
Son, Jesus Christ, and drink His blood, that we may
evermore dwell in Him and He in us. *Amen***

THE AGNUS DEI

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**



The Administration of Communion/Spiritual Communion

Communion Hymns ~ 223 & 589

Great is thy faithfulness, O God my Father,
there is no shadow of turning with thee;
thou changest not, thy compassions they fail not,
as thou hast been thou for ever wilt be.

Refrain

*Great is thy faithfulness! Great is thy faithfulness!
Morning by morning new mercies I see;
all I have needed thy hand has provided,
great is thy faithfulness, Lord, unto me.*

Summer and winter, and springtime and harvest,
sun, moon and stars in their courses above,
join with all nature in manifold witness
to thy great faithfulness, mercy and love:

Refrain

Pardon for sin and a peace that endureth,
thy own dear presence to cheer and to guide;
strength for today and bright hope for tomorrow,
blessings all mine, with ten thousand beside!

Refrain

Words: Thomas Chisholm (1866-1960)

Words © 1923, renewal 1951 Hope Publishing Co.

Hymn ~ 589 *(Worshippers who desire a blessing for their birthday or wedding anniversary may come to the altar during the singing of this hymn.)*

Here, O my Lord, I see thee face to face;
here faith would touch and handle things unseen;
here grasp with firmer hand the eternal grace,
and all my weariness upon thee lean.

Here would I feed upon the bread of God;
here drink with thee the royal wine of heaven;
here would I lay aside each earthly load;
here taste afresh the calm of sin forgiven.

I have no help but thine; nor do I need
another arm save thine to lean upon:
it is enough, my Lord, enough indeed;
my strength is in thy might, thy might alone.

Words: Horatius Bonar (1808-1889)

THE POST COMMUNION “A”

Page 147

ALL:

Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. *Amen.*

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. *Amen.*

Welcome and Announcements

The Recessional Hymn ~ 618

Sent forth by God’s blessing, our true faith confessing,
the people of God from his dwelling take leave.

The supper is ended: O now be extended
the fruits of his service in all who believe.

The seed of his teaching, our hungry souls reaching,
shall blossom in action for God and for man.

His grace shall incite us, his love shall unite us
to work for his kingdom and further his plan.

With praise and thanksgiving to God everliving,
the task of our everyday life we will face,
our faith ever sharing, in love ever caring,
embracing as brothers all men of each race.

One feast that has fed us, one light that has led us,
unite us as one in his life that we share.

Then may all the living, with praise and thanksgiving,
give honour to Christ and his name that we bear.

Words: Omer Westendorf (1916-1997)

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THE DISMISSAL

DEACON: Go in peace and serve the Lord.

ALL: In the name of Christ. *Amen.*

Organ Postlude (*Worshippers are invited to sit silently to listen to the voluntary, but those who wish to leave at this point may do so quietly.*)

Thank you most sincerely for worshipping at the Cathedral this morning.



THE TENTH SUNDAY AFTER PENTECOST YEAR A

First Reading: Genesis 32:22-31

Comment: “An Encounter with God: A Call to be Reconciled”

Our Hebrew Bible reading tells how **Jacob, on the night before his confrontation with his brother Esau, wrestles all night with a man he comes to recognise as God.** Many years earlier Jacob had tricked Esau and stolen his blessing and birthright. Now Jacob has grown rich in the service of his father-in-law Laban, but he greatly fears his meeting with his brother. Jacob’s struggle with God may in part express his guilty conscience and coming to terms with the evil he had done. He has to fight for a blessing and permission to return to his homeland. For his new life he is given a new name, Israel, but is left with an injury as a sign of God’s supremacy and a reminder of his wrong.

Psalm 17:1-7, 16

A plea for justice and protection by one who has followed God's ways.

Second Reading: (The Epistle) Romans 9:1-5

Comment: *"The glory of God's people, Israel"*

In this reading, **Paul expresses his anguish and sorrow that so many of the children of Israel, the people especially favoured by God, have not found the Lord's promise.** To them belong the covenants, the law, and so much else. From their nation Christ himself came. Paul would go to great lengths, even see himself an outcast, if such would help Israel to know its salvation. Later, in this letter Paul tries to explain how this all may be part of God's plan of redemption, which in the end will include Israel with the Gentiles.

The Holy Gospel: Matthew 14:13-21

Comment: *"Jesus feeds five thousand"*

Our gospel is **the story of Jesus' feeding of over five thousand persons.** After the death of John the Baptist, Jesus seeks a time of retreat. The crowds, however, follow him, and he has compassion on them. The narrative suggests many levels of meaning. It recalls Old Testament stories, especially God's feeding of the Israelites with manna in the wilderness, and points forward to the legendary banquet at the end of time where Christ the King will preside. The abundant miracle illustrates Jesus' lordship; he is intimate with the powers of creation. Other themes associated with the Eucharist are close at hand.

CATHEDRAL NEWS

Financial Stewardship: Donations can be made through online payments to St. Michael's Cathedral, CIBC First Caribbean International Bank, Bridgetown Branch, Account # 2719302; Transit # 09606. **"Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver."** (2 Corinthians 9:7)



A Cathedral Digital Ministry

"St. Michael's Digital Ministry Partners" Campaign

"The Cathedral Church of St. Michael and All Angels has worshipped on this location of Bridgetown since 1665. The COVID-19 pandemic showed us the church must now also be present in living rooms, hospital wards, and for the homebound. We're not streaming a service. We're extending the Table."

What US \$20,000 provides: Reliable, high-quality livestream of worship and community outreach so no one is spiritually cut off by illness, distance, or disability. Let us make this a reality with a three-tier Donor Path: Corporate Neighbours, Individuals of Goodwill and Congregation.

THEME FOR THE WEEK

"The Christian's response to God's nourishing love is unfailing loyalty"



FLOWERS: Flowers today are donated by the Young family in memory of the late Ardith Young, who died on July 28, 2024.

BIRTHDAYS: Congratulations to all those persons who are celebrating birthdays this week ~ August 2 to 8, 2026.

*4 Mrs. Pamela A. Walker
6 Ms. Pamela Lashley
8 Mr. Shaquan Pompey*



May God bless and strengthen you.



VACATION LEAVE

1. The Rev'd Re-shan A. White, Assistant Curate is on holiday from today, August 2 until August 30, 2026.
2. Mr. John Bryan, Organist and Master of Choristers, along with the Choir will be on holiday for the month of August. God's blessing to all for refreshment and peace.



SICK: Please remember the sick or injured of our parish and wider community, especially Daphne Browne, Margaret Browne, Darwin Clarke, Heather Coward-Downes, Winfield Downes, Sheila Forde, Alice P. Hall, Martin Haynes, Beverley Hinds, Marcia Hoyte, Selina Jones, Judy King, Helena Lyte, Marcia Oxley, Sheila Sealy, Claudette Sealy, Eleanor Small, Phyllis Springer, Winifred Trotman, Henderson R. Williams, The Rt.

Rev'd Dr. Sir Wilfred Wood, Basil Worrell, and Ernesta Yarde.



Bereavement: We extend sincere condolences to the families of the late:



- Mrs. Marjorie Doreen Forde, who died in England on Monday, June 29, 2026. She was the sister of The Very Rev'd William Dixon. The funeral service will take place in her adopted country, on Monday, August 24, 2026.
- Mrs. Juel Gittens, a former Usher of this Cathedral.
- Ms. Audrey Miller, who died on Monday, July 27, 2026 after a period of illness. Ms. Miller was the mother of Mrs. Valdine Browne, Mrs. Vernesta Parris, Ms. Angela Miller and Ms. Wendine King.

Hear the words of Jesus: "Blessed are those who mourn, for they will be comforted." (Matthew 5:4)



Today, Sunday, August 2, 2026
The Tenth Sunday after Pentecost-Year A
7:00 a.m. ~ Holy Eucharist
9:00 a.m. ~ Holy Eucharist



Wednesday, August 5, 2026
10:00 a.m. ~ A Service of Public Healing



Sunday, August 9, 2026
The Eleventh Sunday after Pentecost
7:00 a.m. ~ Holy Eucharist
9:00 a.m. ~ Holy Eucharist
11:30 a.m. ~ Holy Baptism



SERMON NOTES

Text:.....

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Topic:.....

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Preacher:.....

Points to ponder:

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What was God saying specifically to me during the sermon?

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Daily Book of Common Prayer Readings August 2 to 8, 2026		
Day	Morning Readings	Evening Readings
The Tenth Sunday after Pentecost:	Psalms 93, 96 Judges 6:1-24 Mark 3:20-30	Psalms 34 2 Samuel 6:12-23 2 Corinthians 9:6-15
Monday	Psalms 80 Judges 6:25-40 John 1:1-18	Psalms 77, [79] 2 Samuel 7:1-17 Acts 2:37-47
Tuesday	Psalms 78:1-39 Judges 7:1-18 John 1:19-28	Psalms 78:40-72 2 Samuel 7:18-29 Acts 3:1-11
Wednesday	Psalms 119:97-120 Judges 7:19—8:12 Acts 3:12-26 John 1:29-42	<i>Eve of the Transfiguration</i> Psalms 84 1 Kings 19:1-12 2 Corinthians 3:1-9, 18 <i>Collect for the Transfiguration</i>
Thursday	Psalms 2, 24 Exodus 24:12-18 2 Corinthians 4:1-16	Psalms 72 Daniel 7:9-10, 13-14 John 12:27-36a
Friday	Psalms 88 Judges 9:1-16, 19-21 John 2:1-12	Psalms 91, 92 2 Samuel 12:1-14 Acts 4:13-31
Saturday	Psalms 87, 90 Judges 9:22-25, 50- 57 John 2:13-25	Psalms 136 2 Samuel 12:15-31 Acts 4:32—5:11 <i>Collect for Proper 14</i>

Jesus Feeds The Five Thousand

They all ate and were satisfied, and the disciples picked up twelve basketfuls of broken pieces that were left over.
Matthew 14:20 (NIV)

Based on Matthew 14:13-21 (NIV)



Q W L O A V E S P L T H J E B
R Y T G B V G S B X O A H T A
F I S H L A N D E D W U S Q S
B X E E J T B Q A P N I A J K
J B W I F K H O O I S A T W E
F T L W T Z N A A Q L G I C T
O U A L B K Z O N T S S S T F
L P T Q F I P K X K P B F M U
L F E J H E A L E D S E I Z L
O O C Q T T M L S C L F E C S
W O G R J E S U S C L B D W C
E T M F O Q S F O O D D J T A
D Q G B J W E I Y M H E H P V
D A V B U T D C C P E O P L E
R P G S A V K S H K I F Q K U

LEFT	BASKETFULS	LANDED	FOLLOWED	LOAVES
THANKS	CROWDS	TWELVE	HEALED	FISH
ATE	FOOD	SATISFIED	JESUS	SICK
FOOT	PEOPLE	LATE	TOWNS	BOAT

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Mr. Samuel Maxwell, J.P.

Dr. Michael A. Sabazan

Alternative Synod Representative

Ms. Donna Inniss



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Guild of Servers:	Mr. Jerry Alleyne
Health Ministry:	Dr. Wendy Sealy
Sunday School:	Mrs. Harriett Blackman
Flower Guild:	Mrs. Shirley Hurley
Guild of St. Raphael	Mr. Darwin Clarke



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